

SYDNEY PROGRAM GUIDE

Sunday 09th March 2014

06:00 am NASCAR Sprint Cup Highlights (Rpt)

07:00 am Rugby Classic Matches (Rpt)

09:00 am Escape With ET (Rpt)

10:00 am The Biggest Loser: Challenge Australia - Encore (Rpt)

CC PG Mild Coarse Language

CC PG

11:00 am The Biggest Loser: Challenge

Australia - Encore (Rpt)

12:00 pm The Biggest Loser: Challenge

CC PG Some Coarse Australia - Encore (Rpt) Language

01:00 pm Movie: King Of The Olympics

03:00 pm Sport Science (Rpt)

PG Some Violence. Some Coarse Language. Adult Themes

04:00 pm Adventure Angler TV G

04:30 pm Golf Getaway

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International

Raceway.

Autumn International 2004: England V Australia

Relive the classic match between England and Australia in the 2004

Autumn International at Twickenham in London.

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

SPECIAL ENCORE PRESENTATION

It wouldn't be last chance training without some sweat and tears and one team's training session is interrupted as someone storms out

crying.

SPECIAL ENCORE PRESENTATION

Things are about to get shaken up as Hayley reveals a change in the game. Meanwhile, the trainers tell the contestants that they have a week of mental and physical challenges lined up for them.

SPECIAL ENCORE PRESENTATION

The week of physical and metal challenges continues as all eight contestants compete in The Biggest Loser triathlon and the winner will

recieve a reward we've never seen before, but what is it?

MOVIE

World's Toughest Woman

By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.



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Sunday 09th March 2014

05:00 pm What's Up Down Under (Rpt) CC G

> What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm Temporary Australians (Rpt)

PG Mild Coarse Language, Adult Themes Wall To Wall Ride

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they

handle the bad image.

06:00 pm M*A*S*H (Rpt)

PG

Pressure Point

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Reel Rock

NEW EPISODE

Race For The Nose

Some Coarse Language

Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most

vertical terrain.

07:00 pm Million Dollar Catch (Rpt)

PG Some Coarse Language

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.

07:30 pm Hardliners (Rpt)

PG Some Coarse Language

Australian long-line tuna fishermen are at the heart of this actionpacked observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

08:00 pm Extreme Fishing With Robson

Green (Rpt)

PG Some Coarse Language

Robson Green's passion for fishing means he's already fished the entire map. But this time, he's going further. As he takes it off the map and casts his line at the Ends of the Earth.

09:00 pm COPS

09:30 pm Movie: The Wrestler (Rpt) (2008)

CC MA15+ Some Violence. A Sex Scene, Drug Use

MOVIE

A faded professional wrestler must retire, but finds his guest for a new life outside the ring a dispiriting struggle.

Starring: Mickey Rourke, Marisa Tomei, Evan Rachel Wood, Mark Margolis, Todd Barry, Wass Stevens



Sunday 09th March 2014

11:45 pm Driven To Extremes (Rpt)	PG	Coldest Road Driven to Extremes is the ultimate driving challenge, pitting Hollywood actors, Adrien Brody, Tom Hardy and Henry Cavill with motorsport racers, Mika Salo and Neil Hodgson against some of the most hostile places on the planet. Starring: Adrien Brody, Tom Hardy, Henry Cavill
12:45 am Frontiers Of Construction (Rpt)	G	Top TEN Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
01:45 am Adventure Angler (Rpt)	G	Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.
02:15 am Python Hunters (Rpt)	PG	Rattlesnake Roundup Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb. Starring: Shawn Heflick, Greg Graziani, Michael Cole
03:15 am M*A*S*H (Rpt)	PG	Pressure Point At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
03:45 am Sport Science (Rpt)	PG Some Violence, Some Coarse Language, Adult Themes	World's Toughest Woman By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?
04:45 am Sporting Greats (Rpt)	G	Nadia Comaneci Nadia Comaneci winner of five Olympic gold medals at the 1976 and the 1980 Olympics and is the first female gymnast to be awarded a perfect score of 10 in an Olympic gymnastic event.

05:20 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



Sunday 09th March 2014

05:30 am NASCAR Sprint Cup

LIVE

Race 3: Kobalt 400 @ Las Vegas

Round 3 of the 2014 NASCAR Sprint Cup is the Kobalt 400 held at the Las Vegas Motor Speedway in Las Vegas, Nevada.



Monday 10th March 2014

06:00 am NASCAR Sprint Cup

09:30 am Omnisport (Rpt)

10:30 am Megacities (Rpt)

LIVE

Race 3: Kobalt 400 @ Las Vegas

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10:00 am Temporary Australians (Rpt)

PG Mild Coarse Language, Adult Themes **Wall To Wall Ride**

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

PG <u>Las Vegas</u>

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

11:30 am MasterChef Australia (Rpt)

CC PG WS Some Coarse Language Sunday - Week 5

The contestants head west where they are faced with one of the most daunting challenges in MasterChef history – cooking for 450 hungry gold miners in the heart of Western Australia.

01:00 pm MasterChef Australia (Rpt)

CC G WS Monday - Week 5

The winning team from the previous challenge head to the Margaret River for a critical Invention Test. The prize on offer? A double immunity.

iiiiiiiuiiity

02:00 pm Psych

PG Mild Violence, Sexual References NEW EPISODE

Juliet Takes A Luvvah

Shawn is unhappy with Juliet's latest assignment, an undercover operation against an online dating site.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



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Monday 10th March 2014

04:00 pm Reel Rock (Rpt) PG **Race For The Nose** Some Coarse Reel Rock captures exhilarating sites and stories as top personalities Language in mountain adventure and rock climbing best the world's most vertical terrain. 04:30 pm Recruits Paramedics (Rpt) CC PG Drug References, At Paramedic College new recruits are nearing their final Adult Themes assessments. But before they can begin their on-road training, they'll be treating a simulated patient with multiple undiagnosed injuries. PG 05:00 pm Big Angry Fish (Rpt) Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step. 05:30 pm | I Fish (Rpt) G Paul Worsteling brings you great tips and products that will help you lure the big fish. 06:00 pm M*A*S*H (Rpt) PG Where There's A Will, There's A War At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff PG 06:30 pm Get Smart (Rpt) Perils In A Pet Shop Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

CC PG 07:00 pm Undercover Boss Australia (Rpt) <u>Sodexo</u>

Jeanpaul Dimech, CEO of Sodexo Australia, goes undercover working with some of the company's 6,000 employees to see whether the business is fighting fit at grass-roots level.

Starring: Don Adams, Barbara Feldon, Edward Platt

08:00 pm American Digger (Rpt) PG Mild Coarse Language

New World Treasure

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the team's dreams.

MOVIE

08:30 pm Movie: Star Trek II: The Wrath Of Khan (Rpt) (1982)

PG Some Violence

With the aide of the Enterprise crew, Admiral Kirk must stop an old nemesis, Khan Noonien Singh, from using his son's life-generating device, the Genesis Device, as the ultimate weapon.

Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, Ricardo Montalban, Kirstie Alley

Monday 10th March 2014

10:50 pm Movie: Star Trek III: The Search For

Spock (Rpt) (1984)

PG Mild Violence **MOVIE**

Admiral Kirk and his bridge crew risk their careers stealing the decommissioned Enterprise to return to the restricted Genesis planet

to recover Spock's body.

Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, Mark Lenard, Christopher Lloyd, Robin Curtis, Dame Judith Anderson, John

Larroquette

01:00 am The Project Encore (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

02:00 am Bellator MMA (Rpt)

Realistic Violence

Welcome to the Bellator Summer Series 13 as we see some of the

best fighters in the world battle it out for a shot at the World

Championships.

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the

major sports, no matter where in the world the event is held.

05:30 am Football's Greatest Managers (Rpt) PG <u>Jose Mourinho</u>

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.

Tuesday 11th March 2014

06:00 am Basketball: NBL Championship

2013/14 (Rpt)

08:00 am Basketball: NBL Championship

2013/14 (Rpt)

10:00 am Omnisport (Rpt)

10:30 am Million Dollar Catch (Rpt)

11:00 am Reel Rock (Rpt)

11:30 am MasterChef Australia (Rpt)

12:00 pm MasterChef Australia (Rpt)

01:00 pm MasterChef Australia (Rpt)

02:00 pm Psych

REPLAY

Round 21: Perth Wildcats V Townsville Crocodiles

In Round 21 we take you to Perth Arena where the Peth Wildcats take on the Townsville Crocodiles.

REPLAY

Round 21: Melbourne Tigers V Sydney Kings

Round 21 sees the Melbourne Tigers at home against the Sydney

Kings. Join us for all the action from Hisesnse Arena.

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major sports, no matter where in the world the event is held.

PG Some Coarse

Language

Some Coarse

Language

PG

CC G

CC PG

CC G

Some Violence

WS

WS

WS

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the

world.

Race For The Nose

Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most

vertical terrain.

Tuesday - Week 5

With an Immunity Pin up for grabs, guest chef, Tony Howell, better watch his back because this week's challenger is ready to cook up a

storm! Who will recreate the best seafood stew?

Wednesday - Week 5

The contestants return to the MasterChef kitchen to compete in an

Invention Test with a twist - they must create a dish using only

canned and frozen food.

Thursday - Week 5

It's time to Fix That Dish! The bottom two contestants must bring a

watery, unbalanced Massaman curry back to life to avoid elimination.

NEW EPISODE

Lassie Jerky

The Bigfoot legend lures Shawn and Gus from civilisation to the wilds when they join film students on their quest to document its existence.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



Tuesday 11th March 2014

03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	Perils In A Pet Shop Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Fishing Edge (Rpt)	G	Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.
05:00 pm	Big Angry Fish (Rpt)	PG	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	Promotion Commotion At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	The Whole Tooth And Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



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Tuesday 11th March 2014

07:00 pm COPS (Rpt)

PG Adult Themes

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm Python Hunters (Rpt)

PG Mild Coarse Language **Lizards Of Oz**

Visiting Australia, the Hunters come face to face with freshwater crocodiles, pythons and venomous snakes. But there are also far too many invasive cane toads for comfort.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

08:30 pm COPS: Adults Only (Rpt)

Some Coarse Language, Adult Themes

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

09:00 pm COPS (Rpt)

PG Drug References, Adult Themes **Busted #2 Special Edition**

The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets

of America.

09:30 pm Ross Kemp: Battle For The Amazon

(Rpt)

Some Coarse Language, Drug References, Adult Themes

Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.

10:30 pm Super Rugby Extra Time

11:30 pm Sleeper Cell (Rpt)

AV15+ Some Violence, A Sex Scene **NEW EPISODE**

<u>Immigrant</u>

Farik attends a meeting with cell leaders in Las Vegas as they finalise a date for their possible attack. Meanwhile, an Afghani boy comes to the warehouse in the hopes of becoming a jihadist.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti

12:40 am The Project Encore (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

01:40 am American Digger (Rpt) PG
Mild Co.

Mild Coarse Language **New World Treasure**

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the

team's dreams.

02:10 am Trick My Truck (Rpt) PG

Matthew Graves is the sole provider for 6 children. Trick My Truck transform Graves' overworked Peterbilt into an iconic monster truck

befitting of a family named Graves.

02:40 am Frontiers Of Construction (Rpt) G <u>Virtual Engineering</u>

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual

engineering.

Tuesday 11th March 2014

04:40 am Omnisport

03:40 am COPS (Rpt) M
Some Coarse

Language, Adult Themes A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

04:10 am M*A*S*H (Rpt) PG Promotion Commotion

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the

major sports, no matter where in the world the event is held.

04:55 am Sporting Greats (Rpt) G Michael Johnson

Michael Johnson is considered one of the greatest long sprinters in the history of track and field. He won four Olympic gold medals and

eight World Championships gold medals.

05:30 am Football's Greatest Managers (Rpt) G Arrigo Sacchi

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



06:00 am NASCAR Nationwide Series Highlights (Rpt)

07:00 am NASCAR Sprint Cup Highlights

(Rpt)

08:00 am World Series Sprintcars (Rpt)

09:00 am Sport Science (Rpt)

Some Violence, Some Coarse Language, Adult Themes

PG

10:00 am Omnisport (Rpt)

10:30 am Wild Racers (Rpt) PG

11:00 am Tour The World (Rpt) CC

11:30 am MasterChef Australia (Rpt) CC G WS

01:00 pm MasterChef Australia (Rpt) CC G WS

02:00 pm Psych

PG Some Violence Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International

Raceway.

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

World's Toughest Woman

By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?

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The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

New Zealand's North Island Unveiled

We join a fabulous journey around New Zealand's stunning North Island with its beautiful capital - Auckland. Then we head south to the bubbling mud pools and steam vents of Rotorua.

Friday - Week 5

George, Gary and Matt Moran take the contestants through a step-bystep guide to the best Summer pudding, a yummy curry and Matt's

famous Blue Swimmer Crab.

Sunday - Week 6

The contestants face a Super Invention Test with a Spanish theme. But what's the twist? After they carefully chose their ingredients, the

judges drop a bombshell.

NEW EPISODE

No Country For Two Old Men

Juliet's stepfather comes to town and Shawn is determined to forge a relationship. However, things go bad with a trip to Mexico.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Super Rugby Extra Tir	ıme
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04:00 pmGet Smart (Rpt)PGThe Whole Tooth And...

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm Recruits Paramedics (Rpt) CC PG

Drug References, Adult Themes

Trainee Paramedics must pass eight weeks of intensive theory before they're allowed to start a 3-year mentorship on the road. The final

assessment is the only thing in the way of Blake's dream job.

05:00 pm Big Angry Fish (Rpt) PG

Big Angry Fish is all about teaching you the knowledge and

techniques to head out on the water and catch trophy fish in shallow

water, right at your back door step.

05:30 pm | I Fish (Rpt) G

Paul Worsteling brings you great tips and products that will help you

lure the big fish.

06:00 pm M*A*S*H (Rpt) PG <u>Heroes</u>

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt) PG Kiss Of Death

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS (Rpt) PG

Drug References, Adult Themes

A real life drama series that documents the personal and professional

lives of the police officers enforcing the troubled streets of America.

07:30 pm White Collar (Rpt) PG <u>Diminishing Returns</u>

With Neal and his team's help, Peter surreptitiously investigates a

brilliant thief who has avoided the FBI's capture for years.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen

08:30 pm Burn Notice

M Some Violence

ALL NEW EPISODES

Down Range

Michael recruits Sam and Jesse and they travel to the Dominican Republic to help him. Meanwhile, Fiona helps Madeline when a bookie tries to extort her.

Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce Campbell, Sharon Gless, Jack Coleman

Guest Starring: Adrian Pasdar

09:30 pm Sons Of Anarchy

AV15+ Strong Violence

ALL NEW EPISODES

Laying Pipe

A difficult decision was made for Jax this week, and it will forever change both him and the way he handles the club.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Ashley Tisdale

10:30 pm Vegas

M

NEW EPISODE

Little Fish

Sheriff Lamb and FBI Agent Byrne butt heads when Byrne prevents Lamb from pressing charges against a pimp in order to get info on Savino instead.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm Terriers

M Some Violence

Quid Pro Quo

Hank, Britt, and their new ally, Laura Ross, unravel the Ocean Beach conspiracy, which puts them and everyone they love in immediate danger.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am The Project Encore (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:30 am Python Hunters (Rpt)

PG Mild Coarse Language

Lizards Of Oz

Visiting Australia, the Hunters come face to face with freshwater crocodiles, pythons and venomous snakes. But there are also far too many invasive cane toads for comfort.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

02:30 am Hardliners (Rpt)

PG Some Coarse Language

Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

03:00 am M*A*S*H (Rpt) PG <u>Heroes</u>

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

03:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

04:30 am Football's Greatest Managers (Rpt)

Bill Shankly

G

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.

05:00 am NASCAR Sprint Cup Qualifying

Race 3: Kobalt 400 @ Las Vegas-Qualifying

Who will take out the top spot in the qualifying race ahead of Race 3 from the Las Vegas Motor Speedway?

REPLAY

Race 3: Kobalt 400 @ Las Vegas

Round 3 of the 2014 NASCAR Sprint Cup is the Kobalt 400 held at the Las Vegas Motor Speedway in Las Vegas, Nevada.

10:00 am Super Rugby Extra Time

06:00 am NASCAR Sprint Cup (Rpt)

11:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

CC G 11:30 am MasterChef Australia (Rpt)

WS

Monday - Week 6

The bottom three contestants from the Invention Test face off in an Asian-inspired Pressure Test where they are challenged to recreate a dessert by Dan Hong, Head Chef of Ms. G's in Sydney.

12:30 pm MasterChef Australia (Rpt) CC G

WS

Tuesday - Week 6

Superstar Noredic chef, Thorsten Schmidt, arrives at the MasterChef Kitchen to battle it out with one lucky contestant. Is the Immunity Pin within their grasp? Or will they be schooled by a pro?

01:00 pm MasterChef Australia (Rpt) CC G

WS

Wednesday - Week 6

NEW EPISODE

The contestants are divided into teams - Gen X versus Gen Y! The younger chefs have the enthusiasm but with age comes wisdom. Who will impress special guest judge, Nigella Lawson?

PG 02:00 pm Psych

100 Clues

Some Violence

A VIP party thrown by a has-been rock star turns into a murder mystery weekend for Shawn and Gus.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt) PG

> An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt) PG

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04:00 pm Get Smart (Rpt) PG <u>Kiss Of Dea</u>	<u>th</u>
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of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm Recruits Paramedics (Rpt) CC PG

Adult Themes

A 13-year old girl, worried about her Mum, rings triple zero for an ambulance. The patient is suffering a severe case of Swine Flu; later,

John is called to a five-car pile up on a major highway.

05:00 pm Big Angry Fish (Rpt) G

Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow

water, right at your back door step.

05:30 pm | I Fish (Rpt) G

Paul Worsteling brings you great tips and products that will help you

lure the big fish.

06:00 pm M*A*S*H (Rpt) PG <u>Sons And Bowlers</u>

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt) PG IT Takes ONE To Know ONE

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS (Rpt) PG

Drug References

A real life drama series that documents the personal and professional

lives of the police officers enforcing the troubled streets of America.

07:30 pm Whose Line Is It Anyway? (Rpt) PG

Sexual References

An improvisational comedy game show in which four players act out

various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



08:00 pm Whose Line Is It Anyway?

PG

Sexual References

An improvisational comedy game show in which four players act out

various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

08:30 pm Fast Forward (Rpt)

M

Sexual References

Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors,

with many memorable moments.

09:30 pm Ross Noble's Australian Trip (Rpt)

CC M

WS Sexual References,

Some Coarse Language Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as

he bikes his way between gigs.

10:30 pm The Sketch Show (Rpt)

PG

Sexual References, Mild Coarse Language, Adult Themes

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.

11:00 pm Blokesworld (Rpt)

MA15+

Sexual References,

Nudity

Ado is in Goulburn for the NSW Dirt Drags and meets Pinky, Lozza shows us her tatts in Pink Ink and Moto X royalty Stephen Gall chats

about racing and working on Mad Max 4.

11:30 pm To Be Advised

12:30 am The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

01:30 am Would You Rather? With Graham

Norton (Rpt)

M

Sexual References

Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include:

Judah Friedlander, Janet Varney, Michael Ian Black and Leo Allen.

02:00 am Wild Racers (Rpt) PG

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

02:30 am Million Dollar Catch (Rpt)

PG Some Coarse Language

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the

world.

03:00 am Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 am Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 am M*A*S*H (Rpt) PG Sons And Bowlers

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

04:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

major oporto, no matter uno contrato tront and oront to note.

04:55 am Sporting Greats (Rpt) G Edwin Moses

Between 1977 and 1987, Edwin Moses won 107 consecutive finals, set the world record in the 400m hurdles event four times and won a

gold medal at the 1976 and 1984 Olympics.

05:30 am Football's Greatest Managers (Rpt) PG Ottmar Hitzfeld

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful. Friday 14th March 2014

06:00 am Sport Science (Rpt)

PG Some Violence, Some Coarse Language, Adult Themes

PG

World's Toughest Woman

By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?

07:00 am NASCAR Nationwide Series Highlights

08:00 am NASCAR Sprint Cup Highlights

09:00 am To Be Advised

10:00 am Swisse Mark Webber Challenge

11:00 am THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™

Race 3: Boyd Gaming 300 @ Las Vegas

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 3 is hosted at the Las Vegas Motor Speedway.

Race 3: Kobalt 400 @ Las Vegas-Highlights

Relive all the action of the Sprint Cup Round 3 with highlights from the Kobalt 400 at the Las Vegas Motor Speedway.

Swisse Mark Webber Challenge

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and remote terrain, hosted by Australian F1 star Mark Webber.

LIVE NATIONWIDE

04:00 pm THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

06:30 pm Get Smart (Rpt)

LIVE NATIONWIDE

Someone Down Here Hates Me

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS (Rpt) PG

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm Frontiers Of Construction (Rpt) G

Breaking The Waves: U.S. Army Corps Of Engineers

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

08:30 pm Megacities (Rpt) PG London

Megacities examines the infrastructure of some iconic locations

around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

Friday 14th March 2014

09:30 pm Basketball: NBL Championship 2013/14

DELAYED

Round 22: Adelaide 36ers V Perth Wildcats

Round 22 sees the Adelaide 36ers at home against the Perth Wildcats. Join us for all the action from Adelaide Arena.

NEW EPISODE

11:30 pm The League MA15+
Sexual References

The Vapora Sport

Pete and a man in a wheelchair compete over a pair of shoes. Meanwhile, Kevin and Jenny get a piano for Ellie, but soon regret it.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie

12:00 am The Project Encore (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

01:00 am Bellator MMA (Rpt)

Realistic Violence

Welcome to the Bellator Summer Series 13 as we see some of the best fighters in the world battle it out for a shot at the World

Championships.

04:00 am Would You Rather? With Graham

Norton (Rpt)

M

Sexual References

Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include:

Judah Friedlander, Janet Varney, Michael Ian Black and Leo Allen.

