**Sunday, August 21, 2016**

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| 06:00 AM | **Rio 2016 Olympic Games: Day 15 - Morning ’CC’ LIVE**  Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-215+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Day 15 - Day ’CC’ LIVE**  Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-315+ |

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| 12:00 PM | **Anthony Bourdain: No Reservations: Dominican Republic (R)**  Anthony ventures to the Dominican Republic, diving head-first into the country’s rich culture. | **PG**  +NORE08-013+ |

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| 01:00 PM | **Storage Hoarders: Anthony / Francoise (R)**  Aggie Mackenzie helps two hoarders with very different habits - one who can't give up his storage obsession and the other who can't move on from the sentimental memories attached to her belongings. | **G**  +STOH-013+ |

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| 02:00 PM | **Mighty Cruise Ships: Celebrity Solstice (R) ’CC’**  Hop aboard on a luxurious 17-day journey Down Under with the cruise ship Celebrity Solstice, and explore the country's marvels from Solstice's comfortable decks. | **PG**  +MCRU-004+ |

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| 03:00 PM | **The Outdoor Room With Jamie Durie: Italy (R) ’CC’**  Join JAMIE DURIE as he travels the world in search of inspiration to use as he and his team transform a lucky garden into an OUTDOOR ROOM. | **G**  +ORWJ-001+ |

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| 04:00 PM | **Escape To The Country: Herefordshire (R)**  Tonight, Denise Nurse helps a couple of ex-property developers who want to leave Hazlemere in Surrey, and head for the hills of Herefordshire. | **G**  +ETTC12-014+ |

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| 05:00 PM | **Escape To The Country: North Wales (R)**  Nicki Chapman is off to South Wales to help a couple relocate to North Wales. They need a 3 bedroom house, and would love a garden big enough for a veggie patch and a conservatory. | **G**  +ETTC12-015+ |

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| 06:00 PM | **Mighty Ships: Akamalik (R) ’CC’**  Explore Royal Greenland's star trawler on a dangerous high-stakes journey in deep winter. | **G**  +MTYS2-003+ |

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| 07:00 PM | **For The Love Of Dogs (R)**  With unprecedented behind the scenes access to this famous institution, For the Love of Dogs shows how sick and abused dogs are brought back to health and given a new, happier life. | **PG**  +FTLD01-003+ |

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| 07:30 PM | **Rio 2016 Olympic Games: Day 15 - Highlights ’CC’**  Relive some of the best events from the Games of the XXXI Olympiad in Rio de Janeiro. | +OLY216-815+ |

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| 10:30 PM | **Rio 2016 Olympic Games: Day 16 - Evening ’CC’ LIVE**  Live Olympic action from the Games of the XXXI Olympiad in Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-616+ |

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| 12:00 AM | **Rio 2016 Olympic Games: Day 16 - Overnight ’CC’ LIVE**  Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-116+ |

**Monday, August 22, 2016**

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| 06:00 AM | **Rio 2016 Olympic Games: Day 16 - Morning ’CC’ LIVE**  Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events across the channels of Seven. | +OLY216-216+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Closing Ceremony ’CC’ LIVE**  Complete coverage of the Closing Ceremony of the Rio 2016 Olympic Games. | +OLY116-004+ |

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| 12:00 PM | **Escape To The Country: Herefordshire (R)**  Tonight, Denise Nurse helps a couple of ex-property developers who want to leave Hazlemere in Surrey, and head for the hills of Herefordshire. | **G**  +ETTC12-014+ |

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| 01:00 PM | **Lovejoy: To Sleep No More (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY01-006+ |

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| 02:00 PM | **Body Of Proof: Doubting Tommy (R) ’CC’**  A young girl is found murdered, and when Megan arrives at the scene, she finds Tommy covered in blood. | **M (V)**  +BDYP3-008+ |

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| 03:00 PM | **The Zoo (R) ’CC’**  Victoria the sun bear has broken her tooth, and it will take more than honey to get her to the dentist. | **G**  +ZOOT-006+ |

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| 03:30 PM | **RSPCA Animal Rescue (R) ’CC’**  Inspectors step in to save two ponies who need urgent medical attention. Rescue teams go to the aid of a kitten stuck in a drainpipe and a large goat that has fallen into a hole. | **G**  +ANRS-006+ |

