

Sunday 04th December 2011

06:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:30 am Fear Factor (Rpt)

PG
Some Coarse
Language,
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

07:30 am Pro Bull Riding

PG

Charlotte

Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.

08:30 am World Of Free Sports

PG

Sample an assortment of adventure and extreme sporting activities as World of Free Sports brings you another heart-pumping dose of adrenalin.

09:00 am Volvo Ocean Race Highlights

The Volvo Ocean race is an exceptional test of sailing prowess and human endeavour which has been built on the spirit of great seafarers.

10:00 am Pat Callinan's 4x4 Adventures (Rpt)

G

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia.

11:00 am Basketball: NBL (Rpt)

Round 9: Townsville Crocodiles V Wollongong Hawks

The 2011-12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.

01:00 pm Lost Prophets (Rpt)

PG

Lost Prophets

Travel the world with lost prophets as their stories unfold during some of the best Indian Ocean waves documented in the past decade. See nine surfers united by adventure, balance & connection.

02:00 pm MotoGP Classics (Rpt)

G

Donington 1992

Relive the 500cc Motorcycle World Championship action with a 1992 classic race from Donington Park in England.

03:00 pm Jaguar Adventure

Nigel Marven fulfills his childhood dream of seeing jaguars in the wild in Jaguar Adventure.

04:00 pm Out Of Control

Out Of Control



MELBOURNE PROGRAM GUIDE

Sunday 04th December 2011

05:00 pm **Australian Rally Championship** (Rpt)

R5 Victoria

It is both the final Australian and Victorian Rally Championship of the season. Head to the Baw Baw Shire and the popular forest roads around Noojee for the final heart stopping action and one winner.

06:00 pm **I Fish**

G

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:30 pm **Megastructures** (Rpt)

PG

Brick

Megastructures looks into one of the major building blocks of modern civilization: Brick. Investigate how one of the world's first building materials evolved from clay to a versatile, essential tool.

07:30 pm **Ice Road Truckers** (Rpt)

PG
Some Coarse
Language

Canadian Invasion

The Canadian truckers or 'polar bears' roll into town. Lisa, one of the few female truckers on the ice, attempts her first oversized load. And a rookie driver gets lost in an extreme arctic blow.

08:30 pm **Sliver** (Rpt) (1993)

CC M
Some Violence,
Sex Scenes,
Some Coarse
Language,
Drug Use,
Adult Themes

MOVIE

Carly Norris begins to suspect that a killer may be living in her building. Is it the voyeuristic Zeke, with whom she's become involved romantically or Jack, a mystery writer with a suspicious nature?

Starring: Sharon Stone, William (Billy) Baldwin, Tom Berenger, Polly Walker

10:45 pm **Basketball: NBL**

Round 9: Sydney Kings V Cairns Taipans

The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.

12:45 am **The Ultimate Fighter** (Rpt)

M
Realistic Violence,
Some Coarse
Language

The Ultimate Fighter 12 sees lightweight hopefuls compete for the ultimate prize - a contract with the UFC. Coaches this season are Georges St-Pierre and the man everybody loves to hate Josh Koscheck.

01:45 am **The Ultimate Fighter** (Rpt)

M
Realistic Violence,
Some Coarse
Language

The Ultimate Fighter 12 sees lightweight hopefuls compete for the ultimate prize - a contract with the UFC. Coaches this season are Georges St-Pierre and the man everybody loves to hate Josh Koscheck.

02:45 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



MELBOURNE PROGRAM GUIDE

Sunday 04th December 2011

03:00 am NFL America's Game (Rpt)

PG

Story Of The 1982 Washington Redskins

Follow the Washington Redskins through 1982 all the way to the Rose Bowl and their Super Bowl XVII win. Narrated by Alec Baldwin.

04:00 am NFL Total Access (Rpt)

PG

Total Access brings you all the very latest NFL news, reviews and analysis. Everything you need to know so you can follow the 17 week regular season of America's National Football League.

05:00 am National Football League (Rpt)

LIVE

Week 13 - Washington Redskins V New York Jets (Early)

The Washington Redskins host the New York Jets at their home ground, FedEx Field, in Week 13 of the 2011-2012 NFL season.



MELBOURNE PROGRAM GUIDE

Monday 05th December 2011

06:00 am National Football League

08:15 am National Football League (Rpt)

11:15 am Tennis: ATP World Tour Uncovered (Rpt) G

11:45 am Omnisport (Rpt)

12:15 pm National Football League (Rpt)

03:30 pm Jeopardy (Rpt) G

04:00 pm Beach Patrol (Rpt)

04:30 pm Airline (Rpt) PG

05:00 pm I Fish (Rpt) WS G

06:00 pm Jeopardy! G

LIVE

Week 13 - Washington Redskins V New York Jets

The Washington Redskins host the New York Jets at their home ground, FedEx Field, in Week 13 of the 2011-2012 NFL season.