04:30 am The Sketch Show (Rpt) PG

Sexual References, Mild Coarse Language, Adult Themes

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:30 am Football's Greatest Managers (Rpt) G Fabio Capello

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



Saturday 15th March 2014

06:00 am Alby Mangels Adventure Bound (Rot)

PG Adult Themes

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

07:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

07:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

LIVE NATIONWIDE

08:00 am THE FORMULA ONE™

AUSTRALIAN GRAND PRIX™

BREAKFAST

11:00 am THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

04:00 pm THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

05:00 pm THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

QUALIFYING

06:30 pm Get Smart (Rpt)

LIVE NATIONWIDE

LIVE NATIONWIDE

LIVE NATIONWIDE

PG Cutback At Control

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm Trick My Truck (Rpt) PG

The Mafia does a truck makeover for a husband and wife team that drive a replica of the Vietnam Veteran's Memorial around the country.

07:30 pm Frontiers Of Construction (Rpt) G Big Shots: The Art & Science Of Blasting

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.



Saturday 15th March 2014

08:30 pm Law & Order: SVU (Rpt)

CC M Strong Adult

Disrobed

A judge who'd fought for the rights of abused women is found shot to death under sordid circumstances, and the detectives uncover a case of corruption that leads all the way to the state parole board.

Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd, Dean Winters

Guest Starring: Angie Everhart, Kathryn Meisle, Jack Gwaltney

09:30 pm Bellator MMA

SEASON PREMIERE

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

NEW EPISODE

11:30 pm Lights Out

Some Violence

Rainmaker

Lights tries to help out a "punch drunk" former boxer. He also finds himself threatened by a witness to his job for Brennan.

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown

12:30 am Blokesworld (Rpt)

MA15+

Sexual References,

Nudity

Ado is in Goulburn for the NSW Dirt Drags and meets Pinky, Lozza shows us her tatts in Pink Ink and Moto X royalty Stephen Gall chats about racing and working on Mad Max 4.

01:00 am 48 Hours

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

02:00 am Ross Kemp: Battle For The Amazon

(Rpt)

Some Coarse Language, Drug References, Adult Themes

Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.

03:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:25 am Sporting Greats (Rpt)

G Shane Warne

Shane Warne is widely regarded as one of the greatest bowlers in the history of cricket. He made his Test debut for Australia in 1992 and held the record for the most wickets taken by any bowler in Test cricket, until it was broken 2007.



Saturday 15th March 2014

04:00 am NASCAR Nationwide Series Highlights (Rpt)

05:00 am NASCAR Sprint Cup Highlights (Rpt)

Race 3: Boyd Gaming 300 @ Las Vegas

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 3 is hosted at the Las Vegas Motor Speedway.

Race 3: Kobalt 400 @ Las Vegas-Highlights

Relive all the action of the Sprint Cup Round 3 with highlights from the Kobalt 400 at the Las Vegas Motor Speedway.



Sunday 09th March 2014

06:00 am NASCAR Sprint Cup Highlights (Rpt)

07:00 am Rugby Classic Matches (Rpt)

09:00 am Escape With ET (Rpt)

10:00 am The Biggest Loser: Challenge

CC PG Australia - Encore (Rpt) Mild Coarse Language

CC PG

11:00 am The Biggest Loser: Challenge

Australia - Encore (Rpt)

12:00 pm The Biggest Loser: Challenge

CC PG Australia - Encore (Rpt) Some Coarse Language

01:00 pm Movie: King Of The Olympics

03:00 pm Sport Science (Rpt)

PG Some Violence, Some Coarse Language. Adult Themes

04:00 pm Adventure Angler TV G

04:30 pm Golf Getaway

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International Raceway.

Autumn International 2004: England V Australia

Relive the classic match between England and Australia in the 2004 Autumn International at Twickenham in London.

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

SPECIAL ENCORE PRESENTATION

It wouldn't be last chance training without some sweat and tears and one team's training session is interrupted as someone storms out crying.

SPECIAL ENCORE PRESENTATION

Things are about to get shaken up as Hayley reveals a change in the game. Meanwhile, the trainers tell the contestants that they have a week of mental and physical challenges lined up for them.

SPECIAL ENCORE PRESENTATION

The week of physical and metal challenges continues as all eight contestants compete in The Biggest Loser triathlon and the winner will recieve a reward we've never seen before, but what is it?

MOVIE

World's Toughest Woman

By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.



Sunday 09th March 2014

05:00 pm What's Up Down Under (Rpt) CC G

> What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm Temporary Australians (Rpt)

PG Mild Coarse Language, Adult Themes Wall To Wall Ride

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they

handle the bad image.

06:00 pm M*A*S*H (Rpt)

PG

Pressure Point

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Reel Rock

Some Coarse Language

NEW EPISODE Race For The Nose

Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most

vertical terrain.

07:00 pm Million Dollar Catch (Rpt)

PG Some Coarse Language

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the

world.

07:30 pm Hardliners (Rpt)

PG Some Coarse Language

Australian long-line tuna fishermen are at the heart of this actionpacked observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

08:00 pm Extreme Fishing With Robson

Green (Rpt)

PG Some Coarse Language

Robson Green's passion for fishing means he's already fished the entire map. But this time, he's going further. As he takes it off the map and casts his line at the Ends of the Earth.

09:00 pm COPS

09:30 pm Movie: The Wrestler (Rpt) (2008)

CC MA15+ Some Violence. A Sex Scene. Drug Use

MOVIE

A faded professional wrestler must retire, but finds his guest for a new life outside the ring a dispiriting struggle.

Starring: Mickey Rourke, Marisa Tomei, Evan Rachel Wood, Mark Margolis, Todd Barry, Wass Stevens



Sunday 09th March 2014

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11:45 pm	Driven To Extremes (Rpt)	PG	Coldest Road Driven to Extremes is the ultimate driving challenge, pitting Hollywood actors, Adrien Brody, Tom Hardy and Henry Cavill with motorsport racers, Mika Salo and Neil Hodgson against some of the most hostile places on the planet. Starring: Adrien Brody, Tom Hardy, Henry Cavill
12:45 am	Frontiers Of Construction (Rpt)	G	Top TEN Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
01:45 am	Adventure Angler (Rpt)	G	Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.
02:15 am	Python Hunters (Rpt)	PG	Rattlesnake Roundup Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb. Starring: Shawn Heflick, Greg Graziani, Michael Cole
03:15 am	M*A*S*H (Rpt)	PG	Pressure Point At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
03:45 am	Sport Science (Rpt)	PG Some Violence, Some Coarse Language, Adult Themes	World's Toughest Woman By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?
04:45 am	Sporting Greats (Rpt)	G	Nadia Comaneci Nadia Comaneci winner of five Olympic gold medals at the 1976 and the 1980 Olympics and is the first female gymnast to be awarded a perfect score of 10 in an Olympic gymnastic event.
05:20 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

major sports, no matter where in the world the event is held.

Sunday 09th March 2014

05:30 am NASCAR Sprint Cup

LIVE

Race 3: Kobalt 400 @ Las Vegas

Round 3 of the 2014 NASCAR Sprint Cup is the Kobalt 400 held at the Las Vegas Motor Speedway in Las Vegas, Nevada.



Monday 10th March 2014

06:00 am NASCAR Sprint Cup

09:30 am Omnisport (Rpt)

LIVE

Race 3: Kobalt 400 @ Las Vegas

Round 3 of the 2014 NASCAR Sprint Cup is the Kobalt 400 held at the Las Vegas Motor Speedway in Las Vegas, Nevada.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:00 am Temporary Australians (Rpt) PG

Mild Coarse Language, Adult Themes **Wall To Wall Ride**

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

handle the bad image.

