

MELBOURNE PROGRAMME GUIDE

Sunday 17th January 2010



06:00 am	Mass For You At Home	WS G	Enjoy Mass in the comfort of your own home.
06:30 am	Hillsong	WS G	Religious Program
07:00 am	Pirate Islands 2 - The Lost Treasure Of Fiji (Rpt)	CC C WS	Kate and her younger brother and sister are zapped into their computer game and find themselves in a land of eighteenth century Pirates. Their only way home is to win the game by beating the Pirates to the ultimate prize and hidden treasure.
07:30 am	Totally Wild (Rpt)	CC C WS	Explore the natural beauty of Australia's native flora and fauna with the Totally Wild team.
08:00 am	Video Hits	G	Video Hits is Australia's #1 music show. Hosted by Faustina 'Fuzzy' Agolley & Hayden Guppy, it features the best new music and classic tunes. Plus interviews, live event shows and huge competitions.
10:00 am	Video Hits	PG Sexual References, Mild Coarse Language	Video Hits is Australia's #1 music show. Hosted by Faustina 'Fuzzy' Agolley & Hayden Guppy, it features the best new music and classic tunes. Plus interviews, live event shows and huge competitions.
12:00 pm	Pat Callinan's 4x4 Adventures	G	<u>Red Centre Adventure</u> Join Pat Callinan as he goes on an iconic 4 x 4 trek through the East and West MacDonnell Ranges near Alice Springs.
01:00 pm	The Travel Bug	WS	<u>Japan</u> The Travel Bug explores many of the Asia-Pacific's most unique and interesting destinations. Each episode is dedicated to a single country or region and allows us to explore in detail everything these remarkable places have to offer.
02:00 pm	Jamie's Fowl Dinners (Rpt)	CC	<u>Jamie's Fowl Dinners</u> Jamie Oliver hosts a gala dinner to demonstrate the reality of how chickens live and die to put food on our plates! He turns ringmaster to tackle an issue that raises difficult questions about animal welfare.
03:30 pm	The Doctors	PG Adult Themes	Four doctors with four different specialties talk about medicine in a brand-new way, answering all of your questions. Watch them demonstrate cutting-edge medical breakthroughs and bring everything you need to know about your health into your living room.
04:30 pm	Boys Weekend	WS	Boys Weekend brings together four of the world's most entertaining chefs for a weekend of fun, food, adventure and good times.
05:00 pm	TEN News At Five	CC	A full half hour of news with extensive coverage of local, national and international news and weather.

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05:30 pm Sports Tonight

CC

Coverage of all the day's local, national, and international sporting news. If it happened in sports today, you'll see it on Sports Tonight.

06:00 pm The Simpsons (Rpt)

CC PG

Margical History Tour

Marge, the kids and Milhouse go to the library where they find there are no longer any books on the shelves. Fortunately, Marge knows some history and relates it Simpson style.

Starring: Dan Castellana, Julie Kavner, Nancy Cartwright, Yeardley Smith

06:30 pm Don't Forget The Lyrics

CC
WS

Everyone thinks they know the lyrics to the world's most popular songs, but when there's a million dollars at stake, who will rise to the challenge...and who will choke under pressure? Hosted by Wayne Brady.

07:30 pm Glee (Rpt)

CC PG
WS

Wheels

In this Artie-focused episode, Will encourages everyone to support their resident guy on wheels by having them perform in a wheelchair. In other matters, Kurt and Rachel compete for a big solo.

Starring: Matthew Morrison, Chris Colfer, Jayma Mays, Lea Michele, Kevin McHale

08:30 pm Collateral (Rpt) (2004)

CC M
WS Frequent Violence,
Very Coarse Language

A cab driver finds himself the hostage of an engaging contract killer as he makes his rounds from hit to hit during one night in the city of Los Angeles. He must find a way to save both himself and the killer's one last victim.

Starring: Tom Cruise, Jamie Foxx, Mark Ruffalo, Jada Pinkett Smith

10:50 pm Escape From L.A. (Rpt) (1996)

WS

Snake Plissken is once again called in by the United States government to recover a potential doomsday device from Los Angeles, now an autonomous island where undesirables are deported.

Starring: Kurt Russell, Steve Buscemi, Pam Grier, Peter Fonda, Cliff Robertson

12:50 am Sex And The City (Rpt)

WS

I Heart NY

Carrie accidentally finds out that Big is planning on moving away from NY and wonders if she should have goodbye sex with him.

Starring: Sarah Jessica Parker, Cynthia Nixon, Kim Cattrall, Kristin Davis

01:20 am Video Hits Up Late (Rpt)

01:30 am Home Shopping

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02:00 am Home Shopping

02:30 am Kenneth Copeland WS PG
Religious Program

03:00 am Life Today With James Robison WS PG
Religious Program

03:30 am This Is Your Day With Benny Hinn WS G
Religious Program

03:55 am Video Hits Up Late (Rpt) G

04:00 am The CBS Early Show

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06:00 am TEN Early News

CC

Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.

