



# MELBOURNE PROGRAM GUIDE

**Sunday 15th January 2012**

**06:00 am Omnisport**

**06:30 am Australian Superboat Championship**

G

**R6 Williamstown**

Over six rounds, experience the speed of Offshore Superboat racing as the Australian Championship Series continues in Williamstown, VIC.

**07:00 am Fear Factor (Rpt)**

PG  
Some Coarse  
Language,  
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

**08:00 am World Of Free Sports**

PG

Sample an assortment of adventure and extreme sporting activities as World of Free Sports brings you another heart-pumping dose of adrenalin.

**08:30 am National Football League**

**Divisional Round: Teams TBA (Early)**

**12:00 pm National Football League**

**Divisional Round: Teams TBA**

**03:00 pm Omnisport**

**03:30 pm Places We Go (Rpt)**

WS G

Join Jennifer Adams and Clint Bizzell as they explore some of the most stunning places on the planet and meet the incredible people who live there!

**04:30 pm Places We Go (Rpt)**

WS G

Join Jennifer Adams and Clint Bizzell as they explore some of the most stunning places on the planet and meet the incredible people who live there!

**05:30 pm I Fish (Rpt)**

G

**Summer Series**

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

**06:00 pm Big Fish**

PG

**Great White Sharks**

Escape to breathtaking and remote locations in the South Pacific, New Zealand and Australia in the hunt for some of the world's most famous fish.

**06:30 pm Nature's Power Revealed**

**Water**

'Nature's Power Revealed' is a new and fascinating 3-part series which looks at the natural forms of destruction which take place on planet Earth.

**07:30 pm Ice Road Truckers (Rpt)**

PG  
Some Coarse  
Language

**Turn And Burn**

Another tanker hits the ditch in Alaska. Alex is on slick high, can he stop on these roads? Hugh, the 'polar bear' has a run in with the law. Jack and Lisa team up for a long distance convoy.

**08:30 pm Comebacks, The (Rpt) (2007)**

**MOVIE**

An out-of-luck coach named Lambeau Fields takes a rag-tag bunch of college misfits and drives them towards the football championships.

Starring: David Koechner, Carl Weathers, Melora Hardin, Matthew Lawrence, Brooke Nevin, Nick Searcy



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**Sunday 15th January 2012**

**10:25 pm Basketball: NBL**

**Round 15: Melbourne Tigers V Gold Coast Blaze**

The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.

**12:25 am Basketball: NBL (Rpt)**

**Round 15: Wollongong Hawks V Cairns Taipans**

The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.

**02:25 am The Ultimate Fighter (Rpt)**

M  
Realistic Violence,  
Some Coarse  
Language

The Ultimate Fighter 12 sees lightweight hopefuls compete for the ultimate prize - a contract with the UFC. Coaches this season are Georges St-Pierre and the man everybody loves to hate Josh Koscheck.

**03:25 am RPM Moment (Rpt)**

G

**Shannon Ponton Hot Lap**

**03:30 am Omnisport**

**04:00 am Football: The Serie A Highlights (Rpt)**

PG

**Matchday 17**

The Serie A Highlights Show is a comprehensive recap of the best goals and highlights from every matchday of the 2011/12 Italian football season.

**04:30 am World Of Free Sports (Rpt)**

PG

Sample an assortment of adventure and extreme sporting activities as World of Free Sports brings you another heart-pumping dose of adrenalin.

**05:00 am National Football League**

**LIVE**

**Divisional Round: Teams TBA (Early)**



# MELBOURNE PROGRAM GUIDE

**Monday 16th January 2012**

**06:00 am National Football League**

**LIVE**

**Divisional Round: Teams TBA**

**08:30 am National Football League**

**LIVE**

**Divisional Round: Teams TBA (Early)**

**12:00 pm World Of Free Sports (Rpt)**

PG

Sample an assortment of adventure and extreme sporting activities as World of Free Sports brings you another heart-pumping dose of adrenalin.

**12:30 pm Omnisport**

**01:00 pm Beach Patrol (Rpt)**

PG  
Some Coarse  
Language,  
Adult Themes

Lifeguards confront an intoxicated man who has been openly urinating on the sand, and a low flying plane buzzing the crowded beach is a cause for concern with the lifeguards.

