

MELBOURNE PROGRAMME GUIDE

Sunday 14th February 2010



06:00 am	Mass For You At Home	WS G	Enjoy Mass in the comfort of your own home.
06:30 am	Hillsong	WS G	Religious Program
07:00 am	Pirate Islands 2 - The Lost Treasure Of Fiji (Rpt)	CC C WS	Kate and her younger brother and sister are zapped into their computer game and find themselves in a land of eighteenth century Pirates. Their only way home is to win the game by beating the Pirates to the ultimate prize and hidden treasure.
07:30 am	Totally Wild (Rpt)	CC C WS	Explore the natural beauty of Australia's native flora and fauna with the Totally Wild team.
08:00 am	Meet The Press	CC WS	Network Ten's premier political program. Join Paul Bongiorno as he interviews the main players on the Australian public affairs stage, and covers the issues making news in Federal politics.
08:30 am	Video Hits	G	Video Hits is Australia's #1 music show. Hosted by Faustina 'Fuzzy' Agolley & Dylan Lewis, it features the best new music and classic tunes. Plus interviews, live event shows and huge competitions.
10:00 am	Video Hits	PG Sexual References, Mild Coarse Language	Video Hits is Australia's #1 music show. Hosted by Faustina 'Fuzzy' Agolley & Dylan Lewis, it features the best new music and classic tunes. Plus interviews, live event shows and huge competitions.
12:00 pm	Pat Callinan's 4x4 Adventures	WS G	<u>Barrington To The Beach</u> Explore Tasmania's wild and windswept west coast by 4WD. Join Pat Callinan for sports adventure at its peak.
01:00 pm	Little Secrets (Rpt) (2001)	WS PG Adult Themes	Emily is an aspiring young concert violinist who has got a thriving neighbourhood business: for 50 cents, she'll keep your secret. Eventually, the weight of her own secrets and the ones she's keeping professionally, send her life crashing down. Starring: Evan Rachel Wood, David Gallagher, Michael Angarano, Vivica A Fox
03:00 pm	It's Me Or The Dog	PG	<u>Wild And Wacky Weimaraners</u> Dogs should be man's best friend, but instead we're overrun by their canine antics. In just one minute, dog behaviourist Victoria Stilwell can take control of any dog and she's determined to bring even the worst dogs back in line.
04:00 pm	Meerkat Manor (Rpt)	CC G WS	A soap opera of survival like no other. The main characters are 12 inches high and live underground in burrows. From family squabbles to love affairs, follow a group of meerkats living in the Kalahari Desert in southern Africa. Narrated by Mike Goldman.

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04:30 pm	Boys Weekend	WS G	Boys Weekend brings together four of the world's most entertaining chefs for a weekend of fun, food, adventure and good times.
05:00 pm	TEN News At Five	CC	A full half hour of news with extensive coverage of local, national and international news and weather.
05:30 pm	Sports Tonight	CC	Coverage of all the day's local, national, and international sporting news. If it happened in sports today, you'll see it on Sports Tonight.
06:00 pm	Simpsons Special: Mischief & Mayhem	CC PG Adult Themes	Simpsons Special: Mischief & Mayhem Learn how THE SIMPSONS have pushed the envelope of what's acceptable in countries all over the world, while still becoming a global marketing success!
06:30 pm	The Biggest Loser: Couples	CC WS	Tonight's weigh-in takes a dramatic turn as one contestant reveals they must leave the competition. Its an emotional revelation and a difficult decision, but what does this mean for their partner?
07:30 pm	Talkin' Bout Your Generation		
08:30 pm	The Good Wife	CC M WS Sex Scenes, Adult Themes	Stripped Alicia becomes second chair on a civil suit involving the rape of a prostitute at a bachelor party, who she discovers may have been hired and abused by her own husband. Starring: Juliana Margulies, Chris Noth, Christine Baranski, Josh Charles
09:30 pm	House	CC M WS Some Violence	The Tyrant House's team struggle with the ethics of treating an African politician after he's charged with crimes against humanity in his own country. Starring: Hugh Laurie, Jesse Spencer, Omar Epps, Lisa Edelstein, Jennifer Morrison
10:30 pm	Pitch Black (Rpt) (2000)	WS M Some Violence, Some Coarse Language	A group of marooned space travellers struggle for survival on a seemingly lifeless sun-scorched world. Starring: Vin Diesel, Rhada Mitchell, Keith David, Cole Hauser, Claudia Black, Simon Burke
12:30 am	Cops (Rpt)	PG	Stupid Criminals #2 Special Edition This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
01:00 am	Cops (Rpt)	PG Some Coarse Language, Drug References	Coast To Coast This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

