



# MELBOURNE PROGRAM GUIDE

Sunday 17th March 2013

06:00 am NASCAR Sprint Cup Highlights (Rpt)

**Race 3: Kobalt Tools 400 @ Las Vegas-Highlights**

Non-stop motorsport action highlights from the Las Vegas Motor Speedway. The high octane NASCAR racing continues with the 3rd race of the 2013 Sprint Cup Series.

07:00 am Animal Extractors (Rpt)

PG

**Race Against Time**

For wildlife professionals, using humane techniques to capture and relocate animals who've strayed into populated areas is all in a day's work, although there's nothing routine about their jobs.

08:00 am Animal Extractors (Rpt)

PG

**Snake Attack**

For wildlife professionals, using humane techniques to capture and relocate animals who've strayed into populated areas is all in a day's work, although there's nothing routine about their jobs.

09:00 am Meteorite Men (Rpt)

G

**Utah Fireball**

On Nov 18, 2009, a fireball streaked across the midnight sky over western Utah. The Meteorite Men track the strewn field down to Dugway Military Base.

10:00 am THE 2013 FIA FORMULA ONE  
WORLD CHAMPIONSHIP™  
SEASON PREVIEW

CC

**LIVE NATIONWIDE**

**2013 Formula ONE Grand Prix Season Preview**

12:00 pm THE 2013 FORMULA ONE™ ROLEX  
AUSTRALIAN GRAND PRIX™  
AFTERNOON

CC

**LIVE NATIONWIDE**

**The 2013 Formula ONE Rolex Australian Grand Prix Afternoon**

04:00 pm THE 2013 FORMULA ONE™ ROLEX  
AUSTRALIAN GRAND PRIX™  
PREVIEW

CC

**LIVE NATIONWIDE**

**The 2013 Formula ONE Rolex Australian Grand Prix Preview**

05:00 pm THE 2013 FORMULA 1® ROLEX  
AUSTRALIAN GRAND PRIX™

CC

**LIVE NATIONWIDE**

**The 2013 Formula 1 Rolex Australian Grand Prix**

06:45 pm THE 2013 FORMULA 1® ROLEX  
AUSTRALIAN GRAND PRIX™

CC

**LIVE NATIONWIDE**

**The 2013 Formula 1 Rolex Australian Grand Prix Extended Coverage**

07:30 pm World's Toughest Trucker

PG  
Some Coarse  
Language

**ALL NEW EPISODES**

The truckers arrive in the country of Mongolia, where they find it hard to deal with the remote and hostile environment and battle with their old Russian trucks.



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Sunday 17th March 2013

08:30 pm **Speed** (Rpt) (1994)

CC M  
WS Some Violence,  
Some Coarse  
Language

## MOVIE

A hot-shot young cop is the target of a psychopathic bomber's elaborate revenge plot. Jack Traven must race against time - and the speed limit - to save a busload full of innocent passengers.

Starring: Keanu Reeves, Dennis Hopper, Sandra Bullock, Jeff Daniels, Joe Morton, Alan Ruck

10:55 pm **Fast Forward: Funniest Send-Ups** (Rpt)

M  
Sexual References,  
Nudity

## Fast Forward: Funniest Send-Ups S2ep9&10

Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.

11:55 pm **Law & Order: SVU** (Rpt)

CC

## Honor

Guest Starring: Anil Kumar, Aasif Mandvi, James Murtaugh, J.K. Simmons

The vicious assault of an Afghan diplomat's daughter uncovers clues that may suggest Taliban traditions justify "honour killings" when a child goes against time-honoured values.

Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Ice T, Dann Florek, Stephanie March

12:55 am **LA Hard Hats** (Rpt)

PG

## Mud Men

L.A. Hard Hats investigates the day to day experiences of iron workers, plumbers, electricians and the men and women who install the glass facades of Evo South in downtown Los Angeles.

01:55 am **Deconstruction** (Rpt)

PG

## Safety

Just how much protection do you get from hardhats and safety glasses? We're smashing watermelons and shooting bb guns to put them both to the test.

02:25 am **M7 Multisport** (Rpt)

G

M7 profiles adventure racing to test the limit of human endurance across 7 continents. Each episode features unique forms of racing, via oceans, deserts, mountains, bikes, boards and up in the air.

