

Sunday 26th June 2011

06:00 am Triathlon: ITU World Championship Highlights

R3 Kitzbuhel - Highlights

The third round of the Dextro Energy ITU World Championship Series sees triathletes swim in the beautiful lake Schwarzsee, then cycle and run in the alpine surrounds of Kitzbuhel, Austria.

07:00 am WRC Access All Areas (Rpt)

Access All Areas - R7 Greece

Searing temperatures and rocky, dusty roads make up the Acropolis Rally of Greece. Review the taxing rally action from the seventh round of the WRC.

08:00 am MotoGP (Rpt)

CC

R7 Assen

Casey Stoner has been consistently fast aboard the Honda in season 2011. Will he finally catch defending champ Jorge Lorenzo and take back the series lead or will Assen throw up another surprise?

10:00 am ONE Action

PG

ONE Action 16

Every Saturday and Sunday morning join Bondi Rescue's Ryan Clark (aka 'Whippet') and Michelle Guitterez for some amazing adventures on ONE Action.

10:05 am Pro Bull Riding

PG

Twenty rounds into the rodeo season and the best bull riders in the world are battered and bruised. The lead spot is up for grabs in Pueblo, Colorado in the last round before summer break.

11:05 am ONE Action

PG

ONE Action 17

Every Saturday and Sunday morning join Bondi Rescue's Ryan Clark (aka 'Whippet') and Michelle Guitterez for some amazing adventures on ONE Action.

11:10 am World Of Free Sports

PG

World of Free Sports brings you the world - a world of action, adventure and extreme sports. Get your thirty minute dose of adrenalin with an assortment of unbelievable action.

11:40 am ONE Action

PG

ONE Action 18

Every Saturday and Sunday morning join Bondi Rescue's Ryan Clark (aka 'Whippet') and Michelle Guitterez for some amazing adventures on ONE Action.

11:45 am Save Point (Rpt)

PG

(L, V) Maude Garrett joins Paul Verhoeven and Junglist to bring you a fast-paced fix of gaming releases, news and reviews.

11:55 am ONE Action

PG

ONE Action 19

Every Saturday and Sunday morning join Bondi Rescue's Ryan Clark (aka 'Whippet') and Michelle Guitterez for some amazing adventures on ONE Action.

12:00 pm Motorsport: Isle Of Man TT

2011 Preview Show

Experience the world's most spectacular event on two wheels, as ONE previews the 2011 Isle of Man Tourist Trophy. For over 100 years, riders have braved nearly 38 miles of scenic winding roads.

Sunday 26th June 2011

01:00 pm Drag Racing: ANDRA Pro Series

G **Rocket Allstars - Nitro Champs, Sydney**
The Sydney International Dragway hosts more ANDRA Pro Series action as the Rocket Allstars fire up the Nitro Champs.

02:00 pm NASCAR Sprint Cup Qualifying

R16 Toyota / Save Mart 350 @ Infineon-Qualifying
The 2.52 mile road racing course at Sonoma, California is perfectly suited to Australian V8 Supercar champion Marcos Ambrose. Will the Tassie devil clock the fastest lap at Infineon and start on pole?

03:30 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 pm Airline (Rpt)

PG
(L, A) Wedding bells are in the air for Graham Fraser but first he has to deal with a succession of damsels in distress. Stephen's last day with EasyJet turns into a rough one when a fire alarm goes off.

04:30 pm Airline (Rpt)

PG
(L) Snow in Luton causes delays and frayed tempers. Katrina must deal with an intimidating holiday-maker.

05:00 pm Airline (Rpt)

PG
Two blind date contestants practice their questions on the check-in staff in Liverpool. New cabin crew recruits are put through their paces.

05:30 pm I Fish

G
Join Paul Worsteling every Sunday afternoon on ONE for brand new adventures on land and sea. I Fish is the #1 show for anglers with great tips and products that will help you lure the big fish.

06:00 pm LIVE: The Final Siren

LIVE
The Final Siren is your definitive wrapup of AFL action. Michael Christian and Chris Grant delve into the highs and lows of the weekend's footy with up to the minute info, stats and media conferences.