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01:30 am Home Shopping

02:00 am Home Shopping

02:30 am Kenneth Copeland WS PG
Religious Program

03:00 am Life Today With James Robison WS PG
Religious Program

03:30 am This Is Your Day With Benny Hinn WS G
Religious Program

03:55 am Video Hits Up Late (Rpt) PG

04:00 am The CBS Early Show

Morning talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.

MELBOURNE PROGRAMME GUIDE

Monday 15th February 2010



06:00 am TEN Early News

CC

Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.

07:00 am Toasted TV

G

Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.

07:05 am Yu Gi Oh! 5 Dragons

G

Mark Of The Spider (2)

Set a generation into the future, Yu-Gi-Oh! GX revolves around a boy named Jaden Yuki and follows his exciting journey.

07:25 am Toasted TV

G

Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.

07:30 am Gogoriki

Meet the Gogoriki - a circle of best friends whose zany adventures always result in loads of laughs!

07:55 am Toasted TV

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Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.

08:00 am Totally Wild

CC C
WS

The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.

08:30 am Puzzle Play (Rpt)

CC P
WS

Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.

09:00 am TEN News

CC

Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.

10:00 am The Circle

CC PG
WS

Joining you live, these four dynamic women will entertain, inform and inspire you as you tackle the goings on of day to day life. Smart and savvy, The Circle is the place to go to for inspiration, advice, friendship, laughs and intelligent conversation.

Starring: Denise Drysdale, Chrissie Swan, Yumi Stynes, Gorgi Coghlan

12:00 pm Dr Phil

CC M
WS Adult Themes

Sins Of A Father

Have you ever been blindsided by tragedy? Dr. Phil shines a spotlight on two horrific stories that shattered families forever.

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Monday 15th February 2010



01:00 pm **The Oprah Winfrey Show (Rpt)** CC PG

Best-Selling Love Expert Steve Harvey & 300 Women

Guest Starring: Steve Harvey

Best-selling author Steve Harvey is here and he gives some of the most brilliant and fun love advice we've heard in a long time. Do you want to know what men really think? He's answering all of your burning love questions! Don't miss this fun-filled hour.

02:00 pm **Ready Steady Cook (Rpt)** CC PG
WS

Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.

03:00 pm **Judge Judy** CC G

Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.

03:30 pm **Dharma & Greg (Rpt)** PG

Home Is Where The Art Is

Guest Starring: Fred Stoller

A performance artist friend of Dharma's convinces her to co-star with him in his latest work: To live "on display" in an art gallery 24 hours a day for a week. Greg is not thrilled with her decision, and is even more upset when Larry moves in with him.

Starring: Jenna Elfman, Thomas Gibson

04:00 pm **Huey's Cooking Adventures (Rpt)** WS G

Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.

04:30 pm **The Bold And The Beautiful** CC

The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.

05:00 pm **TEN News At Five** CC

Comprehensive coverage of local stories that impact your lives. As well as the big national and international news information. TEN News has more time devoted to sport and the latest weather.

06:00 pm **Malcolm In The Middle (Rpt)** CC

Forbidden Girlfriend

Malcolm dates a girl whose father dislikes him, Francis becomes chief mediator in a dispute between Otto and his cowboy neighbours, and Dewey discovers a boy who looks just like him.