LIVE

Week 13 - New York Giants V Green Bay Packers (Early)

The New York Giants host the Green Bay Packers at their home ground, MetLife Stadium, in Week 13 of the 2011-2012 NFL season.

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

LIVE

Week 13 - New England Patriots V Indianapolis Colts

The New England Patriots host the Indianapolis Colts at their home ground, Gillette Stadium, in Week 13 of the 2011-2012 NFL season.

A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.

A young lady faints in the surf and it's up to lifeguards to provide medical care. Then later, lifeguards deal with a crisis when one of their own goes down with a potentially paralysing injury.

In Luton, a group of friends heading to Aberdeen for a boy's weekend get separated. A plane bound for Malaga turns out to be too small to take all the passengers.

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.



MELBOURNE PROGRAM GUIDE

Monday 05th December 2011

06:30 pm Beach Patrol

It's a busy Fourth of July and Lifeguards are racing to save a group of swimmers who are being pulled out to sea. Also, lifeguards have to step in to stop a belligerent man from harassing beachgoers.

07:00 pm COPS

07:30 pm Psych

PG

Death Is In The Air

An infectious agent has gone missing from a lab. Shawn and Gus are tasked with finding it before it can be unleashed on the public.

Starring: James Roday, Dule Hill, Corbin Bernsen

08:30 pm Burn Notice

09:30 pm Blue Bloods

WS M
Realistic Violence

Silver Star

Danny feels personally responsible for finding the killer of a former U.S. Marine war hero.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Len Cariou

10:30 pm NFL America's Game

PG

Story Of The 1987 Washington Redskins

America's Game brings you insights behind the scenes of Washington's 1987 NFL season. The Redskins went all the way to victory in an unforgettable Super Bowl XXII. Narrated by Gene Hackman.

11:30 pm National Football League

02:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:30 am Football: Arsenal TV

Wigan V Arsenal

05:30 am 500 Great Goals (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.



MELBOURNE PROGRAM GUIDE

Tuesday 06th December 2011

06:00 am Golf: New Zealand Open

10:00 am Basketball: NBL (Rpt)

12:00 pm World Rally Championship Season Review (Rpt)

01:00 pm Australian Rally Championship (Rpt)

02:00 pm Out Of Control (Rpt)

03:00 pm Omnisport

03:30 pm Jeopardy (Rpt)

G

04:00 pm Beach Patrol (Rpt)

04:30 pm Airline (Rpt)

PG

05:00 pm I Fish (Rpt)

WS G

06:00 pm Jeopardy!

G

06:30 pm Beach Patrol

Round 9: Sydney Kings V Cairns Taipans

The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.

S.W.R.C & P.W.R.C Season Review

R5 Victoria

It is both the final Australian and Victorian Rally Championship of the season. Head to the Baw Baw Shire and the popular forest roads around Noojee for the final heart stopping action and one winner.

Out Of Control

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.

It's a busy Fourth of July and Lifeguards are racing to save a group of swimmers who are being pulled out to sea. Also, lifeguards have to step in to stop a belligerent man from harassing beachgoers.

Fog descends on Luton airport, ensuring EasyJet staff have their hands full dealing with the disruption. The late departure of Air Force One from Belfast causes delays for other flights.

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.

A lifeless man is pulled from the surf and lifeguards race to do CPR. Then, lifeguards rush to break up a brawl and get the troublemaker off the beach before he strikes again.



MELBOURNE PROGRAM GUIDE

Tuesday 06th December 2011

07:00 pm COPS

07:30 pm Expedition Impossible

WS

There's Snow In Morocco

This week the contestants must ascend the Atlas Mountains, travel by mule to farming terraces and then assemble a plow to dig up instructions that lead to the finish line.

08:30 pm COPS: Adults Only (Rpt)

M

Cp812 Tampa Florida

COPS is the definitive real-life observational documentary series that follows the personal and professional lives of police officers enforcing the troubled streets of America.

09:00 pm COPS: Adults Only (Rpt)

M
Drug References

Cp814 Fort Worth

You won't believe the morons on parade as law enforcement officers go on patrol to protect America's troubled streets. With an unmistakable theme song COPS is the show at the forefront of reality TV.

