**Sunday, January 22, 2017**

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| 06:00 AM | **Home Shopping**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Hook Line And Sinker: Murray River Road Trip (R)**  This week how the other half live, an expose on freshwater fishing and a road trip along Australia’s longest river. And we rekindle an old boating romance - what ever happened to ‘The Beast’. | **PG**  +HOLS05-006+ |

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| 07:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 08:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 08:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 09:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 09:30 AM | **Dream Car Garage (R)**  This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations. | **PG**  +DCAG-136+ |

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| 10:00 AM | **Big Angry Fish (R)**  The episode is dedicated to some new high-tech equipment. | **PG**  +BAFI02-011+ |

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| 11:00 AM | **Mountain Men: Winter Is Coming (R)**  Eustace Conway and Tom Oar reveal what life is like for real mountain men. Eustace lives deep in the mountains of North Carolina, while Tom lives with his wife on the Yaak River in Montana. | **PG**  +MMEN01-001+ |

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| 12:00 PM | **Ultimate Factories: Technogym (R)**  Enter one of the world's greatest one-of-a-kind factories for an insider's perspective on what it takes to make a technogym. | **G**  +ULFA7-012+ |

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| 01:00 PM | **Guinness World Records Gone Wild: Leaps and Bounds (R)**  Step right up to see the human hammer-head, trampolining destruction and leaping speeding cars in single bounds! | **PG (V)**  +GRGW-002+ |

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| 02:00 PM | **BBQ Pitmasters (R)**  As temperatures soar, it's not just the meat that's getting cooked when teams head to the desert for the Smokin' in Mesquite BBQ Championship for a taste of the $40,000 in cash and prizes. | **PG**  +BBQP01-001+ |

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| 03:00 PM | **Outback Truckers (R)**  Dirt road veteran Dennis Dent goes head to head with a lifelong nemesis. Christian Reynolds takes on wild country on a vital mission to build a bridge and Turbo is dealing with disaster upon disaster. | **PG**  +MUTR2-010+ |

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| 04:00 PM | **Seinfeld: The Cartoon (R) ’CC’**  Jerry's harsh critique of an actress launches her career, an enigmatic cartoon inspires Elaine and Kramer decides to give up talking. | **PG**  +SEIN9-013+ |

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| 04:30 PM | **Seinfeld: The Strongbox (R) ’CC’**  Kramer hides the keys for his new strongbox in Jerry's apartment, meanwhile, George and Elaine look for ways out of their respective romantic relationships. | **PG**  +SEIN9-014+ |

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| 05:00 PM | **Seinfeld: The Wizard (R) ’CC’**  Kramer moves to Florida, Jerry buys his dad an electronic organizer and George pretends to have a summer home in order to avoid his late fiancee's parents. | **PG**  +SEIN9-015+ |

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| 05:30 PM | **Seinfeld: The Burning (R) ’CC’**  Elaine discovers her boyfriend is very religious, Jerry wonders if his latest girlfriend has been totally honest with him and George learns how to exit after making a good joke. | **PG**  +SEIN9-016+ |

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| 06:00 PM | **Seinfeld: The Bookstore (R) ’CC’**  Jerry turns in Uncle Leo for shoplifting while George is forced to buy an expensive book he was caught reading in the store's bathroom. | **PG**  +SEIN9-017+ |

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| 06:35 PM | **Seinfeld: The Frogger (R) ’CC’**  George sets out to preserve his high score on an old arcade game. Meanwhile, Jerry finds a date's habit of finishing his sentences annoying and Kramer warns of a serial killer on the loose. | **PG**  +SEIN9-018+ |

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| 07:10 PM | **7mate Sunday Night Movie: Old Dogs (R) ’CC’ (2009)**  Two best friends - one a divorcee and the other a bachelor - have their lives turned upside down when they're unexpectedly charged with the care of six-year-old twins while on a business deal. Starring:ELLA BLEU TRAVOLTA,MATT DILLON,LORI LOUGHLIN,KELLY PRESTON,JOHN TRAVOLTA,ROBIN WILLIAMS,SETH GREEN | **PG (A,V)**  +WDF47-004+ |

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| 09:00 PM | **7mate Sunday Night Movie: Resident Evil: Retribution (R) ’CC’ (2012)**  Alice fights alongside a resistance movement to regain her freedom from an Umbrella Corporation testing facility. Starring:BORIS KODJOE,KEVIN DURAND,JOHANN URB,MILLA JOVOVICH,MICHELLE RODRIGUEZ,SHAWN ROBERTS,SIENNA GUILLORY,LI BINGBING | **MA (V)**  +SPCF01-004+ |

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| 10:50 PM | **Operation Repo: Granny Cruelest / Go Down With The Ship (R)**  Carlos and Ronnie try to reason with an irresponsible retro racist. Then the whole team head out on their most dangerous repo ever repo a yacht from a gun-wielding drug lord debtor and his employees. | **M (L)**  +REPO7-009+ |

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| 11:20 PM | **Operation Repo: Black Belt / Mellow Yellow / It's Her Wedding (R)**  Matt and Froy must defend themselves from a sensei and her less than studious student. Then Froy and Sonia deal with an angry reception at a wedding when they snag a car from the bride's cousin. | **M (L)**  +REPO7-012+ |

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| 11:50 PM | **Bad Ink: Girls Gone Tattoo Wild / Show Me Your Tats (R)**  The boys help a girl who made the mistake of a lifetime letting her ex pick her tattoo. Then they meet a former party girl who got a very intimate tattoo as a joke. Now the joke is on her. Literally. | **M**  +BINK-706+ |

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| 12:50 AM | **Chow Masters: Windy City Hotdogs (R)**  Chef Sam DeMarco and Hollywood director Frank Coraci seek out the 3 tastiest, most creative hot dogs in Chicago, made with everything from Kobe beef to smoked venison! | **PG**  +CHOW-005+ |

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| 01:20 AM | **Chow Masters: Mile High Nachos (R)**  Chef Sam DeMarco and Hollywood director Frank Coraci scour Denver for the most creative nachos to award a $10,000 prize. These nachos have everything from bison, to poached eggs, to pork green chili. | **PG**  +CHOW-006+ |

