

6:00	TV SHOP - HOME SHOPPING					ws	G			
	Home shopping programme.					•	•			
06:30	HIGH COUNTRY	1983	Captioned	Repeat			PG			
	High Country									
	Following the death of his wife, mountain cattle he learns his prize stallion is to be run in a race			h country but i	is forced	to retur	n whe			
	Starring: John Waters, Tom Oliver, Simone Bu	chanan, Terry S	Serio							
	Cons.Advice: Mild Violence									
08:30	TV SHOP - HOME SHOPPING					ws	G			
	Home shopping programme.						-			
0:00	GEM PRESENTS		Captioned	Repeat		WS	G			
	Pete Murray - Feeler 10 Year Anniversary									
	Music special.									
10:15	ADVENTURES IN RAINBOW COUNTRY			Repeat			G			
	Long Tough Race									
	Follows the adventures of a teenager named Billy Williams and his friend Pete Gawa in northern Ontario.									
	Follows the adventures of a teenager named E	Billy Williams and	d his friend Pete	Gawa in north	ern Onta	ario.				
0:45	Follows the adventures of a teenager named E STATE SECRET	Billy Williams and	d his friend Pete Captioned	Gawa in north Repeat	ern Onta	ario. WS	G			
 10:45					ern Onta		G			
10:45	STATE SECRET	1950 Doctor John Mai he Vosnian dict	Captioned	Repeat I to a middle Eatter dies, he is	uropean s replace	WS	, and			
10:45	STATE SECRET State Secret Visiting in England, famed American surgeon I discovers the operation he is to perform is on t	1950 Doctor John Mai he Vosnian dict II, vicious pursu	Captioned rlowe is decoyed ator. When the la	Repeat I to a middle Eatter dies, he is	uropean s replace	WS	, and			
10:45 13:00	STATE SECRET State Secret Visiting in England, famed American surgeon I discovers the operation he is to perform is on t alike, but Marlowe is the object of a shoot-to-ki	1950 Doctor John Mai he Vosnian dict II, vicious pursu	Captioned rlowe is decoyed ator. When the la	Repeat I to a middle Eatter dies, he is	uropean s replace	WS	, and			
	STATE SECRET State Secret Visiting in England, famed American surgeon I discovers the operation he is to perform is on t alike, but Marlowe is the object of a shoot-to-ki Starring: Douglas Fairbanks Jnr, Jack Hawkins	1950 Doctor John Marke Vosnian dictill, vicious pursus, Glynis Johns	Captioned rlowe is decoyedator. When the lait by the secret p Captioned visit to Araluen a	Repeat I to a middle E atter dies, he is olice of Vosnia	uropean s replace a.	ws country ed by a l	y, and look-			
	STATE SECRET State Secret Visiting in England, famed American surgeon I discovers the operation he is to perform is on t alike, but Marlowe is the object of a shoot-to-ki Starring: Douglas Fairbanks Jnr, Jack Hawkins THE GARDEN GURUS Trevor and Kim lead you up the garden path the	1950 Doctor John Marke Vosnian dictill, vicious pursus, Glynis Johns	Captioned rlowe is decoyedator. When the lait by the secret p Captioned visit to Araluen a	Repeat I to a middle E atter dies, he is olice of Vosnia	uropean s replace a.	ws country ed by a l	y, and look-			
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13:00 13:30	STATE SECRET State Secret Visiting in England, famed American surgeon I discovers the operation he is to perform is on t alike, but Marlowe is the object of a shoot-to-ki Starring: Douglas Fairbanks Jnr, Jack Hawkins THE GARDEN GURUS Trevor and Kim lead you up the garden path the weather station, and tips on how to maintain you GETAWAY This week on Getaway Jesinta takes an elephatests her way around her home town of Geelor Landy steps back in time at Timbertown on the KEY LARGO Key Largo	1950 Doctor John Maihe Vosnian dictill, vicious pursus, Glynis Johns his week with a vour garden tools ant trek on the Tag. Dermott visite NSW north coa	Captioned clowe is decoyed ator. When the late it by the secret process is to Araluen a comparison to	Repeat I to a middle E atter dies, he is olice of Vosnia Repeat Ind King's Park Repeat Repeat Repeat Repeat Repeat Repeat Repeat Repeat	uropeans replaces. HD Throw HD et while blden Ro	WS countryed by a I WS in a new WS Catriona	r, and ook-			



16:00	TARAS BULBA	1962			HD	WS	PG
	Taras Bulba						
	A fierce Cossack chieftain who has by his headstrong son, who is in lov		to regain his la	nds from Polish	invader	s is con	fronted
	Starring: Yul Brynner, Tony Curtis, C	Christine Kaufmann					
	Cons.Advice: Mild Violence						



18:30	WILD CHINA				HD	ws	G		
	Beyond The Great Wall					•			
	The extreme landscapes north of the Great From nomadic tribes hunting with eagles to baking deserts of Central Asia, life in north	o camel trains cross	ing the Silk Roa						
19:30	FROZEN PLANET		Captioned	Repeat	HD	WS	PG		
	Autumn								
	Late summer is explored and it's the last chance to feed up before the serious challenge of winter. Animals are on the move as the landscape changes and the ice returns. Only the hardy few stay put and hunker down as the ice returns and the door closes.								
20:30	CONSPIRACY THEORY	1997	Captioned	Repeat	HD	WS	М		
	Conspiracy Theory								
	A paranoid cab driver publishes a newslet pursued by people who want him dead an				ories is a	ccurate	, he is		
	Starring: Mel Gibson, Julia Roberts, Patrick Stewart								
	Cons.Advice: Some Violence								
23:15	RIZZOLI & ISLES		Captioned	Repeat	HD	WS	AV		
	Cuts Like A Knife						•		
	A bride is killed right before she walks down the aisle, and Jane and Maura must figure out if the groom's exgirlfriend is a suspect, or if there's a deeper connection to the bride's European roots.								
					trie groo	m's ex-			
		er connection to the			the groo	m's ex-			
	girlfriend is a suspect, or if there's a deepe	er connection to the			trie groo	m's ex-			
00:15	girlfriend is a suspect, or if there's a deepe Starring: Angie Harmon, Sasha Alexander	er connection to the			HD	ws ex-	PG		
00:15	girlfriend is a suspect, or if there's a deepe Starring: Angie Harmon, Sasha Alexander Cons.Advice: Strong Violence	er connection to the standard Bridges dephant trek on the seelong. Dermott visi	Captioned Thailand holiday as Japan touring	Repeat island of Phuk	HD et while	WS Catriona	PG a taste		
	girlfriend is a suspect, or if there's a deepe Starring: Angie Harmon, Sasha Alexander Cons.Advice: Strong Violence GETAWAY This week on Getaway Jesinta takes an el tests her way around her home town of Ge	er connection to the standard Bridges dephant trek on the seelong. Dermott visi	Captioned Thailand holiday as Japan touring	Repeat island of Phuk	HD et while	WS Catriona	PG a taste		
	girlfriend is a suspect, or if there's a deeper Starring: Angie Harmon, Sasha Alexander Cons.Advice: Strong Violence GETAWAY This week on Getaway Jesinta takes an eletests her way around her home town of Getandy steps back in time at Timbertown of Getands and Geta	er connection to the standard Bridges dephant trek on the seelong. Dermott visi	Captioned Thailand holiday is Japan touring ast.	Repeat island of Phuk the Second Go	HD et while	WS Catriona ute plus	PG a taste s Kelly		
	girlfriend is a suspect, or if there's a deeper Starring: Angie Harmon, Sasha Alexander Cons.Advice: Strong Violence GETAWAY This week on Getaway Jesinta takes an eletests her way around her home town of Getandy steps back in time at Timbertown of GEM PRESENTS	er connection to the standard Bridges dephant trek on the seelong. Dermott visi	Captioned Thailand holiday is Japan touring ast.	Repeat island of Phuk the Second Go	HD et while	WS Catriona ute plus	PG a taste s Kelly		
00:15 00:45 01:00	girlfriend is a suspect, or if there's a deeper Starring: Angie Harmon, Sasha Alexander Cons.Advice: Strong Violence GETAWAY This week on Getaway Jesinta takes an eletests her way around her home town of Getandy steps back in time at Timbertown of GEM PRESENTS Pharrell Williams - Girl	er connection to the standard Bridges dephant trek on the seelong. Dermott visi	Captioned Thailand holiday is Japan touring ast.	Repeat island of Phuk the Second Go	HD et while	WS Catriona ute plus	PG a taste s Kelly		
00:45	girlfriend is a suspect, or if there's a deeper Starring: Angie Harmon, Sasha Alexander Cons.Advice: Strong Violence GETAWAY This week on Getaway Jesinta takes an eletests her way around her home town of Getandy steps back in time at Timbertown of GEM PRESENTS Pharrell Williams - Girl Music special.	er connection to the standard Bridges dephant trek on the seelong. Dermott visi	Captioned Captioned Captioned Captioned Captioned Captioned	Repeat island of Phuk the Second Go Repeat	HD et while	WS Catriona ute plus WS	PG a taste s Kelly		
00:45	girlfriend is a suspect, or if there's a deeper Starring: Angie Harmon, Sasha Alexander Cons.Advice: Strong Violence GETAWAY This week on Getaway Jesinta takes an eletests her way around her home town of Getandy steps back in time at Timbertown of GEM PRESENTS Pharrell Williams - Girl Music special. SEAWAY	er connection to the figure and trek on the elegant trek on the elegang. Dermott vision the NSW north co	Captioned Captioned Captioned Captioned Captioned Captioned	Repeat island of Phuk the Second Go Repeat	HD et while	WS Catriona ute plus WS	PG a taste s Kelly		