**01:30 pm Beach Patrol (Rpt)**

PG  
Some Coarse  
Language,  
Adult Themes

In Mission Bay, a man puts himself in danger by swimming across a boat channel. Meanwhile, at Mission Beach, a family vacation is nearly ruined when a thief steals a man's wallet.

**02:00 pm Fear Factor (Rpt)**

PG  
Some Coarse  
Language,  
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

**03:00 pm True Heroes**

PG  
Adult Themes

**Death Plunge**

True Heroes tells the incredible stories of ordinary people who risked their lives to rescue others, in the moment when an everyday situation turns to a catastrophe.

**03:30 pm Airline (Rpt)**

PG  
Some Coarse  
Language

Airline is a reality television series documenting the lives of airline staff, ground workers, and passengers on budget airline EasyJet.

**04:00 pm Jeopardy!**

G

A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.

**04:30 pm Beach Patrol (Rpt)**

PG  
Adult Themes

A drowning swimmer is rescued below the dangerous Sunset Cliffs, but lifeguards and paramedics must stage a daring cliff extraction in hopes of giving him proper medical care.



# MELBOURNE PROGRAM GUIDE

Monday 16th January 2012

05:00 pm	I Fish (Rpt)	WS G	<p>Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiast. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.</p>
06:00 pm	M*A*S*H (Rpt)	PG	<p><b><u>The Army-Navy Game</u></b>            At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p>
06:30 pm	Get Smart	PG	<p><b><u>With Love And Twitches</u></b>            Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p>
07:00 pm	COPS (Rpt)	PG Some Coarse Language, Drug References	<p><b><u>In Denial #2 Special Edition</u></b>            A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>
07:30 pm	Psych		<p><b><u>Feet Don't Kill Me Know</u></b>            Teamed with new partners, Lassiter seeks stress reduction with some fancy footwork, while Juliet has her own stresses while following the trail of a murderer.</p> <p>Starring: James Roday, Dule Hill, Maggie Lawson, Corbin Bernsen</p>
08:30 pm	Burn Notice	M Some Violence	<p><b><u>Square ONE</u></b>            Michael volunteers to help the CIA find Max's killer, even though he is the prime suspect. Elsewhere, the team helps a former Army sniper who wants revenge on the people who nearly killed his sister.</p> <p>Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless, Coby Bell</p>
09:30 pm	Blue Bloods	WS M	<p><b><u>All That Glitters</u></b>            A tourist is shot outside a trendy Lower East Side restaurant; the media sensationalizes the murder, much to Frank's frustration.</p> <p>Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Len Cariou</p>
10:30 pm	M*A*S*H (Rpt)	PG	<p><b><u>The Army-Navy Game</u></b>            At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p>



# MELBOURNE PROGRAM GUIDE

## Monday 16th January 2012

11:00 pm **The Ultimate Fighter** (Rpt)

M  
Realistic Violence,  
Some Coarse  
Language

The Ultimate Fighter 12 sees lightweight hopefuls compete for the ultimate prize - a contract with the UFC. Coaches this season are Georges St-Pierre and the man everybody loves to hate Josh Koscheck.

12:00 am **The Ultimate Fighter** (Rpt)

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Realistic Violence,  
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The Ultimate Fighter 12 sees lightweight hopefuls compete for the ultimate prize - a contract with the UFC. Coaches this season are Georges St-Pierre and the man everybody loves to hate Josh Koscheck.

01:00 am **National Football League**

03:30 am **Football: Serie A** (Rpt)

**Matchday 17: Palermo V Napoli**

05:30 am **FA Cup Classics** (Rpt)

G

**Middlesbrough V Chesterfield Semi Final 96/97**

Dip into the FA Cup archive with another classic match and relive the semi final between Middlesbrough and Chesterfield from the 1996/97 season.