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| 02:00 AM | **Guinness World Records Gone Wild: Leaps and Bounds (R)**  Step right up to see the human hammer-head, trampolining destruction and leaping speeding cars in single bounds! | **PG (V)**  +GRGW-002+ |

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| 03:00 AM | **Ultimate Factories: Technogym (R)**  Enter one of the world's greatest one-of-a-kind factories for an insider's perspective on what it takes to make a technogym. | **G**  +ULFA7-012+ |

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| 04:00 AM | **Bad Ink: Girls Gone Tattoo Wild / Show Me Your Tats (R)**  The boys help a girl who made the mistake of a lifetime letting her ex pick her tattoo. Then they meet a former party girl who got a very intimate tattoo as a joke. Now the joke is on her. Literally. | **M**  +BINK-706+ |

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| 05:00 AM | **Operation Repo: Granny Cruelest / Go Down With The Ship (R)**  Carlos and Ronnie try to reason with an irresponsible retro racist. Then the whole team head out on their most dangerous repo ever repo a yacht from a gun-wielding drug lord debtor and his employees. | **M (L)**  +REPO7-009+ |

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| 05:30 AM | **Operation Repo: Black Belt / Mellow Yellow / It's Her Wedding (R)**  Matt and Froy must defend themselves from a sensei and her less than studious student. Then Froy and Sonia deal with an angry reception at a wedding when they snag a car from the bride's cousin. | **M (L)**  +REPO7-012+ |

**Monday, January 23, 2017**

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| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Sound FX: Best Of: John Harbaugh (R)**  Baltimore Ravens super coach John Harbaugh works hard. Damn hard. And it shows. With an enviable winning record and the 2013 Superbowl under his belt, this guy commands respect, and gets it. | +SFXB-021+ |

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| 07:00 AM | **NFL 2016: NFC Championship Game: TBD at TBD LIVE**  LIVE NFL PLAYOFFS - NFC Championship Game: TBD at TBD | +NFLI16-068+ |

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| 10:00 AM | **Sound FX: Best Of: Tony Romo (R)**  The Dallas Cowboys are red-hot right now, and their All-Star quarterback is finding form and hitting his stride. Listen closely as Tony Romo gets the SFX treatment. | +SFXB-018+ |

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| 10:30 AM | **NFL 2016: AFC Championship Game: TBD at TBD LIVE**  LIVE NFL PLAYOFFS - AFC Championship Game: TBD at TBD | +NFLI16-069+ |

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| 01:30 PM | **Chow Masters: Mile High Nachos (R)**  Chef Sam DeMarco and Hollywood director Frank Coraci scour Denver for the most creative nachos to award a $10,000 prize. These nachos have everything from bison, to poached eggs, to pork green chili. | **PG**  +CHOW-006+ |

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| 02:00 PM | **Wipeout USA: Wipeout Blind Date (R)**  Insane contestants struggle through a gruelling obstacle course for a big cash prize, with hilarious results! | **PG**  +WIPE3-001+ |

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| 03:00 PM | **What Went Down: The Fail Games (R)**  Impressive rollerblading wins, not so impressive BMX fails, and a snowmobile does a backflip. Oh, and two grown men joust with boxing gloves on mini motorcycles. | **PG**  +WHAT-025+ |

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| 03:30 PM | **What Went Down: Great Balls Of Fail (R)**  Brilliant Dude Perfect archery trick shots, not so brilliant car jumping stunts, and a dune buggy climbs an impossibly steep hill. Oh, and adults race in Barbie cars. | **PG**  +WHAT-026+ |

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| 04:00 PM | **Gator Boys: Errorbat Captain (R)**  Follow the death-defying exploits of Paul Bedard and Jimmy Riffle, two extraordinary alligator trappers who risk injury and death to capture alligators that have invaded Florida's backyards. | **PG**  +GATB3-004+ |

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| 05:00 PM | **Mythbusters: Mission Impossible Face Off / Firearms Force (R) ’CC’**  Lovingly hand made by the best in special effects Adam gets a silicon Jamie face and Jamie gets a spookily realistic Adam mask. Will they be able to fool the fans? Kari and Grant? Or even Jamie’s dog? | **PG**  +MYTH6-029+ |

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| 06:00 PM | **American Pickers: Frank's Pacemaker (R)**  Thousands of miles from home, the guys are scouring the back roads of Texas desperate to find the big-ticket item that will make the long trip worthwhile. | **PG**  +APIC4-002+ |

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| 07:00 PM | **Pawn Stars: Ace In The Hole (R) ’CC’**  The Pawn Stars hope to capture a glimpse of the Old West when they are presented with an antique professional gambler's toolkit. | **PG**  +PWNS4-009+ |

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| 07:30 PM | **World's Most Amazing Videos**  World's most amazing videos features incredible, true-life stories of people who faced their most desperate hour - and lived to tell about it. | **M (V)**  +WMAV01-002+ |

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| 08:30 PM | **Australia's Deadliest ’CC’**  A surfer’s leg is mauled by a deadly shark, while a boy is bitten by one of Australia’s most venomous snakes, and young man suffers excruciating pain after he treads on a venomous stonefish. | **PG**  +WLDC-008+ |

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| 09:00 PM | **Klondike Gold Fever: Winter Gamble (R)**  Ken uncovers a mother lode of gold after he changes the Beast's location, breakdowns threaten to bring an early end to Bernie's season and Big Al selects a final site for his sluice plant. | **M**  +KLON-008+ |

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| 10:00 PM | **Prospectors: The Big Score (R)**  Autumn marks the beginning of the selling season for the Dorris and Busse families, but the quest for a massive payday continues for the other miners, including Steve, who finds a promising claim. | **PG**  +PROS2-008+ |

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| 11:00 PM | **Full Metal Jousting: Go To War NEW EPISODE**  Three jousts in one episode as the quarterfinals come to a close. Only four warriors will survive and advance to the semifinals, one step closer to the championship! | **PG**  +FULL01-008+ |

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| 12:00 AM | **What Went Down: Death Of A Fails-Man ENCORE**  Incredible BMX tricks, not-so incredible unicycle fails, and the world’s first Mini Cooper backflip. Oh, and man blows up an above ground pool with fireworks. | **PG**  +WHAT-052+ |