02:55 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:25 am **Marcos Ambrose Workshop Tour** (Rpt)

G

## Marcos Ambrose Workshop Tour

Marcos Ambrose takes you on an exclusive behind the scenes tour of his NASCAR team's workshop.

03:30 am **NASCAR Sprint Cup**

## LIVE

### Race 4: Food City 500 @ Bristol (Early)

Race 4 of the 2013 NASCAR Sprint Cup will be held at the Bristol Motor Speedway in Tennessee, USA





# MELBOURNE PROGRAM GUIDE

Monday 18th March 2013

06:00 am NASCAR Sprint Cup

## LIVE

### Race 4: Food City 500 @ Bristol

Race 4 of the 2013 NASCAR Sprint Cup will be held at the Bristol Motor Speedway in Tennessee, USA

07:30 am Swisse Mark Webber Challenge 2012 (Rpt)

### Swisse Mark Webber Challenge 2012

Formula 1 star Mark Webber takes part alongside the world's best adventure racers in this 5 day multisport course in the unspoiled wilderness of Tasmania, Australia's island state.

08:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

09:00 am The WWE Experience

PG  
Some Violence

Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.

10:00 am M7 Multisport (Rpt)

G

M7 profiles adventure racing to test the limit of human endurance across 7 continents. Each episode features unique forms of racing, via oceans, deserts, mountains, bikes, boards and up in the air.

10:30 am Sport Science (Rpt)

PG  
Sexual References,  
Adult Themes

### Best Of Pt 2

Another compilation of some of our most outrageous and amazing experiments. How did a major league pitch manage to hit a bird in flight – and can it happen again?

11:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

12:00 pm Black Gold (Rpt)

PG  
Some Coarse  
Language

Get down and dirty in this gritty, real world, behind the scenes, no holds barred look at life on an oil rig. The workers are bred tough and are frank and honest and will say exactly what they think.

01:00 pm LA Hard Hats (Rpt)

PG

### Mud Men

L.A. Hard Hats investigates the day to day experiences of iron workers, plumbers, electricians and the men and women who install the glass facades of Evo South in downtown Los Angeles.



# MELBOURNE PROGRAM GUIDE

Monday 18th March 2013

02:00 pm	Deconstruction (Rpt)	PG	<b><u>Tools</u></b> Which power tool is best for your home improvement project? We put different power tools and their batteries to the test to see which ones are stronger and safer.
02:30 pm	Fear Factor (Rpt)	PG Some Coarse Language, Adult Themes	In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.
03:30 pm	World's Toughest Trucker (Rpt)	PG Some Coarse Language	The truckers arrive in the country of Mongolia, where they find it hard to deal with the remote and hostile environment and battle with their old Russian trucks.
04:30 pm	Meteorite Men	G	<b><u>Wisconsin Fireball</u></b> On April 14, 2010, a fireball lit up the night sky. The sonic boom was heard for miles. Swarms of meteorite hunters flooded the scene in hopes of securing a piece of this famed fireball.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<b><u>Night At Rosies, A</u></b> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.
06:30 pm	Get Smart (Rpt)	PG	<b><u>The Decoy</u></b> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.  Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References, Adult Themes	<b><u>Crimes In Progress Special Edition</u></b> This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Python Hunters	PG Some Coarse Language	<b><u>ALL NEW EPISODES</u></b> <b><u>Giants Of Puerto Rico</u></b> With South Florida's earliest cold snap on record, the team's Burm captures are on the decline. After a massive storm disrupts their plans, the hunters head to Puerto Rico.  Starring: Shawn Heflick, Greg Graziani, Michael Cole



# MELBOURNE PROGRAM GUIDE

Monday 18th March 2013

08:30 pm **Siege, The** (Rpt) (1998)

CC M  
WS Frequent Violence,  
Some Coarse  
Language,  
Adult Themes

## MOVIE

Martial law is declared in New York after a wave of terrorist attacks sweep the city due to the secret abduction of a suspected Islamic leader.

Starring: Denzel Washington, Annette Bening, Bruce Willis, Tony Shalhoub, Mark Valley, Sami Bouajila

10:55 pm **THE 2013 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™** (Rpt)

CC

## The 2013 Formula 1 Rolex Australian Grand Prix

12:55 am **Monster Jam** (Rpt)

G

Monster Jam is one of the world's most exciting motorsport events, mixing racing, showmanship and the ultimate fan experience to create a must-see action packed program.