07:00 pm Extreme Fishing With Robson Green (Rpt)

PG **New Zealand**
(L) Geoff Stone is a record-breaking Kiwi fisherman from New Zealand's north island. Geoff and Robson go hunting for Hapuka before Robson celebrates his birthday with the Maori people and a giant feast.

08:00 pm Black Gold (Rpt)

PG **Keep On Drilling**
(L) Follow the drama onboard an oil rig as workers contend with a drill bit getting stuck 7,000 feet underground. Work is stopped as the pipe must be pulled back and the well flushed out.

09:00 pm LIVE: Formula 1 Grand Prix

LIVE
R8 European Grand Prix From Valencia
Can anyone break world champion Sebastian Vettel's stranglehold on the 2011 title? The Red Bull driver is again dominating qualifying and won five of the first six races. Can Webber win at Valencia?

Sunday 26th June 2011

12:00 am To Be Advised

02:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:30 am Tennis: ATP World Tour Uncovered (Rpt)

G

The world's attention turns to tennis and Wimbledon as The Championship begins. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles from the ATP Tour.

03:00 am British Touring Car Championship (Rpt)

G

R4 Oulton Park

The fourth event on the British Touring Car calendar and we're heading north-west to Cheshire. Oulton Park hosts another action-packed round of the BTCC.

04:00 am LIVE: NASCAR Countdown

LIVE**Countdown To Green - Live From Infineon**

Warm up for your motorsport fix as we hear from the drivers and experts while waiting for the green flag to drop. NASCAR's Sprint Cup drivers prepare to smoke up the tarmac at Infineon for Round 16.

05:00 am LIVE: NASCAR Sprint Cup

LIVE**R16 Toyota / Save Mart 350 @ Infineon**

The 2.52 mile Infineon road racing course at Sonoma, California is perfectly suited to Australian V8 Supercar champion Marcos Ambrose. Can he breakthrough for a maiden win in the Sprint Cup category?

Monday 27th June 2011

06:00 am LIVE: NASCAR Sprint Cup (Cont)	LIVE	<u>R16 Toyota / Save Mart 350 @ Infineon</u>	The 2.52 mile Infineon road racing course at Sonoma, California is perfectly suited to Australian V8 Supercar champion Marcos Ambrose. Can he breakthrough for a maiden win in the Sprint Cup category?
08:30 am AFL Premiership Season 2011 (Rpt) CC	<u>Round 14 - Gold Coast Suns V Western Bulldogs</u>	Has the Premiership window closed on the Western Bulldogs? After losing the last three Preliminary Finals, Rodney Eade's men will likely miss the finals while Gold Coast struggle in the debut season.	
11:00 am LIVE: UFC Live 4: Marquardt V Story	LIVE	<u>U.F.C Live 4: Marquardt V Story</u>	Rising star Rick Story faces perennial contender Nate 'The Great' Marquardt. Strikers Cheick Kongo and Pat Barry do battle. Ultimate Fighter 10 alumnus Matt Mitrione tries to stop Christian Morecraft.
01:30 pm Formula 1 Grand Prix (Rpt)	<u>R8 European Grand Prix From Valencia</u>	Can anyone break world champion Sebastian Vettel's stranglehold on the 2011 title? The Red Bull driver is again dominating qualifying and won five of the first six races. Can Webber win at Valencia?	
03:40 pm Omnisport	Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.		
04:00 pm Extreme Dreams (Rpt)	The team have a tough decision to make. Howard needs emergency evacuation but the others do not have the time to wait for the helicopter and still make it to the lost city of the Incas.		
04:30 pm Airline (Rpt)	PG	(L) Airline is back in a new series. Prepare for new adventures in the air and turbulence on the ground as you take to the skies with Easy Jet and their passengers.	
05:00 pm Dr Danger			
05:30 pm I Fish Catch Of The Day (Rpt)	G	Four nights a week at 5.30pm, drop a line with I Fish's Catch of the Day - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.	
06:00 pm Bondi Rescue: Bali	PG	(A) In the final Bondi Rescue: Bali, our Aussie lifesavers chase some of the world's best waves and party Bali-style. But a simple rescue quickly turns complicated and a surf dispute turns ugly.	
06:30 pm Extreme Dreams	The team trek through the rainforest of Guyana. They battle snakes, piranha and wild weather to reach the Kaieteur Falls, the highest sheer drop of water on earth.		