# MELBOURNE PROGRAM GUIDE

## Tuesday 17th January 2012

06:00 am	Pro Bull Riding (Rpt)	PG	Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA.
07:00 am	Omnisport		
07:30 am	Football: The Serie A Highlights (Rpt)	PG	<b><u>Matchday 17</u></b> The Serie A Highlights Show is a comprehensive recap of the best goals and highlights from every matchday of the 2011/12 Italian football season.
08:00 am	World Of Free Sports (Rpt)	PG	Sample an assortment of adventure and extreme sporting activities as World of Free Sports brings you another heart-pumping dose of adrenalin.
08:30 am	Australian Superboat Championship (Rpt)	G	<b><u>R6 Williamstown</u></b> Over six rounds, experience the speed of Offshore Superboat racing as the Australian Championship Series continues in Williamstown, VIC.
09:00 am	NFL: America's Game	PG	<b><u>Story Of The 1995 Dallas Cowboys</u></b> Super Bowl XXX celebrates three decades of football as the Cowboys took out their 3rd championship in four years. Follow the 1995 season through to a decider against Pittsburgh. Narrated by Ed Harris.
10:00 am	Basketball: NBL (Rpt)		<b><u>Round 15: Melbourne Tigers V Gold Coast Blaze</u></b> The 2011-12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.
12:00 pm	Omnisport		
12:30 pm	Guerrilla Gardeners (Rpt)	CC PG WS Some Coarse Language	<b><u>Darling Street</u></b> When the sun goes down and city workers retreat to the burbs, renegade gardeners reclaim the streets. Six young warriors, armed with attitude and gardening tools work to makeover barren public spaces.
01:00 pm	Airline (Rpt)	PG Some Coarse Language	Airline is a reality television series documenting the lives of airline staff, ground workers, and passengers on budget airline EasyJet.
01:30 pm	Beach Patrol (Rpt)	PG Adult Themes	A drowning swimmer is rescued below the dangerous Sunset Cliffs, but lifeguards and paramedics must stage a daring cliff extraction in hopes of giving him proper medical care.
02:00 pm	Crash Test Humans	PG Adult Themes	<b><u>Crash Test Humans: Construction</u></b> Steven Lee and Dave Young take a look at what it takes to put up a building... and bring one down fast – from earth-moving machines, to power tools, to high explosives.



# MELBOURNE PROGRAM GUIDE

Tuesday 17th January 2012

03:00 pm	True Heroes	PG Adult Themes	<b><u>Terror Lake</u></b> True Heroes tells the incredible stories of ordinary people who risked their lives to rescue others, in the moment when an everyday situation turns to a catastrophe.
03:30 pm	Airline (Rpt)	PG Some Coarse Language	Airline is a reality television series documenting the lives of airline staff, ground workers, and passengers on budget airline EasyJet.
04:00 pm	Jeopardy!	G	A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.
04:30 pm	Beach Patrol (Rpt)	PG Sexual References, Some Coarse Language, Adult Themes	When lifeguards open Ocean Beach for swimmers only, a surfer ignores their calls to come in to shore, and lifeguards on Marine One respond to the call of a girl who was injured in a jet ski accident.
05:00 pm	I Fish (Rpt)	WS G	Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiast. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.
06:00 pm	M*A*S*H (Rpt)	PG	<b><u>Sticky Wicket</u></b> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.  Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart	PG	<b><u>The Laser Blazer</u></b> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.  Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References	<b><u>Liar Liar #3</u></b> The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Expedition Impossible	PG	<b><u>Come Hell Or High Water</u></b> The remaining teams must deal with raging rapids and maneuver through tight spaces as they look to be one of the final four teams.
08:30 pm	COPS: Adults Only (Rpt)	M	<b><u>Coast To Coast</u></b> The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets of America.



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**Tuesday 17th January 2012**

<b>09:00 pm</b>	<b>COPS: Adults Only</b> (Rpt)	M Adult Themes	COPS is the definitive real-life observational documentary series that follows the personal and professional lives of police officers enforcing the troubled streets of America.
<b>09:30 pm</b>	<b>Rush</b> (Rpt)	CC M WS Some Violence, Adult Themes	When a taxi driver assaults Shannon, Josh struggles to control his anger as TR searches for the driver.  Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser
<b>10:30 pm</b>	<b>Rush</b> (Rpt)	CC M WS Sexual References, Adult Themes	Lawson extracts an undercover operative from a drug syndicate only to discover she's crossed the line.  Starring: Callan Mulvey, Catherine McClements, Jolene Anderson, Samuel Johnson, Rodger Corser
<b>11:30 pm</b>	<b>M*A*S*H</b> (Rpt)	PG	<b><u>Sticky Wicket</u></b> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.  Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
<b>12:00 am</b>	<b>24</b> (Rpt)	M Some Violence	<b><u>Day 2: 10:00 A.M. - 11:00 A.M.</u></b> George locates the warehouse where the nuclear bomb was built, but his discovery results in an unexpected tragedy. Kim takes Megan to CTU, believing that it is the safest place for both of them.  Starring: Kiefer Sutherland, Dennis Haysbert, Xander Berkeley, Elisha Cuthbert, Sarah Wynter, Carlos Bernard, Reiko Aylesworth
<b>01:00 am</b>	<b>The League</b>	MA15+ Sexual References	<b><u>Ghost Monkey</u></b> It's Halloween season and Kevin convinces everyone to come to the suburbs. Ruxin cracks under the pressure of his matchup with Pete. Taco steals a monkey.
<b>01:30 am</b>	<b>Pro Bull Riding</b> (Rpt)	PG	Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.
<b>02:30 am</b>	<b>Omnisport</b>		