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| 04:00 PM | **Medical Emergency (R) ’CC’**  Doctors reconstruct Chris's ankle in emergency surgery. Meanwhile, a young boy is treated for burns when cap gun ammunition explodes in his pocket. Then, paramedics treat a stabbed victim at the scene of a violent robbery. | **PG**  +MDEM2-010+ |

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| 04:30 PM | **60 Minute Makeover: Benfleet, Sussex (R)**  60 Minute Makeover returns to complete more incredible house transformations in only one hour. | **PG**  +SMM6-035+ |

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| 05:30 PM | **60 Minute Makeover: Warrington (R)**  The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG**  +SMM7-053+ |

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| 06:30 PM | **Bargain Hunt: Ardingly 11 (R)**  Tonight's battle of the bargains is hosted by Ardingly antiques fair. Mark Stacey and James Braxton lead the charge. | **G**  +BHUN29-007+ |

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| 07:30 PM | **Cities Of The Underworld: Gods Of War: Troy/Turkey (R)**  Located on the coveted gateway between the East and West, Turkey has a history marked by ambitious conquerors and great empires vying for control of the trade routes. | **PG**  +COTW3-012+ |

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| 08:30 PM | **Wallander FIRST TIME ON 7TWO**  Swedish detective, Kurt Wallander, investigates a series of violent and terrifying murders. | **MA (V,A)**  +WLDR01-001+ |

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| 10:30 PM | **Air Crash Investigations: Into The Eye Of The Storm (R) ’CC’**  Investigators must figure out why a crew of skilled hurricane hunters were nearly killed after an engine fire crippled their aircraft mid-flight. | **PG**  +MDAY13-006+ |

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| 11:30 PM | **Bargain Hunt: Ardingly 11 (R)**  Tonight's battle of the bargains is hosted by Ardingly antiques fair. Mark Stacey and James Braxton lead the charge. | **G**  +BHUN29-007+ |

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| 12:30 AM | **Lovejoy: To Sleep No More (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY01-006+ |

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| 01:30 AM | **Dr Oz: Dr Oz's Summer Health Myths ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-166+ |

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| 02:30 AM | **Dr Oz: Powdered Alcohol: The Controversial New Way To Drink ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **M (A)**  +DROZ06-136+ |

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| 03:30 AM | **Special: Tiger! Tiger!- A Korean Odyssey (R) (1996)**  This upbeat topical travelogue takes us to South Korea, where the delightful Miss Yoon Jeung Kim uncovers the ancient culture. | **G**  +AMS-664+ |

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| 04:30 AM | **Special: Exploring Cape York Peninsula (R) (1998)**  Ben Cropp and his sons explore from their vessel, Freedom II, the vast and remote coastline of Australia's Cape York Peninsula. Starring: ADAM CROPP,BEN CROPP,DEAN CROPP | **G**  +AMS-902+ |

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| 05:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-123+ |

**Tuesday, August 23, 2016**

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| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 AM | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI2-001+ |

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| 07:30 AM | **Flushed (R) ’CC’**  A new game show for kids where knowledge meets strategy with hilarious, slimy fun. | **C**  +FLSH-002+ |

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| 08:00 AM | **ToyBox: The Band (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB-021+ |

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| 08:30 AM | **ToyBox: Tina's New Zoo (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB-022+ |

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| 09:00 AM | **Home And Away (R) ’CC’**  Curtis' note leaves Selina feeling secure in their relationship. Alf realises that Ailsa needs professional help. | **PG**  +HAW2-791+ |

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| 09:30 AM | **NBC Today (R)**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT16-168+ |

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| 12:00 PM | **Cities Of The Underworld: Gods Of War: Troy/Turkey (R)**  Located on the coveted gateway between the East and West, Turkey has a history marked by ambitious conquerors and great empires vying for control of the trade routes. | **PG**  +COTW3-012+ |

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| 01:00 PM | **Lovejoy: The Real Thing (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY01-007+ |

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| 02:00 PM | **Body Of Proof: Disappearing Act (R) ’CC’**  A rich investment fund manager, Gerry Roberts, stands trial for defrauding his investors of a billion dollars, but he is kidnapped as he is leaving court. | **M**  +BDYP3-009+ |

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| 03:00 PM | **Nabbed (R) ’CC’**  A teenager blames everything but himself for a pile of traffic fines, a man is caught doing burnouts by the beach and an award-winning female burnout champion gets caught. | **PG**  +NABE-006+ |