Monday 27th June 2011

07:00 pm **Airline**

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Had a hard day at work? Battled your way through the peak hour rush? Then unwind and relax every night at 7pm with the customer service issues and airport hijinx of Airline.

07:30 pm **COPS**

PG **Coast To Coast**

(L, D) Chase down the bad boys and girls caught in the net of law enforcement agents. COPS is on the streets and on patrol to serve and protect law-abiding citizen and make the mean streets safer.

08:00 pm **COPS**

PG **Coast To Coast**

(L, D, A) COPS is the trailblazing observational show that pioneered a genre. We take you on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

08:30 pm **An Idiot Abroad**

M **Peru**

(L) See Karl Pilkington trekking in the Amazon as he visits the seventh wonder of the world. The Englishman follows in the footsteps of those who have experienced Machu Picchu in Peru.

09:30 pm **One Week At A Time**

AFL

The most respected name in footy analysis is back for a brand new season. Stephen Quartermain, Robert Walls and Luke Darcy tackle the big issues in AFL every Monday night only on ONE.

10:30 pm **Sports Tonight**

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

10:40 pm **UFC: Marquardt V Story (Rpt)**

U.F.C Live 4: Marquardt V Story

Rising star Rick Story faces perennial contender Nate 'The Great' Marquardt. Strikers Cheick Kongo and Pat Barry do battle. Ultimate Fighter 10 alumnus Matt Mitrione tries to stop Christian Morecraft.

01:00 am **One Week At A Time Late**

NRL

ONE's rugby league guru Adam Hawse joins NSW Coach Ricky Stuart and either Ben Ikin or Adam MacDougall every Monday night to dissect the week's big issues in the NRL.

02:00 am **Omnisport (Rpt)**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:30 am **FA Cup Classics**

G **West Ham United V Chelsea F.A Cup 4th Round Replay 2001/02**

As summer in the northern hemisphere means the football season is in recess, warm up your winter as we sample some FA Classics with this 4th round match from 2002 between West Ham and Chelsea.

Monday 27th June 2011

03:00 am Triathlon: ITU World Championship Series (Rpt)

R3 Kitzbuhel - Womens Race

It is the women's turn to inspire you with their endurance racing across the alpine vistas of Austria. Kitzbuhel hosts round four of the Dextro ITU World Championship Series.

05:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

Tuesday 28th June 2011

06:00 am TBA

08:00 am Real NBA

G

Real NBA is your weekly snapshot of all things American hoops. From courtside, to the locker room and at home with the players, our full access brings you insights you won't see anywhere else.

08:30 am AFL Premiership Season 2011 (Rpt)

CC

Round 14 - Sydney Swans V Collingwood

Collingwood's star-studded lineup are chasing back-to-back Premierships. Can the Sydney Swans shore up their spot in the eight as they welcome Pendlebury, Swan, Thomas and the Magpies to ANZ Stadium?

11:00 am NASCAR Sprint Cup (Rpt)

R16 Toyota / Save Mart 350 @ Infineon

The 2.52 mile Infineon road racing course at Sonoma, California is perfectly suited to Australian V8 Supercar champion Marcos Ambrose. Can he breakthrough for a maiden win in the Sprint Cup category?

01:30 pm One Week At A Time (NRL) (Rpt)

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04:00 pm Extreme Dreams (Rpt)

The team trek through the rainforest of Guyana. They battle snakes, piranha and wild weather to reach the Kaieteur Falls, the highest sheer drop of water on earth.

04:30 pm Airline (Rpt)

PG

(L)

EasyJet staff take on the angry passengers from delayed flights and those who missed the check-in window.

05:00 pm Dr Danger

05:30 pm I Fish Catch Of The Day (Rpt)

G

Four nights a week at 5.30pm, drop a line with I Fish's Catch of the Day - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

Tuesday 28th June 2011

06:00 pm To Be Advised

06:30 pm Extreme Dreams

The team continues on to Kaieteur Falls, struggling in their native canoes. Chris and Jermaine sink before they are out of the shallows causing an argument to break out in the rainforest.