Germ Sydney Program Guide

02:00	TV SHOP - HOME SHOPPING			ws	G			
	Home shopping programme.		•					
04:00	NOPA REV 3 - TRI VITA	Captioned		WS	G			
	Nopa Rev 3 - Tri Vita							
	Home Shopping Programme.							
04:30	JOYCE MEYER, ENJOY EVERYDAY LIFE			ws	PG			
	DEVELOPING A MERCIFUL ATTITUDE PART 1							
	Enjoying Everyday Life is a daily broadcast provided b	y Joyce Meyer Ministries	S.					
05:00	SEAWAY	Captioned	Repeat	WS	PG			
	Abraham's Hand				•			
	Action adventure series on the St. Lawrence Seaway.							
	Starring: Stephen Young, Austin Willis							



06:00	FRIENDS	Captioned	Repeat	HD	ws	PG			
	The One With The Proposal - Part 2								
	Rachel and Phoebe worry about becoming unmarried of fools Monica into believing he hates marriage, and she								
	Starring: Tom Selleck, Jennifer Aniston, Courteney Co. Schwimmer	x Arquette, Lisa Kudrow	, Matthew Peri	ry, Matt I	_e Blan	c, David			
06:30	SKIPPY - THE BUSH KANGAROO		Repeat		WS	G			
	No Time For Clancy								
	When one of the rangers in another part of the Park decides to take up another work opportunity, his daughter fears that she will be left behind.								
07:00	TV SHOP - HOME SHOPPING				WS	G			
	Home shopping programme.								
08:00	SECRET DEALERS	Captioned	Repeat		ws	PG			
	Two family homes are visited by three antique dealers families return home they learn the valuations and cast possessions and have to make the decision whether to	n offers that are being n							
09:00	TV SHOP - HOME SHOPPING				ws	G			
	Home shopping programme.	•			•	•			
10:30	ALIVE & COOKING	Captioned	Repeat	HD	ws	G			
	Ultimate Spring Lunch	•		•	•	•			
	Alive and Cooking is hosted by UK celebrity chef Jame food and wine regions as well as in James' kitchen.	s Reeson. Filmed on lo	cation at some	of the c	ountry's	top			
11:00	FRIENDS	Captioned	Repeat	HD	ws	PG			
	The One With The Proposal - Part 1								
	Chandler's romantic proposal is ruined when Monica's former boyfriend returns; Joey accidentally buys a boat; and, a water balloon incident reminds Ross of how young Elizabeth really is. Tom Selleck guest stars.								
	Starring: Tom Selleck, Jennifer Aniston, Courteney Con Schwimmer	x Arquette, Lisa Kudrow	, Matthew Peri	ry, Matt I	_e Blan	c, David			
11:30	FRIENDS	Captioned	Repeat	HD	WS	PG			
	The One With The Proposal - Part 2				•				
	Rachel and Phoebe worry about becoming unmarried of fools Monica into believing he hates marriage, and she								
	Starring: Tom Selleck, Jennifer Aniston, Courteney Co. Schwimmer	x Arquette, Lisa Kudrow	, Matthew Peri	ry, Matt I	_e Blan	c, David			



12:00	ARABIAN ADVENTURE	1979	Captioned	Repeat			G			
	Arabian Adventure						-			
	A young orphan helps rid the city of Jadur from an evil Caliph. He is aided in his trip by a beautiful genie and a handsome Prince who wins the hand of the Caliph's lovely stepdaughter.									
	Starring: Christopher Lee, Oliver Tobias, Peter Cushing, Milo O'Shea, Mickey Rooney									
14:00	ALIVE & COOKING		Captioned		HD	ws	G			
	Huskisson									
	Alive and Cooking is hosted by UK celebrity chef food and wine regions as well as in James' kitche		on. Filmed on lo	cation at some	of the c	ountry's	top			
14:30	FROZEN PLANET		Captioned	Repeat	HD	WS	PG			
	Autumn				•					
	Late summer is explored and it's the last chance the move as the landscape changes and the ice returns and the door closes.									
15:30	WILD CHINA			Repeat	HD	WS	G			
	Beyond The Great Wall					•				
	The extreme landscapes north of the Great Wall have shaped some of China's most colourful people and wildlife. From nomadic tribes hunting with eagles to camel trains crossing the Silk Road, from frozen Siberian wastes to baking deserts of Central Asia, life in northern China is always on the edge.									
16:30	THE ELLEN DEGENERES SHOW		Captioned	Repeat	HD	WS	PG			
	Join Ellen as she hosts a unique mix of celebrity Today's episode features an interview with Linds			nces & audienc	e partici	pation g	james.			
17:30	THE PEOPLE'S COURT		Captioned	Repeat		ws	PG			
	The original reality court-based drama features cas she decides actual small-claims court cases. into account when making the final verdict.									