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| 12:30 AM | **What Went Down: Chariots Of Fail (R)**  Awesome base-jumping, not-so awesome male gymnastics, and Dude Perfect water park trick shots. Oh, and a very talented bear plays the trumpet and hula-hoops. | **PG**  +WHAT-033+ |

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| 01:00 AM | **Australia's Deadliest (R) ’CC’**  A surfer’s leg is mauled by a deadly shark, while a boy is bitten by one of Australia’s most venomous snakes, and young man suffers excruciating pain after he treads on a venomous stonefish. | **PG**  +WLDC-008+ |

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| 01:30 AM | **Klondike Gold Fever: Winter Gamble (R)**  Ken uncovers a mother lode of gold after he changes the Beast's location, breakdowns threaten to bring an early end to Bernie's season and Big Al selects a final site for his sluice plant. | **M**  +KLON-008+ |

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| 02:30 AM | **Full Metal Jousting: Go To War (R)**  Three jousts in one episode as the quarterfinals come to a close. Only four warriors will survive and advance to the semifinals, one step closer to the championship! | **PG**  +FULL01-008+ |

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| 03:30 AM | **Pawn Stars: Ace In The Hole (R) ’CC’**  The Pawn Stars hope to capture a glimpse of the Old West when they are presented with an antique professional gambler's toolkit. | **PG**  +PWNS4-009+ |

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| 04:00 AM | **Stihl Timbersports 2016: World Championship : Individual Competition Part 1 (R)**  Aussie Champion Brayden Meyer embarks on the biggest competition of his life, The STIHL TIMBERSPORTS World Championship. | +TIMB03-009+ |

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| 04:30 AM | **Stihl Timbersports 2016: World Championship : Individual Competition Part 2 (R)**  With 3 rounds left to go in The STIHL TIMBERSPORTS World Championship, can young Chopperoo Brayden Meyer bring home the gold for Australia? | +TIMB03-010+ |

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| 05:00 AM | **Dream Car Garage (R)**  This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations. | **PG**  +DCAG-090+ |

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| 05:30 AM | **Dream Car Garage (R)**  This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations. | **PG**  +DCAG-091+ |

**Tuesday, January 24, 2017**

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| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Sound FX: Best Of: Clay Matthews (R)**  Don't be confused by this Fabio looking dude, Clay Matthews is all monster. Listen up as one of the NFL's zaniest and brutal linebackers goes under the mic. | +SFXB-040+ |

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| 07:00 AM | **Hook Line And Sinker: Trout 2 Ways (R)**  In all new Hook, Line and Sinker hosts Nick Duigan and Andrew Hart try different methods for tricking trout. | **PG**  +HOLS2-002+ |

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| 07:30 AM | **The Next Level: Murray Cod (R)**  On this episode of The Next Level we head out west to chase the magnificent Australian Murray Cod. Nothing beats watching this iconic Aussie fish smashing a surface lure. | **G**  +NEXT02-001+ |

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| 08:00 AM | **Mark Berg's Fishing Addiction: Bundaberg With Paul (R)**  Fishing expert Mark Berg visits some of the best fishing destinations around. Chasing a wide variety of fish, Mark is always hoping to capture a new species or develop a new technique. | **PG**  +MBFA5-002+ |

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| 09:00 AM | **A Football Life: Jerry Smith (R)**  A Football Life continues with Jerry Smith. The documentary chronicles the life of Smith, detailing his career with the Redskins, his life as a gay athlete and his death from AIDS. | **PG**  +FOLI-043+ |

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| 10:00 AM | **Shannon's Legends Of Motorsport: Allan Moffat (R)**  Join host Neil Crompton for a discussion with 4 time Bathurst winner and racing legend Allan Moffat. The program was shot at Bowden's private racing car collection in front of a live audience. | **PG**  +SLOM-001+ |

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| 11:00 AM | **Aussie Barbecue Heroes (R) ’CC’**  Aussie Barbecue Heroes pits some of Australia’s best barbecuing teams against each other to compete for a grand prize and title of the one true Barbecue Hero. | **PG**  +ABBQ01-003+ |

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| 12:00 PM | **The Big Adventure (R) ’CC’**  Twelve Aussies compete in extreme conditions for a life-changing prize. As their skills and smarts are tested, a fortune lies waiting. Who will dig their way to victory? | **PG**  +BADV-005+ |

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| 01:00 PM | **Charlie's Angels: Angel On A Roll (R)**  A trio of beautiful policewomen becomes undercover detectives when a reclusive millionaire assigns them to a series of challenging cases. | **PG (V)**  +CHAN5-015+ |

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| 02:00 PM | **Wipeout USA: Welcome Back America (R) ’CC’**  Insane contestants struggle through a gruelling obstacle course for a big cash prize, with hilarious results! | **PG**  +WIPE3-002+ |

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| 03:00 PM | **What Went Down: The Wizard Of Fails (R)**  Amazing amateur lumberjack feats, not so amazing playground parkour stunts, and some dudes pull some pranks in the snow. Oh, and a zoo full of motorcycles. | **PG**  +WHAT-027+ |

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| 03:30 PM | **Pawn Stars: Ace In The Hole (R) ’CC’**  The Pawn Stars hope to capture a glimpse of the Old West when they are presented with an antique professional gambler's toolkit. | **PG**  +PWNS4-009+ |

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| 04:00 PM | **Prospectors: The Big Score (R)**  Autumn marks the beginning of the selling season for the Dorris and Busse families, but the quest for a massive payday continues for the other miners, including Steve, who finds a promising claim. | **PG**  +PROS2-008+ |

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| 05:00 PM | **Mythbusters: Walking on Water / What is Bomb Proof? (R) ’CC’**  Jamie and Adam investigate a viral video that’s already had almost 8 million hits. Then Tory, Grant and Kari complete the myth cycle, this time with 3 pounds of plastic explosive! | **PG**  +MYTH6-030+ |

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| 06:00 PM | **American Pickers: Urban Cowboys (R)**  Looking for picks in Texas, the guys see a sign for Gilley's Club, the honky- tonk club made famous in the 1980 film Urban Cowboy. | **PG**  +APIC4-003+ |

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| 07:00 PM | **Pawn Stars: Getting A Head (R) ’CC’**  The Pawn Stars are presented with a classic piece of Detroit muscle - a 1969 Buick Skylark. And later, Rick is presented with a piece from the jungles of the Amazon- a human shrunken head. | **PG**  +PWNS4-010+ |