# MELBOURNE PROGRAM GUIDE

**Tuesday 17th January 2012**

**03:00 am Football: Arsenal TV**

**Swansea V Arsenal**



# MELBOURNE PROGRAM GUIDE

## Wednesday 18th January 2012

<b>06:00 am Pro Bull Riding (Rpt)</b>	PG	Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the season continues here on ONE.
<b>07:00 am The Storming (Rpt)</b>	PG Some Coarse Language	<b><u>The Storming</u></b> The Storming is a journey from the Tahoe backcountry to the looming peaks of Iceland. It features the riding of some of the most progressive snowboard riders in the business.
<b>08:00 am Fiberglass &amp; Megapixels (Rpt)</b>	PG Some Coarse Language	<b><u>Fiberglass &amp; Megapixels</u></b> A multiple award winning documentary about photographers who travel to Hawaii every winter to focus their cameras on the best surfers in the world as they push the limits of wave riding.
<b>09:00 am NFL: America's Game</b>	PG	<b><u>Story Of The 1996 Green Bay Packers</u></b> Love him or hate him, you can't deny Brett Favre's legacy. Plucked from obscurity he became a Green Bay legend and helped make the Packers a fearsome side in the 1990s. Narrated by Kevin Bacon.
<b>10:00 am Basketball: NBL (Rpt)</b>		<b><u>Round 15: Townsville Crocodiles V Sydney Kings</u></b> The 2011-12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.
<b>12:00 pm Omnisport</b>		
<b>12:30 pm Guerrilla Gardeners (Rpt)</b>	CC PG WS Some Coarse Language	<b><u>Ashfield (Central Station Mini Hit)</u></b> When the sun goes down and city workers retreat to the burbs, renegade gardeners reclaim the streets. Six young warriors, armed with attitude and gardening tools work to makeover barren public spaces.
<b>01:00 pm Airline (Rpt)</b>	PG Some Coarse Language	Airline is a reality television series documenting the lives of airline staff, ground workers, and passengers on budget airline EasyJet.
<b>01:30 pm Beach Patrol (Rpt)</b>	PG Sexual References, Some Coarse Language, Adult Themes	When lifeguards open Ocean Beach for swimmers only, a surfer ignores their calls to come in to shore, and lifeguards on Marine One respond to the call of a girl who was injured in a jet ski accident.
<b>02:00 pm NFL Total Access</b>		Total Access brings you all the very latest NFL news, reviews and analysis. Everything you need to know so you can follow the 17 week regular season of America's National Football League.



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Wednesday 18th January 2012

03:00 pm	True Heroes	PG Adult Themes	<p><b><u>Flashover</u></b></p> <p>True Heroes tells the incredible stories of ordinary people who risked their lives to rescue others, in the moment when an everyday situation turns to a catastrophe.</p>
03:30 pm	Airline (Rpt)	PG	<p>Airline is a reality television series documenting the lives of airline staff, ground workers, and passengers on budget airline EasyJet.</p>
04:00 pm	Jeopardy!	G	<p>A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.</p>
04:30 pm	Beach Patrol (Rpt)	PG Some Coarse Language, Adult Themes	<p>Miles away from shore, an ocean charter has started to sink. Lifeguards must plug the leaks before it's too late. Back on the beach, a young boy dislocates his knee while skim boarding.</p>
05:00 pm	I Fish (Rpt)	WS G	<p>Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiast. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.</p>
06:00 pm	M*A*S*H (Rpt)	PG	<p><b><u>Major Fred C. Dobbs</u></b></p> <p>At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p>
06:30 pm	Get Smart	PG	<p><b><u>The Farkas Fracas</u></b></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p>
07:00 pm	COPS (Rpt)	PG Some Coarse Language, Drug References	<p><b><u>750th</u></b></p> <p>The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>
07:30 pm	Ice Road Truckers (Rpt)	PG Some Coarse Language	<p><b><u>Ocean Run</u></b></p> <p>With a total white-out on the Dalton road, Alex is losing his heavy load and Lisa takes her truck over the frozen ocean.</p>
08:30 pm	COPS: Adults Only (Rpt)	M Adult Themes	<p><b><u>Cp830 Albuquerque</u></b></p> <p>Chase down the bad boys and girls caught in the net of law enforcement agents. COPS is on the streets and on patrol to serve and protect law-abiding citizen and make the mean streets safer.</p>