18:30	FRIENDS		Captioned	Repeat	HD	ws	PG			
	The One With Monica's Thunder		•							
	Monica excitedly reveals her good news to ev	eryone, but is up	staged by Ross	and Rachel.						
	Starring: Jennifer Aniston, Courteney Cox Arq	uette, Lisa Kudr	ow, Matt LeBlan	c, Matthew Per	ry, David	d Schwi	mmer			
19:00	FRIENDS		Captioned	Repeat	HD	ws	PG			
	The One With Rachel's Book									
	Monica is outraged to learn what her parents have done with her wedding fund. Meanwhile, Joey discovers Rachel's late-night reading material.									
	Starring: Jennifer Aniston, Courteney Cox Arquette, Lisa Kudrow, Matt LeBlanc, Matthew Perry, David Schwimmer									
19:30	MIDSOMER MURDERS	2000	Captioned	Repeat		ws	PG			
	Garden Of Death									
	When the owners of the Inkpen Manor annour villagers are furious. However, are any of then			vill no longer be	open to	the pul	olic, the			
	Starring: John Nettles, Daniel Casey									
21:40	THE MENTALIST		Captioned	Repeat	HD	ws	М			
	Not One Red Cent									
	A bank employee is killed during a robbery, so the middle of the ongoing clash between the F		for the murdere	r. Meanwhile, L	isbon ge	ets cauç	ght in			
	Starring: Simon Baker, Robin Tunney, Tim Ka	ng								
	Cons.Advice: Some Violence									
22:40	THE MENTALIST		Captioned	Repeat	HD	WS	М			
	Blood Feud				•	•				
	The team investigates a small town's possible gang war involving Rigsby's dad, who is found injured at a crime scene.									
	Starring: Simon Baker, Robin Tunney, Tim Ka	ng								
	Cons.Advice: Some Violence									
23:35	FRIENDS		Captioned	Repeat	HD	ws	PG			
	The One With Monica's Thunder				•	•				
	Monica excitedly reveals her good news to ev	eryone, but is up	staged by Ross	and Rachel.						
	Starring: Jennifer Aniston, Courteney Cox Arq	uette, Lisa Kudr	ow, Matt LeBlan	c, Matthew Per	ry, David	d Schwi	mmer			
00:05	FOOTY CLASSIFIED		Captioned			ws	М			
	The biggest names and agenda-setters lock h Lyon, Craig Hutchison, Matthew Lloyd and Ca									



01:00	DANGERMAN		Repeat	ws	PG				
	Two Birds With One Bullet	•		•					
	Patrick McGoohan stars as a private investigator involved in espionage work in various countries.								
02:00	TV SHOP - HOME SHOPPING			WS	G				
	Home shopping programme.								
04:30	JOYCE MEYER, ENJOY EVERYDAY LIFE			ws	PG				
	DEVELOPING A MERCIFUL ATTITUDE PART 2								
	Enjoying Everyday Life is a daily broadcast provided by Joy	ce Meyer Ministrie	s.						
05:00	SEAWAY	Captioned	Repeat	ws	PG				
	A Border Incident								
	Action adventure series on the St. Lawrence Seaway.								
	Starring: Stephen Young, Austin Willis								



06:00	FRIENDS		Captioned	Repeat	HD	ws	PG		
	The One With Rachel's Book					•			
	Monica is outraged to learn what her parents have dor late-night reading material.	ne with he	er wedding fund	d. Meanwhile, J	oey disc	covers F	≀achel's		
	Starring: Jennifer Aniston, Courteney Cox Arquette, Li	isa Kudro	w, Matt LeBlan	c, Matthew Per	ry, David	d Schwi	mmer		
06:30	SKIPPY - THE BUSH KANGAROO			Repeat		ws	G		
	The Poachers								
	Skippy sounds the alarm when three men, believed to National Park.	be worki	ng for Dr. Stark	, try to steal ko	alas fror	m Wara	tah		
07:00	TV SHOP - HOME SHOPPING					WS	G		
	Home shopping programme.								
08:00	THE BARON			Repeat		ws	PG		
	Portrait Of Louisa								
	Exciting, danger-laden, unusual exploitsthe human of	dramas of	those who buy	, sell or steal p	recious	treasure	es.		
	Starring: Steve Forrest								
09:00	TV SHOP - HOME SHOPPING					WS	G		
	Home shopping programme.				•	•			
10:30	ALIVE & COOKING		Captioned	Repeat	HD	WS	G		
	Huskisson								
	Alive and Cooking is hosted by UK celebrity chef James Reeson. Filmed on location at some of the country's top food and wine regions as well as in James' kitchen.								
11:00	FRIENDS		Captioned	Repeat	HD	ws	PG		
	The One With Monica's Thunder								
	Monica excitedly reveals her good news to everyone,	but is ups	staged by Ross	and Rachel.					
	Starring: Jennifer Aniston, Courteney Cox Arquette, Li	isa Kudro	w, Matt LeBlan	c, Matthew Per	ry, David	d Schwi	mmer		
11:30	FRIENDS		Captioned	Repeat	HD	WS	PG		
	The One With Rachel's Book								
	Monica is outraged to learn what her parents have done with her wedding fund. Meanwhile, Joey discovers Rachel's late-night reading material.								
	Starring: Jennifer Aniston, Courteney Cox Arquette, Li	isa Kudro	w, Matt LeBlan	c, Matthew Per	ry, Davi	d Schwi	mmer		
12:00	OUR MISS FRED 11	973	Captioned	Repeat		WS	PG		
	Our Miss Fred								
	During World War II, an actor is called up to serve at a has been assigned for duty in the camp show – posing			nd finds that in	stead of	active of	duty, he		
	Starring: Danny La Rue, Alfred Marks, Lance Percival,	, Lally Bo	wers, Frances	De La Tour					
	Cons.Advice: Sexual References								



14:00	ALIVE & COOKING	Captioned		HD	ws	G				
	Creole Show 1									
	Alive and Cooking is hosted by UK celebrity chef James Reeson. Filmed on location at some of the country's top food and wine regions as well as in James' kitchen.									
14:30	ANTIQUES ROADSHOW	Captioned	Repeat	HD	WS	G				
	Port Sunlight Part 1									
	Treasures include a portrait of Shakespeare discovered beneath another painting.									
15:30	SUPER NANNY USA		Repeat		WS	PG				
	Heredia Family			•						
	A full-time working couple who have four kids under 5 years of premature, need Jo's help when the mother is worried about hattention.									
16:30	THE ELLEN DEGENERES SHOW	Captioned	Repeat	HD	WS	PG				
	Join Ellen DeGeneres as she hosts a unique mix of celebrity interviews, chart-topping and up-and-coming musical performances, audience participation games and segments spotlighting real life stories and amazing talents.									
17:30	THE PEOPLE'S COURT	Captioned	Repeat		WS	PG				
1	The original reality court-based drama features confident, sassy and empathetic judge and prosecutor Marilyn Milia as she decides actual small-claims court cases. The participants and onlookers views and opinions are also taken into account when making the final verdict.									