07:00 pm Airline

PG

Tension mounts for a first time pilot ahead of their maiden flight, passport issues for a newborn baby and tempers fray at check-in.

07:30 pm Ice Road Truckers

PG

Race For The Finish

(L)

The ice is rapidly melting as the 12 week season is ending. Just a few days left and any hold ups will cost the truckers money. Lisa hooks up to a trailer of explosives for her final run.

08:30 pm COPS: Adults Only

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09:30 pm To Be Advised

12:00 am Sports Tonight

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

12:30 am Team Hot Wheels

01:00 am Drag Racing: ANDRA Pro Series (Rpt)

G

Rocket Allstars - Nitro Champs, Sydney

The Sydney International Dragway hosts more ANDRA Pro Series action as the Rocket Allstars fire up the Nitro Champs.

02:00 am Omnisport (Rpt)

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02:30 am FA Cup Classics

G

Preston North End V Arsenal F.A Cup 3rd Round 1998/99

Follow Arsenal's 1998/99 FA Cup campaign through the Gunners third round encounter with battlers Preston North End.

03:00 am Football: Arsenal TV

2010/11 Season Review (Part 2)

Arsenal were deep in contention for numerous trophies this season. Recap the highs and lows from the second half of their EPL campaign, plus a Classic Gunners Match against Birmingham from 2009.

Wednesday 29th June 2011

06:00 am TBA

08:00 am Triathlon: Challenge Cairns (Rpt)

Triathlon: Challenge Cairns

Tropical North Queensland plays host to the latest event added to the Challenge Family of global iron distance events. A 3.8km swim, 180km bike ride and 42.2km run around iconic and beautiful Cairns.

09:00 am LIVE: Major League Baseball

LIVE

New York Yankees V Milwaukee Brewers

The most successful franchise in MLB history, the New York Yankees welcome the Milwaukee Brewers to their home ballpark in the Bronx. From the dugout to the bullpen and home plate, ONE has it covered.

12:00 pm 500 Great Goals

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.

12:30 pm WRC Access All Areas (Rpt)

Access All Areas - R7 Greece

Searing temperatures and rocky, dusty roads make up the Acropolis Rally of Greece. Review the taxing rally action from the seventh round of the WRC.

01:30 pm NASCAR Nationwide Series Highlights

R16 Bucyrus 200 @ Road America

It is a tight battle at the top of the Nationwide Series with less than 12 points separating the top four drivers. The Road America course in Wisconsin hosts the 16th round of the 2011 Championship.

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06:00 pm To Be Advised

06:30 pm Extreme Dreams

Back on foot, the third leg of the journey continues but now the team face the ordeal of a swim across a 200 metre wide river to get to the next camp.

07:00 pm Airline

PG (L)

A passenger is grounded when he discovers EasyJet no longer accepts cash for tickets. Meanwhile, a man unexpectedly spends his Christmas at an airport.

07:30 pm Long Way Round

PG (L)

With the hardest yards behind them, Ewan McGregor and Charley Boorman head into the North American continent. Forest fires are raging through Alaska as the boys head towards Canada.

08:30 pm COPS: Adults Only

09:00 pm COPS: Adults Only

09:30 pm Sons Of Anarchy

AV15+ **Hell Followed**

(V)

Cameron is wounded and SAMCRO plans a retaliation against a rival biker club. Jax, Bobby and Opie set out to put an end to the gun debt for good.

10:30 pm RPM

Greg Rust, Daryl Beattie and Craig Baird kick the tyres of world motorsport as they take a light-hearted look at all forms of racing. Hear first hand from the drivers and riders making headlines.

11:30 pm Sports Tonight

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

12:00 am MotoGP (Rpt)

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Casey Stoner has been consistently fast aboard the Honda in season 2011. Will he finally catch defending champ Jorge Lorenzo and take back the series lead or will Assen throw up another surprise?

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Wednesday 29th June 2011**02:30 am FA Cup Classics**G **Arsenal V Chelsea 2003/04**

Two of the superpowers of English football, Arsenal and Chelsea meet in the fifth round of the 2003/04 FA Cup.