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| 07:30 PM | **Highway Patrol: Sister Act (R) ’CC’**  A driver is discovered speeding 40kms over the limit and is so drunk though that he can't produce a breath test. Another driver is caught speeding and is so furious that he speeds off from the police. | **PG**  +HWYP3-009+ |

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| 08:00 PM | **Motorway Patrol (R) ’CC’**  A spectacular crash and some frantic searching leave officers speculating. How many rugby players can you fit into one vehicle? | **PG**  +MOTP15-008+ |

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| 08:30 PM | **Ice Road Truckers: Off The Ice (Special) (R)**  The truckers look back at their experiences during the last ice road season and explain what they do now that they're off the ice. | **M**  +ICER01-012+ |

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| 09:30 PM | **Car Chasers: Camaro Cache / Formula For Fortune (R)**  Jeff and Matt go to check out a 1970 Camaro that belongs to a man who must sell his toys to help raise his young family. Then, Roundman is in possession of a beautiful brand new Shelby GT500. | **M**  +CACH2-707+ |

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| 10:30 PM | **Last Car Standing: Sub-compacts NEW EPISODE**  Five subpar sub-compact owners will battle it out for the chance at a $10,000 automotive upgrade. | **MA (L)**  +LACS-006+ |

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| 11:30 PM | **Cement Heads: The Great Nameplate Strike NEW EPISODE**  Billy’s father Sarge, goes on strike when he finds out he’s the only one in the office without a shiny new nameplate at his desk. | **M (L,S)**  +CEMH01-004+ |

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| 12:00 AM | **What Went Down: A Fail To Remember (R)**  Unbelievable golf trick shot wins, very believable motorcycle stunt fails, and a guy on a sled drops off a 50-foot cliff. Oh, and a man tows a car while walking on his hands. | **PG**  +WHAT-035+ |

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| 12:30 AM | **What Went Down: Legends Of The Fail (R)**  Incredible aerobatics from high places, not-so incredible bike fails from low places, and a whale attacks a small boat. Oh, and a man wakeboards in a public fountain. | **PG**  +WHAT-034+ |

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| 01:00 AM | **Motorway Patrol (R) ’CC’**  A spectacular crash and some frantic searching leave officers speculating. How many rugby players can you fit into one vehicle? | **PG**  +MOTP15-008+ |

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| 01:30 AM | **Ice Road Truckers: Off The Ice (Special) (R)**  The truckers look back at their experiences during the last ice road season and explain what they do now that they're off the ice. | **M**  +ICER01-012+ |

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| 02:30 AM | **Cement Heads: The Great Nameplate Strike (R)**  Billy’s father Sarge, goes on strike when he finds out he’s the only one in the office without a shiny new nameplate at his desk. | **M (L,S)**  +CEMH01-004+ |

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| 03:00 AM | **Last Car Standing: Sub-compacts (R)**  Five subpar sub-compact owners will battle it out for the chance at a $10,000 automotive upgrade. | **MA (L)**  +LACS-006+ |

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| 04:00 AM | **Stihl Timbersports 2016: Rookie World Championship 2016 (R)**  Aussie Rookie Champion, Andrew Kelly from Tasmania, travels to St. Johan in Austria to take on the top Rookies from around the globe in the original extreme sport. | +TIMB03-011+ |

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| 04:30 AM | **Stihl Timbersports 2016: Champions Trophy 2016 (R)**  Aussie Champ, Brayden Meyer from Broadford VIC, competes in the ultimate endurance event in St. Johan, Austria, Can the young Aussie claim the title of World Champion of Champions? | +TIMB03-012+ |

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| 05:00 AM | **Dream Car Garage (R)**  This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations. | **G**  +DCAG-092+ |

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| 05:30 AM | **Dream Car Garage (R)**  This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations. | **G**  +DCAG-093+ |

**Wednesday, January 25, 2017**

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| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Sound FX: Best Of: Phillip Rivers (R)** | +SFXB-042+ |

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| 07:00 AM | **Hook Line And Sinker: Sydney Harbour (R)**  Sydney Harbour delivers a huge range of species, everything from Kingfish to Mulloway, the adventure wraps up with a rock fishing session off the stones. | **PG**  +HOLS2-003+ |

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| 07:30 AM | **Adventure Angler (R)**  Join Micah Adams in this high definition series featuring high adventure sports and intense fishing action. | **PG**  +ADAN07-007+ |

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| 08:00 AM | **Mark Berg's Fishing Addiction: NZ With Tim Part 1 (R)**  Fishing expert Mark Berg visits some of the best fishing destinations around. Chasing a wide variety of fish, Mark is always hoping to capture a new species or develop a new technique. | **PG**  +MBFA5-003+ |

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| 09:00 AM | **America's Game: The Super Bowl Champions: 2008 Pittsburgh Steelers (R)**  The Steelers defeated the Cardinals by a score of 27-23, earning their sixth Super Bowl win, and thus securing sole possession of the record for most Super Bowl wins. | +AGSB-043+ |

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| 10:00 AM | **Shannon's Legends Of Motorsport: Larry Perkins (R)**  Join host Neil Crompton for a discussion with 6 time Bathurst winner and racing legend Larry Perkins. The program was shot at National Motor Racing Museum, Bathurst, in front of a live audience. | **PG**  +SLOM-002+ |

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| 11:00 AM | **Aussie Barbecue Heroes (R) ’CC’**  Aussie Barbecue Heroes pits some of Australia’s best barbecuing teams against each other to compete for a grand prize and title of the one true Barbecue Hero. | **PG**  +ABBQ01-004+ |

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| 12:15 PM | **The Big Adventure (R) ’CC’**  Twelve Aussies compete in extreme conditions for a life-changing prize. As their skills and smarts are tested, a fortune lies waiting. Who will dig their way to victory? | **PG**  +BADV-006+ |

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| 01:45 PM | **Charlie's Angels: Mr. Galaxy (R)**  A trio of beautiful policewomen becomes undercover detectives when a reclusive millionaire assigns them to a series of challenging cases. | **PG (V)**  +CHAN5-016+ |

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| 03:00 PM | **What Went Down: Alice In Fail-Land (R)**  An incredible motorcycle backflip over a plane, not so incredible jumps from bridges, and Dude Perfect football trick shots. Oh, and some guys ride in a hot tub car. | **PG**  +WHAT-028+ |