18:30	FRIENDS		Captioned	Repeat	HD	WS	PG		
	The One With Phoebe's Cookies								
	Monica desperately tries to figure out a secre	et cookie recipe; w	hile Chandler fa	ils to impress l	Monica's	father.			
	Starring: Jennifer Aniston, Courteney Cox A	rquette, Lisa Kudro	ow, Matt LeBlan	c, Matthew Per	rry, David	d Schwi	mmer		
19:00	FRIENDS		Captioned	Repeat	HD	WS	PG		
	The One With Rachel's Assistant								
	Chandler, Monica and Ross trade embarrassing secrets about one another; and Rachel faces a dilemma when a sexy but unqualified man applies to be her assistant.								
	Starring: Jennifer Aniston, Courteney Cox Arquette, Lisa Kudrow, Matt LeBlanc, Matthew Perry, David Schwimmer								
19:30	POIROT				HD		PG		
	The Disappearance of Mr. Davenheim								
	Wealthy banker Matthew Davenheim leaves expected to meet his colleague Lowen from station.								
	Cons.Advice: Mild Violence								
20:40	MIDSOMER MURDERS	2000	Captioned	Repeat		WS	М		
20:40									
20:40	Destroying Angel								
20:40		s a severed hand b	elonging to the	missing man a			before		
20:40	Destroying Angel When the manager of the Easterly Grange F- concerned. A search of the local woods finds	s a severed hand b	elonging to the	missing man a			before		
20:40	Destroying Angel When the manager of the Easterly Grange F concerned. A search of the local woods finds Barnaby and Troy are investigating a whole	s a severed hand b	elonging to the	missing man a			before		
	Destroying Angel When the manager of the Easterly Grange F- concerned. A search of the local woods finds Barnaby and Troy are investigating a whole Starring: John Nettles, Daniel Casey	s a severed hand b	elonging to the	missing man a			before		
	Destroying Angel When the manager of the Easterly Grange F- concerned. A search of the local woods finds Barnaby and Troy are investigating a whole Starring: John Nettles, Daniel Casey Cons.Advice: Some Violence	s a severed hand b	belonging to the nd attempted mu	missing man a urders.	and it is r	not long			
20:40 22:50	Destroying Angel When the manager of the Easterly Grange F concerned. A search of the local woods finds Barnaby and Troy are investigating a whole Starring: John Nettles, Daniel Casey Cons.Advice: Some Violence RIZZOLI & ISLES	s a severed hand t series of killings ar	Captioned	missing man a urders.	and it is r	not long			
	Destroying Angel When the manager of the Easterly Grange F- concerned. A search of the local woods finds Barnaby and Troy are investigating a whole Starring: John Nettles, Daniel Casey Cons.Advice: Some Violence RIZZOLI & ISLES Hometown Glory	s a severed hand be series of killings and winds up m	Captioned	missing man a urders.	and it is r	not long			
	Destroying Angel When the manager of the Easterly Grange F- concerned. A search of the local woods finds Barnaby and Troy are investigating a whole Starring: John Nettles, Daniel Casey Cons.Advice: Some Violence RIZZOLI & ISLES Hometown Glory A boy band star returns to his roots for a sho	s a severed hand be series of killings and winds up m	Captioned	missing man a urders.	and it is r	not long			
	Destroying Angel When the manager of the Easterly Grange F- concerned. A search of the local woods finds Barnaby and Troy are investigating a whole Starring: John Nettles, Daniel Casey Cons.Advice: Some Violence RIZZOLI & ISLES Hometown Glory A boy band star returns to his roots for a sho Starring: Angie Harmon, Sasha Alexander, S	s a severed hand be series of killings and winds up m	Captioned	missing man a urders.	and it is r	not long			
22:50	Destroying Angel When the manager of the Easterly Grange F- concerned. A search of the local woods finds Barnaby and Troy are investigating a whole Starring: John Nettles, Daniel Casey Cons.Advice: Some Violence RIZZOLI & ISLES Hometown Glory A boy band star returns to his roots for a sho Starring: Angie Harmon, Sasha Alexander, Cons.Advice: Strong Violence EXTREME MAKEOVER: WEIGHT LOSS	s a severed hand be series of killings and winds up m	Captioned	missing man a urders. Repeat	and it is r	WS	AV		
22:50	Destroying Angel When the manager of the Easterly Grange F- concerned. A search of the local woods finds Barnaby and Troy are investigating a whole Starring: John Nettles, Daniel Casey Cons.Advice: Some Violence RIZZOLI & ISLES Hometown Glory A boy band star returns to his roots for a shot Starring: Angie Harmon, Sasha Alexander, Cons.Advice: Strong Violence EXTREME MAKEOVER: WEIGHT LOSS EDITION	s a severed hand be series of killings and winds up more and winds up more and be series of killings and winds up more a	Captioned Captioned Captioned captioned captioned captioned	missing man a urders. Repeat Repeat	HD HD	WS WS	PG PG ng the ney and		
22:50	Destroying Angel When the manager of the Easterly Grange F- concerned. A search of the local woods find: Barnaby and Troy are investigating a whole Starring: John Nettles, Daniel Casey Cons.Advice: Some Violence RIZZOLI & ISLES Hometown Glory A boy band star returns to his roots for a sho Starring: Angie Harmon, Sasha Alexander, Cons.Advice: Strong Violence EXTREME MAKEOVER: WEIGHT LOSS EDITION Tony- Part 2 Witness the biggest transformation on televimost important year of their life, the year the the shocking steps taken when one morbidly	s a severed hand be series of killings and winds up more and winds up more and be series of killings and winds up more a	Captioned Captioned Captioned captioned captioned captioned	missing man a urders. Repeat Repeat	HD HD	WS WS	AV PG		
22:50	Destroying Angel When the manager of the Easterly Grange F- concerned. A search of the local woods finds Barnaby and Troy are investigating a whole Starring: John Nettles, Daniel Casey Cons.Advice: Some Violence RIZZOLI & ISLES Hometown Glory A boy band star returns to his roots for a sho Starring: Angie Harmon, Sasha Alexander, Cons.Advice: Strong Violence EXTREME MAKEOVER: WEIGHT LOSS EDITION Tony- Part 2 Witness the biggest transformation on televismost important year of their life, the year the the shocking steps taken when one morbidly their body weight under the guidance of a weight and the strong steps taken when one morbidly	s a severed hand be series of killings and winds up more and winds up more and be series of killings and winds up more a	Captioned Captioned Captioned son's struggle was documents a on the verge of the captioned to the caption	missing man a urders. Repeat Repeat with obesity is diffe transformir otal body failure	HD HD	WS WS ted duri ay journots to lo	PG ng the ney and se half		



01:00	DANGERMAN		Repeat		WS	PG			
	I'm Afraid You Have The Wrong No								
	Patrick McGoohan stars as a private investigator involved in es	spionage work i	n various count	ries.					
02:00	TV SHOP - HOME SHOPPING				WS	G			
	Home shopping programme.			•	-				
04:00	DANOZ				WS	G			
	Home shopping programme	-							
04:30	JOYCE MEYER, ENJOY EVERYDAY LIFE				WS	PG			
	HAS YOUR GET UP AND GO, GOT UP AND GONE? PART 1								
	Enjoying Everyday Life is a daily broadcast provided by Joyce	Meyer Ministrie	S.						
05:00	DANGERMAN		Repeat		WS	PG			
	Two Birds With One Bullet		-						
	Patrick McGoohan stars as a private investigator involved in es	spionage work i	n various count	ries.					



06:00	FRIENDS		Captioned	Repeat	HD	ws	PG			
	The One With Rachel's Assistant									
	Chandler, Monica and Ross trade embarrassir sexy but unqualified man applies to be her ass		one another; ar	nd Rachel face	s a dilen	nma wh	en a			
	Starring: Jennifer Aniston, Courteney Cox Arq	uette, Lisa Kudro	w, Matt LeBlan	c, Matthew Pe	rry, Davi	d Schwi	immer			
06:30	SKIPPY - THE BUSH KANGAROO			Repeat			G			
	Marine Biologist									
	Mark is made to accompany a marine biologis	t who wants to co	ollect specimen	s from an unde	rwater re	eef.				
07:00	TV SHOP - HOME SHOPPING					ws	G			
	Home shopping programme.									
08:00	SUPER NANNY USA			Repeat		WS	PG			
	Heredia Family									
	A full-time working couple who have four kids premature, need Jo's help when the mother is attention.									
09:00	TV SHOP - HOME SHOPPING					WS	G			
	Home shopping programme.									
10:30	ALIVE & COOKING		Captioned	Repeat	HD	WS	G			
	Creole Show 1									
	Alive and Cooking is hosted by UK celebrity chef James Reeson. Filmed on location at some of the country's top food and wine regions as well as in James' kitchen.									
11:00	FRIENDS		Captioned	Repeat	HD	ws	PG			
	The One With Phoebe's Cookies									
	Monica desperately tries to figure out a secret cookie recipe; while Chandler fails to impress Monica's father.									
	Starring: Jennifer Aniston, Courteney Cox Arq	uette, Lisa Kudro	w, Matt LeBlan	c, Matthew Pe	rry, Davi	d Schwi	immer			
11:30	FRIENDS		Captioned	Repeat	HD	ws	PG			
	The One With Rachel's Assistant									
	Chandler, Monica and Ross trade embarrassing secrets about one another; and Rachel faces a dilemma when a sexy but unqualified man applies to be her assistant.									
	Starring: Jennifer Aniston, Courteney Cox Arq	uette, Lisa Kudro	ow, Matt LeBlan	c, Matthew Pe	rry, Davi	d Schwi	immer			
12:00	HOLIDAY ON THE BUSES	1973	Captioned	Repeat		ws	PG			
	Holiday On The Buses									
	Fired from the bus company, lazy drivers Stan in paradise when the two discover their old ne				sort. But	there's	trouble			
	Starring: Reg Varney, Doris Hare, Michael Rol	bbins, Anna Kare	en							
	Cons.Advice: Sexual References									