03:00 am Major League Baseball (Rpt)**New York Yankees V Milwaukee Brewers**

The most successful franchise in MLB history, the New York Yankees welcome the Milwaukee Brewers to their home ballpark in the Bronx. From the dugout to the bullpen and home plate, ONE has it covered.

05:30 am LIVE: Major League Baseball**LIVE****Arizona Diamondbacks V Cleveland Indians**

Cleveland have impressed many baseball fans this season, with the Indians leading the American League two months into the season. Can they steal a win at the Diamondbacks home ground in Arizona?

Thursday 30th June 2011

<p>06:00 am LIVE: Major League Baseball (Cont)</p>	<p>LIVE <u>Arizona Diamondbacks V Cleveland Indians</u> Cleveland have impressed many baseball fans this season, with the Indians leading the American League two months into the season. Can they steal a win at the Diamondbacks home ground in Arizona?</p>
<p>08:30 am This Week In Baseball</p>	<p>PG Throughout the Major League season, This Week in Baseball is your one stop magazine show for all the most interesting MLB stories, with profiles, news, highlights and features beyond the ballpark.</p>
<p>09:00 am Tennis: ATP World Tour Uncovered</p>	<p>G The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.</p>
<p>09:30 am British Touring Car Championship (Rpt)</p>	<p>G <u>R4 Oulton Park</u> The fourth event on the British Touring Car calendar and we're heading north-west to Cheshire. Oulton Park hosts another action-packed round of the BTCC.</p>
<p>10:30 am Motorsport: Isle Of Man TT (Rpt)</p>	<p><u>2011 Preview Show</u> Experience the world's most spectacular event on two wheels, as ONE previews the 2011 Isle of Man Tourist Trophy. For over 100 years, riders have braved nearly 38 miles of scenic winding roads.</p>
<p>11:30 am Drag Racing: ANDRA Pro Series (Rpt)</p>	<p>G <u>Rocket Allstars - Nitro Champs, Sydney</u> The Sydney International Dragway hosts more ANDRA Pro Series action as the Rocket Allstars fire up the Nitro Champs.</p>
<p>12:30 pm RPM (Rpt)</p>	<p>Greg Rust, Daryl Beattie and Craig Baird kick the tyres of world motorsport as they take a light-hearted look at all forms of racing. Hear first hand from the drivers and riders making headlines.</p>
<p>01:30 pm Triathlon: Challenge Cairns (Rpt)</p>	<p><u>Triathlon: Challenge Cairns</u> Tropical North Queensland plays host to the latest event added to the Challenge Family of global iron distance events. A 3.8km swim, 180km bike ride and 42.2km run around iconic and beautiful Cairns.</p>
<p>02:30 pm Triathlon: ITU World Championship Highlights (Rpt)</p>	<p><u>R3 Kitzbuhel - Highlights</u> The third round of the Dextro Energy ITU World Championship Series sees triathletes swim in the beautiful lake Schwarzsee, then cycle and run in the alpine surrounds of Kitzbuhel, Austria.</p>
<p>03:30 pm Omnisport</p>	<p>Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.</p>

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Tension mounts for a first time pilot ahead of their maiden flight, passport issues for a newborn baby and tempers fray at check-in.

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06:00 pm To Be Advised

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It is back into the water for the team and this time they encounter powerful rapids. Will this all prove too much and bring an end to their expedition?

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The staff at Easy Jet are put to the ultimate customer service test as angry and frustrated passengers test their patience in the terminal and in the skies.

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08:30 pm The Game Plan

AFL

The Game Plan is your detailed preview of Round 15. Magpie Luke Ball joins Anthony Hudson, Matthew Lloyd and Scott Cummings to dissect the week's big footy issues and bring you team and injury news.

09:30 pm The Ultimate Fighter

M

Heavyweights

(L, V, S) Quinton 'Rampage' Jackson and Rashad Evans are rival coaches in a Heavy weight UFC showdown. Over 13 weeks they train teams of contenders who live together and compete for a shot at the big time.

10:30 pm Sports Tonight

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11:00 pm UFC Countdown 132

U.F.C 132 Countdown

Bantamweight Dominic Cruz and 'The California Kid' Urijah Faber prepare for their upcoming title fight. Wanderlei Silva hits the pads in preparation for his striking battle against Chris Leben.