01:55 am **Fear Factor** (Rpt)

PG  
Some Coarse  
Language,  
Adult Themes

In each pulse-racing episode, contestants recruited from across the UK must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

02:55 am **M\*A\*S\*H** (Rpt)

PG

## Night At Rosies, A

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

03:25 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:55 am **NBL Moment** (Rpt)

G

## Nbl ONE Moment

04:00 am **Basketball: NBL Championship 2012/13** (Rpt)

## Round 22: Perth Wildcats V Sydney Kings

The 2012–13 National Basketball League is the thirty-fifth season of competition since its establishment in 1979. A total of 8 teams will contest the league.



# MELBOURNE PROGRAM GUIDE

Tuesday 19th March 2013

06:00 am Kellogg's Nutri Grain Iron Man Series (Rpt)

## Round 5 - Coolum, Sunshine Coast QLD

The Kellogg's Nutri-Grain Surf Ironman Series features the country's elite athletes competing in the most gruelling ocean based competition on the planet.

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Football: Liverpool TV

## Southampton V Liverpool

11:30 am The WWE Experience (Rpt)

PG  
Some Violence

Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.

12:30 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:00 pm World's Toughest Fixes (Rpt)

G

## Going Nuclear

Big machines, big problems — World's Toughest Fixes with engineering enthusiast Sean Riley tackles the most oversized repair jobs on the planet.

02:00 pm Deconstruction (Rpt)

PG

## Flooring

From bamboo floors to carpet to tile, we're deconstructing floors to see how different types of flooring perform under the toughest conditions.

02:30 pm Fear Factor (Rpt)

PG  
Some Coarse Language,  
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

03:30 pm Get Smart (Rpt)

PG

## The Decoy

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:00 pm COPS (Rpt)

PG  
Drug References,  
Adult Themes

## Crimes In Progress Special Edition

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.



# MELBOURNE PROGRAM GUIDE

Tuesday 19th March 2013

04:30 pm	Meteorite Men	G	<b><u>Swedish Meteor Balls</u></b> The Muonionalusta meteorites have endured thousands of years worth of glaciations and melting periods. Thawing ice sheets have migrated the meteorites miles from their original impact site.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<b><u>Too Many Cooks</u></b> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.
06:30 pm	Get Smart (Rpt)	PG	<b><u>Hoo Done IT</u></b> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.  Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG Drug References	<b><u>700th</u></b> This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Megabridges (Rpt)	G	<b><u>Mega Bridges - Denmark To Sweden</u></b> Get an inside look at the planning and engineering behind creating some of the greatest bridges ever made.
08:30 pm	COPS: Adults Only (Rpt)	M Some Violence	<b><u>20 Years Caught On Tape Part 2 (</u></b> Cops is the show that pioneered its own style of reality television. We take you on patrol with the law enforcement agents protecting America and serving law-abiding citizens.
09:00 pm	COPS: Adults Only (Rpt)	M Sexual References, Adult Themes	<b><u>Ho!ho!ho!#9 Special Edition - Ocp016</u></b> Now in its 24th season, Cops is the show that pioneered its own style of reality television. We take you on patrol with the law enforcement agents protecting America and serving law-abiding citizens.
09:30 pm	Ross Kemp: In Search Of Pirates (Rpt)	M Adult Themes	Ross Kemp explores the impact of piracy in Nigeria, where more people are killed in raids than anywhere else in the world.
10:30 pm	Super Rugby Extra Time		Relive all the best bits of the weekend's Super Rugby on Extra Time.
11:35 pm	71 Degrees North	PG Some Coarse Language	10 celebrities must battle it out through a series of gruelling challenges - like mountain trekking and snow cave building - to see who will make it to the 71st parallel north in Norway.



# MELBOURNE PROGRAM GUIDE

Tuesday 19th March 2013

12:35 am **Breakout Kings** (Rpt)

M  
Some Violence,  
Some Coarse  
Language

## There Are Rules

When an armoured car full of prisoners flees from the back of an 18-wheeler truck, the Breakout Kings are tasked with their capture. The leader of the fugitives will stop at nothing to make his escape

Starring: Laz Alonso, Domenick Lombardozzi, Brooke Nevin, Malcolm Goodwin

01:35 am **Defying Gravity**

## Venus

The day of the landing on Venus has come but the planet's wild atmosphere could put the mission in jeopardy.