13:50	ALIVE & COOKING	Captioned		HD	ws	G			
	Shoalhaven Zoo - Nowra			•	•	•			
	Alive and Cooking is hosted by UK celebrity chef James Reeson. Filmed on location at some of the country's top food and wine regions as well as in James' kitchen.								
14:20	HOARDING: BURIED ALIVE		Repeat	HD	ws	PG			
	It's A Freaking War Zone								
	The huge piles that one woman's collection exists in puts he collecting swimming pool parts is pushing his family away to		risk. One man's	s obsess	ion for				
15:20	POIROT		Repeat	HD		PG			
	The Disappearance of Mr. Davenheim								
	Wealthy banker Matthew Davenheim leaves his country house to walk to the post office - and disappears. He was expected to meet his colleague Lowen from the train but Lowen meets nobody on his walk to the house from the station.								
	Cons.Advice: Mild Violence								
16:30	THE ELLEN DEGENERES SHOW	Captioned	Repeat	HD	ws	PG			
	Join Ellen DeGeneres as she hosts a unique mix of celebrity interviews, chart-topping and up-and-coming musical performances, audience participation games and segments spotlighting real life stories and amazing talents.								
17:30	THE PEOPLE'S COURT	Captioned	Repeat		ws	PG			
	The original reality court-based drama features confident, sassy and empathetic judge and prosecutor Marilyn Milia as she decides actual small-claims court cases. The participants and onlookers views and opinions are also taken into account when making the final verdict.								



18:30	FRIENDS	Captioned	Repeat	HD	ws	PG				
	The One With The Engagement Picture									
	Joey tries to teach Chandler how to smile for the camera. Meanwhile, Phoebe and Ross bicker over their divorcing friends.									
	Starring: Jennifer Aniston, Courteney Cox Arquette, Lisa Kudrow, Matt LeBlanc, Matthew Perry, David Schwimmer									
19:00	FRIENDS	Captioned	Repeat	HD	ws	PG				
	The One With The Nap Partners									
	Joey and Ross find themselves in awkward positions after a nagirlfriend from his youth.	ap. Meanwhile (Chandler tries to	o apolog	ise to a					
	Starring: Jennifer Aniston, Courteney Cox Arquette, Lisa Kudr	ow, Matt LeBlan	c, Matthew Per	rry, Davi	d Schwi	immer				
19:30	POIROT			HD		G				
	Double Sin									
	Poirot plans to retire and takes a holiday in the Lake District, with Hastings for company. But on the way there they fall in with a mystery which includes a stolen art collection, a famous writer and a woman in a sports car. Poirot decides not to retire, after all.									
20:40	RPA	Captioned	Repeat		WS	PG				
	Big brother Craig is making an extraordinary sacrifice to save his younger adopted sister's life. Also, a keen soccer coach and active family man, has a collapsed lung. He will need an urgent procedure to try and re-inflate it.									
	Cons.Advice: Medical Procedures									
21:40	AMAZING MEDICAL STORIES - IMPALED: THE DAY I NEARLY DIED			HD	ws	MA				
	Amazing Medical Stories - Impaled: The Day I Nearly Died									
	The extraordinary stories of people who have survived the most shocking accidents and extreme body trauma. Using incredible video footage, x-rays, photographs and scans, this film documents how five people survived life-threatening impalement. Candid testimonies from the victims expose the horror they faced and how they survived, against the odds.									
	Cons.Advice: Medical Procedures, Adult Themes									
22:40	EMBARRASSING BODIES	Captioned	Repeat		WS	М				
	Weymouth	•			•	•				
	Dr Christian meets a man whose prostate cancer treatment has left him with rectal incontinence and a women who is in need of jaw replacement surgery. Dr Pixie sees a 31-year-old with a saggy body and Dr Dawn examines some supersize varicose veins.									
	l									
	Cons.Advice: Medical Procedures, Nudity									
23:40	Cons.Advice: Medical Procedures, Nudity MY STRANGE ADDICTION		Repeat		ws	М				
23:40	<u> </u>		Repeat		WS	М				
23:40	MY STRANGE ADDICTION	cat and eating it	·	uple who	l	<u> </u>				



00:10	MY STRANGE ADDICTION		Repeat		WS	PG				
	Extreme Hair; Addicted to Bee Stings									
	A 53-year-old woman who has been willingly stung by bees over 50,000 times and a 47-year-old woman who spends six hours every day grooming her 21-foot long hair that weighs 4.5kg.									
	Cons.Advice: Adult Themes									
00:35	FRIENDS	Captioned	Repeat	HD	ws	PG				
	The One With The Engagement Picture									
	Joey tries to teach Chandler how to smile for the camera. Meanwhile, Phoebe and Ross bicker over their divorcing friends.									
	Starring: Jennifer Aniston, Courteney Cox Arquette, Lisa Kudro	ow, Matt LeBlan	c, Matthew Per	ry, Davi	d Schwi	mmer				
01:00	GIDEON'S WAY		Repeat		WS	PG				
	White Rat									
	Gideon tries to track down a white haired criminal named Mickey Keston.									
	Starring: John Gregson, Alexander Davion, Daphne Anderson									
02:00	TV SHOP - HOME SHOPPING				WS	G				
	Home shopping programme.									
04:30	JOYCE MEYER, ENJOY EVERYDAY LIFE				WS	PG				
	HAS YOUR GET UP AND GO, GOT UP AND GONE? PART 2									
	Enjoying Everyday Life is a daily broadcast provided by Joyce Meyer Ministries.									
05:00	DANGERMAN		Repeat		WS	PG				
	I'm Afraid You Have The Wrong No			•	•	-				
	Patrick McGoohan stars as a private investigator involved in es	spionage work i	n various count	ries.						



06:00	FRIENDS		Captioned	Repeat	HD	ws	PG			
	The One With The Nap Partners						•			
	Joey and Ross find themselves in awkward positions after a nap. Meanwhile Chandler tries to apologise to a girlfriend from his youth.									
	Starring: Jennifer Aniston, Courteney Cox Arquette, Li	isa Kudro	w, Matt LeBlan	c, Matthew Per	ry, Davi	d Schwi	mmer			
06:30	SKIPPY - THE BUSH KANGAROO			Repeat		ws	G			
	The Swagman									
	Classic Australian series starring Ed Deveraux and Tony Bonner.									
07:00	TV SHOP - HOME SHOPPING					WS	G			
	Home shopping programme.				•	•				
08:00	HOARDING: BURIED ALIVE			Repeat	HD	ws	PG			
	It's A Freaking War Zone									
	The huge piles that one woman's collection exists in puts her son's welfare at risk. One man's obsession collecting swimming pool parts is pushing his family away from him.									
09:00	TV SHOP - HOME SHOPPING					ws	G			
	Home shopping programme.		-			-				
10:30	ALIVE & COOKING		Captioned	Repeat	HD	WS	G			
	Shoalhaven Zoo - Nowra									
	Alive and Cooking is hosted by UK celebrity chef James Reeson. Filmed on location at some of the country's top food and wine regions as well as in James' kitchen.									
11:00	FRIENDS		Captioned	Repeat	HD	ws	PG			
	The One With The Engagement Picture									
	Joey tries to teach Chandler how to smile for the camera. Meanwhile, Phoebe and Ross bicker over their divorcing friends.									
	Starring: Jennifer Aniston, Courteney Cox Arquette, Li	isa Kudro	w, Matt LeBlan	c, Matthew Per	ry, Davi	d Schwi	mmer			
11:30	FRIENDS		Captioned	Repeat	HD	WS	PG			
	The One With The Nap Partners									
	Joey and Ross find themselves in awkward positions after a nap. Meanwhile Chandler tries to apologise to a girlfriend from his youth.									
	Starring: Jennifer Aniston, Courteney Cox Arquette, Li	isa Kudro	w, Matt LeBlan	c, Matthew Per	ry, Davi	d Schwi	mmer			
12:00	THE CONSTANT HUSBAND 1	955	Captioned	Repeat	HD	ws	G			
	The Constant Husband									
	When a man wakes up in West Wales with no recolled who leads him to his life and gorgeous wife. But the delies.									
	lies. Starring: Rex Harrison, Margaret Leighton, Kay Kendall, Cecil Parker, Nicole Maurey									