07:00 am Toasted TV

G

Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.

07:05 am Yu Gi Oh! 5 Dragons

Fight Or Flight

Set a generation into the future, Yu-Gi-Oh! GX revolves around a boy named Jaden Yuki and follows his exciting journey.

07:25 am Toasted TV

G

Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.

07:30 am Pokemon (Rpt)

G

ONE Team, Two Team Red Team, Blue!

Pokémon is the story of a young boy named Ash Ketchum. He received his first Pokémon at the age of 10 from Professor Oak and now is set out on his Pokémon Journey.

07:55 am Toasted TV

G

Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.

08:00 am Totally Wild (Rpt)

CC C
WS

The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.

08:30 am Puzzle Play (Rpt)

CC P
WS

Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.

09:00 am 9am Summertime

CC PG
WS

Join David Reyne and Kim Watkins as they take a look back at the best of 9am from 2009. They look back at the news, views and issues that have mattered to you and your lifestyle.

11:00 am TEN News

CC

Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.

12:00 pm Dr Phil

CC
WS

Guilty Moms

Join Dr. Phil McGraw as he inspires millions of people to "get real". Today, Dr Phil investigates whether mothers should stay at home with their young children, or should they pursue a career? Dont miss an intense debate from both sides of this issue.

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01:00 pm	The Oprah Winfrey Show	CC PG	<p><u>Oprah & People Magazine Salute Headline-Making Heroes Of 2009</u> Guest Starring: Winona Judd</p> <p>The "Miracle On The Hudson" was one of this year's biggest headlines. Oprah talks to the passengers and the pilot who safely landed flight 1549 and looks back upon some of 2009's other noteworthy events.</p>
02:00 pm	Ready Steady Cook		
03:00 pm	Judge Judy	CC	<p>Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.</p>
03:30 pm	Dharma & Greg (Rpt)		<p><u>Let's Get Fiscal</u> Guest Starring: Don Mc Manus</p> <p>Dharma regrettably seeks Edward's business advice when the co-op's slush fund comes up empty, and Greg works with a very successful attorney whom Dharma used to date.</p> <p>Starring: Jenna Elfman, Thomas Gibson</p>
04:00 pm	Huey's Cooking Adventures (Rpt)	WS G	<p>Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.</p>
04:30 pm	The Bold And The Beautiful	CC	<p>The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.</p>
05:00 pm	TEN News At Five	CC	<p>Comprehensive coverage of local stories that impact your lives. As well as the big national and international news information. TEN News has more time devoted to sport and the latest weather.</p>
06:00 pm	Malcolm In The Middle (Rpt)	CC	<p><u>Evacuation</u> Malcolm's family and scores of others are forced to relocate to a school gym because of a toxic-chemical spill caused by a derailed train.</p> <p>Starring: Frankie Muniz, Jane Kaczmarek, Justin Berfield, Bryan Cranston</p>
06:30 pm	Neighbours	CC WS	<p>Harry starts to question his cousin Andrew's true loyalties; and feeling rejected Lucas causes a riot at rehabilitation but will he be able to convince Steph to give in to his love?</p>
07:00 pm	The 7pm Project	CC PG WS	<p>The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.</p>

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08:00 pm Rules Of Engagement (Rpt) CC PG
WS Sexual References
Russell's Fathers Son
Russell's father comes to visit, but leaves Russell disgruntled when he takes a shine to Adam. He asks Adam to appear in a promotional video as his son, Russell.

Starring: David Spade, Patrick Warburton, Oliver Hudson, Bianca Kajlich, Megyn Price

08:30 pm Stargate Universe CC
WS
Earth
The Ancient communication stones are used to allow a few crew members' consciousnesses to return to Earth to go over a risky plan that could bring the crew home.

Starring: Robert Carlyle, Lou Diamond Phillips, Justin Louis, David Blue, Elyse Levesque

09:30 pm Supernatural CC
WS
The Real Ghostbusters
Sam and Dean are tricked into attending a Supernatural convention by their super-fan Becky. Sam and Dean are in for a shock when many of the fans are dressed up like them.

Starring: Jared Padalecki, Jensen Ackles

10:30 pm TEN Late News With Sports Tonight CC
Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.

11:15 pm The 7PM Project (Rpt) CC PG
WS
The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.

12:15 am The Late Show With David Letterman PG
Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more. Tonight's guests include:

01:00 am The Poker Star (Rpt) WS PG
Adult Themes
Bluffing
It doesn't take a liar to play poker but it sure helps to bluff your way out of trouble. Alliances and threats are already on show. But face to face with an FBI interrogator, who will impress Joe Hachem by bluffing their way through a job interview.