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| 03:30 PM | **Crash Investigation Unit: Normanhurst (R) ’CC’**  A simple journey goes horribly wrong and crash investigators struggle to secure the proof they need from a driver who refuses to speak to them. | **PG**  +CIU-006+ |

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| 04:00 PM | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI2-002+ |

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| 04:30 PM | **Flushed (R) ’CC’**  A new game show for kids where knowledge meets strategy with hilarious, slimy fun. | **C**  +FLSH-003+ |

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| 05:00 PM | **Medical Emergency (R) ’CC’**  A young man is rushed to The Alfred after suffering a brain haemorrhage. Then, a 67-year-old woman is brought in after a near fatal car accident, which leads doctors to the discovery of a deadly tumour. | **PG**  +MDEM2-011+ |

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| 05:30 PM | **60 Minute Makeover: Ottershaw (R)**  The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG**  +SMM7-054+ |

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| 06:30 PM | **Bargain Hunt: Edinburgh 1 (R)**  Tim takes the teams to a gigantic antiques fair in Edinburgh. When they get to Anita Manning's auction house in Glasgow, the results are anything but predictable. | **G**  +BHUN29-008+ |

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| 07:30 PM | **Kingdom NEW EPISODE**  Peter Kingdom is a compassionate solicitor whose life is overshadowed by the mysterious disappearance of his brother. | **PG (A)**  +KINM01-005+ |

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| 08:30 PM | **Inspector Morse: Inspector Morse: The Settling Of The Sun (R) ’CC’**  In the tranquil cloisters of an ancient Oxford College, Inspector Morse is called in to investigate a case of bloody revenge. | **M (V)**  +INM-006+ |

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| 10:50 PM | **The Border: Cartel Cash Stash NEW EPISODE**  Facing tighter security along the southern Arizona border, cartels are turning to increasingly deceptive tactics to smuggle drugs, people and other contraband into the US. | **PG**  +TBOR6-005+ |

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| 11:50 PM | **Bargain Hunt: Edinburgh 1 (R)**  Tim takes the teams to a gigantic antiques fair in Edinburgh. When they get to Anita Manning's auction house in Glasgow, the results are anything but predictable. | **G**  +BHUN29-008+ |

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| 12:50 AM | **Lovejoy: The Real Thing (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY01-007+ |

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| 01:50 AM | **Dr Oz: Theresa Caputo Sets The Record Straight ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-135+ |

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| 02:50 AM | **Dr Oz: Dr Oz Gets You In the Know ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-134+ |

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| 03:50 AM | **Special: Great Characters Of Queensland (R) (1995)**  Meet some of the great characters of Queensland, a range of eccentric and colourful personalities. Starring: BRIAN STRIKE,DALMA BARTON,GREG GRAINGER,HURSE CUTLER,GEORGE MACCORE,DES FALLON,JOHNNY YANNA,REEN CORBETT,WILLIAM BARTON | **G**  +AMS-635+ |

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| 04:50 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-122+ |

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| 05:30 AM | **Crash Investigation Unit: Normanhurst (R) ’CC’**  A simple journey goes horribly wrong and crash investigators struggle to secure the proof they need from a driver who refuses to speak to them. | **PG**  +CIU-006+ |

**Wednesday, August 24, 2016**

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| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 AM | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI2-003+ |

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| 07:30 AM | **Flushed (R) ’CC’**  A new game show for kids where knowledge meets strategy with hilarious, slimy fun. | **C**  +FLSH-004+ |

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| 08:00 AM | **ToyBox: Hide & Seek (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB-023+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-124+ |

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| 09:00 AM | **Home And Away (R) ’CC’**  Shannon is shocked by the way Angel treats Shane. Shane springs Sally and Gus in the caravan together. | **PG**  +HAW2-792+ |

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| 09:30 AM | **NBC Today (R)**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT16-169+ |

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| 12:00 PM | **The Border: Cartel Cash Stash (R)**  Facing tighter security along the southern Arizona border, cartels are turning to increasingly deceptive tactics to smuggle drugs, people and other contraband into the US. | **PG**  +TBOR6-005+ |

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| 01:00 PM | **Lovejoy: The March Of Time (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY01-008+ |

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| 02:00 PM | **Body Of Proof: Committed (R) ’CC’**  Does a mental institution harbour a murderer? Megan and Tommy are on the case. | **M (V)**  +BDYP3-010+ |