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| 03:30 PM | **Pawn Stars: Getting A Head (R) ’CC’**  The Pawn Stars are presented with a classic piece of Detroit muscle - a 1969 Buick Skylark. And later, Rick is presented with a piece from the jungles of the Amazon- a human shrunken head. | **PG**  +PWNS4-010+ |

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| 04:00 PM | **Ice Road Truckers: Off The Ice (Special) (R)**  The truckers look back at their experiences during the last ice road season and explain what they do now that they're off the ice. | **PG**  +ICER01-012+ |

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| 05:00 PM | **Mythbusters: Water Heater Rocket / Car Roof Cling / Corner Shot / Pick A (R) ’CC’**  On this episode of MythBusters, it's an evolution revolution as the team takes five fan favourites and focuses on a fascinating new facet for each. | **PG**  +MYTH5-028+ |

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| 06:00 PM | **American Pickers: Automotive Archaeology (R)**  The guys head to Michigan hoping to strike automotive gold in the heart of the America's car capital. | **PG**  +APIC4-004+ |

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| 07:00 PM | **Pawn Stars: Monkey Business (R) ’CC’**  A hat believed to have been worn by Western movie legend John Wayne comes into the store. | **PG**  +PWNS4-011+ |

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| 07:30 PM | **Beverly Hills Pawn: Yossi Meets A Munster / KISS & Tell**  Butch Patrick of "The Munsters" offers to sell his "Munsters" bicycle. Then, the most iconic footwear in rock 'n roll gets brought in to Yossi and Aria. | **PG**  +BEHP02-729+ |

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| 08:30 PM | **American Restoration: Down & Dirty (R)**  Rick and his crew face a tough trek when a 1972 Honda ATC motors into the shop. And later, Ron and Tyler are up to no good as they plan Rick's bachelor bash. | **PG**  +AMER4-007+ |

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| 09:00 PM | **American Restoration: Big Boom (R)**  After a 1900s signal cannon bursts into the shop, Rick prepares for the big boom. And later, the shop says ciao to a 1950s Italian folding bicycle. | **PG**  +AMER4-008+ |

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| 09:30 PM | **American Pickers: Mike's Holy Grail (R)**  While cruising the back roads of North Carolina, the guys get a vague lead on the holy grail of motorbikes. And later Frank gets some jaw-dropping news about his collection of Indian artifacts. | **PG**  +APIC5-001+ |

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| 10:30 PM | **Ink Master: Holy Ink / Buck Off / Blowing Chunks**  Teamwork rules as artists pair up in a scratching skills Flash Challenge. Then, the artists burn designs onto skin tight chaps worn by smokin' hot cowgirls. | **M (A)**  +INKM2-714+ |

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| 01:00 AM | **Pawn Stars: Monkey Business (R) ’CC’**  A hat believed to have been worn by Western movie legend John Wayne comes into the store. | **PG**  +PWNS4-011+ |

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| 01:30 AM | **Adventure Angler (R)**  Join Micah Adams in this high definition series featuring high adventure sports and intense fishing action. | **PG**  +ADAN02-006+ |

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| 02:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 02:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 04:00 AM | **Australian Superbike Championship (R)**  The premier road racing series showcases 6 blockbusting rounds in 2016, featuring the best riders in Australia and an intense battle between the major manufacturers. | +ASBC01-001+ |

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| 05:00 AM | **Dream Car Garage (R)**  This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations. | **G**  +DCAG-094+ |

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| 05:30 AM | **Dream Car Garage (R)**  This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations. | **PG**  +DCAG-095+ |

**Thursday, January 26, 2017**

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| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Sound FX: Best Of** | +SFXB01-044+ |

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| 07:00 AM | **Hook Line And Sinker: Heli Barra (R)**  The boys join Outback Wrangler Matt Wright in the Top End for some sensational wet season heli-fishing and venture out of their comfort zone collecting crocodile eggs. | **PG**  +HOLS2-004+ |

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| 07:30 AM | **Stihl Timbersports 2016: World Championship : Team Relay Part 2 (R)**  The Aussie Chopperoos set a new world record on the way to the semi-finals of the STIHL TIMBERSPORTS Team World Championship, can they bring home the gold two years running? | +TIMB03-008+ |

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| 08:00 AM | **Mark Berg's Fishing Addiction: NZ With Tim Part 2 (R)**  Fishing expert Mark Berg visits some of the best fishing destinations around. Chasing a wide variety of fish, Mark is always hoping to capture a new species or develop a new technique. | **PG**  +MBFA5-004+ |

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| 09:00 AM | **A Football Life: Jerry Rice (R)**  Widely considered to be the greatest wide receiver in NFL history and among the greatest NFL players overall. Rice is the all-time leader in most major statistical categories for wide receivers. | **PG**  +FOLI-044+ |

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| 10:00 AM | **Shannon's Legends Of Motorsport: Dick Johnson & John Bowe (R)**  Join host Neil Crompton for a discussion with motor racing legends John Bowe and Dick Johnson about their long running and highly successful racing partnership. | **PG**  +SLOM-003+ |

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| 11:00 AM | **Aussie Barbecue Heroes (R) ’CC’**  Aussie Barbecue Heroes pits some of Australia’s best barbecuing teams against each other to compete for a grand prize and title of the one true Barbecue Hero. | **PG**  +ABBQ01-005+ |

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| 12:00 PM | **The Big Adventure (R) ’CC’**  Twelve Aussies compete in extreme conditions for a life-changing prize. As their skills and smarts are tested, a fortune lies waiting. Who will dig their way to victory? | **PG**  +BADV-007+ |

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| 01:00 PM | **Charlie's Angels: Let Our Angel Live**  A trio of beautiful policewomen becomes undercover detectives when a reclusive millionaire assigns them to a series of challenging cases. | **PG (A,V)**  +CHAN5-017+ |

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| 02:00 PM | **Wipeout USA: Anderson Can't Dance (R)**  Insane contestants struggle through a gruelling obstacle course for a big cash prize, with hilarious results! | **PG**  +WIPE3-003+ |