02:00 am Home Shopping

02:30 am Kenneth Copeland WS PG
Religious Program

03:00 am Life Today With James Robison WS PG
Religious Program

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03:30 am This Is Your Day With Benny Hinn WS G Religious Program

03:55 am Video Hits Up Late (Rpt) PG

04:00 am The CBS Early Show

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Tuesday 19th January 2010



06:00 am	TEN Early News	CC	Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.
07:00 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Yu Gi Oh! 5 Dragons		<u>The Reunion Duel</u> Set a generation into the future, Yu-Gi-Oh! GX revolves around a boy named Jaden Yuki and follows his exciting journey.
07:25 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:30 am	Pokemon (Rpt)	G	<u>Lean Mean Team Rocket Machine, A</u> Pokémon is the story of a young boy named Ash Ketchum. He received his first Pokémon at the age of 10 from Professor Oak and now is set out on his Pokémon Journey.
07:55 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:00 am	Totally Wild (Rpt)	CC C WS	The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.
08:30 am	Puzzle Play (Rpt)	CC P WS	Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.
09:00 am	9am Summertime	CC PG WS	Join David Reyne and Kim Watkins as they take a look back at the best of 9am from 2009. They look back at the news, views and issues that have mattered to you and your lifestyle.
11:00 am	TEN News	CC	Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
12:00 pm	Dr Phil	CC WS	<u>Sibling Abuse</u> Fifty-three out of every 100 siblings abuse their brother or sister. Is it happening in your home? On Dr Phil today, learn the warning signs of when normal roughhousing and sibling fighting crosses over to abuse and how to stop it from happening.

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01:00 pm	The Oprah Winfrey Show	CC PG	<u>Remembering Ted Kennedy: "Vicki" Kennedy's First TV Interview</u> Vicki Kennedy, wife of the late Senator Edward Kennedy, gives her first interview since his death. Mrs. Kennedy will discuss her relationship with Senator Kennedy, their treasured time together at the end of his life and his new book, "True Compass"
02:00 pm	Ready Steady Cook		
03:00 pm	Judge Judy	CC	Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.
03:30 pm	Dharma & Greg (Rpt)		<u>Educating Dharma (1)</u> Guest Starring: Kevin Sorbo When Dharma decides to go to college, she meets a professor who stirs some feelings that could disrupt her marriage. Starring: Jenna Elfman, Thomas Gibson
04:00 pm	Huey's Cooking Adventures (Rpt)	WS G	Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.
04:30 pm	The Bold And The Beautiful	CC	The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.
05:00 pm	TEN News At Five	CC	Comprehensive coverage of local stories that impact your lives. As well as the big national and international news information. TEN News has more time devoted to sport and the latest weather.
06:00 pm	Malcolm In The Middle		<u>Houseboat (1)</u> It's still summer-vacation time, which finds Malcolm and his rowdy clan cruising on a lake in a houseboat with Stevie and his straight-faced parents.
06:30 pm	Neighbours	CC WS	Andrew clashes with Declan in a fight for Paul's approval; and will Steph move past her guilt and embrace a future with Lucas?
07:00 pm	The 7pm Project	CC PG WS	The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.
07:30 pm	Accidentally On Purpose	CC WS	<u>Class</u> When Billie and Zack take instructional parenting classes separately due to their schedules, Billie goes with Olivia and Abby. However, the course quickly becomes a competition when Abby outshines Billie at all the tasks. Starring: Jenna Elfman, Jon Foster, Grant Show, Ashley Jensen

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08:00 pm **The Office**

CC
WS

The Duel

After Michael spills the beans about Angela's affair with Dwight, Andy and Dwight deal with the matter on their own. Michael is nervous about meeting at corporate with David Wallace.

Starring: Steve Carell, John Krasinski, Jenna Fischer, Rainn Wilson

08:30 pm **NCIS (Rpt)**

CC M
WS

Deception

Guest Starring: Zac Efron

When a Commander in charge of a shipment of nuclear weapons disappears, the NCIS team is called in. The team must solve the case in time, before the person who kidnapped the Commander finds out the secret location of the nuclear weapons.

Starring: Mark Harmon, Michael Weatherly, David McCallum, Pauley Perrette, Sean Murray

09:30 pm **Lie To Me (Rpt)**

CC M
WS Adult Themes

Depraved Heart

Lightman becomes obsessed with his investigation of two young women who committed suicide. Meanwhile, the team tries to recover billions of dollars for investors who were bilked by an investment scheme.

Starring: Tim Roth, Kelli Williams, Brendan Hines, Monica Raymund

10:30 pm **TEN Late News With Sports Tonight**

CC

Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.

11:15 pm **The 7PM Project (Rpt)**

CC PG
WS

The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.