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| 03:00 PM | **Cook Me The Money: Nantwich NEW EPISODE**  Three teams get the chance to live their dream for one day when they create a menu, prepare the food and try to get as many people as possible to pay for their plate. | **PG**  +CMTM-006+ |

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| 04:00 PM | **Medical Emergency (R) ’CC’**  Doctors determine whether Fay has cancer. Then, a CT scan shows that Charlie, a 46-year-old logger has broken his back after a tree branch fell onto him. | **PG**  +MDEM2-012+ |

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| 04:30 PM | **60 Minute Makeover: Plymouth, Devon (R)**  60 Minute Makeover returns to complete more incredible house transformations in only one hour. | **PG**  +SMM6-036+ |

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| 05:30 PM | **60 Minute Makeover: Stone (R)**  The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG**  +SMM7-055+ |

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| 06:30 PM | **Bargain Hunt: Hungerford 14 (R)**  Two teams challenge each other scouring an antiques fair for items to sell at auction. Which team will make the largest profit? | **G**  +BHUN29-009+ |

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| 07:30 PM | **Doc Martin: Of All The Harbours In All The Towns (R) ’CC’**  Martin discovers one of Joan's old flames has a life-threatening heart condition, presenting him with a difficult decision. | **PG**  +DOCM-005+ |

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| 08:30 PM | **Lewis: Whom The Gods Would Destroy (R) ’CC’**  When an Oxford graduate is found dead near his rundown house-boat, the University's prominent figures become suspects. | **M (D,V)**  +LEWS-001+ |

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| 10:30 PM | **How Britain Worked: Trawler (R)**  This week, Guy Martin helps with the 500,000 pound restoration of the world's oldest surviving Brixham sailing trawler, a boat that created a quantum leap in the 19th century fishing industry. | **PG**  +GMIW-004+ |

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| 11:30 PM | **Bargain Hunt: Hungerford 14 (R)**  Two teams challenge each other scouring an antiques fair for items to sell at auction. Which team will make the largest profit? | **G**  +BHUN29-009+ |

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| 12:30 AM | **Lovejoy: The March Of Time (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY01-008+ |

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| 01:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-124+ |

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| 02:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 02:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 04:00 AM | **Special: Guardians Of The Wild (R) (1993)**  Greg Grainger meets people from around the world who have a special rapport with endangered species of wildlife and offer real hope for the long-term survival of wildlife. Starring: GREG GRAINGER | **G**  +AMS-659+ |

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| 05:00 AM | **Dr Oz: Montel Williams: How He Defied The Odds And How You Can Too ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-131+ |

**Thursday, August 25, 2016**

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| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 AM | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI2-004+ |

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| 07:30 AM | **Flushed (R) ’CC’**  A new game show for kids where knowledge meets strategy with hilarious, slimy fun. | **C**  +FLSH-005+ |

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| 08:00 AM | **ToyBox: Up In The Air (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB-024+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-125+ |

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| 09:00 AM | **Home And Away (R) ’CC’**  Joe is caught red-handed by Fisher. Travis suggests Donna could use some counselling herself. | **PG**  +HAW2-793+ |

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| 09:30 AM | **NBC Today (R)**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT16-170+ |

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| 12:00 PM | **Doc Martin: Of All The Harbours In All The Towns (R) ’CC’**  Martin discovers one of Joan's old flames has a life-threatening heart condition, presenting him with a difficult decision. | **PG**  +DOCM-005+ |

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| 01:00 PM | **Lovejoy: Death And Venice (Part One) (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY01-009+ |

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| 02:00 PM | **Body Of Proof: Dark City (R) ’CC’**  When a plane crashes in Philadelphia due to a gunman opening fire while aloft, the entire team must go into disaster mode. | **M**  +BDYP3-011+ |

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| 03:00 PM | **Property Ladder: Melanie Barger/Starr (R)**  Melanie is determined to make a killing in the real estate market but her plan goes awry when she's overwhelmed by choices and her refinance stalls just as her the workmen's salaries are due. | **PG**  +PROL-006+ |

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| 04:00 PM | **Medical Emergency (R) ’CC’**  We follow Paramedics who are fighting peak hour in Melbourne as they respond to a Code 1 Emergency. | **PG (A)**  +MDEM3-001+ |