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| 03:00 PM | **What Went Down: Trans-Failures (R)**  Mind-blowing basketball trick shots, not so mind-blowing trampoline fails, and a man tapes his hands and feet to a bike. Oh, and a driverless car does reverse donuts. | **PG**  +WHAT-029+ |

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| 03:30 PM | **Pawn Stars: Monkey Business (R) ’CC’**  A hat believed to have been worn by Western movie legend John Wayne comes into the store. | **PG**  +PWNS4-011+ |

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| 04:00 PM | **Beverly Hills Pawn: Yossi Meets A Munster / KISS & Tell (R)**  Butch Patrick of "The Munsters" offers to sell his "Munsters" bicycle. Then, the most iconic footwear in rock 'n roll gets brought in to Yossi and Aria. | **PG**  +BEHP02-729+ |

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| 05:00 PM | **Mythbusters: Exploding Toilet / Who Gets Wetter / Ice Bullet (R)**  Jamie and Adam set out to disprove the legend of the exploding toilet. Next, find out if you stay drier by running - or walking - in the rain. | **PG**  +MYTH-001+ |

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| 06:00 PM | **American Pickers: Motor City (R)**  Driving through Michigan in a freak spring snowstorm, the prospects look bleak until the guys spot an interesting old Cadillac for sale. | **PG**  +APIC4-005+ |

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| 07:00 PM | **Pawn Stars: The Eagle Has Landed (R) ’CC’**  The Pawn Stars go off-roading as they look to buy a 1973 Jeep CJ5. Then Rick meets a man hoping to sell several photographs and negatives from the final Apollo Space Program mission. | **PG**  +PWNS4-012+ |

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| 07:30 PM | **The Big Bang Theory: The Cooper-Hofstadter Polarization (R) ’CC’**  Leonard and Sheldon disagree on whether to present a paper together resulting in an interesting showdown. | **PG**  +BBTH01-009+ |

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| 08:00 PM | **The Big Bang Theory: The Loobenfeld Decay (R) ’CC’**  Leonard lies to Penny to avoid seeing her perform but when Sheldon finds out, he can't handle it and ends up making an elaborate lie. | **PG**  +BBTH01-010+ |

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| 08:30 PM | **The Big Bang Theory: The Pancake Batter Anomaly (R) ’CC’**  When Sheldon gets sick, the boys goes AWOL, leaving Penny to look after him. | **PG**  +BBTH01-011+ |

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| 09:00 PM | **The Big Bang Theory: The Jerusalem Duality (R) ’CC’**  When Sheldon feels threatened by a 15-year-old prodigy, he gives up his work to focus on other tasks. | **PG**  +BBTH01-012+ |

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| 09:30 PM | **Family Guy: Tales Of A 3rd Grade Nothing (R)**  Peter's boss sends him back to third grade to qualify for a promotion at work. Starring:BOB BARKER,CARRIE FISHER,DANNY SMITH,JAMES BURKHOLDER,FRANK SINATRA JR.,JOHN VIENER,SINBAD SINBAD | **M**  +FGUY8-006+ |

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| 10:00 PM | **American Dad: Home Wrecker / Flirting With Disaster (ADAD7-017+ 018) (R) ’CC’**  When Stan and Francine decide to renovate the house, they bicker so much over how to remodel it that they eventually split the house down the middle and try to live without each other. W | **M**  +ADAD7-701+ |

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| 11:00 PM | **Hardcore Pawn: The Estate Sale/ Professor Les (R)**  Ashley and Les hit the road to get first dibs on a huge estate sale, but will they find treasure or fool’s gold? Then, Les gets a last-minute invite to give a lecture at a local business school. | **M (L)**  +HPWN13-716+ |

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| 12:00 AM | **What Went Down: Raiders Of The Lost Fail (R)**  Exciting rope swinging off a giant cliff, not-as exciting golf tricks on flat ground, and two monster trucks play rug of war. Oh, and man juggles with the help of his cat. | **PG**  +WHAT-039+ |

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| 12:30 AM | **What Went Down: Bowling For Fails (R)**  Cool snow ski jumps, not-so cool Jet Ski thumps, and game of bowling where the ball and pins are humans. Oh, and girl wakes up her friend with a dead body. | **PG**  +WHAT-038+ |

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| 01:00 AM | **Chow Masters: N'awlins Po'Boys (R)**  Chef Sam DeMarco and Hollywood director Frank Coraci scour New Orleans for the most creative, tasty and unheard of Po' Boys they can find. Featuring alligator sausage to fried chicken to seared tuna. | **PG**  +CHOW-007+ |

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| 01:30 AM | **Chow Masters: Santa Fe Burritos (R)**  Frank and Sam head to New Mexico in search of the 3 tastiest, most creative and unknown burritos in the south. From locally smoked goat leg, green chile relleno and spicy carne adovada. | **PG**  +CHOW-008+ |

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| 02:00 AM | **Knights Of Mayhem: Big Money, Big Pain (R)**  Charlie Andrews and the Knights of Mayhem joust fiercely for victory and a $20,000 prize at the Sherwood Forest Faire in McDade, Texas. | **M**  +KNOM-003+ |

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| 03:00 AM | **Knights Of Mayhem: Threat To The Throne (R)**  The Knights of Mayhem take turns facing off against their leader Charlie Andrews to determine seeding for the Ultimate Jousting Championship. | **M**  +KNOM-004+ |

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| 04:00 AM | **Australian Superbike Championship (R)**  The premier road racing series showcases 6 blockbusting rounds in 2016, featuring the best riders in Australia and an intense battle between the major manufacturers. | +ASBC01-002+ |

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| 05:00 AM | **Dream Car Garage (R)**  This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations. | **PG**  +DCAG-096+ |

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| 05:30 AM | **Chow Masters: N'awlins Po'Boys (R)**  Chef Sam DeMarco and Hollywood director Frank Coraci scour New Orleans for the most creative, tasty and unheard of Po' Boys they can find. Featuring alligator sausage to fried chicken to seared tuna. | **PG**  +CHOW-007+ |

**Friday, January 27, 2017**

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| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Sound FX: Best Of** | +SFXB01-045+ |

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| 07:00 AM | **Hook Line And Sinker: Saltwater Fly (R)**  In all new Hook, Line and Sinker the mysteries of salt water fly fishing are explained. | **PG**  +HOLS2-005+ |