11:45 pm **The Late Show With David Letterman**

PG

Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more. Tonight's guests include:

12:30 am **House (Rpt)**

CC M
WS Adult Themes

Family

Wilson prepares to transplant bone marrow from Matty to his brother Nick. But when Matty gets sick, the team must cure him as he's the only safe donor. Meanwhile Foreman deals with his mistake and House has a battle of wills with his new dog Hector.

Starring: Hugh Laurie, Lisa Edelstein, Robert Sean Leonard, Jennifer Morrison, Omar Epps, Jesse Spencer

01:30 am **Home Shopping**

02:00 am **Home Shopping**

02:30 am **Kenneth Copeland**

WS PG

Religious Program

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03:00 am Life Today With James Robison WS PG

Religious Program

03:30 am This Is Your Day With Benny Hinn WS G

Religious Program

03:55 am Video Hits Up Late (Rpt) PG

04:00 am The CBS Early Show

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Wednesday 20th January 2010



06:00 am	TEN Early News	CC	Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.
07:00 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Yu Gi Oh! 5 Dragons		<u>Dark Signs (1)</u> Set a generation into the future, Yu-Gi-Oh! GX revolves around a boy named Jaden Yuki and follows his exciting journey.
07:25 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:30 am	Pokemon (Rpt)	G	<u>Playing The Leveling Field</u> Pokémon is the story of a young boy named Ash Ketchum. He received his first Pokémon at the age of 10 from Professor Oak and now is set out on his Pokémon Journey.
07:55 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:00 am	Totally Wild (Rpt)	CC C WS	The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.
08:30 am	Puzzle Play (Rpt)	CC P WS	Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.
09:00 am	9am Summertime	CC PG WS	Join David Reyne and Kim Watkins as they take a look back at the best of 9am from 2009. They look back at the news, views and issues that have mattered to you and your lifestyle.
11:00 am	TEN News	CC	Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
12:00 pm	Dr Phil	CC WS	<u>Have A Little Faith</u> Join Dr. Phil McGraw as he and bestselling author Mitch Albom, author of the new book Have a Little Faith, delve into ethical and moral questions about allowing faith to guide us in making the right decisions.

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01:00 pm	The Oprah Winfrey Show	CC PG	<p><u>Daniel Day Lewis, Nicole Kidman, Penelope Cruz - The Cast Of "Nine"</u> Guest Starring: Daniel Day-Lewis, Kate Hudson, Penelope Cruz, Nicole Kidman, Marion Cotillard</p> <p>Don't miss when Oprah talks to Daniel Day Lewis, Nicole Kidman, Penelope Cruz, Marion Cotillard and Kate Hudson - stars of "Nine" - the highly-acclaimed musical that brings the magic of Broadway to the big screen.</p>
02:00 pm	Ready Steady Cook		
03:00 pm	Judge Judy	CC	<p>Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.</p>
03:30 pm	Dharma & Greg (Rpt)		<p><u>Educating Dharma (2)</u> Guest Starring: Kevin Sorbo</p> <p>Dharma must come to terms with her own guilt about Charlie, and resolve which direction the relationship will take.</p> <p>Starring: Jenna Elfman, Thomas Gibson</p>
04:00 pm	Huey's Cooking Adventures (Rpt)	WS G	<p>Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.</p>
04:30 pm	The Bold And The Beautiful	CC	<p>The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.</p>
05:00 pm	TEN News At Five	CC	<p>Comprehensive coverage of local stories that impact your lives. As well as the big national and international news information. TEN News has more time devoted to sport and the latest weather.</p>
06:00 pm	Malcolm In The Middle		<p><u>Emancipation (2)</u> Still reeling over Francis' break for freedom, Lois and Hal find themselves face to face with their newly independent son.</p>
06:30 pm	Neighbours	CC WS	<p>Mia's sudden arrival turns Zeke's world upside down; and Lucas is shocked by Steph's decision.</p>
07:00 pm	The 7pm Project	CC PG WS	<p>The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.</p>
07:30 pm	The Simpsons (Rpt)	CC PG	<p><u>The Lastest Gun In The West</u> Guest Starring: Dennis Weaver</p> <p>Bart befriends an aging movie cowboy who begins drinking heavily when asked to appear on Krusty's television show.</p> <p>Starring: Dan Castellaneta, Julie Kavner, Nancy Cartwright, Yeardley Smith</p>