10:30 am Megacities (Rpt)

PG

Las Vegas

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

11:30 am MasterChef Australia (Rpt)

CC PG WS Some Coarse Language Sunday - Week 5

The contestants head west where they are faced with one of the most daunting challenges in MasterChef history – cooking for 450 hungry gold miners in the heart of Western Australia.

01:00 pm MasterChef Australia (Rpt)

CC G WS Monday - Week 5

NEW EPISODE

Juliet Takes A Luvvah

The winning team from the previous challenge head to the Margaret River for a critical Invention Test. The prize on offer? A double impurity

immunity.

02:00 pm Psych

PG Mild Violence, Sexual References

Shawn is unhappy with Juliet's latest assignment, an undercover

operation against an online dating site.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson,

Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



Monday 10th March 2014

04:00 pm Reel Rock (Rpt) PG **Race For The Nose** Some Coarse Reel Rock captures exhilarating sites and stories as top personalities Language in mountain adventure and rock climbing best the world's most vertical terrain. 04:30 pm Recruits Paramedics (Rpt) CC PG Drug References, At Paramedic College new recruits are nearing their final Adult Themes assessments. But before they can begin their on-road training, they'll be treating a simulated patient with multiple undiagnosed injuries. PG 05:00 pm Big Angry Fish (Rpt) Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step. 05:30 pm | I Fish (Rpt) G Paul Worsteling brings you great tips and products that will help you lure the big fish. 06:00 pm M*A*S*H (Rpt) PG Where There's A Will, There's A War At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff PG 06:30 pm Get Smart (Rpt) Perils In A Pet Shop Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt CC PG 07:00 pm Undercover Boss Australia (Rpt) <u>Sodexo</u> Jeanpaul Dimech, CEO of Sodexo Australia, goes undercover working with some of the company's 6,000 employees to see whether the business is fighting fit at grass-roots level. 08:00 pm American Digger (Rpt) PG **New World Treasure** Mild Coarse American Savage hunts for relics from America's first permanent Language English colony. But affluent homeowners threaten to torpedo the

MOVIE

team's dreams.

08:30 pm Movie: Star Trek II: The Wrath Of Khan (Rpt) (1982) PG Some Violence With the aide of the Enterpression (Managing Companies Com

With the aide of the Enterprise crew, Admiral Kirk must stop an old nemesis, Khan Noonien Singh, from using his son's life-generating device, the Genesis Device, as the ultimate weapon.

Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, Ricardo Montalban, Kirstie Alley



Monday 10th March 2014

10:50 pm Movie: Star Trek III: The Search For

Spock (Rpt) (1984)

PG Mild Violence **MOVIE**

Admiral Kirk and his bridge crew risk their careers stealing the decommissioned Enterprise to return to the restricted Genesis planet

to recover Spock's body.

Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, Mark Lenard, Christopher Lloyd, Robin Curtis, Dame Judith Anderson, John

Larroquette

01:00 am The Project Encore (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

02:00 am Bellator MMA (Rpt)

Realistic Violence

Welcome to the Bellator Summer Series 13 as we see some of the

best fighters in the world battle it out for a shot at the World

Championships.

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the

major sports, no matter where in the world the event is held.

05:30 am Football's Greatest Managers (Rpt) PG <u>Jose Mourinho</u>

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



Tuesday 11th March 2014

06:00 am Basketball: NBL Championship

2013/14 (Rpt)

08:00 am Basketball: NBL Championship

2013/14 (Rpt)

10:00 am Omnisport (Rpt)

10:30 am Million Dollar Catch (Rpt)

11:00 am Reel Rock (Rpt)

11:30 am MasterChef Australia (Rpt)

12:00 pm MasterChef Australia (Rpt)

01:00 pm MasterChef Australia (Rpt)

02:00 pm Psych

REPLAY

Round 21: Perth Wildcats V Townsville Crocodiles

In Round 21 we take you to Perth Arena where the Peth Wildcats take on the Townsville Crocodiles.

REPLAY

Round 21: Melbourne Tigers V Sydney Kings

Round 21 sees the Melbourne Tigers at home against the Sydney

Kings. Join us for all the action from Hisesnse Arena.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the

major sports, no matter where in the world the event is held.

PG Some Coarse

Language

Some Coarse

Language

PG

CC G

CC PG

CC G

Some Violence

WS

WS

WS

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the

world.

Race For The Nose

Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most

vertical terrain.

Tuesday - Week 5

With an Immunity Pin up for grabs, guest chef, Tony Howell, better watch his back because this week's challenger is ready to cook up a

storm! Who will recreate the best seafood stew?

Wednesday - Week 5

The contestants return to the MasterChef kitchen to compete in an

Invention Test with a twist - they must create a dish using only

canned and frozen food.

Thursday - Week 5

It's time to Fix That Dish! The bottom two contestants must bring a

watery, unbalanced Massaman curry back to life to avoid elimination.

NEW EPISODE

Lassie Jerky

The Bigfoot legend lures Shawn and Gus from civilisation to the wilds when they join film students on their quest to document its existence.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson,

Maggie Lawson



Tuesday 11th March 2014

03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	Perils In A Pet Shop Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Fishing Edge (Rpt)	G	Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.
05:00 pm	Big Angry Fish (Rpt)	PG	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	Promotion Commotion At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	The Whole Tooth And Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



Tuesday 11th March 2014

07:00 pm COPS (Rpt)

PG

Adult Themes

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm Python Hunters (Rpt)

PG Mild Coarse Language **Lizards Of Oz**

Visiting Australia, the Hunters come face to face with freshwater crocodiles, pythons and venomous snakes. But there are also far too many invasive cane toads for comfort.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

08:30 pm COPS: Adults Only (Rpt)

M Some Coarse Language, Adult Themes

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

09:00 pm COPS (Rpt)

PG Drug References, Adult Themes **Busted #2 Special Edition**

The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets

of America.

09:30 pm Ross Kemp: Battle For The Amazon

(Rpt)

Some Coarse Language, Drug References, Adult Themes

Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.

10:30 pm Super Rugby Extra Time

11:30 pm Sleeper Cell (Rpt)

AV15+ Some Violence, A Sex Scene **NEW EPISODE**

Immigrant

Farik attends a meeting with cell leaders in Las Vegas as they finalise a date for their possible attack. Meanwhile, an Afghani boy comes to the warehouse in the hopes of becoming a jihadist.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti

12:40 am The Project Encore (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

01:40 am American Digger (Rpt)

PG Mild Coarse Language **New World Treasure**

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the

team's dreams.

02:10 am Trick My Truck (Rpt) PG

Matthew Graves is the sole provider for 6 children. Trick My Truck transform Graves' overworked Peterbilt into an iconic monster truck

befitting of a family named Graves.

02:40 am Frontiers Of Construction (Rpt) G

Virtual Engineering

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual

engineering.



Tuesday 11th March 2014

03:40 am COPS (Rpt) M Some Coarse

Language, Adult Themes A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

04:10 am M*A*S*H (Rpt) PG <u>Promotion Commotion</u>

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

04:40 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am Sporting Greats (Rpt) G <u>Michael Johnson</u>

Michael Johnson is considered one of the greatest long sprinters in the history of track and field. He won four Olympic gold medals and

eight World Championships gold medals.