13:50	ALIVE & COOKING	Captioned		HD	ws	G			
	Stews								
	Alive and Cooking is hosted by UK celebrity chef James Reeson. Filmed on location at some of the country's top food and wine regions as well as in James' kitchen.								
14:20	RPA	Captioned	Repeat		ws	PG			
	Big brother Craig is making an extraordinary sacrifice to save his younger adopted sister's life. Also, a keen soccer coach and active family man, has a collapsed lung. He will need an urgent procedure to try and re-inflate it.								
	Cons.Advice: Medical Procedures								
15:20	POIROT		Repeat	HD		G			
	Double Sin								
	Poirot plans to retire and takes a holiday in the Lake District, with Hastings for company. But on the way there they fall in with a mystery which includes a stolen art collection, a famous writer and a woman in a sports car. Poirot decides not to retire, after all.								
16:30	THE ELLEN DEGENERES SHOW	Captioned	Repeat	HD	ws	PG			
	Join Ellen DeGeneres as she hosts a unique mix of celebrity interviews, chart-topping and up-and-coming musical performances, audience participation games and segments spotlighting real life stories and amazing talents.								
17:30	THE PEOPLE'S COURT	Captioned	Repeat		WS	PG			
	The original reality court-based drama features confident, sassy and empathetic judge and prosecutor Marilyn Milian as she decides actual small-claims court cases. The participants and onlookers views and opinions are also taken into account when making the final verdict.								



18:30	FRIENDS	Captioned	Repeat	HD	WS	PG			
	The One With Ross's Library Book								
	Phoebe and Rachel meddle in Joey's relationship. Monica and Chandler face a manipulating situation, meanwhile Ross is disillusioned to find his doctorate in a not so exciting location. Guest stars Sarah Murdoch and Kristin Davis Starring: Sarah O Hare, Kristin Davis, Jennifer Aniston, Courteney Cox Arquette, Lisa Kudrow, Matt LeBlanc, Matthew Perry, David Schwimmer								
19:00	FRIENDS	Captioned	Repeat	HD	ws	PG			
	The One Where Chandler Doesn't Like Dogs								
	Rachel's assistant gives her a Thanksgiving surprise, while	Chandler's irration	al fear causes	problem	S.				
	Starring: Jennifer Aniston, Courteney Cox Arquette, Lisa Ku	ıdrow, Matt LeBlan	c, Matthew Pe	rry, Davi	d Schw	immer			
19:30	16 KIDS AND COUNTING	Captioned	Repeat		ws	PG			
	The Freers And The Lewises	•			•	•			
	How do dads cope with a supersized family? Pete has 12 daughters and dreams of quality time with his wife, while Gary Freer is the father of 9 and has quit work to help care for his large brood.								
20:30	EXTRAORDINARY LIVES - THE MAN WHO ATE HIMSELF TO DEATH	Captioned	Repeat	HD	ws	М			
	Extraordinary Lives - The Man Who Ate Himself To Death								
	The tragic story of Ricky Naputi, one of the world's fattest men. At 412 kg, bedridden and confined to his home, Ricky has limited access to obesity medical care. Follow Ricky during his last few months and witness the devastating consequences of his overeating.								
	Cons.Advice: Adult Themes, Medical Procedures								
21:30	SUPERSIZE: WHEN GASTRIC BANDS GO WRONG	Captioned	Repeat	HD	ws	М			
	Supersize: When Gastric Bands Go Wrong								
	Follow the stories of four former obese people whose gastric bands ruined their lives. From the woman whose bowels leaked into her blood stream to the man left with 31kgs of excess skin. This will shock views into the truth behind weight loss.								
	Cons.Advice: Medical Procedures, Nudity								
22:30	SUPERSIZE: GOT THIN GOT FAT AGAIN	Captioned	Repeat	HD	ws	PG			
	Supersize: Got Thin Got Fat Again								
	Before and after photos are the perfect end to the perfect diet. But what happens after the pictures are taken? We show you why diets don't work and how quickly and easily skinny success can turn into fat failure.								
	Cons.Advice: Adult Themes, Drug References								
23:30	BIG BODY SQUAD		Repeat	HD	ws	PG			
		Meet the ambulance teams, fire crews, equipment specialists, builders and carers who service Britain's big society. In this episode, a man prepares for risky weight-loss surgery.							
00:30	FRIENDS	Captioned	Repeat	HD	ws	PG			
	The One With Ross's Library Book	•		•					
	Phoebe and Rachel meddle in Joey's relationship. Monica a Ross is disillusioned to find his doctorate in a not so exciting								
	Starring: Sarah O Hare, Kristin Davis, Jennifer Aniston, Cou Matthew Perry, David Schwimmer	ırteney Cox Arquet	te, Lisa Kudro	w, Matt L	.eBlanc	,			



01:00	GIDEON'S WAY		Repeat	\	NS	PG				
	The Big Fix									
	Gideon investigates a group of criminals who are trying to rig horse races.									
	Starring: John Gregson, Alexander Davion, Daphne Anderson									
02:00	TV SHOP - HOME SHOPPING			1	NS	G				
	Home shopping programme.									
04:00	NOPA REV 3 - TRI VITA	Captioned		1	NS	G				
	Nopa Rev 3 - Tri Vita									
	Home Shopping Programme.									
04:30	JOYCE MEYER, ENJOY EVERYDAY LIFE			١	NS	PG				
	FAITH IN ACTION, W/ GINGER STACHE									
	Enjoying Everyday Life is a daily broadcast provided by Joyce Meyer Ministries.									
05:00	GIDEON'S WAY		Repeat	١	NS	PG				
	White Rat									
	Gideon tries to track down a white haired criminal named Mick	ey Keston.								
	Starring: John Gregson, Alexander Davion, Daphne Anderson									