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| 04:30 PM | **60 Minute Makeover: Basildon 2, Essex (R)**  60 Minute Makeover returns to complete more incredible house transformations in only one hour. | **PG**  +SMM6-037+ |

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| 05:30 PM | **60 Minute Makeover: Kingston NEW EPISODE**  The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG**  +SMM7-056+ |

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| 06:30 PM | **Bargain Hunt: Lewes 8 (R)**  Tonight, Catherine Southon's red team find it hard to make any choices, whilst Thomas Plant's blue team just want to have fun. | **G**  +BHUN29-010+ |

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| 07:30 PM | **Some Mothers Do 'ave 'em: Getting A Job (R)**  Frank is looking for a job and attends an interview. The results of his interview are not entirely successful. | **PG**  +SMHE-001+ |

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| 08:15 PM | **One Foot In The Grave: Alive And Buried (R)**  At the age of sixty, and after twenty-six years of service, Victor is retired from his job as a security guard for Watson-Mycroft. | **PG**  +ONFG-001+ |

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| 08:45 PM | **Murdoch Mysteries: All Tattered And Torn / Kommando NEW EPISODE**  A troubled Murdoch seeks the advice of his predecessor at Station 4. Then, Murdoch investigates the murder of Canadian soldiers. | **M**  +MMYS04-701+ |

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| 10:45 PM | **Suspects (R)**  After a teenaged girl is found naked and severely wounded, Charlie tries to identify the victim and connect her to the case of a recent girl gone missing. | **M (V,L)**  +SUPT3-004+ |

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| 11:45 PM | **Bargain Hunt: Lewes 8 (R)**  Tonight, Catherine Southon's red team find it hard to make any choices, whilst Thomas Plant's blue team just want to have fun. | **G**  +BHUN29-010+ |

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| 12:45 AM | **Property Ladder: Melanie Barger/Starr (R)**  Melanie is determined to make a killing in the real estate market but her plan goes awry when she's overwhelmed by choices and her refinance stalls just as her the workmen's salaries are due. | **PG**  +PROL-006+ |

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| 01:45 AM | **Some Mothers Do 'ave 'em: Getting A Job (R)**  Frank is looking for a job and attends an interview. The results of his interview are not entirely successful. | **PG**  +SMHE-001+ |

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| 02:30 AM | **One Foot In The Grave: Alive And Buried (R)**  At the age of sixty, and after twenty-six years of service, Victor is retired from his job as a security guard for Watson-Mycroft. | **PG**  +ONFG-001+ |

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| 03:00 AM | **Suspects (R)**  After a teenaged girl is found naked and severely wounded, Charlie tries to identify the victim and connect her to the case of a recent girl gone missing. | **M (V,L)**  +SUPT3-004+ |

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| 04:00 AM | **Lovejoy: Death And Venice (Part One) (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY01-009+ |

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| 05:00 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-125+ |

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| 05:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Friday, August 26, 2016**

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| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 AM | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI2-005+ |

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| 07:30 AM | **Flushed (R) ’CC’**  A new game show for kids where knowledge meets strategy with hilarious, slimy fun. | **C**  +FLSH-006+ |

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| 08:00 AM | **ToyBox: Driving Miss Tina (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB-025+ |

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| 08:30 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-126+ |

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| 09:00 AM | **Home And Away (R) ’CC’**  Gus admits to Sally that he smashed Shane's headlight. Sally tells Jack that his efforts to defend her are a bit late. | **PG**  +HAW2-794+ |

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| 09:30 AM | **NBC Today (R)**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT16-171+ |

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| 12:00 PM | **Better Homes And Gardens (R) ’CC’**  Joh visits the home of Dancing With The Stars host Shane Bourne. Dr Harry travels to Queensland to meet a sausage dog that won't stop barking when near the family car. Karen makes potato waffles. | **G**  +BHAG21-031+ |

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| 01:00 PM | **Lovejoy: Death And Venice (Part Two) (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY01-010+ |

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| 02:00 PM | **Body Of Proof: Breakout (R) ’CC’**  An inmate violently escapes from a prison transport van and becomes a dangerous fugitive on the run in Philadelphia. | **M**  +BDYP3-012+ |

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| 03:00 PM | **Australia's Best Backyards (R) ’CC’**  How to fit a pool, cabana and party room into a pocket-sized backyard. The family with a vineyard in their Melbourne suburban garden. Hosted by JAMIE DURIE. | **G**  +ABBY2-006+ |