# MELBOURNE PROGRAM GUIDE

## Wednesday 18th January 2012

09:00 pm COPS: Adults Only (Rpt)

M  
Adult Themes

**Cp833 Albuquerque**

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

09:30 pm The Killing

M  
Adult Themes

**Beau Soleil**

The police connect Rosie to a suspicious website. Meanwhile, Stan faces his demons while Mitch discovers some secrets about her daughter.

Starring: Billy Campbell, Michelle Forbes, Brendan Sexton

10:30 pm M\*A\*S\*H (Rpt)

PG

**Major Fred C. Dobbs**

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

11:00 pm RPM: Best Of 2011

Take a look back at the best moments of the year in motorsport with Greg Rust, Daryl Beattie and Craig Baird.

11:30 pm NFL Total Access (Rpt)

Total Access brings you all the very latest NFL news, reviews and analysis. Everything you need to know so you can follow the 17 week regular season of America's National Football League.

12:30 am National Football League

03:00 am Omnisport

03:30 am Football: Serie A

**Matchday 18: A.C Milan V Inter Milan**

05:30 am Football: The Serie A Highlights

PG

**Matchday 18**

The Serie A Highlights Show is a comprehensive recap of the best goals and highlights from every matchday of the 2011/12 Italian football season.



# MELBOURNE PROGRAM GUIDE

Thursday 19th January 2012

06:00 am	Pro Bull Riding (Rpt)	PG	Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.
07:00 am	National Football League		
09:30 am	World Of Free Sports (Rpt)	PG	Sample an assortment of adventure and extreme sporting activities as World of Free Sports brings you another heart-pumping dose of adrenalin.
10:00 am	Basketball: NBL (Rpt)		<b>Round 15: Wollongong Hawks V Cairns Taipans</b> The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.
12:00 pm	Omnisport		
12:30 pm	Orangutan Diary (Rpt)	WS PG	Prepare for a rollercoaster ride of emotions following the life and death struggle to save irresistibly cute orangutan orphans at the Orang Jungle Hospital in the middle of Borneo.
01:00 pm	Guerrilla Gardeners (Rpt)	CC PG WS Mild Coarse Language	<b>Woolloomooloo</b> When the sun goes down and city workers retreat to the burbs, renegade gardeners reclaim the streets. Six young warriors, armed with attitude and gardening tools work to makeover barren public spaces.
01:30 pm	Airline (Rpt)	PG Some Coarse Language	Airline is a reality television series documenting the lives of airline staff, ground workers, and passengers on budget airline EasyJet.
02:00 pm	Airline (Rpt)	PG	Airline is a reality television series documenting the lives of airline staff, ground workers, and passengers on budget airline EasyJet.
02:30 pm	Beach Patrol (Rpt)	PG Some Coarse Language, Adult Themes	Miles away from shore, an ocean charter has started to sink. Lifeguards must plug the leaks before it's too late. Back on the beach, a young boy dislocates his knee while skim boarding.
03:00 pm	True Heroes		<b>Runaway Car</b> True Heroes tells the incredible stories of ordinary people who risked their lives to rescue others, in the moment when an everyday situation turns to a catastrophe.