12:00 am LIVE: The Game Plan Late

LIVE**NRL**

Your weekend begins here as Andrew Moore, Steve 'Blocker' Roach and Joel Caine bring you the show with 100% pure footy. NRL players and legends join the panel, plus The Late Mail and Front Row Forum.

01:00 am NASCAR Sprint Cup Highlights (Rpt)

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G Chelsea V Manchester United 1998/99

See more of the powerclubs of world football as Chelsea and Manchester United go head to head in the replay of their sixth round FA Cup clash from 1998/99.

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Arizona Diamondbacks V Cleveland Indians

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09:00 am LIVE: Major League Baseball

LIVE

Toronto Blue Jays V Pittsburgh Pirates

The Toronto Blue Jays are in action on ONE for the first time this MLB season. The Pittsburgh Pirates cross the border to take on Canada's finest in America's favourite pastime.

12:00 pm This Week In Baseball (Rpt)

PG

Throughout the Major League season, This Week in Baseball is your one stop magazine show for all the most interesting MLB stories, with profiles, news, highlights and features beyond the ballpark.

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G

Real NBA is your weekly snapshot of all things American hoops. From courtside, to the locker room and at home with the players, our full access brings you insights you won't see anywhere else.

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06:00 pm LIVE: Swimming: Australian Short Course Championships

LIVE

Australian Short Course Swimming Championships Day 1

Across three nights, Australia's leading swimmers compete in Adelaide over 25 metres in the National Short Course Championships. Less than four weeks remain before the World Championships in Shanghai.

07:30 pm To Be Advised

08:30 pm To Be Advised

10:55 pm Sports Tonight

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

11:25 pm UFC Countdown 132 (Rpt)

U.F.C 132 Countdown

Bantamweight Dominic Cruz and 'The California Kid' Urijah Faber prepare for their upcoming title fight. Wanderlei Silva hits the pads in preparation for his striking battle against Chris Leben.

12:25 am Swimming: Australian Short Course Championships (Rpt)

Australian Short Course Swimming Championships Day 1

Across three nights, Australia's leading swimmers compete in Adelaide over 25 metres in the National Short Course Championships. Less than four weeks remain before the World Championships in Shanghai.

01:55 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:25 am FA Cup Classics

G

Chelsea V Manchester United 1995/96

Experience the fierce rivalry of Chelsea and Manchester United as these two top English clubs meet in the semi final stage of the 1995/96 FA Cup.

02:55 am Major League Baseball (Rpt)

Toronto Blue Jays V Pittsburgh Pirates

The Toronto Blue Jays are in action on ONE for the first time this MLB season. The Pittsburgh Pirates cross the border to take on Canada's finest in America's favourite pastime.



MELBOURNE PROGRAM GUIDE

Friday 01st July 2011

05:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

Saturday 02nd July 2011

06:00 am NASCAR Sprint Cup (Rpt)

R16 Toyota / Save Mart 350 @ Infineon

The 2.52 mile Infineon road racing course at Sonoma, California is perfectly suited to Australian V8 Supercar champion Marcos Ambrose. Can he breakthrough for a maiden win in the Sprint Cup category?

08:30 am **Swimming: Australian Short Course Championships (Rpt)**

Australian Short Course Swimming Championships Day 1

Across three nights, Australia's leading swimmers compete in Adelaide over 25 metres in the National Short Course Championships. Less than four weeks remain before the World Championships in Shanghai.

10:00 am ONE Action

PG **ONE Action 20**

Every Saturday and Sunday morning join Bondi Rescue's Ryan Clark (aka 'Whippet') and Michelle Guitterez for some amazing adventures on ONE Action.

10:05 am Pro Bull Riding

PG

Get your fix of rodeo as the bravest cowboys dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA.

11:05 am ONE Action

PG **ONE Action 21**

Every Saturday and Sunday morning join Bondi Rescue's Ryan Clark (aka 'Whippet') and Michelle Guitterez for some amazing adventures on ONE Action.

11:10 am World Of Free Sports

PG

World of Free Sports brings you the world - a world of action, adventure and extreme sports. Get your thirty minute dose of adrenalin with an assortment of unbelievable action.