Starring: Ron Livingston, Laura Harris, Malik Yoba, Christina Cox, Andrew Airlee, Paula Garces

02:35 am **COPS: Adults Only** (Rpt)

M  
Some Violence

## 20 Years Caught On Tape Part 2 (

Cops is the show that pioneered its own style of reality television. We take you on patrol with the law enforcement agents protecting America and serving law-abiding citizens.

03:05 am **M\*A\*S\*H** (Rpt)

PG

## Too Many Cooks

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

03:35 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am **Basketball: NBL Championship 2012/13** (Rpt)

## Round 22: Melbourne Tigers V New Zealand Breakers

The 2012–13 National Basketball League is the thirty-fifth season of competition since its establishment in 1979. A total of 8 teams will contest the league.



# MELBOURNE PROGRAM GUIDE

Wednesday 20th March 2013

06:00 am NASCAR Sprint Cup Qualifying

Race 4: Bristol - Qualifying

07:00 am NASCAR Sprint Cup (Rpt)

Race 4: Food City 500 @ Bristol

Race 4 of the 2013 NASCAR Sprint Cup will be held at the Bristol Motor Speedway in Tennessee, USA

11:00 am THE 2013 FORMULA 1@ ROLEX AUSTRALIAN GRAND PRIX™ (Rpt) CC

The 2013 Formula 1 Rolex Australian Grand Prix

01:00 pm Sport Science (Rpt) PG  
Mild Coarse Language, Adult Themes

What's happening inside the human body as a competitive eater plows through several pounds of food? Some people call competitive eating a sport – it's the only excuse we need to put them to the test.

02:00 pm Deconstruction (Rpt) PG

Home Security

How safe is your home from burglaries? We're deconstructing home security systems, deadbolts, windows and doors to see how you can protect your home from unwanted intruders.

02:30 pm Get Smart (Rpt) PG

Hoo Done IT

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

03:00 pm Super Rugby Extra Time (Rpt)

Relive all the best bits of the weekend's Super Rugby on Extra Time.

04:05 pm COPS (Rpt) PG  
Drug References

700th

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

04:30 pm Meteorite Men

Henbury Craters, Australia

The Henbury meteorite strewn field consists of 12 craters that stretch across central Australia's outback.

05:30 pm I Fish (Rpt) G

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm M\*A\*S\*H (Rpt) PG

Are You Now, Margaret

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

06:30 pm Get Smart (Rpt) PG

Rub-A-Dub-Dub.. Three Spies In A Sub

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt





one

# MELBOURNE PROGRAM GUIDE

Wednesday 20th March 2013

07:00 pm COPS (Rpt)

PG  
Drug References

## Police Pullovers #3 Special Edition

This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm White Collar

PG  
Some Violence,  
Sexual References

## ALL NEW EPISODES

### Neighbourhood Watch

S3 E13: When Elizabeth overhears one of her neighbours in a suspicious conversation, her curiosity leads Peter and Neal to uncover a robbery plot against a posh Manhattan Hotel.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen

08:30 pm Burn Notice

## ALL NEW EPISODES

### Desperate Measures

Guest Starring: John C McGinley, Kenny Johnson, David Fickas, José Zúñiga

S6 E11: After finding themselves stranded in Panama, Michael and the team must evade a vicious drug-runner and hijack a plane in order to get home.

Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless, Coby Bell

09:30 pm Blue Bloods

M

## ALL NEW EPISODES

### Black And Blue

Guest Starring: David Ramsey

S2 E6: Frank deals with a political crisis after Jamie and Renzulli enter a religious centre in response to a 911 call and are injured by the church's security team.

Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Len Cariou, Amy Carlson, Nicholas Turturro, Sami Gayle, Jennifer Esposito

10:30 pm The Killing

## SEASON PREMIERE

### Reflections

S2 E1: In the aftermath of the shooting at City Hall, Sarah learns that the photo that got the councilman arrested was a fake and returns to Seattle to investigate a possible cover up.