**one****MELBOURNE PROGRAM GUIDE****Thursday 19th January 2012**

<b>03:30 pm</b>	<b>Airline</b> (Rpt)	PG	Airline is a reality television series documenting the lives of airline staff, ground workers, and passengers on budget airline EasyJet.
<b>04:00 pm</b>	<b>Jeopardy!</b>	G	A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.
<b>04:30 pm</b>	<b>Beach Patrol</b> (Rpt)	PG Some Coarse Language, Adult Themes	When one severely intoxicated man is arrested on the beach, he attempts a daring escape from police custody, and when a cliff-jumping accident turns critical, a man's life hangs in the balance.
<b>05:00 pm</b>	<b>I Fish</b> (Rpt)	WS G	Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
<b>06:00 pm</b>	<b>M*A*S*H</b> (Rpt)	PG	<b><u>Cease-Fire</u></b> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.  Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
<b>06:30 pm</b>	<b>Get Smart</b>	PG	<b><u>Temporarily Out Of Control</u></b> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.  Starring: Don Adams, Barbara Feldon, Edward Platt
<b>07:00 pm</b>	<b>COPS</b> (Rpt)	PG Some Coarse Language, Adult Themes	<b><u>Dazed And Confused</u></b> The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets of America.
<b>07:30 pm</b>	<b>Extreme Fishing With Robson Green</b> (Rpt)	PG Sexual References, Some Coarse Language, Nudity	<b><u>British Columbia, Canada</u></b> Robson Green's journey starts in Canada, an angler's heaven, with 150,000 miles of rugged coastline, rivers and 1200 species of fish.
<b>08:30 pm</b>	<b>Four Brothers</b> (Rpt) (2005)	M Some Violence, Sexual References, Some Coarse Language	<b>MOVIE</b>  Four adopted brothers band together to find and enact revenge on those responsible for their mother's murder.  Starring: Mark Wahlberg, Tyrese Gibson, André Benjamin, Garrett Hedlund, Terrence Howard
<b>10:50 pm</b>	<b>M*A*S*H</b> (Rpt)	PG	<b><u>Cease-Fire</u></b> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.  Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff



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Thursday 19th January 2012

11:20 pm	<b>The Ultimate Fighter</b>	M Realistic Violence, Some Coarse Language	The Ultimate Fighter 12 sees lightweight hopefuls compete for the ultimate prize - a contract with the UFC. Coaches this season are Georges St-Pierre and the man everybody loves to hate Josh Koscheck.
12:20 am	Omnisport		
12:30 am	<b>Football: The Serie A Highlights</b> (Rpt)	PG	<b><u>Matchday 18</u></b> The Serie A Highlights Show is a comprehensive recap of the best goals and highlights from every matchday of the 2011/12 Italian football season.
01:00 am	<b>Australian Superboat Championship</b> (Rpt)	G	<b><u>R6 Williamstown</u></b> Over six rounds, experience the speed of Offshore Superboat racing as the Australian Championship Series continues in Williamstown, VIC.
01:30 am	<b>NFL: America's Game</b> (Rpt)	PG	<b><u>Story Of The 1995 Dallas Cowboys</u></b> Super Bowl XXX celebrates three decades of football as the Cowboys took out their 3rd championship in four years. Follow the 1995 season through to a decider against Pittsburgh. Narrated by Ed Harris.
02:30 am	Omnisport		
03:00 am	<b>Lost Prophets</b> (Rpt)	PG	<b><u>Lost Prophets</u></b> Travel the world with lost prophets as their stories unfold during some of the best Indian Ocean waves documented in the past decade. See nine surfers united by adventure, balance & connection.
04:00 am	<b>FA Cup Classics</b> (Rpt)	G	<b><u>Southampton V Tottenham Hotspur 5th Round Replay 94/95</u></b> Relive another football classic as the Southampton 'Saints' take on Tottenham Hotspur. Their fifth round clash from the 1994/95 season comes straight from ONE's FA Cup archives.
04:30 am	<b>Magic Of The FA Cup</b> (Rpt)	G	<b><u>Chelsea's Greatest Games</u></b> The Chelsea Football Club was established in 1905. Since then, the Blues have become one of the most successful and popular clubs in English football. Check out some of their greatest games, on the eve of their 2010 appearance in yet another final.



# MELBOURNE PROGRAM GUIDE

**Friday 20th January 2012**

**06:00 am Football: Serie A**

**Matchday 18: Juventus V Cagliari**

**08:00 am RPM: Best Of 2011 (Rpt)**

Take a look back at the best moments of the year in motorsport with Greg Rust, Daryl Beattie and Craig Baird.

**08:30 am NFL Total Access (Rpt)**

Total Access brings you all the very latest NFL news, reviews and analysis. Everything you need to know so you can follow the 17 week regular season of America's National Football League.