05:30 am Football's Greatest Managers (Rpt) G Arrigo Sacchi

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



PG

PG

CC

CC G

WS

Some Violence,

Some Coarse Language,

Adult Themes

Wednesday 12th March 2014

06:00 am NASCAR Nationwide Series Highlights (Rpt)

07:00 am NASCAR Sprint Cup Highlights

(Rpt)

08:00 am World Series Sprintcars (Rpt)

09:00 am Sport Science (Rpt)

10:00 am Omnisport (Rpt)

10:30 am Wild Racers (Rpt)

11:00 am Tour The World (Rpt)

11:30 am MasterChef Australia (Rpt) CC G WS

01:00 pm MasterChef Australia (Rpt)

02:00 pm Psych PG Some Violence Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International

Raceway.

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across

the country.

World's Toughest Woman

By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could

he really do it? Could Kobe Bryant really jump over a speeding car?

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

New Zealand's North Island Unveiled

We join a fabulous journey around New Zealand's stunning North Island with its beautiful capital - Auckland. Then we head south to the

bubbling mud pools and steam vents of Rotorua.

Friday - Week 5

George, Gary and Matt Moran take the contestants through a step-bystep guide to the best Summer pudding, a yummy curry and Matt's

famous Blue Swimmer Crab.

Sunday - Week 6

The contestants face a Super Invention Test with a Spanish theme.

But what's the twist? After they carefully chose their ingredients, the

judges drop a bombshell.

NEW EPISODE

No Country For Two Old Men

Juliet's stepfather comes to town and Shawn is determined to forge a

relationship. However, things go bad with a trip to Mexico.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



Wednesday 12th March 2014

03:00 pm Super Rugby Extra Time

04:00 pm Get Smart (Rpt) PG The Whole Tooth And...

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm Recruits Paramedics (Rpt) CC PG

Drug References, Adult Themes

Trainee Paramedics must pass eight weeks of intensive theory before they're allowed to start a 3-year mentorship on the road. The final

assessment is the only thing in the way of Blake's dream job.

05:00 pm Big Angry Fish (Rpt) PG

Big Angry Fish is all about teaching you the knowledge and teaching use to head out on the water and eater tropby fish is shallow

techniques to head out on the water and catch trophy fish in shallow

water, right at your back door step.

05:30 pm | Fish (Rpt) G

Paul Worsteling brings you great tips and products that will help you

lure the big fish.

06:00 pm M*A*S*H (Rpt) PG <u>Heroes</u>

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt) PG Kiss Of Death

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS (Rpt) PG

Drug References, Adult Themes

A real life drama series that documents the personal and professional

lives of the police officers enforcing the troubled streets of America.

07:30 pm White Collar (Rpt) PG <u>Diminishing Returns</u>

With Neal and his team's help, Peter surreptitiously investigates a

brilliant thief who has avoided the FBI's capture for years.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen



Wednesday 12th March 2014

08:30 pm Burn Notice

Some Violence

ALL NEW EPISODES

Down Range

Michael recruits Sam and Jesse and they travel to the Dominican Republic to help him. Meanwhile, Fiona helps Madeline when a bookie tries to extort her.

Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce Campbell, Sharon Gless, Jack Coleman

Guest Starring: Adrian Pasdar

09:30 pm Sons Of Anarchy

AV15+ Strong Violence **ALL NEW EPISODES**

Laying Pipe

A difficult decision was made for Jax this week, and it will forever change both him and the way he handles the club.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Ashley Tisdale

10:30 pm Vegas

NEW EPISODE

Little Fish

Sheriff Lamb and FBI Agent Byrne butt heads when Byrne prevents Lamb from pressing charges against a pimp in order to get info on

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor

Handley, Jason O'Mara

11:30 pm Terriers

Some Violence

Quid Pro Quo

Hank, Britt, and their new ally, Laura Ross, unravel the Ocean Beach conspiracy, which puts them and everyone they love in immediate danger.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am The Project Encore (Rpt) CC

> Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

01:30 am Python Hunters (Rpt)

Mild Coarse Language

Lizards Of Oz

Visiting Australia, the Hunters come face to face with freshwater crocodiles, pythons and venomous snakes. But there are also far too many invasive cane toads for comfort.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

02:30 am Hardliners (Rpt)

PG Some Coarse Language

Australian long-line tuna fishermen are at the heart of this actionpacked observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

G

Wednesday 12th March 2014

03:00 am M*A*S*H (Rpt)	PG	<u>Heroes</u>
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At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

03:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

04:30 am Football's Greatest Managers (Rpt)

Bill Shankly

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.

05:00 am NASCAR Sprint Cup Qualifying

Race 3: Kobalt 400 @ Las Vegas-Qualifying

Who will take out the top spot in the qualifying race ahead of Race 3 from the Las Vegas Motor Speedway?



Thursday 13th March 2014

Race 3: Kobalt 400 @ Las Vegas

Round 3 of the 2014 NASCAR Sprint Cup is the Kobalt 400 held at the Las Vegas Motor Speedway in Las Vegas, Nevada.

10:00 am Super Rugby Extra Time

06:00 am NASCAR Sprint Cup (Rpt)

11:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

CC G 11:30 am MasterChef Australia (Rpt)

WS

Monday - Week 6

The bottom three contestants from the Invention Test face off in an Asian-inspired Pressure Test where they are challenged to recreate a dessert by Dan Hong, Head Chef of Ms. G's in Sydney.

12:30 pm MasterChef Australia (Rpt) CC G WS

Tuesday - Week 6

Superstar Noredic chef, Thorsten Schmidt, arrives at the MasterChef Kitchen to battle it out with one lucky contestant. Is the Immunity Pin within their grasp? Or will they be schooled by a pro?

01:00 pm MasterChef Australia (Rpt) CC G WS

Wednesday - Week 6

The contestants are divided into teams - Gen X versus Gen Y! The younger chefs have the enthusiasm but with age comes wisdom. Who

will impress special guest judge, Nigella Lawson?

02:00 pm Psych

Some Violence

PG

100 Clues

NEW EPISODE

A VIP party thrown by a has-been rock star turns into a murder mystery weekend for Shawn and Gus.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt) PG

> An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt) PG

> An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



PG

Thursday 13th March 2014

04:00 pm Get Smart (Rpt)

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt CC PG 04:30 pm Recruits Paramedics (Rpt) **Adult Themes** A 13-year old girl, worried about her Mum, rings triple zero for an ambulance. The patient is suffering a severe case of Swine Flu; later, John is called to a five-car pile up on a major highway. 05:00 pm Big Angry Fish (Rpt) G Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step. 05:30 pm | I Fish (Rpt) G Paul Worsteling brings you great tips and products that will help you lure the big fish. 06:00 pm M*A*S*H (Rpt) PG **Sons And Bowlers** At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

Kiss Of Death

06:30 pm Get Smart (Rpt) PG IT Takes ONE To Know ONE

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

-

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS (Rpt) PG

Drug References

A real life drama series that documents the personal and professional

lives of the police officers enforcing the troubled streets of America.

07:30 pm Whose Line Is It Anyway? (Rpt) PG

Sexual References

An improvisational comedy game show in which four players act out

various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



Thursday 13th March 2014

08:00 pm Whose Line Is It Anyway?

PG

Sexual References

An improvisational comedy game show in which four players act out

various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

08:30 pm Fast Forward (Rpt)

M

Sexual References

Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors,

with many memorable moments.

09:30 pm Ross Noble's Australian Trip (Rpt)

CC M

WS Sexual References,

Some Coarse Language Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as

he bikes his way between gigs.