Starring: Frankie Muniz, Jane Kaczmarek, Bryan Cranston, Justin Berfield

06:30 pm **Neighbours** CC G
WS

Steph and Toadie shock their loved ones by claiming they've rekindled their love; and knowing how hurt Kate is by Donna's disappearance, Declan has a plan to reunite the friends.

07:00 pm **The 7pm Project** CC PG
WS

The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.

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07:30 pm	The Biggest Loser: Couples	CC WS	The contestants have a tough decision tonight, they must split a couple and send only one person home, as one contestant was forced to leave the show last night.
08:30 pm	Good News Week		
10:00 pm	Ross Noble's Australian Trip	CC M WS <small>Some Coarse Language</small>	Roaring across the outback during his recent stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.
11:00 pm	TEN Late News With Sports Tonight	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:45 pm	The 7PM Project (Rpt)	CC PG WS	The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.
12:15 am	The Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more. Tonight's guests include:
01:15 am	The Poker Star (Rpt)	WS PG <small>Adult Themes</small>	<u>The Final Four</u> Four players remain and only one will reach the heights of the world poker circuit. But in a challenge as much about life as it is about cards, all players will be pushed to go further and higher. Will the Pokerbots lose their cool?
02:15 am	Video Hits Up Late (Rpt)	G	
02:25 am	Video Hits Up Late (Rpt)	PG	
02:30 am	Kenneth Copeland	WS PG	Religious Program
03:00 am	Life Today With James Robison	WS PG	Religious Program
03:30 am	This Is Your Day With Benny Hinn	WS G	Religious Program
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04:00 am The CBS Early Show

Morning talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.



MELBOURNE PROGRAMME GUIDE

Tuesday 16th February 2010



06:00 am	TEN Early News	CC	Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.
07:00 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Yu Gi Oh! 5 Dragons	G	Mark Of The Monkey (1) Set a generation into the future, Yu-Gi-Oh! GX revolves around a boy named Jaden Yuki and follows his exciting journey.
07:25 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:30 am	Gogoriki		Meet the Gogoriki - a circle of best friends whose zany adventures always result in loads of laughs!
07:55 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:00 am	Totally Wild	CC C WS	The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.
08:30 am	Puzzle Play (Rpt)	CC P WS	Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.
09:00 am	TEN News	CC	Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
10:00 am	The Circle	CC PG WS	Joining you live, these four dynamic women will entertain, inform and inspire you as you tackle the goings on of day to day life. Smart and savvy, The Circle is the place to go to for inspiration, advice, friendship, laughs and intelligent conversation. Starring: Denise Drysdale, Chrissie Swan, Yumi Stynes, Gorgi Coghlan
12:00 pm	Dr Phil	CC PG WS Sexual References, Mild Coarse Language, Adult Themes	Abducted By A Predator? Join Dr. Phil McGraw as he inspires millions of people to "get real". Today, Dr Phil gives advice for spotting predators, avoiding abduction and fighting off attackers, and learn the top five most important things you can do to protect your child.

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01:00 pm	The Oprah Winfrey Show	CC PG	<u>Oprah Talks To Former Heavy Weight Champion Mike Tyson</u> Guest Starring: Mike Tyson During an emotional hour, Oprah asks "Iron Mike" about his tumultuous marriage and divorce from Robin Givens, his trial and incarceration, his controversial bout with Evander Holyfield, this year's documentary "Tyson" and his daughter's accidental death.
02:00 pm	Ready Steady Cook (Rpt)	CC PG WS	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy	CC PG	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Dharma & Greg (Rpt)	PG	<u>Wish We Weren't Here</u> Guest Starring: Pat Benatar Avoiding their parents on Thanksgiving, bad weather grounds Dharma and Greg's plans of flying to The Bahamas. As they are stuck in an Indiana airport, Dharma takes it upon herself to help fellow stranded passengers. Starring: Jenna Elfman, Thomas Gibson
04:00 pm	Huey's Cooking Adventures (Rpt)	WS G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:30 pm	The Bold And The Beautiful	CC	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.
05:00 pm	TEN News At Five	CC	Comprehensive coverage of local stories that impact your lives. As well as the big national and international news information. TEN News has more time devoted to sport and the latest weather.
06:00 pm	Malcolm In The Middle (Rpt)	CC	<u>Malcolm Holds His Tongue</u> Reese ventures out with his girlfriend, but makes the mistake of taking Craig along for company. Malcolm tries to be diplomatic - only to end up needing medical assistance. Starring: Frankie Muniz, Jane Kaczmarek, Bryan Cranston, Justin Berfield
06:30 pm	Neighbours	CC G WS	Lucas' rage about Steph and Toadie reaches boiling point; and Summer proves she can handle Erinsborough High.
07:00 pm	The 7pm Project	CC PG WS	The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.