06:00	FRIENDS	Captioned	Repeat	HD	WS	PG				
	The One Where Chandler Doesn't Like Dogs	•								
	Rachel's assistant gives her a Thanksgiving surprise, while Ch	andler's irration	al fear causes ¡	oroblem	S.					
	Starring: Jennifer Aniston, Courteney Cox Arquette, Lisa Kudro	ow, Matt LeBlan	c, Matthew Per	ry, David	d Schwi	mmer				
06:30	SKIPPY - THE BUSH KANGAROO		Repeat			G				
	Time & Tide									
	Classic Australian series starring Ed Deveraux and Tony Bonn	er.								
07:00	TV SHOP - HOME SHOPPING				WS	G				
	Home shopping programme.									
08:00	THE BARON		Repeat			PG				
	Farewell To Yesterday									
	Exciting, danger-laden, unusual exploitsthe human dramas of those who buy, sell or steal precious treasures.									
	Starring: Steve Forrest									
09:00	TV SHOP - HOME SHOPPING				WS	G				
	JUMP START SOUP MATE PRO									
	Home shopping programme.									
10:30	ALIVE & COOKING	Captioned	Repeat	HD	WS	G				
	Stews									
	Alive and Cooking is hosted by UK celebrity chef James Reeson. Filmed on location at some of the country's top food and wine regions as well as in James' kitchen.									
11:00	FRIENDS	Captioned	Repeat	HD	WS	PG				
	The One With Ross's Library Book									
	Phoebe and Rachel meddle in Joey's relationship. Monica and Chandler face a manipulating situation, meanwhile Ross is disillusioned to find his doctorate in a not so exciting location. Guest stars Sarah Murdoch and Kristin Davis.									
	Starring: Sarah O Hare, Kristin Davis, Jennifer Aniston, Courte Matthew Perry, David Schwimmer	ney Cox Arquet	te, Lisa Kudrov	v, Matt L	.eBlanc	ı				
11:30	FRIENDS	Captioned	Repeat	HD	WS	PG				
	The One Where Chandler Doesn't Like Dogs									
	Rachel's assistant gives her a Thanksgiving surprise, while Ch	andler's irration	al fear causes ¡	oroblem	S.					
	Starring: Jennifer Aniston, Courteney Cox Arquette, Lisa Kudro	ow, Matt LeBlan	c, Matthew Per	ry, David	d Schwi	mmer				



12:00	ALL CREATURES GREAT & SMALL	1974	Captioned	Repeat		ws	G				
	All Creatures Great And Small										
	Story of a young veterinarian's apprenticeship to an eccentric older vet in the English countryside, and his hesitating courtship with the daughter of a local farmer.										
	Starring: Anthony Hopkins, Simon Ward, Lisa	Harrow, Brian St	irner								
14:00	ALIVE & COOKING		Captioned		HD	ws	G				
	Symbio - Helensburg										
	Alive and Cooking is hosted by UK celebrity chef James Reeson. Filmed on location at some of the country's top food and wine regions as well as in James' kitchen.										
14:30	BIG BODY SQUAD			Repeat	HD	ws	PG				
15:30	Meet the ambulance teams, fire crews, equip In this episode, a man prepares for risky weig		Captioned	Repeat	- Britain	Tws	PG				
	The Freers And The Lewises		- Capilolica	. topoat			1. •				
	How do dads cope with a supersized family? Pete has 12 daughters and dreams of quality time with his wife, while Gary Freer is the father of 9 and has quit work to help care for his large brood.										
16:30	THE ELLEN DEGENERES SHOW		Captioned	Repeat	HD	WS	PG				
	Join Ellen DeGeneres as she hosts a unique mix of celebrity interviews, chart-topping and up-and-coming musical performances, audience participation games and segments spotlighting real life stories and amazing talents.										
17:30	THE PEOPLE'S COURT		Captioned	Repeat		ws	PG				
	The original reality court-based drama features confident, sassy and empathetic judge and prosecutor Marilyn Milian as she decides actual small-claims court cases. The participants and onlookers views and opinions are also taken into account when making the final verdict.										



18:30	FRIENDS		Captioned	Repeat	HD	ws	PG			
	The One With All The Candy									
	Monica tries to become friendlier with her neighbours. Phoebe needs lessons in riding a bike and Rachel gets in trouble for dating her assistant.									
	Starring: Jennifer Aniston, Courteney Cox Arquette, Lisa Kudrow, Matt LeBlanc, Matthew Perry, David Schwimmer									
19:00	FRIENDS		Captioned	Repeat	HD	WS	PG			
	The One With The Holiday Armadillo									
	Ross' plans to teach Ben about Hanukkah are continually thwarted when the young boy can't get his mind off Santa Meanwhile, Chandler mystifies Monica.									
	Starring: Jennifer Aniston, Courteney Cox Ard	quette, Lisa Kudro	ow, Matt LeBlan	c, Matthew Per	ry, David	d Schwi	mmer			
19:30	FOREVER YOUNG	1992	Captioned	Repeat	HD	WS	PG			
	Forever Young									
	Romantic drama about a test pilot named Daniel who learns to express his feelings and commit himself emotionally after he is transported through time from 1939 to 1992 in a top-secret experiment.									
	Starring: Mel Gibson, Jamie Lee Curtis, Elijah Wood, Isabel Glasser									
	Cons.Advice: Mild Violence, Mild Coarse Lan	guage								
21:35	THE SHIPPING NEWS	2001				WS	М			
	The Shipping News				•					
	An emotionally-beaten man who was an ink-setter in New York moves with his young daughter to his ancestral home in Newfoundland to reclaim his life.									
	Starring: Kevin Spacey, Julianne Moore, Dame Judi Dench, Cate Blanchett									
	Cons.Advice: Adult Themes, A Sex Scene, S	ome Coarse Lang	guage							
00:00	KLUTE	1971	Captioned	Repeat	HD	WS	М			
	Klute		ļ							
	A small-town private eye searching for a missing husband befriends a high-end call girl who's threatened by a sadistic killer.									
	Starring: Jane Fonda, Donald Sutherland, Charles Cioffi, Roy Schneider, Rita Gam									
	Cons.Advice: Some Coarse Language, Sexua	al References, A	Sex Scene							
02:15	HOLIDAY ON THE BUSES	1973	Captioned	Repeat		WS	PG			
	Holiday On The Buses		•				•			
		Fired from the bus company, lazy drivers Stan and Jack land cushy jobs at a posh holiday resort. But there's trouble in paradise when the two discover their old nemesis is the new camp security chief.								
	Starring: Reg Varney, Doris Hare, Michael Ro	obbins, Anna Kare	en							
	Cons.Advice: Sexual References									



03:55	HOME AT SEVEN	1953	Captioned	Repeat			PG		
	Home At Seven								
	A bank official goes missing for 24 hours and has no memory of the lost time, only to find that he's been involved in a possible murder.								
	Starring: Ralph Richardson, Margaret Leighton, Jack Hawkins, Campbell Singer								
	Cons.Advice: Adult Themes								
05:30	FRIENDS		Captioned	Repeat	HD	WS	PG		
	The One With All The Candy								
	Monica tries to become friendlier with her neighbours. Phoebe needs lessons in riding a bike and Rachel gets in trouble for dating her assistant.								
	Starring: Jennifer Aniston, Courteney Cox Arquette, Lisa Kudrow, Matt LeBlanc, Matthew Perry, David Schwimmer								



06:00	GEM PRESENTS		Captioned	Repeat		ws	G		
	Pharrell Williams - Girl		•		•	•			
	Music special.								
06:10	ALL CREATURES GREAT & SMALL	1974	Captioned	Repeat		ws	G		
	All Creatures Great And Small		•						
	Story of a young veterinarian's apprenticeship to an eccentric older vet in the English countryside, and his hesitating courtship with the daughter of a local farmer.								
	Starring: Anthony Hopkins, Simon Ward, Lisa	Harrow, Brian S	tirner						
08:00	TV SHOP - HOME SHOPPING					WS	G		
	Home shopping programme.		•		•	•			
09:30	GEM PRESENTS		Captioned	Repeat		WS	G		
	Bruce Springsteen - High Hopes		•		•	•			
	Music special.								
09:40	KIND HEARTS AND CORONETS	1949	Captioned	Repeat			PG		
	Kind Hearts And Coronets				1				
	A distant poor relative of the Duke of D'Ascoyne plots to inherit the title by murdering the eight other heirs who standahead of him in the line of succession.								
	Starring: Dennis Price, Valerie Hobson, Joan Greenwood, Alec Guinness								
	Cons.Advice: Adult Themes								
11:50	DUNCAN'S THAI KITCHEN			Repeat	HD	ws	G		
	Where The Forests Touch Heaven								
	In this Blockbuster episode, Duncan travels to the energetic city of Chiang Mai where he cooks with the Thai Ambassador to Australia in the high mountains of Doi Ang Khang at the King's royal project. Duncan travels to the Sirripana Resort to have a lesson in planting rice before cooking a traditional Chiang Mai Egg noodle curry soup before a stunning Backdrop.								
12:20	POSTCARDS		Captioned			WS	G		
	Dubai Special - Part 2		•		•	•			
	Rebecca explores the Madinat Jumeriah Resort, has afternoon tea at the Burj Al Arab and visits the famous Gold and Diamond Park. Brodie goes to one of the world's top spas at the Jumeriah Zabeel Saray Hotel along with going on the waterslide at Wild Wadi Waterpark. Glen goes to the Mall of the Emirates – where he gets to ski and meet the penguins. He also plays golf at the Dubai Creek Golf Course.								
12:50	HOW TO STUFF A WILD BIKINI	1965			HD	ws	G		
	How to Stuff a Wild Bikini								
	Spending his Naval Reserve duty in Tahiti, a young man calls upon a local witch doctor to keep an eye on his girlfriend and divert any male attention while he's gone.								
	Starring: Annette Funicello, Yvonne Craig, Dwayne Hickman, Buster Keaton, Mickey Rooney								