10:30 pm The Sketch Show (Rpt)

PG

Sexual References, Mild Coarse Language,

Adult Themes

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.

11:00 pm Blokesworld (Rpt)

MA15+

Sexual References,

Nudity

Ado is in Goulburn for the NSW Dirt Drags and meets Pinky, Lozza shows us her tatts in Pink Ink and Moto X royalty Stephen Gall chats

about racing and working on Mad Max 4.

11:30 pm To Be Advised

12:30 am The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

01:30 am Would You Rather? With Graham

Norton (Rpt)

M

Sexual References

Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include:

Judah Friedlander, Janet Varney, Michael lan Black and Leo Allen.

02:00 am Wild Racers (Rpt) PG

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals

and sketchy trails, just finding their way will take all their skills.



Thursday 13th March 2014

02:30 am Million Dollar Catch (Rpt)

PG Some Coarse Language

PG

G

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the

world.

03:00 am Whose Line Is It Anyway? (Rpt)

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

,

Starring: Drew Carey, Wayne Brady

03:30 am Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 am M*A*S*H (Rpt) PG **So**

Sons And Bowlers

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

04:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am Sporting Greats (Rpt)

Edwin Moses

Between 1977 and 1987, Edwin Moses won 107 consecutive finals, set the world record in the 400m hurdles event four times and won a

gold medal at the 1976 and 1984 Olympics.

05:30 am Football's Greatest Managers (Rpt) PG

Ottmar Hitzfeld

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



Friday 14th March 2014

06:00 am Sport Science (Rpt)

PG Some Violence, Some Coarse Language, Adult Themes

PG

World's Toughest Woman

By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?

07:00 am NASCAR Nationwide Series **Highlights**

08:00 am NASCAR Sprint Cup Highlights

09:00 am To Be Advised

10:00 am Swisse Mark Webber Challenge

11:00 am THE 2014 FORMULA 1® ROLEX **AUSTRALIAN GRAND PRIX™**

Race 3: Boyd Gaming 300 @ Las Vegas

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 3 is hosted at the Las Vegas Motor Speedway.

Race 3: Kobalt 400 @ Las Vegas-Highlights

Relive all the action of the Sprint Cup Round 3 with highlights from the Kobalt 400 at the Las Vegas Motor Speedway.

Swisse Mark Webber Challenge

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and remote terrain, hosted by Australian F1 star Mark Webber.

LIVE NATIONWIDE

04:00 pm THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

06:30 pm Get Smart (Rpt)

LIVE NATIONWIDE

Someone Down Here Hates Me

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS (Rpt) PG

> A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm Frontiers Of Construction (Rpt) G Breaking The Waves: U.S. Army Corps Of Engineers

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

08:30 pm Megacities (Rpt) PG London

> Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.



Friday 14th March 2014

09:30 pm Basketball: NBL Championship

2013/14

DELAYED

Round 22: Adelaide 36ers V Perth Wildcats

Round 22 sees the Adelaide 36ers at home against the Perth

Wildcats. Join us for all the action from Adelaide Arena.

NEW EPISODE
The Vapora Sport

11:30 pm The League MA15+
Sexual References

Pete and a man in a wheelchair compete over a pair of shoes. Meanwhile, Kevin and Jenny get a piano for Ellie, but soon regret it.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi,

Jon Lajoie

12:00 am The Project Encore (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they

dissect, digest and re-constitute the daily news, events and hottest

topics.

01:00 am Bellator MMA (Rpt)

Realistic Violence

Welcome to the Bellator Summer Series 13 as we see some of the

best fighters in the world battle it out for a shot at the World

Championships.

04:00 am Would You Rather? With Graham

Norton (Rpt)

М

Sexual References

Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include:

Judah Friedlander, Janet Varney, Michael Ian Black and Leo Allen.

04:30 am The Sketch Show (Rpt) PG

Sexual References, Mild Coarse Language, Adult Themes

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast

paced quirky, wacky, and ridiculous off the wall British humour.

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the

major sports, no matter where in the world the event is held.

05:30 am Football's Greatest Managers (Rpt) G Fabio Capello

Football's Greatest Managers takes a look at the top ten managers in

the history of world football and how they were so successful.



Saturday 15th March 2014

06:00 am Alby Mangels Adventure Bound (Rot)

PG Adult Themes

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

07:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

07:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

LIVE NATIONWIDE

08:00 am THE FORMULA ONE™

AUSTRALIAN GRAND PRIX™

BREAKFAST

11:00 am THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

04:00 pm THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

05:00 pm THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

QUALIFYING

06:30 pm Get Smart (Rpt)

LIVE NATIONWIDE

LIVE NATIONWIDE

LIVE NATIONWIDE

PG Cutback At Control

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm Trick My Truck (Rpt) PG

The Mafia does a truck makeover for a husband and wife team that drive a replica of the Vietnam Veteran's Memorial around the country.

07:30 pm Frontiers Of Construction (Rpt) G Big Shots: The Art & Science Of Blasting

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.



Saturday 15th March 2014

08:30 pm Law & Order: SVU (Rpt)

CC M Strong Adult Themes

Disrobed

A judge who'd fought for the rights of abused women is found shot to death under sordid circumstances, and the detectives uncover a case of corruption that leads all the way to the state parole board.

Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd, Dean Winters

Guest Starring: Angie Everhart, Kathryn Meisle, Jack Gwaltney

09:30 pm Bellator MMA

SEASON PREMIERE

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

NEW EPISODE

11:30 pm Lights Out

Some Violence

Rainmaker

Lights tries to help out a "punch drunk" former boxer. He also finds himself threatened by a witness to his job for Brennan.

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown

12:30 am Blokesworld (Rpt)

MA15+

Sexual References,

Nudity

Ado is in Goulburn for the NSW Dirt Drags and meets Pinky, Lozza shows us her tatts in Pink Ink and Moto X royalty Stephen Gall chats about racing and working on Mad Max 4.

01:00 am 48 Hours

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

02:00 am Ross Kemp: Battle For The Amazon

(Rpt)

Some Coarse Language, Drug References, Adult Themes

Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.

03:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:25 am Sporting Greats (Rpt)

G Shane Warne

Shane Warne is widely regarded as one of the greatest bowlers in the history of cricket. He made his Test debut for Australia in 1992 and held the record for the most wickets taken by any bowler in Test cricket, until it was broken 2007.



Saturday 15th March 2014

04:00 am NASCAR Nationwide Series Highlights (Rpt)

05:00 am NASCAR Sprint Cup Highlights (Rpt)

Race 3: Boyd Gaming 300 @ Las Vegas

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 3 is hosted at the Las Vegas Motor Speedway.

Race 3: Kobalt 400 @ Las Vegas-Highlights

Relive all the action of the Sprint Cup Round 3 with highlights from the Kobalt 400 at the Las Vegas Motor Speedway.



Sunday 09th March 2014

06:00 am NASCAR Sprint Cup Highlights (Rpt)

07:00 am Rugby Classic Matches (Rpt)

09:00 am Escape With ET (Rpt)

10:00 am The Biggest Loser: Challenge Australia - Encore (Rpt)

CC PG Mild Coarse Language

11:00 am The Biggest Loser: Challenge

CC PG Australia - Encore (Rpt)

12:00 pm The Biggest Loser: Challenge Australia - Encore (Rpt)

CC PG Some Coarse Language

01:00 pm Movie: King Of The Olympics

03:00 pm Sport Science (Rpt)

PG Some Violence, Some Coarse Language. Adult Themes

04:00 pm Adventure Angler TV G

04:30 pm Golf Getaway

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International Raceway.