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07:30 pm	The Biggest Loser: Couples	CC WS	Trainer Shannan continues to help contestant Chris increase his motivation, while Michelle encourages Elise to talk openly about her self image. A "Brain V's Braun" challenge follows and immunity is up for grabs.
08:00 pm	Bondi Rescue	CC WS	Its Christmas day on Bondi and road weary travellers, local families, and Christmas orphans come to see Santa make an appearance. But just when lifeguards are ready to pack up and go home, a group of drunken backpackers are spotted in a rip.
08:30 pm	NCIS	CC M WS	<u>Child's Play</u> When the death of a Marine leads the NCIS team to a government think-tank filled with child prodigies, the team has to protect a 12-year-old child who may be the next target of the killer. Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray
09:30 pm	NCIS: Los Angeles (Rpt)	CC M WS Some Violence	<u>Predator</u> An unmanned aerial vehicle is compromised during a training exercise, killing a marine before it disappears, and it's up to the NCIS: Los Angeles team to track it down. Starring: Chris Odonnell, LI Cool J, Rocky Carroll, Peter Cambor, Daniela Ruah
10:30 pm	TEN Late News With Sports Tonight	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:15 pm	The 7PM Project (Rpt)	CC PG WS	The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.
11:45 pm	The Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more. Tonight's guests include:
12:30 am	Army Wives	WS	<u>The Messenger</u> Guest Starring: Bill Cosby Denise's patient has her reminiscing over her younger days before she was married.
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Kenneth Copeland	WS PG	Religious Program

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03:00 am Life Today With James Robison WS PG

Religious Program

03:30 am This Is Your Day With Benny Hinn WS G

Religious Program

03:55 am Video Hits Up Late (Rpt) G

04:00 am The CBS Early Show

Morning talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.

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06:00 am	TEN Early News	CC	Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.
07:00 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Yu Gi Oh! 5 Dragons	G	Mark Of The Monkey (2) Set a generation into the future, Yu-Gi-Oh! GX revolves around a boy named Jaden Yuki and follows his exciting journey.
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09:00 am	TEN News	CC	Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
10:00 am	The Circle	CC PG WS	Joining you live, these four dynamic women will entertain, inform and inspire you as you tackle the goings on of day to day life. Smart and savvy, The Circle is the place to go to for inspiration, advice, friendship, laughs and intelligent conversation. Starring: Denise Drysdale, Chrissie Swan, Yumi Stynes, Gorgi Coghlan
12:00 pm	Dr Phil	CC M WS Adult Themes	I Never Thought IT Could Happen To Me Join Dr. Phil McGraw as he inspires millions of people to "get real". Today, Dr Phil talks about what to do if something devastating happens to you. Would you be able to pick up the pieces and move on, or would you fall apart?