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| 07:30 AM | **River To Reef (R)**  There’s a change of scene for Theo and John as they trek to lake Eildon for a weekend on a houseboat while the fun continues in New Zealand. | **PG**  +RITR01-009+ |

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| 08:00 AM | **Mark Berg's Fishing Addiction: Whyalla With Mick (R)**  Fishing expert Mark Berg visits some of the best fishing destinations around. Chasing a wide variety of fish, Mark is always hoping to capture a new species or develop a new technique. | **PG**  +MBFA5-005+ |

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| 09:00 AM | **America's Game: The Super Bowl Champions: 2009 New Orleans Saints (R)**  In continuation of a string of firsts, the Saints advanced to their first Super Bowl in franchise history and won it in dramatic fashion, 31-17. | +AGSB-044+ |

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| 10:00 AM | **Shannon's Legends Of Motorsport: Nissan Motorsport (R)**  Join host Neil Crompton for a discussion with motor racing legends Fred Gibson, Jim Richards and Mark Skaife surrounding their Nissan Motorsport success in the 80's and '90's. | **PG**  +SLOM-004+ |

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| 11:00 AM | **Aussie Barbecue Heroes (R) ’CC’**  Aussie Barbecue Heroes pits some of Australia’s best barbecuing teams against each other to compete for a grand prize and title of the one true Barbecue Hero. | **PG**  +ABBQ01-006+ |

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| 12:30 PM | **The Big Adventure (R)**  Twelve Aussies compete in extreme conditions for a life-changing prize. As their skills and smarts are tested, a fortune lies waiting. Who will dig their way to victory? | **PG**  +BADV-008+ |

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| 01:30 PM | **Chow Masters: N'awlins Po'Boys (R)**  Chef Sam DeMarco and Hollywood director Frank Coraci scour New Orleans for the most creative, tasty and unheard of Po' Boys they can find. Featuring alligator sausage to fried chicken to seared tuna. | **PG**  +CHOW-007+ |

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| 02:00 PM | **Wipeout USA: World Cup (R) ’CC’**  Insane contestants struggle through a gruelling obstacle course for a big cash prize, with hilarious results! | **PG**  +WIPE3-004+ |

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| 03:00 PM | **What Went Down: The Shaw-Fail Redemption (R)**  High-flying BMX ramp jumps, low-flying parkour wall flops, and a skateboarder on stilts falls off a half-pipe. Oh, and a guy sits on an exploding airbag. | **PG**  +WHAT-030+ |

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| 03:30 PM | **Pawn Stars: The Eagle Has Landed (R) ’CC’**  The Pawn Stars go off-roading as they look to buy a 1973 Jeep CJ5. Then Rick meets a man hoping to sell several photographs and negatives from the final Apollo Space Program mission. | **PG**  +PWNS4-012+ |

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| 04:00 PM | **Gator Boys: Raiders Of The Lost Park (R)**  Follow the death-defying exploits of Paul Bedard and Jimmy Riffle, two extraordinary alligator trappers who risk injury and death to capture alligators that have invaded Florida's backyards. | **PG**  +GATB3-005+ |

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| 05:00 PM | **Mythbusters: Cell Phone Gas Station / Silicone Breasts / CD Rom (R)**  The sign at the pump reads, "No Mobile Phones," but can this little device really trigger a massive explosion? | **PG**  +MYTH-002+ |

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| 06:00 PM | **Tricked ’CC’**  Ben makes Tinchy Stryder think he’s blown up a £250,000 motorbike, and Natalie Anderson from Emmerdale tricks her co-star Matthew Wolfenden with an extreme zorbing trick. | **PG (A,L)**  +TRIK2-005+ |

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| 07:00 PM | **Pawn Stars: Hello Nurse (R) ’CC’**  The Pawn Stars set their sights on a sharpshooter's Kentucky Long Rifle from the Civil War. And later, a man comes in looking to sell a set of silver dishes pilfered from Hitler's mountain home. | **PG**  +PWNS4-013+ |

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| 07:30 PM | **The Big Bang Theory: The Bat Jar Conjecture (R) ’CC’**  Sheldon goes up against Leonard, Raj and Howard at the Physics Bowl to prove his intellectual superiority. | **PG**  +BBTH01-013+ |

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| 08:00 PM | **The Big Bang Theory: The Nerdvana Annihilation (R) ’CC’**  Penny gets mad at the guys when she misses work due to their full scale model of a time machine blocking the stairway, which results in Leonard giving up his nerd memorabillia. | **PG**  +BBTH01-014+ |

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| 08:30 PM | **The Big Bang Theory: The Pork Chop Indeterminacy (R) ’CC’**  The guys fight over Sheldon's sister when she comes to town. | **PG**  +BBTH01-015+ |

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| 09:00 PM | **7mate Friday Night Movie: The Losers (R)**  A CIA special forces team are betrayed and left for dead by their superiors, galvanizing them to mount an offensive on the CIA. Starring:CHRIS EVANS,COLUMBUS SHORT,IDRIS ELBA,JEFFREY DEAN MORGAN,OSCAR JAENADA,ZOE SALDANA | **M (L,S,V)**  +WBFF01-030+ |

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| 11:00 PM | **Operation Repo: Dirty Cleaner / Dead Lift / Camera One Month Late (R)**  Sonia just wants to pick up a pool cleaning truck, but Ronnie seems keen for the house owner's new job offer. Then, Matt and Froy but heads with body builders when they wreck a record in progress. | **M (L)**  +REPO7-013+ |

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| 11:30 PM | **Bad Ink: Turning The Other Butt Cheek / Lost In Tattoo Translation**  Set against the glitzy backdrop of Las Vegas, better known as 'the mistake capitol of the world', Dirk Vermin and his trusted sidekick Ruckus are Vegas' unofficial aficionados of terrible tattoos. | **M**  +BINK2-701+ |

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| 12:30 AM | **Aussie Barbecue Heroes (R) ’CC’**  Aussie Barbecue Heroes pits some of Australia’s best barbecuing teams against each other to compete for a grand prize and title of the one true Barbecue Hero. | **PG**  +ABBQ01-003+ |

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| 01:30 AM | **Aussie Barbecue Heroes (R) ’CC’**  Aussie Barbecue Heroes pits some of Australia’s best barbecuing teams against each other to compete for a grand prize and title of the one true Barbecue Hero. | **PG**  +ABBQ01-004+ |