Starring: Mireille Enos, Joel Kinnaman, Billy Campbell

12:30 am Expedition Impossible (Rpt)

PG

## Never Give Up

The strength and endurance of the six remaining teams are about to be tested to the fullest as the contestants rapel down cliffs and go kayaking as they head towards checkpoints in this challenge.

01:30 am Python Hunters (Rpt)

PG  
Some Coarse  
Language

## Giants Of Puerto Rico

With South Florida's earliest cold snap on record, the team's Burm captures are on the decline. After a massive storm disrupts their plans, the hunters head to Puerto Rico.

Starring: Shawn Heflick, Greg Graziani, Michael Cole





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Wednesday 20th March 2013

02:30 am **Black Gold** (Rpt)

PG  
Some Violence,  
Sexual References,  
Some Coarse  
Language

Get down and dirty in this gritty, real world, behind the scenes, no holds barred look at life on an oil rig. The workers are bred tough and are frank and honest and will say exactly what they think.

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PG

**Mud Men**

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**Tools**

Which power tool is best for your home improvement project? We put different power tools and their batteries to the test to see which ones are stronger and safer.

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**Are You Now, Margaret**

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

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Thursday 21st March 2013

06:00 am Kellogg's Nutri Grain Iron Man Series (Rpt)

## Round 6 - Noosa Heads, Sunshine Coast QLD

The Kellogg's Nutri-Grain Surf Ironman Series features the country's elite athletes competing in the most gruelling ocean based competition on the planet.

08:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:30 am Basketball: NBL Championship 2012/13 (Rpt)

## Round 23: Wollongong Hawks V Sydney Kings

The 2012-13 National Basketball League is the thirty-fifth season of competition since its establishment in 1979. A total of 8 teams will contest the league.

10:30 am Basketball: NBL Championship 2012/13

## Round 23: Townsville Crocodiles V Melbourne Tigers

The 2012-13 National Basketball League is the thirty-fifth season of competition since its establishment in 1979. A total of 8 teams will contest the league.

12:30 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:00 pm Expedition Impossible (Rpt)

PG

## Never Give Up

The strength and endurance of the six remaining teams are about to be tested to the fullest as the contestants rapel down cliffs and go kayaking as they head towards checkpoints in this challenge.

02:00 pm Deconstruction (Rpt)

PG

## Water

Where does your tap water come from? And how does it get cleaned enough for you to drink? We're finding out by visiting a water treatment plant. Learn what you need to know about cleaning your pool.

02:30 pm Fear Factor (Rpt)

PG  
Some Coarse Language,  
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

03:30 pm Get Smart (Rpt)

PG

## Rub-A-Dub-Dub.. Three Spies In A Sub

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



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Thursday 21st March 2013

04:00 pm	COPS (Rpt)	PG Drug References	<b><u>Police Pullovers #3 Special Edition</u></b> This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
04:30 pm	Meteorite Men		<b><u>Mundrabilla, Australia</u></b> Located in the desolate and dangerous Nullarbor Plains, the Mundrabilla iron meteorites are known for their zoomorphic shapes. The largest masses were recovered in 1966.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	<b><u>Guerilla My Dreams</u></b> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.
06:30 pm	Get Smart (Rpt)	PG	<b><u>The Greatest Spy On Earth</u></b> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.  Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG	<b><u>Stupid Criminals #2 Special Edition</u></b> This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Extreme Fishing With Robson Green (Rpt)	PG Some Coarse Language	<b><u>Alaska</u></b> The final challenge of Robson's Americas tour is Alaska - The Final Frontier. Robson makes Salmon his first target in a high-octane fishing battle against an ex-Marine and gun seller.
08:30 pm	An Idiot Abroad: The Bucket List (Rpt)	CC M Sexual References, Some Coarse Language, Adult Themes	<b><u>Karl Comes Home</u></b> Karl sits down with Ricky Gervais and Stephen Merchant to recall the highs and lows of his Bucket List journey, including previously unseen footage.  Starring: Karl Pilkington, Ricky Gervais, Stephen Merchant
09:30 pm	Fast Forward: Funniest Send-Ups		<b><u>Fast Forward: Funniest Send-Ups S2ep11&amp;12</u></b> Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.
10:30 pm	Can Of Worms - Encore	CC M	Can of Worms is back for a third season of controversial and illuminating conversation, and in 2013 we're doing it LIVE.