09:30 pm Rush (Rpt)

CC M
WS A Sex Scene,
Adult Themes

When TR is called to a domestic dispute, Lawson connects with a young boy struggling to care for his drunken father; Michael discovers being a hero isn't all it seems.

Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser

10:30 pm 24 (Rpt)

M
Some Violence

Day 1: 9:00 P.M. - 10:00 P.M.

Guest Starring: Dennis Hopper, Misha Collins

In order to buy himself more time Jack puts Victor and Andre in contact via Mason with a hospitalized Alexis Drazen. Palmer becomes involved with a campaign staffer.

Starring: Kiefer Sutherland, Elisha Cuthbert, Dennis Haysbert, Carlos Bernard

11:30 pm The League

MA15+
Sexual References

Bro-Lo El Cunado

Ruxin's brother in law stops by and irritates everyone, leading the gang to devise a plan to take Matt Forte from his fantasy team.

12:00 am National Football League

02:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:00 am Football: Serie A

Matchday 14: Inter V Udinese



MELBOURNE PROGRAM GUIDE

Tuesday 06th December 2011

05:00 am **Football: The Serie A Highlights Show**

PG

Matchday 14

The Serie A Highlights Show is a comprehensive recap of the best goals and highlights from the every matchday of the 2010/11 Italian football season.

05:30 am **FA Cup Classics (Rpt)**

G

F.A. Cup 5th Round 1993/94 Wimbledon V Manchester United

Alex Ferguson signed Roy Keane on the way to a memorable Premiership and FA Cup double for Manchester United. Revisit the 5th Round FA Cup tie against Wimbledon, where the Red Devils were unstoppable.



MELBOURNE PROGRAM GUIDE

Wednesday 07th December 2011

06:00 am Golf: New Zealand Open

10:00 am World Of Free Sports (Rpt) PG

World of Free Sports brings you the world - a world of action, adventure and extreme sports. Get your thirty minute dose of adrenalin with an assortment of unbelievable action.

10:30 am National Football League

01:00 pm World Rally Championship Season Review PG

W.R.C Academy Season Review

02:00 pm NFL Total Access PG

Total Access brings you all the very latest NFL news, reviews and analysis. Everything you need to know so you can follow the 17 week regular season of America's National Football League.

03:00 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm Jeopardy (Rpt) G

A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.

04:00 pm Beach Patrol (Rpt)

A lifeless man is pulled from the surf and lifeguards race to do CPR. Then, lifeguards rush to break up a brawl and get the troublemaker off the beach before he strikes again.

04:30 pm Airline (Rpt) PG
Some Coarse
Language

Escape the daily grind and relax with a short getaway on Airline. However as all holidaymakers have discovered there is always stress and tension getting to your destination.

05:00 pm I Fish (Rpt) WS G

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

06:00 pm Jeopardy! G

A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.

06:30 pm Beach Patrol

The US Open of Surfing hits town, which means more visitors and much larger problems for the Lifeguards to handle. They try to convince a surfer with a gashed forehead to seek medical treatment.



MELBOURNE PROGRAM GUIDE

Wednesday 07th December 2011

07:00 pm COPS

07:30 pm Ice Road Truckers (Rpt)

PG
Some Coarse
Language

Blinding Whiteout

As the winter wears on, a storm blows in and whites out the road, but that doesn't stop Hugh's need for speed. Jack is further along the road and heads out onto the frozen-over Arctic Ocean.

08:30 pm COPS: Adults Only (Rpt)

M

Cp816 Fort Worth

You won't believe the morons on parade as law enforcement officers go on patrol to protect America's troubled streets. With an unmistakable theme song COPS is the show at the forefront of reality TV.

09:00 pm COPS: Adults Only (Rpt)

M
Realistic Violence

Cp819 Fort Worth

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

09:30 pm The Killing

Vengeance

The police learn more about Rosie's whereabouts on the night of her death; Richmond deals with a negative ad; Mitch starts doubting the police investigation.

10:30 pm Basketball: NBL (Rpt)

Round 9: Townsville Crocodiles V Wollongong Hawks

The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.

12:30 am NFL Total Access (Rpt)

PG

Total Access brings you all the very latest NFL news, reviews and analysis. Everything you need to know so you can follow the 17 week regular season of America's National Football League.

01:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:00 am Tennis: ATP World Tour Uncovered (Rpt)

G

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.

02:30 am Football: Bundesliga

Matchday 15: Bayern Munich V Werder Bremen



MELBOURNE PROGRAM GUIDE

Wednesday 07th December 2011

04:30 am Football: Bundesliga Weekly Highlights

Matchday 15

Follow the highlights and results from all the Bundesliga matches in the weekly highlights show.