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08:00 pm	Futurama	CC	<u>Into The Wild Green Younder Part 4</u> Bender arrives to free the eco-feminists from prison and Hermes, Zoidberg, Scruffy and a repentant Farnsworth arrive in the Planet Express ship and whisk them off to stop the implosion ceremony. Starring: Billy West, John Dimaggio, Katey Sagal, Lauren Tom, Phil Lamarr
08:30 pm	The Cleveland Show	CC WS	<u>From Bed To Worst</u> When Cleveland Jr. and Roberta go on a school trip, Cleveland and Donna are excited to have the house to themselves. Meanwhile Roberta's partying gets out of control and Cleveland Jr. comes to her rescue. Starring: Mike Henry, Sanaa Lathan, Reagan Gomez-Preston, Kevin Michael Richardson
09:00 pm	The Simpsons (Rpt)	CC PG	<u>Tales From The Public Domain</u> The Simpsons appear as characters in three classic tales. Starring: Dan Castellaneta, Julie Kavner, Nancy Cartwright, Yeardley Smith
09:30 pm	Californication	CC WS	<u>Dogtown</u> Guest Starring: Kathleen Turner When Charlie loses his job, Hank takes him out to town. Meanwhile, Karen, Becca and Marcy have a girl's night out. Starring: David Duchovny, Natasha McElhone, Madeline Zima, Evan Handler
10:05 pm	Californication	CC WS	<u>Comings And Goings</u> Guest Starring: Kathleen Turner Hank and Karen attend an end-of-semester mixer, where the girls team up to bash Hank and Dean Koons wants to duel him. Meanwhile, Charlie and Marcy are trying to sell their house. Starring: David Duchovny, Natasha McElhone, Madeline Zima, Evan Handler
10:40 pm	TEN Late News With Sports Tonight	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:25 pm	The 7PM Project (Rpt)	CC PG WS	The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.
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12:40 am Law & Order: Criminal Intent
(Rpt)

CC M
WS Some Violence,
Drug References

TEN Count

Guest Starring: Miguel Ferrer

A boxer gunned down as he celebrates victory turns out to be the brother of someone Logan mentored. When he and Wheeler commit to solving the case, they discover that the amateur world of boxing is rife with secrets and betrayals, complicating the case.

Starring: Vincent D' Onofrio, Kathryn Erbe, Chris Noth, Alicia Witt, Eric Bogosian, Leslie Hendrix

01:30 am Home Shopping

02:00 am Home Shopping

02:30 am Kenneth Copeland

WS PG

Religious Program

03:00 am Life Today With James Robison

WS PG

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PG

04:00 am The CBS Early Show

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11:00 am	TEN News	CC	Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
12:00 pm	Dr Phil	CC WS	Dr Phil Family Returns: Alex Speaks Out Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives. Today, Dr. Phil continues his conversation with Alex.

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Thursday 21st January 2010



01:00 pm **The Oprah Winfrey Show (Rpt)** CC PG

Ageless Living With Dr. Oz: Secrets Of The Blue Zones

Is there really a fountain of youth? Dr Oz takes us inside the four hot spots around the world where people live longer than anywhere else. How do they do it? We'll reveal the foods to eat and the age-defying lifestyle that can help you live to be 100.

02:00 pm **Ready Steady Cook**

03:00 pm **Judge Judy** CC

Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.

03:30 pm **Dharma & Greg (Rpt)**

Dharma Does Dallas

Guest Starring: Morgan Fairchild

Dharma gets to know Greg's dysfunctional cousins and in-laws just in time to keep Edward from making a huge mistake in choosing his successor as head of the firm.

Starring: Jenna Elfman, Thomas Gibson

04:00 pm **Huey's Cooking Adventures (Rpt)** WS G

Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.

04:30 pm **The Bold And The Beautiful** CC

The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.

05:00 pm **TEN News At Five** CC

Comprehensive coverage of local stories that impact your lives. As well as the big national and international news information. TEN News has more time devoted to sport and the latest weather.

06:00 pm **Malcolm In The Middle**

Book Club

Lois goes to a book club to talk about a book, but later discovers that what they actually do there is drink and tell everyone how they feel.

06:30 pm **Neighbours** CC
WS

Mia takes Zeke for a walk on the wild side; and Harry clashes with Lou over how to care for Kate.

07:00 pm **The 7pm Project** CC PG
WS

The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.

07:30 pm **Rules Of Engagement (Rpt)** CC PG
WS

Buyer's Remorse

Adam and Jennifer show interest to a new apartment. Jeff finds it difficult not to purchase items from the children of his co-workers. Meanwhile, one of Russell's one-night-stands' begins working at their favourite diner.