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01:00 pm	The Oprah Winfrey Show	CC PG	<u>Icon Jay-Z And Living Legend Barbara Streisand</u> Guest Starring: Barbra Streisand Hip hop mogul, Jay-Z talks to Oprah about drugs, racism, rap, love and spirituality. Then, living legend Barbara Streisand graces our stage and talks about her 11-year marriage with actor James Brolin, and gives us a first look inside her new dream home.
02:00 pm	Ready Steady Cook (Rpt)	CC PG WS	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy	CC G	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Dharma & Greg (Rpt)	PG Sexual References	<u>Dream A Little Dream Of Her</u> Dharma tries to learn the identity of Greg's fantasy girl, while Greg's truthfulness upsets his parents when he tells them that he won't go on holidays with them. Starring: Jenna Elfman, Thomas Gibson
04:00 pm	Huey's Cooking Adventures (Rpt)	WS G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:30 pm	The Bold And The Beautiful	CC	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.
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06:00 pm	Malcolm In The Middle (Rpt)	CC G	<u>Boys At Ranch</u> Hal and the boys are destined for disappointment as they visit Francis and Piama at the ranch, where they assume plenty of mischief will be planned - but are saddened to discover their brother is now a responsible grown up. Starring: Frankie Muniz, Jane Kaczmarek, Bryan Cranston, Justin Berfield
06:30 pm	Neighbours	CC G WS	Lucas faces charges for criminal damage, while Toadie sacrifices his romantic future for his best friend; Declan embraces his feminine side to bond with his daughter; and Donna returns to face the music.
07:00 pm	The 7pm Project	CC PG WS	The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.

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07:30 pm	The Biggest Loser: Couples	CC WS	Tonight, superstar runner Matt Shirvington visits Camp Biggest Loser to provide the contestants with some running tips to help them prepare for their upcoming 10km run.
08:00 pm	So You Think You Can Dance Australia	CC WS	Performance - Top 20 Tonight, the Top 20 will perform for the first time as a group, and then again with their new dance partners. The newly formed couples will perform a randomly selected dance style and will have spent the week perfecting their routines ready to impress.
10:00 pm	Burn Notice	CC M WS	The Hunter Michael is tracked down by Tom Strickler an "agent to the spies", who offers him his services. Meanwhile, Sam and Fiona turn to Strickler to find out more about the kidnapping. Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless
11:00 pm	TEN Late News With Sports Tonight	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
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03:30 am This Is Your Day With Benny Hinn WS G
Religious Program

03:55 am Video Hits Up Late (Rpt) PG

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Morning talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.

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08:00 am	Scope	CC C WS	Scope 180 An insight to Science.
08:30 am	Puzzle Play (Rpt)	CC P WS	Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.
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12:00 pm	Dr Phil	CC WS	Dp Family Returns: Divorce & Custody Pt. 2 Join Dr. Phil McGraw as he inspires millions of people to "get real". Today, Alexandra opens up to Dr Phil and shares her feelings about her boyfriend, Anthony, and her strained relationship with her mother, Erin.

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Thursday 18th February 2010



01:00 pm	The Oprah Winfrey Show	CC PG	<u>Oprah's "Step Out Of Your Box" Challenge With Ali And Oscar Winner Hilary Swank</u> Guest Starring: Hilary Swank Would you have the guts to fall from 15,000 feet, battle it out on wheels or strip down buck naked...as cameras roll? Four women who are in desperate need to break the routine and overcome their fears are taking Oprah's "Step Out Of Your Box Challenge"
02:00 pm	Ready Steady Cook (Rpt)	CC PG WS	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy	CC G	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Dharma & Greg (Rpt)	PG	<u>Fish Tale, A</u> Animal-rights activist Abby bans Greg from the Finkelstein home when she learns he and Edward are going fishing. Starring: Jenna Elfman, Thomas Gibson
04:00 pm	Huey's Cooking Adventures (Rpt)	WS G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:30 pm	The Bold And The Beautiful	CC	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.
05:00 pm	TEN News At Five	CC	Comprehensive coverage of local stories that impact your lives. As well as the big national and international news information. TEN News has more time devoted to sport and the latest weather.
06:00 pm	Malcolm In The Middle (Rpt)	CC G	<u>Grandma Sues</u> Grandma Ida trips on garden debris outside the Wilkersons' home and decides to sue her daughter and son-in-law for compensation, while Lois receives momentous news from her doctor. Starring: Frankie Muniz, Jane Kaczmarek, Bryan Cranston, Justin Berfield
06:30 pm	Neighbours	CC G WS	Toadie struggles to explain his actions to Callum; Donna begins to rebuild her life; and will Harry overcome his fears and make the team?
07:00 pm	The 7pm Project	CC PG WS	The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.