# MELBOURNE PROGRAM GUIDE

Thursday 21st March 2013

11:30 pm 24 (Rpt)

M  
Some Violence

**Day 1: 10:00 P.M. - 11:00 P.M.**

Guest Starring: Dennis Hopper, Misha Collins

Jack delivers a cell phone that is unknowingly rigged to explode to Palmer. Kim manages to escape. The identity of the real mole inside CTU is exposed.

Starring: Kiefer Sutherland, Elisha Cuthbert, Dennis Haysbert, Carlos Bernard

12:30 am 24 (Rpt)

M  
Some Violence

**Day 1: 11:00 P.M. - 12:00 A.M.**

Guest Starring: Dennis Hopper

Jack Bauer heads to the docks for a final climactic showdown with Victor Drazen.

Starring: Kiefer Sutherland, Elisha Cuthbert, Dennis Haysbert, Carlos Bernard

01:30 am Mark Loves Sharon (Rpt)

WS

Australian sporting superstar Mark Wary reveals all as he invites the cameras into his home to shoot a celebrity reality series.

02:00 am Mark Loves Sharon (Rpt)

WS

Australian sporting superstar Mark Wary reveals all as he invites the cameras into his home to shoot a celebrity reality series.

02:30 am 71 Degrees North (Rpt)

PG  
Some Coarse  
Language

10 celebrities must battle it out through a series of gruelling challenges - like mountain trekking and snow cave building - to see who will make it to the 71st parallel north in Norway.

03:30 am Fear Factor

PG  
Adult Themes

In each pulse-racing episode, contestants recruited from across the UK must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

04:30 am Deconstruction (Rpt)

PG

**Flooring**

From bamboo floors to carpet to tile, we're deconstructing floors to see how different types of flooring perform under the toughest conditions.

05:00 am M\*A\*S\*H (Rpt)

PG

**Guerilla My Dreams**

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

05:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



# MELBOURNE PROGRAM GUIDE

Friday 22nd March 2013

06:00 am **Ironman 70.3 Auckland** (Rpt)

## Ironman 70.3 Auckland 2013

The Ironman 70.3 Auckland requires athletes to complete a gruelling 1.9km swim, a 90km cycle and a 21.1km run, incorporating the viaduct harbour, Auckland Harbour Bridge and waterfront.

07:00 am **M7 Multisport** (Rpt)

PG

M7 profiles adventure racing to test the limit of human endurance across 7 continents. Each episode features unique forms of racing, via oceans, deserts, mountains, bikes, boards and up in the air.

07:30 am **Football: Liverpool TV** (Rpt)

## Southampton V Liverpool

10:30 am **NASCAR Nationwide Series Highlights**

## Race 4: Jeff Foxworthy's Grit Chips 300 @ Bristol

Catch the highlights from every race of the 2013 Nationwide Series on ONE. Race 4 of full throttle NASCAR excitement is hosted at the Bristol Motor Speedway.

11:30 am **NASCAR Sprint Cup Highlights**

## Race 4: Food City 500 @ Bristol-Highlights

Non-stop motorsport action highlights from the Bristol Motor Speedway. The high octane NASCAR racing continues with the 4th race of the 2013 Sprint Cup Series.

12:30 pm **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:00 pm **Python Hunters** (Rpt)

PG  
Some Coarse  
Language

## Giants Of Puerto Rico

With South Florida's earliest cold snap on record, the team's Burm captures are on the decline. After a massive storm disrupts their plans, the hunters head to Puerto Rico.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

02:00 pm **Deconstruction** (Rpt)

PG

## Copper

From pipes to wiring to electronics, the average home contains more than 400 pounds of copper! We're going to the biggest open pit copper mine in the world to see how the metal is extracted from rock.

02:30 pm **Fear Factor** (Rpt)

PG  
Some Coarse  
Language,  
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.