Starring: David Spade, Patrick Warburton, Oliver Hudson, Bianca Kajlich, Megyn Price

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08:00 pm	The Office	CC WS	<u>Prince Family Paper</u> Michael and Dwight spy on a rival paper company. The rest of the office debates whether or not Hilary Swank is hot. Starring: Steve Carell, John Krasinski, Jenna Fischer, Rainn Wilson
08:30 pm	Lie To Me (Rpt)	CC M WS	<u>Life Is Priceless</u> Dr. Cal Lightman and his colleagues investigate a construction site building collapse. They attempt to save three men trapped inside the building. Starring: Tim Roth, Kelli Williams, Brendan Hines, Monica Raymund
09:30 pm	Law & Order: Criminal Intent (Rpt)	CC M WS Some Violence	<u>Astoria Helen</u> A charming, charismatic con man lures a single mother into an armoured truck heist, but when one of the crew turns up murdered, Wheeler and Nichols are left to piece the puzzle together. Starring: Vincent D' Onofrio, Jeff Goldblum, Kathryn Erbe, Julianne Nicholson, Eric Bogosian
10:30 pm	TEN Late News With Sports Tonight	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
11:15 pm	The 7PM Project (Rpt)	CC PG WS	The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.
11:45 pm	The Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more. Tonight's guests include:
12:30 am	Numb3rs (Rpt)	CC M WS	<u>Longshot</u> Guest Starring: Aya Sumika Don and the team investigate a suspicious death at a horse track. When Charlie starts looking into the crime, he uncovers something that will send the investigation in an entirely different direction. Starring: Rob Morrow, David Krumholtz, Diane Farr, Judd Hirsch, Peter Mac Nicol, Alimi Ballard, Navi Rawat, Dylan Bruno
01:30 am	Home Shopping		
02:00 am	Home Shopping		
02:30 am	Kenneth Copeland	WS PG	Religious Program

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03:00 am Life Today With James Robison WS PG

Religious Program

03:30 am This Is Your Day With Benny Hinn WS G

Religious Program

03:55 am Video Hits Up Late (Rpt) G

04:00 am The CBS Early Show

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06:00 am	TEN Early News	CC	Breaking local, national and international news, with extensive coverage of finance and the latest sport and weather. Up-to-the-minute news brought to you first by TEN News.
07:00 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Zorro: Generation Z (Rpt)	G	A descendent of the original Zorro, also named Diego De La Vega, fights crime and a corrupt government of Pueblo Grande in a near-future setting.
07:25 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:30 am	Bakugan	G	Mysterious cards appear in front of the children of the world, with the powers to summon monsters from an alternate dimension.
07:55 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:00 am	Totally Wild (Rpt)	CC C WS	The Totally Wild team brings you the latest in action, adventure and wildlife from Australia and around the globe.
08:30 am	Puzzle Play (Rpt)	CC P WS	Join Kell, Liam and Patrick to solve a puzzle, also sing-a-long to some great songs and visit friends at preschools and in the animal world.
09:00 am	9am Summertime	CC PG WS	Join David Reyne and Kim Watkins as they take a look back at the best of 9am from 2009. They look back at the news, views and issues that have mattered to you and your lifestyle.
11:00 am	TEN News	CC	Comprehensive coverage of local, national and international news with analysis of the key stories of the day and a strong focus on health, social and environmental issues.
12:00 pm	Dr Phil	CC WS	<u>Are You Ready For Divorce</u> Join Dr. Phil McGraw as he inspires millions of people to "get real". He gives them the challenge they need to change their behaviour, move ahead and lead positive lives.

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01:00 pm **The Oprah Winfrey Show (Rpt)** CC PG

Inside American Idol, The Queen's Palace, Valentino's Empire

Guest Starring: Ryan Seacrest

The royal family opens its doors and lets our cameras into Windsor Castle. Then, we're going backstage at American Idol and we go inside the legendary Valentino empire. The renowned designer tells us the stories behind some of his exquisite dresses.

02:00 pm **Ready Steady Cook**

03:00 pm **Judge Judy**

CC

Judge Judy holds court as presiding judge. The people are real, the cases are real and the rulings are binding.

03:30 pm **Dharma & Greg (Rpt)**

Judy & Greg

Dharma drags Greg into a high-school reunion for the class of '81, assuming the identities of no-shows Todd and Judy. She is not pleased to discover that everyone present loathes "Judy" for the terrible things she did to them in high school.

Starring: Jenna Elfman, Thomas Gibson

04:00 pm **Huey's Cooking Adventures (Rpt)** WS G

Chef extraordinaire Iain Hewitson provides simple recipes that are informative, fun, as well as being totally delicious.

04:30 pm **The Bold And The Beautiful**

CC

The story of the glamorous Forrester family: their loves, tragedies, triumphs and struggles for power in the fashion industry.

05:00 pm **TEN News At Five**

CC

Comprehensive coverage of local stories that impact your lives. As well as the big national and international news information. TEN News has more time devoted to sport and the latest weather.

06:00 pm **Malcolm In The Middle**

Malcolm's Girlfriend

Malcolm has a new light in his life: a perky classmate named Sara.

06:30 pm **Neighbours**

CC
WS

Donna finds herself reluctantly charmed by Andrew; Toadie and Sonya take things slowly; and The Ramsays are left home alone

07:00 pm **The 7pm Project**

CC PG
WS

The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.