05:30 am FA Cup Classics (Rpt)

G

F.A. Cup Final 1993/94 Chelsea V Manchester United

ONE's showcase of the very best from the round ball game continues as Manchester United face archival Chelsea in the 1993/94 FA Cup Final.



MELBOURNE PROGRAM GUIDE

Thursday 08th December 2011

06:00 am Football: Serie A

Matchday 14: Parma V Palermo

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Pro Bull Riding (Rpt)

PG

Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.

09:30 am National Football League

12:00 pm World Of Free Sports (Rpt)

PG

World of Free Sports brings you the world - a world of action, adventure and extreme sports. Get your thirty minute dose of adrenalin with an assortment of unbelievable action.

12:30 pm Tennis: ATP World Tour Uncovered (Rpt)

G

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.

01:00 pm Football: The Serie A Highlights Show (Rpt)

PG

Matchday 14

The Serie A Highlights Show is a comprehensive recap of the best goals and highlights from the every matchday of the 2010/11 Italian football season.

01:30 pm Save Point (Rpt)

Save Point brings you a fast-paced fix of gaming releases, news and reviews.

02:00 pm Jaguar Adventure (Rpt)

Nigel Marven fulfills his childhood dream of seeing jaguars in the wild in Jaguar Adventure.

03:00 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm Jeopardy (Rpt)

G

A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.

04:00 pm Beach Patrol (Rpt)

The US Open of Surfing hits town, which means more visitors and much larger problems for the Lifeguards to handle. They try to convince a surfer with a gashed forehead to seek medical treatment.



MELBOURNE PROGRAM GUIDE

Thursday 08th December 2011

04:30 pm Airline (Rpt)	PG Some Coarse Language, Adult Themes	Confusion over check-in times causes problems at Luton airport, while a lost passport holds up a plane's departure.
05:00 pm I Fish (Rpt)	WS G	Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm Jeopardy!	G	A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.
06:30 pm Beach Patrol		A man is missing after jumping from the pier and Lifeguards launch a massive rescue. The rescue intensifies when guards learn a second jumper is unaccounted for.
07:00 pm COPS		
07:30 pm Extreme Fishing With Robson Green	PG Some Coarse Language	<u>California</u>
08:30 pm Thursday Night Movie		MOVIE
10:30 pm The Ultimate Fighter	M Realistic Violence, Some Coarse Language	The Ultimate Fighter 12 sees lightweight hopefuls compete for the ultimate prize - a contract with the UFC. Coaches this season are Georges St-Pierre and the man everybody loves to hate Josh Koscheck.
11:30 pm Basketball: NBL (Rpt)		<u>Round 9: Sydney Kings V Cairns Taipans</u>
		The 2011-12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.
01:30 am Football: Bundesliga Weekly Highlights (Rpt)		<u>Matchday 15</u>
		Follow the highlights and results from all the Bundesliga matches in the weekly highlights show.
02:30 am 500 Great Goals (Rpt)	G	Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.
03:00 am FA Cup Classics (Rpt)	G	<u>F.A Cup 6th Round 1994/95 Liverpool V Tottenham Hotspur</u>
		Liverpool and Tottenham are two of the most historic and well supported football clubs in England. As the offseason continues, ONE revisits their classic 1994/95 FA Cup clash.



MELBOURNE PROGRAM GUIDE

Thursday 08th December 2011

03:30 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am **World Rally Championship Season Review** (Rpt) PG

W.R.C Academy Season Review

05:00 am **Australian Rally Championship** (Rpt)

R5 Victoria

It is both the final Australian and Victorian Rally Championship of the season. Head to the Baw Baw Shire and the popular forest roads around Noojee for the final heart stopping action and one winner.



MELBOURNE PROGRAM GUIDE

Friday 09th December 2011

06:00 am **Football: Bundesliga** (Rpt)

Matchday 15: Bayern Munich V Werder Bremen

08:00 am **Basketball: NBL** (Rpt)

Round 9: Cairns Taipans V Gold Coast Blaze

The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.

10:00 am **Tennis: ATP World Tour Uncovered** (Rpt) G

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.

10:30 am **NFL America's Game** (Rpt) PG

Story Of The 1987 Washington Redskins

America's Game brings you insights behind the scenes of Washington's 1987 NFL season. The Redskins went all the way to victory in an unforgettable Super Bowl XXII. Narrated by Gene Hackman.