# MELBOURNE PROGRAM GUIDE

Friday 22nd March 2013

03:30 pm <b>Get Smart</b> (Rpt)	PG	<b><u>The Greatest Spy On Earth</u></b>
		Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.
		Starring: Don Adams, Barbara Feldon, Edward Platt
04:00 pm <b>COPS</b> (Rpt)	PG	<b><u>Stupid Criminals #2 Special Edition</u></b>
		This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
04:30 pm <b>Meteorite Men</b>		<b><u>Morasko, Poland</u></b>
		Poland was hit with a meteorite 5,000 years ago which resulted in a scarred landscape and seven craters. Geoff and Steve receive exclusive access to investigate the crater field for the first time.
05:30 pm <b>I Fish</b> (Rpt)	G	
		Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm <b>M*A*S*H</b> (Rpt)	PG	<b><u>Good-Bye Radar (1)</u></b>
		At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.
06:30 pm <b>Get Smart</b> (Rpt)	PG	<b><u>Island Of The Darned</u></b>
		Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.
		Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm <b>COPS</b> (Rpt)	PG Mild Coarse Language, Drug References	<b><u>Coast To Coast</u></b>
		This series documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm <b>Undercover Boss Australia</b> (Rpt)	CC PG WS Adult Themes	<b><u>Dominos</u></b>
		CEOs from six of Australia's biggest companies go on the ultimate undercover mission, working incognito in entry-level positions within their own organizations.
08:30 pm <b>Law &amp; Order: SVU</b> (Rpt)	CC	<b><u>Closure - Part 2</u></b>
		Guest Starring: Tracy Pollan, Neil Maffin
		Stabler and Benson investigate a sexual assault very similar to one they worked six months ago, whose victim follows her alleged attacker and reports his activities to the police.
		Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Ice T, Dann Florek, Stephanie March



# MELBOURNE PROGRAM GUIDE

Friday 22nd March 2013

09:30 pm **Basketball: NBL Championship 2012/13**

**Round 24: Sydney Kings V Townsville Crocodiles**

The 2012–13 National Basketball League is the thirty-fifth season of competition since its establishment in 1979. A total of 8 teams will contest the league.

11:30 pm **Fast Forward: Funniest Send-Ups (Rpt)**

**Fast Forward: Funniest Send-Ups S2ep11&12**

Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.

12:30 am **Ross Kemp: In Search Of Pirates (Rpt)**

M  
Adult Themes

Ross Kemp explores the impact of piracy in Nigeria, where more people are killed in raids than anywhere else in the world.

01:30 am **Black Gold (Rpt)**

PG  
Some Coarse Language,  
Adult Themes

Get down and dirty in this gritty, real world, behind the scenes, no holds barred look at life on an oil rig. The workers are bred tough and are frank and honest and will say exactly what they think.

02:30 am **World's Toughest Trucker (Rpt)**

PG  
Some Coarse Language

The truckers arrive in the country of Mongolia, where they find it hard to deal with the remote and hostile environment and battle with their old Russian trucks.

03:30 am **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am **Rugby Classic Matches (Rpt)**

**Autumn International 2009: Ireland V Australia**



# MELBOURNE PROGRAM GUIDE

Saturday 23rd March 2013

06:00 am **Geelong Multisport Festival** (Rpt)

## Geelong Multi Sport Festival 2013

Geelong's picturesque waterfront hosted the third annual Geelong Multi Sport Festival in February 2013 and delivered three days of sport and community activities to the Geelong district.

07:00 am **M7 Multisport** (Rpt)

PG  
Some Coarse  
Language

M7 profiles adventure racing to test the limit of human endurance across 7 continents. Each episode features unique forms of racing, via oceans, deserts, mountains, bikes, boards and up in the air.

07:30 am **Animal Extractors** (Rpt)

PG

## Pets In Peril

For wildlife professionals, using humane techniques to capture and relocate animals who've strayed into populated areas is all in a day's work, although there's nothing routine about their jobs.

08:30 am **Animal Extractors** (Rpt)

PG

## Wild Horse Hazard

For wildlife professionals, using humane techniques to capture and relocate animals who've strayed into populated areas is all in a day's work, although there's nothing routine about their jobs.

09:30 am **Meteorite Men** (Rpt)

G

## Wisconsin Fireball

On April 14, 2010, a fireball lit up the night sky. The sonic boom was heard for miles. Swarms of meteorite hunters flooded the scene in hopes of securing a piece of this famed fireball.

10:30 am **Megabridges** (Rpt)

G

## Mega Bridges - Denmark To Sweden

Get an inside look at the planning and engineering behind creating some of the greatest bridges ever made.