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| 03:00 AM | **TBA:**  TBC | ++ |

**Saturday, January 28, 2017**

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| 06:00 AM | **Sport Special: Targa Tasmania (R)**  Targa Tasmania is the world’s largest tarmac rally and this year it’s the biggest yet as the iconic event celebrates 25 years. But even seasoned campaigners can come unstuck on the rough roads. | +NFFI28-001+ |

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| 07:00 AM | **Sport Special: 2016 Classic Outback Trial (R)**  The 2016 Classic Outback Trial offers something unique in competition rallying – rallying in the Australian Outback, exciting roads, a constantly changing and challenging terrain. | +NFFI39-001+ |

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| 08:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 08:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 09:00 AM | **Dream Car Garage (R)**  This motoring series showcases the latest exotic cars, test drives and vintage collectables from museums and the rich and famous, and also includes unbelievable auto restorations. | **PG**  +DCAG-137+ |

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| 09:30 AM | **Night Thunder** | +PERS03-001+ |

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| 10:30 AM | **Tricked (R) ’CC’**  Ben makes Tinchy Stryder think he’s blown up a £250,000 motorbike, and Natalie Anderson from Emmerdale tricks her co-star Matthew Wolfenden with an extreme zorbing trick. | **PG (A,L)**  +TRIK2-005+ |

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| 11:30 AM | **River To Reef (R)**  Surfs up and snapper are on the go. Glenn and Phil try a spot of fishing from stand up paddleboards with great success. Phill cooks up a storm with one of his favorite fish breakfast recipes. | **PG**  +RITR01-010+ |

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| 12:00 PM | **Adventure Angler**  Join Micah Adams in this high definition series featuring high adventure sports and intense fishing action. | **PG**  +ADAN07-008+ |

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| 12:30 PM | **The Next Level: Giant Trevally**  This week Mark Berg walks us through how to catch Giant Trevally. With spectacular surface strikes these almighty fish are fast becoming one of the most sort after sport fish in the world. | **G**  +NEXT02-002+ |

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| 01:00 PM | **Billy The Exterminator: Llama-Eating Gators (R)**  Billy deals with a case of reptile dysfunction when he's called to a ranch to handle an alligator that's threatening some pet llamas. | **PG**  +BTEX-007+ |

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| 01:30 PM | **Canadian Pickers: Maritime Madness**  Join the Cash Cowboys for an incredible coast-to-coast adventure as they rummage through barns, basements, attics and sheds in search of rusty gold. | **PG**  +COWB4-009+ |

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| 02:30 PM | **Outback Truckers: Trucking Hell: Outback Truckers: Trucking Hell (R) (2013)**  Outback legend Steve Grahame is hauling 3 million worth of power equipment, Danny Watts has a massive dump truck for a mine site, and later, Bluzey and Noelene get ready for a 3 day run into the bush. Starring:DANNY WATTS,GEOFF BARROW,NOELENE TURNER,STEVE GRAHAME | **PG**  +SPEC4-274+ |

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| 03:30 PM | **Beyond Siberia - Riding The Road Of Bones**  For four long months, a group of adventure bikers from around the world travels across a quarter of the Earth’s surface, pushing themselves and their bikes to the limit. | **PG**  +BESI01-001+ |

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| 04:30 PM | **Big Angry Fish**  The team are in search of kingfish and when a spot is located a nice pack of kingfish instantly come around to play with Milan and Nathan. | **PG**  +BAFI02-012+ |

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| 05:30 PM | **Ultimate Fishing: Big Game Kayak Fishing**  Matt sets himself the challenge of catching a big marlin from his kayak and it becomes a wild ride – literally. | **PG**  +ULFI01-010+ |

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| 06:30 PM | **Mountain Men: Mayhem / Lost (R)**  Tom Oar tries to save a friend's water supply and hunt his winter's meat surrounded by grizzlies. Then, Eustace's fight with Justin reaches a boiling point. | **PG**  +MMEN01-701+ |

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| 08:30 PM | **Wicked Tuna: Grudge Match NEW EPISODE**  Tuna.com fights to settle the score with Bounty Hunter. | **M (L)**  +TUNA01-008+ |

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| 09:30 PM | **7mate Saturday Night Movie: The Punisher (R) ’CC’ (2004)**  An undercover FBI agent becomes a vigilante Assassin and sets out to unleash vengeance upon the corrupt businessman who slew his family. Starring:A. RUSSELL ANDREWS,ANTONI CORONE,BEN FOSTER,EDDIE JEMISON,LAURA HARRING,MARCUS JOHNS,MARK COLLIE,RUSSELL DURHAM COMEGYS,OMAR AVILA,THOMAS JANE | **MA (V)**  +SPF16-012+ |

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| 12:00 AM | **Wicked Tuna: Grudge Match (R) ENCORE**  Tuna.com fights to settle the score with Bounty Hunter. | **M (L)**  +TUNA01-008+ |

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| 01:00 AM | **Mountain Men: Mayhem / Lost (R)**  Tom Oar tries to save a friend's water supply and hunt his winter's meat surrounded by grizzlies. Then, Eustace's fight with Justin reaches a boiling point. | **PG**  +MMEN01-701+ |

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| 03:00 AM | **Sport Special: Targa Tasmania (R)**  Targa Tasmania is the world’s largest tarmac rally and this year it’s the biggest yet as the iconic event celebrates 25 years. But even seasoned campaigners can come unstuck on the rough roads. | +NFFI28-001+ |

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| 04:00 AM | **Big Angry Fish (R)**  We pick up our second boat from our marine dealer in Tauranga. The decision is made to take the new vessel for a test fish in the safety of the shallows in Coromandel. | **PG**  +BAFI02-002+ |

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| 05:00 AM | **The Next Level: Giant Trevally (R)**  This week Mark Berg walks us through how to catch Giant Trevally. With spectacular surface strikes these almighty fish are fast becoming one of the most sort after sport fish in the world. | **G**  +NEXT02-002+ |

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| 05:30 AM | **River To Reef (R)**  The boys traverse the Cann river for more fishing, while Phill and friends have fun with the nighttime flying fish. Will traffic be the end of Dean’s hopes? | **PG**  +RITR01-004+ |