08:00 pm **Malcolm In The Middle (Rpt)**

CC PG

Tutoring Reese

Malcolm helps Reese make the grade with his schoolwork, while Francis is banished to a friend's house for defying Lois's order to patch the roof.

Starring: Frankie Muniz, Jane Kaczmarek, Justin Berfield, Bryan Cranston

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08:30 pm	Love Actually (Rpt) (2003)	CC M WS Sexual References, Some Coarse Language, Nudity	Follow the lives of eight very different couples dealing with their love lives in various loosely interrelated tales all set during a frantic month before Christmas in London. Starring: Keira Knightley, Colin Firth, Emma Thompson, Liam Neeson, Hugh Grant, Bill Nighy
10:50 pm	Outrageous Fortune	WS	<u>Inform Against Me</u> Van and Munter are involved in a custody battle, as Cheryl sees red over some news she receives. Starring: Robyn Malcolm, Grant Bowler, Antony Starr, Siobhan Marshall
11:50 pm	TEN Late News	CC	Australia's leading late news service with comprehensive coverage and analysis of the major national and international stories. This is must-see television for those wanting the latest and most comprehensive news and sports information.
12:20 am	Sports Tonight	CC	Coverage of all the day's local, national, and international sporting news. If it happened in sports today, you'll see it on Sports Tonight.
12:50 am	The 7PM Project (Rpt)	CC PG WS	The news but not as you know it. Join Charlie Pickering, Carrie Bickmore and Dave Hughes, along with correspondents James Mathison and MTV's Ruby Rose as they dissect, digest and re-constitute the daily news, events and hottest topics.
01:40 am	The Late Show With David Letterman	PG	Join the king of late night television - David Letterman, with special guests, his famous 'Top Ten' and lots more. Tonight's guests include:
02:25 am	Cops (Rpt)	M Adult Themes	<u>Crimes In Progress Special Edition</u> This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
02:55 am	Video Hits Up Late (Rpt)	PG	
03:00 am	Home Shopping		
03:30 am	Home Shopping		
04:00 am	Home Shopping		
04:30 am	Home Shopping		
05:00 am	Home Shopping		

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05:30 am Home Shopping



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06:00 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
06:05 am	Spectacular Spiderman (Rpt)	G	Peter Parker is a high school junior, and just recently acquired his powers and alias as Spider-Man. Joined by best friends Gwen and Harry, Peter tries to juggle a double life between being a regular junior high student and a powerful secret superhero.
06:30 am	Dragonball Z (Rpt)	G	<u>Black Day For The Planet Earth, A</u> Five years have passed since the defeat of Piccolo, the world is enjoying a long reign of peace, but this peace is forever shattered when a mighty Saiyan warrior named Raditz comes searching of his younger brother, Goku!
07:00 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:05 am	Chaotic (Rpt)	G	Tom and Kaz delve deeper into Chaotic and quickly confront freaky new Creatures, uncover strange new Locations and scan awesome new BattleGear and Mugic.
07:20 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
07:30 am	Spongebob Squarepants (Rpt)	G	<u>Nature Pants/ Opposite Day</u> Relentlessly optimistic SpongeBob SquarePants lives in the undersea township of Bikini Bottom, along with an assortment of zany supporting characters.
07:55 am	Toasted TV	G	Want the lowdown on what's hip for kids? Join the team for the latest in gaming, sport, gadgets, pop culture, movies, music and other seriously fun stuff! Featuring a variety of your favourite cartoons.
08:00 am	iCarly (Rpt)	G	<u>I Want A World Record</u> Carly is a teenager who lives with her twenty-six year old brother and guardian Spencer, and produces her own web casts from a studio she constructed in the attic of her home.
08:25 am	Toasted TV	G	