11:30 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

12:00 pm **Ironman World Championship 2012**

## Ironman World Championship 2012

Along the Kona Coast on the Big Island of Hawai'i, 1,800 athletes embark on a 140.6-mile journey that presents the ultimate test of body, mind and spirit to earn the title of "Ironman".

02:00 pm **Master Of Disaster** (Rpt)

PG

## Avalanche

Tim and his team have a mission: to create a device that can be placed directly in the path of an avalanche and live to tell about it.

03:00 pm **71 Degrees North** (Rpt)

PG  
Some Coarse  
Language

10 celebrities must battle it out through a series of gruelling challenges - like mountain trekking and snow cave building - to see who will make it to the 71st parallel north in Norway.



# MELBOURNE PROGRAM GUIDE

Saturday 23rd March 2013

04:00 pm	<b>The WWE Experience</b>	PG Some Violence	Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.
05:00 pm	<b>Everest: Beyond The Limit (Rpt)</b>	PG Some Coarse Language, Adult Themes	<b><u>Impossible Dream</u></b> Join the breathtaking odyssey to Earth's highest summit. Follow the extraordinary journey as 11 climbers, three guides and a team of sherpas scale the heights of Everest on a life changing expedition.
06:00 pm	<b>Get Smart (Rpt)</b>	PG	<b><u>Bronzefinger</u></b> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.  Starring: Don Adams, Barbara Feldon, Edward Platt
06:30 pm	<b>2013 FORMULA 1® PETRONAS MALAYSIA GRAND PRIX™</b>		<b>LIVE NATIONWIDE</b> <b><u>2013 Formula 1 Petronas Malaysia Grand Prix - Qualifying</u></b> Join Greg Rust, Daryl Beattie and Alan Jones with all the qualifying action of the 2013 Formula 1 Petronas Malaysia Grand Prix from Sepang.
08:30 pm	<b>Alien 3 (Rpt) (1992)</b>	CC M WS Some Violence, Some Coarse Language	<b>MOVIE</b> After escaping with Newt & Hicks from the alien planet, Ripley crash lands on Fiorina 161, a prison planet and host to a correctional facility. Her crew mates perish but an unwelcome guest survives.  Starring: Sigourney Weaver, Charles Dance, Charles S Dutton, Lance Henriksen, Paul McGann
10:55 pm	<b>48 Hours</b>	M Sexual References, Adult Themes	<b><u>Crazy Love</u></b> 48 Hours is a documentary series focussing on real life mysteries and crime stories.
11:55 pm	<b>Ross Kemp: In Search Of Pirates (Rpt)</b>	M Adult Themes	Ross Kemp explores the impact of piracy in Nigeria, where more people are killed in raids than anywhere else in the world.
12:55 am	<b>Animal Extractors</b>	PG	<b><u>Backyard Python</u></b> For wildlife professionals, using humane techniques to capture and relocate animals who've strayed into populated areas is all in a day's work, although there's nothing routine about their jobs.
01:55 am	<b>Animal Extractors</b>	PG	<b><u>Three Little Pigs</u></b> For wildlife professionals, using humane techniques to capture and relocate animals who've strayed into populated areas is all in a day's work, although there's nothing routine about their jobs.



# MELBOURNE PROGRAM GUIDE

Saturday 23rd March 2013

02:55 am Omnisport

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03:25 am NBL Moment (Rpt)

G

**Nbl ONE Moment**

03:30 am M7 Multisport (Rpt)

PG  
Some Coarse  
Language

M7 profiles adventure racing to test the limit of human endurance across 7 continents. Each episode features unique forms of racing, via oceans, deserts, mountains, bikes, boards and up in the air.

04:00 am NASCAR Nationwide Series  
Highlights (Rpt)

**Race 4: Jeff Foxworthy's Grit Chips 300 @ Bristol**

Catch the highlights from every race of the 2013 Nationwide Series on ONE. Race 4 of full throttle NASCAR excitement is hosted at the Bristol Motor Speedway.

05:00 am NASCAR Sprint Cup Highlights  
(Rpt)

**Race 4: Food City 500 @ Bristol-Highlights**

Non-stop motorsport action highlights from the Bristol Motor Speedway. The high octane NASCAR racing continues with the 4th race of the 2013 Sprint Cup Series.