11:30 am **National Football League** (Rpt)

LIVE

Week 14 - Pittsburgh Steelers V Cleveland Browns

02:45 pm **RPM Moment** (Rpt) G

Honda Superbikes

RPM hosts Greg Rust and Craig Baird test their limits on two-wheels as they climb aboard three Honda bikes - a 600, 1000 and Superbike.

03:00 pm **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm **Jeopardy** (Rpt) G

A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.

04:00 pm **Beach Patrol** (Rpt)

A man is missing after jumping from the pier and Lifeguards launch a massive rescue. The rescue intensifies when guards learn a second jumper is unaccounted for.

04:30 pm **Airline** (Rpt) PG
Some Coarse Language

Airline is a reality television series documenting the lives of airline staff, ground workers, and passengers on budget airline EasyJet.

05:00 pm **Pat Callinan's 4x4 Adventures** G

Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia.



MELBOURNE PROGRAM GUIDE

Friday 09th December 2011

06:00 pm Jeopardy!

G

A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.

06:30 pm Beach Patrol

A man found floating facedown and lifeless, in the water is rescued by Lifeguards. Once he's on dry land, they take drastic measures to try to save his life.

07:00 pm COPS

07:30 pm Master Of Disaster

Blast Force

08:30 pm Marine 2, The (2009)

MOVIE

While on vacation, a Marine sniper takes on local rebels who have seized control of the hotel where he and his wife, who is now a hostage, have been staying.

Starring: Ted Dibiase Jr., Temuera Morrison, Lara Cox, Michael Rooker, Robert Coleby

10:30 pm Basketball: NBL

Round 10: Sydney Kings V Adelaide 36ers

The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.

12:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:00 am Football: Serie A (Rpt)

Matchday 14: Inter V Udinese

03:00 am Football: Arsenal TV

Champions League: Arsenal Classic Match (Early)



MELBOURNE PROGRAM GUIDE

Saturday 10th December 2011

06:00 am	World Rally Championship Season Review (Rpt)	PG	<u>W.R.C Academy Season Review</u>
07:00 am	Pro Bull Riding	PG	<u>Uncasville</u> Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.
08:00 am	Basketball: NBL (Rpt)		<u>Round 10: Sydney Kings V Adelaide 36ers</u> The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.
10:00 am	The WWE Experience (Rpt)	PG Some Violence	Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.
11:00 am	X Venture Corporate Games		Australia's leading corporate games featuring 32 corporations competing in an 8 x 1-hour nationally televised adventure series. "It's Survivor meets the Amazing Race meets Eco Challenge".
12:00 pm	Triathlon: World Cup Magazine		<u>World Cup Magazine 4: Guatape And Egypt</u> Follow the world's leading triathletes at World Cup events in Guatape, Colombia and Egypt.
01:00 pm	Paspaley Polo In The City		
01:30 pm	Football: The Serie A Highlights Show (Rpt)	PG	<u>Matchday 14</u> The Serie A Highlights Show is a comprehensive recap of the best goals and highlights from the every matchday of the 2010/11 Italian football season.
02:00 pm	Sailing World Championships 2011		LIVE
05:00 pm	Airline (Rpt)	PG Some Coarse Language	Airline is a reality television series documenting the lives of airline staff, ground workers, and passengers on budget airline EasyJet.
05:30 pm	I Fish (Rpt)	G	Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm	Save Point		Save Point brings you a fast-paced fix of gaming releases, news and reviews.



MELBOURNE PROGRAM GUIDE

Saturday 10th December 2011

06:30 pm **The WWE Experience**

PG
Some Violence

Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.

07:30 pm **Fear Factor**

PG
Some Coarse
Language,
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

08:30 pm **Forensics Under Fire (Rpt)**

M
Adult Themes

Forensics Under Fire

Forensics makes great TV, but does it make great science? Strict legal standards and new DNA analysis have exposed cracks in a number of forensic techniques. Are the methods currently being used just good to watch? Or do they make scientific sense?

09:30 pm **48 Hours**

10:30 pm **Basketball: NBL**

Round 10: Cairns Taipans V Melbourne Tigers

The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.

12:30 am **The Ultimate Fighter (Rpt)**

M
Realistic Violence,
Some Coarse
Language

The Ultimate Fighter 12 sees lightweight hopefuls compete for the ultimate prize - a contract with the UFC. Coaches this season are Georges St-Pierre and the man everybody loves to hate Josh Koscheck.

01:30 am **Basketball: NBL (Rpt)**

Round 10: Sydney Kings V Adelaide 36ers

The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.

03:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am **Football: Serie A (Rpt)**

Matchday 14: Parma V Palermo