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08:30 am	Scope (Rpt)	CC C WS	Trees You probably use many products made from their wood and breathe in the oxygen they create, but how much do you actually know about trees? Join Dr Rob as he plants a few seedlings and SCOPES out all the science behind trees.
09:00 am	The Lost Children (Rpt)	CC C WS	Ethan, sister Amy and their mother abandon ship when a storm hits their vessel. Follow them on a high-spirited adventure as they awake on a wild shore and begin the battle for survival.
09:30 am	Dex Hamilton (Rpt)	CC C WS	Return Of The Stryder When a toxic alien insect infects Metro City's water supply, Dex and his team must find an antidote before the sickness can spread further.
10:00 am	Video Hits Big Day Out Weekend	PG Sexual References, Mild Coarse Language	Video Hits is Australia's #1 music show. Hosted by Faustina 'Fuzzy' Agolley & Hayden Guppy, it features the best new music and classic tunes. Plus interviews, live event shows and huge competitions.
12:00 pm	Out Of The Blue	WS PG Some Violence	Tracy's homecoming does not go to plan when the McManuses make it their mission to see her punished. When Tracy walks over to her bed however, it appears that she has been untruthful about her recovering paralysis. Starring: Clayton Watson, Katherine Hicks, Charlotte Gregg, Diane Craig, Zoe Carides, Daniel Henshall, Ryan Johnson
12:30 pm	Out Of The Blue	WS PG	All hell breaks lose Stavva realises that the reason Amber left was because of his best mate Addo. Starring: Clayton Watson, Katherine Hicks, Charlotte Gregg, Diane Craig, Zoe Carides, Daniel Henshall, Ryan Johnson
01:00 pm	Escape With ET	G	Join footy & fishing legend Andrew 'ET' Ettingshausen as he escapes to some of Australia's best fishing, 4WD'ing and other incredible destinations.
01:30 pm	Saving Babies	WS	The smallest patients, the biggest miracles. This inspirational real-life series follows the work of the dedicated medical teams at the Royal Hospital for Women, as they perform lifesaving medical interventions for battling babies. Hosted by Kim Watkins.
02:00 pm	It's Me Or The Dog (Rpt)	WS	Chaos Dogs should be man's best friend, but instead we're overrun by their canine antics. In just one minute, dog behaviourist Victoria Stilwell can take control of any dog and she's determined to bring even the worst dogs back in line.
02:30 pm	Jamie Oliver's Eat To Save Your Life (Rpt)		Jamie Oliver's Eat To Save Your Life In this hard-hitting, one-off special, Jamie investigates the hidden threats of popular convenience foods using eighteen volunteers with self-confessed bad diets as human guinea pigs.

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04:00 pm	The Doctors	PG Sexual References	Four doctors with four different specialties talk about medicine in a brand-new way, answering all of your questions. Watch them demonstrate cutting-edge medical breakthroughs and bring everything you need to know about your health into your living room.
05:00 pm	TEN News At Five	CC	A full half hour of news with extensive coverage of local, national and international news and weather.
05:30 pm	Sports Tonight	CC	Coverage of all the day's local, national, and international sporting news. If it happened in sports today, you'll see it on Sports Tonight.
06:00 pm	The Simpsons (Rpt)	CC PG	<p><u>The Ziff Who Came To Dinner</u> Guest Starring: Jon Lovitz</p> <p>Homer takes the kids to see "The Re-Deadening" a horror film that really scares the children. So much so that Bart and Lisa begin hearing noises from the attic.</p> <p>Starring: Dan Castellaneta, Julie Kavner, Nancy Cartwright, Yeardley Smith</p>
06:30 pm	Merlin (Rpt)	CC PG WS	<p><u>The Beginning Of The End</u></p> <p>Morgana and Merlin hide a druid's boy from Camelot's guards and King Uther declares that anyone harbouring the boy will be dealt with severely. Against the advice of The Great Dragon, they must try and smuggle the boy from Camelot without being caught.</p> <p>Starring: Colin Morgan, Bradley James, Anthony Stewart Head, John Hurt, Katy McGrath, Richard Wilson, Angel Coulby</p>
07:30 pm	Back To The Future Part III (Rpt) (1990)	CC PG WS Mid Violence, Mid Coarse Language	<p>Marty receives a letter from Doc Brown explaining how he is leading a happy life in 1885. But when Marty discovers the Doc was killed a week after the letter was written, he must travel back in time.</p> <p>Starring: Michael J Fox, Christopher Lloyd, Lea Thompson</p>
09:50 pm	Van Helsing (Rpt) (2004)	CC M WS Stylised Violence, Horror	<p>During the late 19th century, famed monster hunter Dr. Gabriel Van Helsing travels to Eastern Europe to do battle with Count Dracula, the Wolf Man and Frankenstein's Monster.</p> <p>Starring: Hugh Jackman, Kate Beckinsale, David Wenham, Richard Roxburgh</p>
12:30 am	House (Rpt)	CC M WS Adult Themes	<p><u>Resignation</u></p> <p>The team deals with a 19-year-old college student, while Foreman suddenly and without a reason hands in his resignation. House seems to have already found Foreman's replacement, an attractive nutritionist named Honey.</p> <p>Starring: Hugh Laurie, Lisa Edelstein, Robert Sean Leonard, Jennifer Morrison, Omar Epps, Jesse Spencer</p>

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01:30 am Cops (Rpt)

M
Some Violence

20 Years Caught On Tape

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

02:30 am Home Shopping

03:00 am Home Shopping

03:30 am Home Shopping

04:00 am Bayless Conley

WS G

Religious Program

04:30 am Leading The Way With Dr.
Michael Youssef

WS G

Religious Program

05:00 am Hour Of Power

WS G

Religious Program