**09:30 am Football: Arsenal TV (Rpt)**

**Swansea V Arsenal**

**12:30 pm Orangutan Diary (Rpt)**

WS PG

Prepare for a rollercoaster ride of emotions following the life and death struggle to save irresistibly cute orangutan orphans at the Orang Jungle Hospital in the middle of Borneo.

**01:00 pm Guerrilla Gardeners (Rpt)**

CC PG  
WS

**St Peters**

When the sun goes down and city workers retreat to the burbs, renegade gardeners reclaim the streets. Six young warriors, armed with attitude and gardening tools work to makeover barren public spaces.

**01:30 pm Airline (Rpt)**

PG

Airline is a reality television series documenting the lives of airline staff, ground workers, and passengers on budget airline EasyJet.

**02:00 pm Beach Patrol (Rpt)**

PG  
Some Coarse  
Language,  
Adult Themes

When one severely intoxicated man is arrested on the beach, he attempts a daring escape from police custody, and when a cliff-jumping accident turns critical, a man's life hangs in the balance.

**02:30 pm Big Fish (Rpt)**

PG

**Great White Sharks**

Escape to breathtaking and remote locations in the South Pacific, New Zealand and Australia in the hunt for some of the world's most famous fish.

**03:00 pm True Heroes**

**Grizzly Attack**

True Heroes tells the incredible stories of ordinary people who risked their lives to rescue others, in the moment when an everyday situation turns to a catastrophe.

**03:30 pm Airline (Rpt)**

PG

Airline is a reality television series documenting the lives of airline staff, ground workers, and passengers on budget airline EasyJet.

**04:00 pm Jeopardy!**

G

A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.



# MELBOURNE PROGRAM GUIDE

Friday 20th January 2012

04:30 pm Beach Patrol (Rpt)	PG Drug References	A hiker on the cliffs of Black's Beach collapses and shows signs of dehydration and complications from diabetes, and lifeguards call police in to investigate a woman's erratic behaviour on the beach.
05:00 pm I Fish (Rpt)	WS G	Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.
06:00 pm M*A*S*H (Rpt)	PG	<p><b>Showtime</b></p> <p>At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p>
06:30 pm Get Smart	PG	<p><b>Schwartz's Island</b></p> <p>Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.</p> <p>Starring: Don Adams, Barbara Feldon, Edward Platt</p>
07:00 pm COPS (Rpt)	PG Drug References, Adult Themes	<p><b>Coast To Coast</b></p> <p>The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>
07:30 pm Megabridges (Rpt)	G	<p><b>Mega Bridges - Denmark To Sweden</b></p> <p>Get an inside look at the planning and engineering behind creating some of the greatest bridges ever made.</p>
08:30 pm An Idiot Abroad (Rpt)	M Some Coarse Language	<p><b>Peru</b></p> <p>See Karl Pilkington trekking in the Amazon as he visits the seventh wonder of the world. The Englishman follows in the footsteps of those who have experienced Machu Picchu in Peru.</p>
09:30 pm Miami Swat	M Some Coarse Language, Adult Themes	<p><b>SEASON FINALE</b></p> <p>Miami is home to some of America's meanest streets where ruthless gangsters live by their own rules. Standing in their way is the Special Response Team, one of the best trained police units in the USA</p>
10:30 pm Basketball: NBL		<p><b>Round 16: Sydney Kings V Perth Wildcats</b></p> <p>The 2011-12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.</p>



# MELBOURNE PROGRAM GUIDE

## Friday 20th January 2012

**12:30 am The Ultimate Fighter (Rpt)**

M  
Realistic Violence,  
Some Coarse  
Language

The Ultimate Fighter 12 sees lightweight hopefuls compete for the ultimate prize - a contract with the UFC. Coaches this season are Georges St-Pierre and the man everybody loves to hate Josh Koscheck.

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Language

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**02:30 am Football: Serie A (Rpt)**

**Matchday 18: A.C Milan V Inter Milan**

**04:30 am FA Cup Classics (Rpt)**

G

**Gillingham V Chelsea 4th Round 00/01**

Revisit another classic English Football match from the FA Cup archives. Gillingham line up against the powerhouse Chelsea Blues in a fourth round match from the 2000/01 season.

**05:00 am Omnisport**

**05:30 am RPM: Best Of 2011 (Rpt)**

Take a look back at the best moments of the year in motorsport with Greg Rust, Daryl Beattie and Craig Baird.