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07:30 pm	The Biggest Loser: Couples	CC WS	The contestants are woken to a surprise - today is the day of their 10km run! The lucky winner of the run will be rewarded with three phone calls. But it's not the prize that is the motivator, completing the marathon will be a huge personal challenge.
08:00 pm	So You Think You Can Dance Australia	CC WS	Results 20-18 Tonight, the three couples with the least amount of votes will be announced on the first result show of the year. They will then each perform a solo and judges Jason Coleman, Bonnie Lythgoe and Matt Lee will decide their fate.
09:00 pm	Law & Order: S.V.U.	CC M WS Some Violence, Adult Themes	Sugar A suitcase with the body of a young woman in it causes Benson and Stabler to investigate her sugar-daddy. Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Ice T
10:00 pm	Medium	CC M WS	Pain Killer When Allison's friend with cancer suddenly dies, she suspects a hospital employee may be at fault. Meanwhile, Bridgette writes a story that closely follows what later happens at Joe's job interview. Starring: Patricia Arquette, Jake Weber, Miguel Sandoval, Sofia Vassilieva
11:00 pm	TEN Late News With Sports Tonight	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:45 pm	The 7PM Project (Rpt)	CC PG WS	The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.
12:15 am	The Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more. Tonight's guests include:
01:15 am	Video Hits Up Late (Rpt)	G	
01:25 am	Video Hits Up Late (Rpt)	PG	
01:30 am	Home Shopping		
02:00 am	Home Shopping		

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02:30 am Kenneth Copeland WS PG
Religious Program

03:00 am Life Today With James Robison WS PG
Religious Program

03:30 am This Is Your Day With Benny Hinn WS G
Religious Program

03:55 am Video Hits Up Late (Rpt) PG

04:00 am The CBS Early Show
Morning talk show hosted by Julie Chen, Harry Smith, Dave Price, Russ Mitchell and Maggie Rodriguez.

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06:00 am	TEN Early News	CC	Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.
07:00 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Zorro: Generation Z (Rpt)	G	A descendent of the original Zorro, also named Diego De La Vega, fights crime and a corrupt government of Pueblo Grande in a near-future setting.
07:25 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:30 am	Bakugan	G	Mysterious cards appear in front of the children of the world, with the powers to summon monsters from an alternate dimension.
07:55 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:00 am	Totally Wild	CC C WS	The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.
08:30 am	Puzzle Play (Rpt)	CC P WS	Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.
09:00 am	TEN News	CC	Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
10:00 am	The Circle	CC PG WS	Joining you live, these four dynamic women will entertain, inform and inspire you as you tackle the goings on of day to day life. Smart and savvy, The Circle is the place to go to for inspiration, advice, friendship, laughs and intelligent conversation. Starring: Denise Drysdale, Chrissie Swan, Yumi Stynes, Gorgi Coghlan
12:00 pm	Dr Phil	CC WS	<u>When Good Kids Go Bad</u> Join Dr. Phil McGraw as he inspires millions of people to "get real". After a recent spate of new stories across America showing an unexplainable trend of teens getting violent, today Dr Phil investigates if your child ever be capable of a horrible act?