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| 03:30 PM | **The Outdoor Room With Jamie Durie: France (R) ’CC’**  See how to turn your backyard into a French masterpiece. Then, Shannon Bennett cooks delicious lamb smoked with real hay. | **G**  +ORWJ-007+ |

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| 04:00 PM | **Medical Emergency (R) ’CC’**  This week, Michael, a Jehovah's Witness continues to face a life-threatening decision and a meatworker arrives with horrific work injuries. | **PG**  +MDEM3-002+ |

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| 04:30 PM | **60 Minute Makeover: Oldham, Gtr Manchester (R)**  60 Minute Makeover returns to complete more incredible house transformations in only one hour. | **PG**  +SMM6-038+ |

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| 05:30 PM | **60 Minute Makeover: Baguley (R)**  The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG**  +SMM7-057+ |

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| 06:30 PM | **Bargain Hunt: Edinburgh 2 (R)**  Tonight's pairs of bargain hunters visit Scotland's capital to see to see who can make the most money at auction. | **G**  +BHUN29-011+ |

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| 07:30 PM | **The Border: Teenage Drug Mules NEW EPISODE**  A Blackhawk pilot leads ground agents on an epic chase through the treacherous Baboquivari mountains; and a customs officer alerts border patrol agents to a known people smuggler. | **PG**  +TBOR6-006+ |

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| 08:30 PM | **Escape To The Country: Dorset (R)**  Jonnie Irwin heads to Dorset to help a creative couple buy their first home together. Then, Jonnie meets up with a local farmer, who is one of the leading British producers of a very French cuisine. | **G**  +ETTC20-009+ |

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| 09:30 PM | **Escape To The Country: Worcestershire (R)**  Alistair Appleton travels to the Worcestershire countryside to help a career-driven couple move closer to their family and friends. | **G**  +ETTC20-007+ |

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| 10:30 PM | **Best Houses Australia NEW EPISODE**  Join author and host Gary Takle on a quest to discover what really makes a house work. Explore some of the most exciting and stunning houses in the country and meet the professionals who create them. | **G**  +BHOZ05-008+ |

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| 11:00 PM | **Cook Me The Money: Stoke NEW EPISODE**  Three teams get the chance to live their dream for one day when they create a menu, prepare the food and try to get as many people as possible to pay for their plate. | **PG**  +CMTM-004+ |

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| 12:00 AM | **Australia's Best Backyards (R) ’CC’**  How to fit a pool, cabana and party room into a pocket-sized backyard. The family with a vineyard in their Melbourne suburban garden. Hosted by JAMIE DURIE. | **G**  +ABBY2-006+ |

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| 12:30 AM | **The Outdoor Room With Jamie Durie: France (R) ’CC’**  See how to turn your backyard into a French masterpiece. Then, Shannon Bennett cooks delicious lamb smoked with real hay. | **G**  +ORWJ-007+ |

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| 01:00 AM | **Escape To The Country: Yorkshire (R)**  Jules Hudson heads to Yorkshire to help a couple from Northern Ireland find their forever home in England. While in the county, Jules visits a local wool factory with some extremely regal clients. | **G**  +ETTC20-006+ |

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| 02:00 AM | **Escape To The Country: Worcestershire (R)**  Alistair Appleton travels to the Worcestershire countryside to help a career-driven couple move closer to their family and friends. | **G**  +ETTC20-007+ |

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| 03:00 AM | **Lovejoy: Death And Venice (Part Two) (R)**  Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG**  +LJOY01-010+ |

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| 04:00 AM | **Special: Exotica & Erotica Of The Deep (R) (1995)**  Ben Cropp takes viewers beneath the surface to discover amazing creatures with weird and wonderful sexual behaviour. Starring: BEN CROPP | **G**  +AMS-751+ |

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| 05:00 AM | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-126+ |

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| 05:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Saturday, August 27, 2016**

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| 06:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:30 AM | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 08:00 AM | **Room For Improvement (R) ’CC’**  Molly is a brave girl who has beaten the odds. Now the team have some big, bold and inexpensive ideas to revamp her tiny apartment! | **G**  +RFI3-004+ |

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| 08:30 AM | **Room For Improvement (R) ’CC’**  John and Tracey have thrown in their jobs to start a Bed and Breakfast down the coast, but their sea change needs help... and fast! | **G**  +RFI3-005+ |