# MELBOURNE PROGRAM GUIDE

## Saturday 21st January 2012

<b>06:00 am</b>	<b>Australian Superboat Championship</b> (Rpt)	G	<p><b><u>R6 Williamstown</u></b></p> <p>Over six rounds, experience the speed of Offshore Superboat racing as the Australian Championship Series continues in Williamstown, VIC.</p>
<b>06:30 am</b>	<b>Football: The Serie A Highlights</b> (Rpt)	PG	<p><b><u>Matchday 18</u></b></p> <p>The Serie A Highlights Show is a comprehensive recap of the best goals and highlights from every matchday of the 2011/12 Italian football season.</p>
<b>07:00 am</b>	<b>NFL: America's Game</b> (Rpt)	PG	<p><b><u>Story Of The 1996 Green Bay Packers</u></b></p> <p>Love him or hate him, you can't deny Brett Favre's legacy. Plucked from obscurity he became a Green Bay legend and helped make the Packers a fearsome side in the 1990s. Narrated by Kevin Bacon.</p>
<b>08:00 am</b>	<b>World Of Free Sports</b>	PG	<p>Sample an assortment of adventure and extreme sporting activities as World of Free Sports brings you another heart-pumping dose of adrenalin.</p>
<b>08:30 am</b>	<b>Basketball: NBL</b> (Rpt)		<p><b><u>Round 16: Sydney Kings V Perth Wildcats</u></b></p> <p>The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.</p>
<b>10:30 am</b>	<b>X Venture Corporate Games</b>	PG	<p>Featuring 14 corporations competing in an 8 x 1-hour adventure series.</p>
<b>11:30 am</b>	<b>The WWE Experience</b> (Rpt)	PG Some Violence	<p>Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.</p>
<b>12:30 pm</b>	<b>True Heroes</b> (Rpt)	PG Adult Themes	<p><b><u>Firestorm</u></b></p> <p>True Heroes tells the incredible stories of ordinary people who risked their lives to rescue others, in the moment when an everyday situation turns to a catastrophe.</p>
<b>01:00 pm</b>	<b>True Heroes</b> (Rpt)	PG Adult Themes	<p><b><u>Death Descent</u></b></p> <p>True Heroes tells the incredible stories of ordinary people who risked their lives to rescue others, in the moment when an everyday situation turns to a catastrophe.</p>
<b>01:30 pm</b>	<b>Omnisport</b>		
<b>02:00 pm</b>	<b>UFC: Guillard V Miller</b>		<p><b><u>LIVE</u></b></p> <p><b><u>Melvin Guillard V Jim Miller</u></b></p>



# MELBOURNE PROGRAM GUIDE

**Saturday 21st January 2012**

<b>04:30 pm</b>	<b>Places We Go</b> (Rpt)	WS G	Join Jennifer Adams and Clint Bizzell as they explore some of the most stunning places on the planet and meet the incredible people who live there!
<b>05:30 pm</b>	<b>M*A*S*H</b> (Rpt)	PG	<p><b>Showtime</b></p> <p>At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.</p> <p>Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff</p>
<b>06:00 pm</b>	<b>I Fish</b> (Rpt)	G	<p><b>Summer Series</b></p> <p>Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.</p>
<b>06:30 pm</b>	<b>The WWE Experience</b>	PG Some Violence	Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.
<b>07:30 pm</b>	<b>Fear Factor</b>	PG Some Coarse Language, Adult Themes	In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.
<b>08:30 pm</b>	<b>COPS: Adults Only</b> (Rpt)	M Adult Themes	Accept no substitute: COPS is the original and still the best in the observational documentary-style reality genre. Ride along with officers on patrol in Los Angeles.
<b>09:00 pm</b>	<b>COPS: Adults Only</b> (Rpt)	MA15+ Strong Adult Themes	COPS is the definitive real-life observational documentary series that follows the personal and professional lives of police officers enforcing the troubled streets of America.
<b>09:30 pm</b>	<b>48 Hours</b>		<p><b>Name, Rank, Serial Killer</b></p> <p>48 Hours is a documentary series focussing on real life mysteries and crime stories.</p>
<b>10:30 pm</b>	<b>Basketball: NBL</b>		<p><b>Round 16: Gold Coast Blaze V Melbourne Tigers</b></p> <p>The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.</p>
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