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01:00 pm	The Oprah Winfrey Show	CC PG	<u>Oprah Fridays - Live: Mo'nique, Anderson Cooper, Karaoke Results</u> Guest Starring: Mo'nique , Anderson Cooper Millions watched as our eight karaoke finalists battled it out on stage and America cast their votes! Today the results are in! Don't miss when we reveal which three contestants make it to the final round.
02:00 pm	Ready Steady Cook (Rpt)	CC PG WS	Cooking game show where it's a battle against the clock for Australia's top chefs and guest contestants to create a tasty meal. Hosted by Peter Everett.
03:00 pm	Judge Judy	CC PG	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Dharma & Greg (Rpt)	PG	<u>Previously On "Dharma & Greg"</u> Dharma and Greg's lives flashback to before they met and married on their first date. Share in Kitty's chagrin as Greg breaks up with his debutante fiancée, and join Larry as he watches Dharma leave a great guy who "refuses to get a job." Starring: Jenna Elfman, Thomas Gibson
04:00 pm	Huey's Cooking Adventures (Rpt)	WS G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:30 pm	The Bold And The Beautiful	CC	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.
05:00 pm	TEN News At Five	CC	Comprehensive coverage of local stories that impact your lives. As well as the big national and international news information. TEN News has more time devoted to sport and the latest weather.
06:00 pm	Malcolm In The Middle (Rpt)	CC	<u>If Boys Were Girls</u> Exasperated with the unruly boys, a pregnant Lois dreams of what life would be like if she had daughters instead - but it turns out that the imaginary Mallory, Renee and Daisy would have been even more of a handful than her sons. Starring: Frankie Muniz, Jane Kaczmarek, Bryan Cranston, Justin Berfield
06:30 pm	Neighbours	CC G WS	Zeke pays the price when he deals with Paul; Harry makes the team but his problems are far from over; and Donna realises she needs to find a way to deal with Andrew.
07:00 pm	The 7pm Project	CC PG WS	The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.

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07:30 pm **The Biggest Loser: Couples**

CC
WS

Tonights Master Class teaches the contestants healthy variations of some bad foods, and they must compete in a Coles supermarket challenge where they buy and prepare a healthy variation on a specific meal, eg. hamburger.

09:00 pm **NCIS (Rpt)**

CC M
WS

Iced

Gibbs and the team are called in when a couple of kids stumble upon the body of a missing Marine in a frozen lake. As the NCIS team searches the frozen lake bed for clues, they come across three more bullet-ridden bodies.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

10:00 pm **White Collar**

CC M
WS

SEASON RETURN

Hard Sell

White Collar returns tonight but will the trust between Neal and Peter remain as it has been or will things change?

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen

11:00 pm **TEN Late News**

CC

Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.

11:30 pm **Sports Tonight**

CC

Coverage of all the day's local, national, and international sporting news. If it happened in sports today, you'll see it on Sports Tonight.

12:00 am **The 7PM Project (Rpt)**

CC PG
WS

The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.

12:30 am **The Late Show With David Letterman**

PG

Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more. Tonight's guests include:

01:30 am **Angel (Rpt)**

M
Some Violence,
Supernatural Themes

Belonging

Angel is a vampire with a soul. He has arrived in Los Angeles to leave his past behind and find a place that he can call his own.

02:30 am **Cops (Rpt)**

M
Adult Themes

Coast To Coast

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

03:00 am **Home Shopping**

03:30 am **Home Shopping**

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04:00 am Home Shopping

04:30 am Home Shopping

05:00 am Home Shopping

05:30 am Home Shopping

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06:00 am Netball Test - Diamonds Tour

08:00 am Toasted TV

G

Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.

08:05 am iCarly

I Heart Art

Carly is a teenager who lives with her twenty-six year old brother and guardian Spencer, and produces her own web casts from a studio she constructed in the attic of her home.

08:25 am Toasted TV

G

Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.

08:30 am Scope (Rpt)

CC C
WS

Experiment Special 2

If you wanted to do an experiment in "zero gravity", you could go up into space and get in orbit, or you could watch this week's episode of SCOPE and see how Dr Rob does it. Because that is what this show is all about, experiments!

09:00 am The Lost Children (Rpt)

CC C
WS

Ethan, sister Amy and their mother abandon ship when a storm hits their vessel. Follow them on a high-spirited adventure as they awake on a wild shore and begin the battle for survival.

09:30 am Dex Hamilton (Rpt)

CC C
WS

Youth Is Wasted On The Tung

When Zap and Tung are bitten by a behaviour-modifying Methuselah Beetle, Dex must track down the culprit while keeping tabs on his increasingly unruly teammates.