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| 09:00 AM | **Special: Time To Shine Catholic Schools Gala**  Relive the Time To Shine Catholic schools gala performed at the Regent Theatre in Melbourne. The gala features singing, dancing and the musical talents of students from 50 schools. | **G**  +AUMS25-001+ |

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| 10:00 AM | **Best Houses Australia (R)**  Join author and host Gary Takle on a quest to discover what really makes a house work. Explore some of the most exciting and stunning houses in the country and meet the professionals who create them. | **G**  +BHOZ05-008+ |

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| 10:30 AM | **Travel Oz: Cocos Malays (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV2-013+ |

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| 11:15 AM | **Travel Oz: Sailing To Mawson's Antartica (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV2-014+ |

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| 12:00 PM | **The Travel Bug: Cambodia/Japan (R)**  Continuing his adventure in Cambodia, Morgan finds himself in the rural parts of the country before heading to Siem Reap and the chaos of the city. Then, he heads to Japan to start exploring. | **PG (A)**  +TRBG05-003+ |

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| 01:00 PM | **The Real Seachange (R) ’CC’**  Two couples join forces to start their new lives in the heart of wine growing Victoria. Hosted by John Howard. | **G**  +RLSC2-007+ |

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| 01:30 PM | **The Real Seachange (R) ’CC’**  The last minute push to get their hotel ready is on for Amy and David. And after a variety of setbacks, Ian and Michele get some great news. | **PG**  +RLSC2-008+ |

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| 02:00 PM | **Seven's Horse Racing: Caulfield - Memsie Stakes Day / Rosehill - Run To The Rose Day ’CC’**  Details TBC. | +SHRC16-001+ |

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| 05:30 PM | **Anthony Bourdain: No Reservations: Japan (R)**  Anthony ventures to Japan. | **PG**  +NORE07-008+ |

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| 06:30 PM | **Mighty Cruise Ships: Stella Australis (R) ’CC’**  Stella Australis is part luxury liner and part expedition ship, whisking passengers to the most remote areas of South America for one-of-a-kind encounters. | **PG**  +MCRU-005+ |

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| 07:30 PM | **Chris Tarrant's Extreme Railways: Republic Of Congo (R)**  Chris Tarrant heads to West Africa to experience one of the greatest surviving African railways of the colonial era. | **PG**  +CTER-001+ |

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| 08:30 PM | **Escape To The Country: Cumbria (R)**  Aled Jones heads to Cumbria to help a young family find a perfect retreat with lots of character and space for a pony. Then, Aled goes wild in the local countryside. | **G**  +ETTC20-008+ |

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| 09:30 PM | **Nick Knowles' Original Features: Scrumpy Jack (R)**  Nick Knowles meets Mike and Tracy, a couple who have recently purchased a Grade II-listed farmhouse near Somerset. Can Mike's medieval cooking make up for the crumbling walls? | **G**  +NKOF-003+ |

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| 10:30 PM | **Air Crash Investigations: Massacre Over The Mediterranean (R) ’CC’**  When a flight from Italy explodes over the Mediterranean Sea, it takes 30 years to determine whether it was shot down or blown up by terrorists. | **PG**  +MDAY13-007+ |

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| 11:30 PM | **Anthony Bourdain: No Reservations: Japan (R)**  Anthony ventures to Japan. | **PG**  +NORE07-008+ |

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| 12:30 AM | **Mighty Cruise Ships: Stella Australis (R) ’CC’**  Stella Australis is part luxury liner and part expedition ship, whisking passengers to the most remote areas of South America for one-of-a-kind encounters. | **PG**  +MCRU-005+ |

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| 01:30 AM | **Travel Oz: Cocos Malays (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV2-013+ |

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| 02:15 AM | **Travel Oz: Sailing To Mawson's Antartica (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV2-014+ |

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| 03:00 AM | **The Travel Bug: Cambodia/Japan (R)**  Continuing his adventure in Cambodia, Morgan finds himself in the rural parts of the country before heading to Siem Reap and the chaos of the city. Then, he heads to Japan to start exploring. | **PG (A)**  +TRBG05-003+ |

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| 04:00 AM | **Dr Oz: How To Bust Financial Stress ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG**  +DROZ06-130+ |

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| 05:00 AM | **Dr Oz: Dr Oz Reacts To Avril Lavigne's Health Crisis ’CC’**  Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG (A)**  +DROZ06-129+ |