14:45	HAWAII	1966			HD	WS	PG
	Hawaii						
	This restored film version of James Michener's best-seller stars a remarkable cast in a celebrated epic adventure that traces the arrival of missionaries in 1820s Hawaii and the eventual devastation of a paradise lost.						
	Starring: Richard Harris, Julie Andrews, Max Von Sydow, Gene Hackman						
	Cons.Advice: Adult Themes, Some V	iolence					



18:30	SECRET DEALERS	Captioned			ws	PG			
	Two family homes are visited by three antique dealers who are on the look-out for items they can sell. When the families return home they learn the valuations and cash offers that are being made for some of their most prized possessions and have to make the decision whether to keep or sell them.								
19:30	ANTIQUES ROADSHOW	Captioned	Repeat	HD	ws	G			
	Port Sunlight Part 2								
	Fiona Bruce and the team make a second visit to Port Sunl	ght on the Wirral.							
20:30	CSI: CRIME SCENE INVESTIGATION	Captioned	Repeat	HD	ws	М			
	Killer Moves	'		. I		•			
	When a murder takes place at a chess tournament, the tea order to capture "a chess obsessed serial killer" before he			entor of S	Sanders	' in			
	Starring: Ted Danson, Elisabeth Shue, George Eads, Jorja Fox, Eric Szmanda								
	Cons.Advice: Strong Violence								
21:30	CSI: NY	Captioned	Repeat	HD	ws	М			
	Flag On The Play								
	A sexy star quarterback for the Lingerie Football League is found dead in a locker-room hot tub at Madison Square Garden. The investigation reveals traces of lidocaine in the victim's body, a drug to which she was allergic.								
	Starring: Gary Sinise, Sela Ward, Carmine Giovinazzo, Hill Harper								
		-							
		-							
22:30	Starring: Gary Sinise, Sela Ward, Carmine Giovinazzo, Hill	-	Repeat	HD	ws	М			
22:30	Starring: Gary Sinise, Sela Ward, Carmine Giovinazzo, Hill Cons.Advice: Some Violence	Harper		HD	WS	M			
22:30	Starring: Gary Sinise, Sela Ward, Carmine Giovinazzo, Hill Cons.Advice: Some Violence COLD CASE	Captioned man who secretly tr	Repeat	nixed-race		ļ			
22:30	Starring: Gary Sinise, Sela Ward, Carmine Giovinazzo, Hill Cons.Advice: Some Violence COLD CASE Wednesday's Women The team investigate the 1964 murder of a young white wo	Captioned man who secretly tr	Repeat	nixed-race		ļ			
	Starring: Gary Sinise, Sela Ward, Carmine Giovinazzo, Hill Cons.Advice: Some Violence COLD CASE Wednesday's Women The team investigate the 1964 murder of a young white wo Mississippi to bring supplies to and help with Freedom Sch	Captioned man who secretly tr	Repeat	nixed-race		ļ			
22:30	Starring: Gary Sinise, Sela Ward, Carmine Giovinazzo, Hill Cons.Advice: Some Violence COLD CASE Wednesday's Women The team investigate the 1964 murder of a young white wo Mississippi to bring supplies to and help with Freedom Sch Starring: Kathryn Morris, Danny Pino, John Finn	Captioned man who secretly trools during the civil	Repeat ravelled in a m rights movem	nixed-race ent.	e group	to			
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	Starring: Gary Sinise, Sela Ward, Carmine Giovinazzo, Hill Cons.Advice: Some Violence COLD CASE Wednesday's Women The team investigate the 1964 murder of a young white wo Mississippi to bring supplies to and help with Freedom Sch Starring: Kathryn Morris, Danny Pino, John Finn RIZZOLI & ISLES Melt My Heart To Stone When a statue breaks open to reveal a dead woman inside	Captioned man who secretly trools during the civil	Repeat ravelled in a m rights movem Repeat	nixed-race ent.	e group	to			
	Starring: Gary Sinise, Sela Ward, Carmine Giovinazzo, Hill Cons.Advice: Some Violence COLD CASE Wednesday's Women The team investigate the 1964 murder of a young white wo Mississippi to bring supplies to and help with Freedom Sch Starring: Kathryn Morris, Danny Pino, John Finn RIZZOLI & ISLES Melt My Heart To Stone When a statue breaks open to reveal a dead woman inside count begins to rise.	Captioned man who secretly trools during the civil	Repeat ravelled in a m rights movem Repeat	nixed-race ent.	e group	to			
23:20	Starring: Gary Sinise, Sela Ward, Carmine Giovinazzo, Hill Cons.Advice: Some Violence COLD CASE Wednesday's Women The team investigate the 1964 murder of a young white wo Mississippi to bring supplies to and help with Freedom Sch Starring: Kathryn Morris, Danny Pino, John Finn RIZZOLI & ISLES Melt My Heart To Stone When a statue breaks open to reveal a dead woman inside count begins to rise. Starring: Angie Harmon, Sasha Alexander, Jordan Bridges	Captioned man who secretly trools during the civil	Repeat ravelled in a m rights movem Repeat	nixed-race ent.	e group	to			
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23:20	Starring: Gary Sinise, Sela Ward, Carmine Giovinazzo, Hill Cons.Advice: Some Violence COLD CASE Wednesday's Women The team investigate the 1964 murder of a young white wo Mississippi to bring supplies to and help with Freedom Sch Starring: Kathryn Morris, Danny Pino, John Finn RIZZOLI & ISLES Melt My Heart To Stone When a statue breaks open to reveal a dead woman inside count begins to rise. Starring: Angie Harmon, Sasha Alexander, Jordan Bridges Cons.Advice: Some Violence THE SERVANT 1963	Captioned man who secretly trools during the civil Captioned Jane and Maura n Captioned	Repeat ravelled in a mrights movem Repeat nust find the k Repeat	ixed-race ent. HD iller quick	ws ws	M e body			
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02:30	KIND HEARTS AND CORONETS	1949	Captioned	Repeat			PG		
	Kind Hearts And Coronets								
	A distant poor relative of the Duke of D'Ascoyndahead of him in the line of succession.	A distant poor relative of the Duke of D'Ascoyne plots to inherit the title by murdering the eight other heirs who stand ahead of him in the line of succession.							
	Starring: Dennis Price, Valerie Hobson, Joan G	Starring: Dennis Price, Valerie Hobson, Joan Greenwood, Alec Guinness							
	Cons.Advice: Adult Themes								
04:30	TURNED OUT NICE AGAIN	1941	Captioned	Repeat			G		
	Turned Out Nice Again								
	George Pearson, an employee at an underwear factory, is caught between his modern wife and his meddling mother over a new type of thread that has revolutionized the garment industy.								
	Starring: George Formby, Edward Chapman								