11:40 am ONE Action

PG **ONE Action 22**

Every Saturday and Sunday morning join Bondi Rescue's Ryan Clark (aka 'Whippet') and Michelle Guitterez for some amazing adventures on ONE Action.

11:45 am Save Point (Rpt)

PG

Maude Garrett joins Paul Verhoeven and Junglist to bring you a fast-paced fix of gaming releases, news and reviews.

11:55 am ONE Action

PG **ONE Action 23**

Every Saturday and Sunday morning join Bondi Rescue's Ryan Clark (aka 'Whippet') and Michelle Guitterez for some amazing adventures on ONE Action.

12:00 pm **Triathlon: ITU World Championship Highlights (Rpt)**

R3 Kitzbuhel - Highlights

The third round of the Dextro Energy ITU World Championship Series sees triathletes swim in the beautiful lake Schwarzsee, then cycle and run in the alpine surrounds of Kitzbuhel, Austria.

01:00 pm The WWE Experience (Rpt)

PG

(V) Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.

Saturday 02nd July 2011

02:00 pm Extreme Dreams (Rpt)

The team trek through the rainforest of Guyana. They battle snakes, piranha and wild weather to reach the Kaieteur Falls, the highest sheer drop of water on earth.

02:30 pm Extreme Dreams (Rpt)

The team continues on to Kaieteur Falls, struggling in their native canoes. Chris and Jermaine sink before they are out of the shallows causing an argument to break out in the rainforest.

03:00 pm Dr Danger

03:30 pm Dr Danger

04:00 pm Dr Danger

04:30 pm Airline (Rpt)

PG

(L)

A passenger is grounded when he discovers Easy Jet no longer accepts cash for tickets. Meanwhile, a man unexpectedly spends his Christmas at an airport.

05:00 pm Airline (Rpt)

PG

The staff at Easy Jet are put to the ultimate customer service test as angry and frustrated passengers test their patience in the terminal and in the skies.

05:30 pm I Fish (Rpt)

G

Join Paul Worsteling every Sunday afternoon on ONE for brand new adventures on land and sea. I Fish is the #1 show for anglers with great tips and products that will help you lure the big fish.

06:00 pm LIVE: Swimming: Australian Short Course Championships

LIVE

Australian Short Course Swimming Championships Day 2

Less than a month before the Aussie Dolphins swim team unite to take on the globe at the FINA World Championships in Shanghai, our country's finest compete against each other over 25m in Adelaide.

07:30 pm The WWE Experience

PG

(V)

Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. Now every Saturday night The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.

08:30 pm To Be Advised

09:30 pm LIVE: MotoGP Qualifying

LIVE

R8 Italy - Qualifying

Multiple world champion Valentino Rossi returns to Italy and his home race track Mugello. Qualifying for the eighth round of MotoGP will be action packed as Stoner, Lorenzo and Simoncelli lock horns.

11:10 pm UFC 126

U.F.C 126: Silva V Belfort

Not to be missed. Anderson 'The Spider' Silva takes on Pride brawler Vitor Belfort. Crowd favourites Forrest Griffin and Rich Franklin go to war. Can Jon 'Bones' Jones continue his journey to the top?

Saturday 02nd July 2011

01:10 am UFC Countdown 132 (Rpt)**U.F.C 132 Countdown**

Bantamweight Dominic Cruz and 'The California Kid' Urijah Faber prepare for their upcoming title fight. Wanderlei Silva hits the pads in preparation for his striking battle against Chris Leben.

02:10 am NASCAR Sprint Cup Qualifying**R17 Coke Zero 400 @ Daytona-Qualifying**

One of the world's biggest motorsport events on the calendar. Attention turns to Daytona each Fourth of July holiday weekend for NASCAR's Coke Zero 400. Will Ambrose qualify at the front of the grid?

04:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:30 am Swimming: Australian Short Course Championships (Rpt)**Australian Short Course Swimming Championships Day 2**

Less than a month before the Aussie Dolphins swim team unite to take on the globe at the FINA World Championships in Shanghai, our country's finest compete against each other over 25m in Adelaide.