10:00 am Video Hits

PG
Sexual References,
Mild Coarse Language

Video Hits is Australia's #1 music show. Hosted by Faustina 'Fuzzy' Agolley & Dylan Lewis, it features the best new music and classic tunes. Plus interviews, live event shows and huge competitions.

12:00 pm Out Of The Blue

WS PG

All hell breaks lose Stavva realises that the reason Amber left was because of his best mate Addo.

Starring: Clayton Watson, Katherine Hicks, Charlotte Gregg, Diane Craig, Zoe Carides, Daniel Henshall, Ryan Johnson

12:30 pm Out Of The Blue

WS PG

As Stavva and Addo finally put amends to their relationship, Lucia discovers Daniel is involved in an illegal car ring.

Starring: Clayton Watson, Katherine Hicks, Charlotte Gregg, Diane Craig, Zoe Carides, Daniel Henshall, Ryan Johnson

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Saturday 20th February 2010



01:00 pm **Escape With ET**

G

Join footy & fishing legend Andrew 'ET' Ettingshausen as he escapes to some of Australia's best fishing, 4WD'ing and other incredible destinations.

01:30 pm **Saving Babies**

PG
Medical Procedures

The smallest patients, the biggest miracles. This inspirational real-life series follows the work of the dedicated medical teams at the Royal Hospital for Women, as they perform lifesaving medical interventions for battling babies. Hosted by Kim Watkins.

02:00 pm **Life Is Wild**

WS PG

Home (Fka Facing Your Demons)

Life Is Wild is a family drama that explores the issues of combining two families into one. When things fall apart for New Yorker Danny Clark, he packs up his second wife and their kids and moves to his father-in-law's gaming reserve in South Africa.

03:00 pm **One Tree Hill**

WS PG
Adult Themes

Sympathy For The Devil

Sam teaches Jamie about money, Brooke must decide whether to date Owen again, Nathan comes face to face with an old rival, and Lucas' novel forces him to make jeopardising decisions.

Starring: Chad Michael Murray, Sophia Bush, James Lafferty, Hilarie Burton

04:00 pm **The Doctors**

PG
Sexual References

Four doctors with four different specialties talk about medicine in a brand-new way, answering all of your questions. Watch them demonstrate cutting-edge medical breakthroughs and bring everything you need to know about your health into your living room.

05:00 pm **TEN News At Five**

CC

A full half hour of news with extensive coverage of local, national and international news and weather.

05:30 pm **Sports Tonight**

CC

Coverage of all the day's local, national, and international sporting news. If it happened in sports today, you'll see it on Sports Tonight.

06:00 pm **TBA**

06:30 pm **TBA**

07:00 pm **TBA**

07:30 pm **AFL - NAB Cup**

CC
WS

LIVE
Sydney V Carlton

AFL football comes to the western suburbs of Sydney, as the Swans open their season at Blacktown. Chris Judd has steered his Carlton Blues through a tumultuous off season, but they will be keen to show form where it counts.

10:00 pm **Sum Of All Fears, The (Rpt) (2002)**

CC M
WS
Some Violence,
Some Coarse Language

After a nuclear weapon falls into the hands of terrorists, only Jack Ryan stands between humanity and catastrophe. The terrorists intend to explode the bomb in Baltimore USA and blame it on the Russians, triggering a war that could destroy both countries.

Starring: Ben Affleck, Morgan Freeman, James Cromwell, Bruce McGillis



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12:30 am Hell's Kitchen

PG
Some Coarse Language

Described as the 'Godfather of British cooking' Marco Pierre White returns to the kitchen for the first time in 7 years when he takes over the reins of Hell's Kitchen. Using his culinary talents, he shapes a group of celebrities into accomplished chefs.

01:30 am Cops (Rpt)

M
Adult Themes

Crimes In Progress Special Edition

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

02:00 am Home Shopping

02:30 am Home Shopping

03:00 am Home Shopping

03:30 am Home Shopping

04:00 am Bayless Conley

WS G

Religious Program

04:30 am Leading The Way With Dr. Michael Youssef

WS G

Religious Program

05:00 am Hour Of Power

WS G

Religious Program