Autumn International 2004: England V Australia

Relive the classic match between England and Australia in the 2004 Autumn International at Twickenham in London.

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

SPECIAL ENCORE PRESENTATION

It wouldn't be last chance training without some sweat and tears and one team's training session is interrupted as someone storms out crying.

SPECIAL ENCORE PRESENTATION

Things are about to get shaken up as Hayley reveals a change in the game. Meanwhile, the trainers tell the contestants that they have a week of mental and physical challenges lined up for them.

SPECIAL ENCORE PRESENTATION

The week of physical and metal challenges continues as all eight contestants compete in The Biggest Loser triathlon and the winner will recieve a reward we've never seen before, but what is it?

MOVIE

World's Toughest Woman

By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.



Sunday 09th March 2014

05:00 pm What's Up Down Under (Rpt) CC G

> What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm Temporary Australians (Rpt)

PG Mild Coarse Language, Adult Themes Wall To Wall Ride

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they

handle the bad image.

06:00 pm M*A*S*H (Rpt)

PG

Pressure Point

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Reel Rock

Some Coarse Language

NEW EPISODE

Race For The Nose

Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most

vertical terrain.

07:00 pm Million Dollar Catch (Rpt)

PG Some Coarse Language

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.

07:30 pm Hardliners (Rpt)

PG Some Coarse Language

Australian long-line tuna fishermen are at the heart of this actionpacked observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

08:00 pm Extreme Fishing With Robson

Green (Rpt)

PG Some Coarse Language

Robson Green's passion for fishing means he's already fished the entire map. But this time, he's going further. As he takes it off the map and casts his line at the Ends of the Earth.

09:00 pm COPS

09:30 pm Movie: The Wrestler (Rpt) (2008)

CC MA15+ Some Violence. A Sex Scene, Drug Use

MOVIE

A faded professional wrestler must retire, but finds his guest for a new life outside the ring a dispiriting struggle.

Starring: Mickey Rourke, Marisa Tomei, Evan Rachel Wood, Mark Margolis, Todd Barry, Wass Stevens



Sunday 09th March 2014

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11:45 pm Driven To Extremes (Rpt)	PG	Coldest Road Driven to Extremes is the ultimate driving challenge, pitting Hollywood actors, Adrien Brody, Tom Hardy and Henry Cavill with motorsport racers, Mika Salo and Neil Hodgson against some of the most hostile places on the planet.
		Starring: Adrien Brody, Tom Hardy, Henry Cavill
12:45 am Frontiers Of Construction (Rpt)	G	Top TEN Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
01:45 am Adventure Angler (Rpt)	G	Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.
02:15 am Python Hunters (Rpt)	PG	Rattlesnake Roundup Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb.
		Starring: Shawn Heflick, Greg Graziani, Michael Cole
03:15 am M*A*S*H (Rpt)	PG	Pressure Point At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
03:45 am Sport Science (Rpt)	PG Some Violence, Some Coarse Language, Adult Themes	World's Toughest Woman By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?
04:45 am Sporting Greats (Rpt)	G	Nadia Comaneci Nadia Comaneci winner of five Olympic gold medals at the 1976 and the 1980 Olympics and is the first female gymnast to be awarded a perfect score of 10 in an Olympic gymnastic event.
05:20 am Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the

major sports, no matter where in the world the event is held.



Sunday 09th March 2014

05:30 am NASCAR Sprint Cup

DELAYED

Race 3: Kobalt 400 @ Las Vegas

Round 3 of the 2014 NASCAR Sprint Cup is the Kobalt 400 held at the Las Vegas Motor Speedway in Las Vegas, Nevada.



Monday 10th March 2014

06:00 am NASCAR Sprint Cup

09:30 am Omnisport (Rpt)

10:00 am Temporary Australians (Rpt)

DELAYED

Race 3: Kobalt 400 @ Las Vegas

Round 3 of the 2014 NASCAR Sprint Cup is the Kobalt 400 held at the Las Vegas Motor Speedway in Las Vegas, Nevada.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

PG

Mild Coarse Language, Adult Themes **Wall To Wall Ride**

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they hardle the bed image.

handle the bad image.

10:30 am Megacities (Rpt) PG <u>Las Vegas</u>

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

11:30 am MasterChef Australia (Rpt) CC PG
WS Some Coarse
Language

Sunday - Week 5

The contestants head west where they are faced with one of the most daunting challenges in MasterChef history – cooking for 450 hungry gold miners in the heart of Western Australia.

01:00 pm MasterChef Australia (Rpt) CC G Monday - Week 5

The winning team from the previous challenge head to the Margaret River for a critical Invention Test. The prize on offer? A double

immunity.

NEW EPISODE02:00 pmPsychPGJuliet Takes A Luvvah

Mild Violence,

Sexual References Shawn is unhappy with Juliet's latest assignment, an undercover

operation against an online dating site.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson,

Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out

various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



Monday 10th March 2014

04:30 pm Recruits Paramedics (Rpt)

04:00 pm Reel Rock (Rpt) PG **Race For The Nose** Some Coarse

Reel Rock captures exhilarating sites and stories as top personalities Language in mountain adventure and rock climbing best the world's most vertical terrain.

Drug References, Adult Themes

At Paramedic College new recruits are nearing their final assessments. But before they can begin their on-road training, they'll be treating a simulated patient with multiple undiagnosed injuries.

PG 05:00 pm Big Angry Fish (Rpt)

> Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.

CC PG

05:30 pm | I Fish (Rpt) G

Paul Worsteling brings you great tips and products that will help you

lure the big fish.

06:00 pm M*A*S*H (Rpt) PG Where There's A Will, There's A War

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

PG 06:30 pm Get Smart (Rpt) Perils In A Pet Shop

> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

CC PG 07:00 pm Undercover Boss Australia (Rpt) **Sodexo**

> Jeanpaul Dimech, CEO of Sodexo Australia, goes undercover working with some of the company's 6,000 employees to see whether

the business is fighting fit at grass-roots level.

08:00 pm American Digger (Rpt) PG **New World Treasure**

Mild Coarse Language

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the

team's dreams.

MOVIE

08:30 pm Movie: Star Trek II: The Wrath Of

Khan (Rpt) (1982)

PG

Some Violence

With the aide of the Enterprise crew, Admiral Kirk must stop an old nemesis, Khan Noonien Singh, from using his son's life-generating device, the Genesis Device, as the ultimate weapon.

Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, Ricardo

Montalban, Kirstie Alley



Monday 10th March 2014

10:50 pm Movie: Star Trek III: The Search For

Spock (Rpt) (1984)

PG Mild Violence **MOVIE**

Admiral Kirk and his bridge crew risk their careers stealing the decommissioned Enterprise to return to the restricted Genesis planet to resource Specific hadres

to recover Spock's body.

Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, Mark Lenard, Christopher Lloyd, Robin Curtis, Dame Judith Anderson, John

Larroquette

01:00 am The Project Encore (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

02:00 am Bellator MMA (Rpt)

Realistic Violence

Welcome to the Bellator Summer Series 13 as we see some of the

best fighters in the world battle it out for a shot at the World

Championships.

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the

major sports, no matter where in the world the event is held.

05:30 am Football's Greatest Managers (Rpt) PG <u>Jose Mourinho</u>

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



PG

PG

WS

WS

Language

Some Coarse

Language

Tuesday 11th March 2014

06:00 am Basketball: NBL Championship

2013/14 (Rpt)

08:00 am Basketball: NBL Championship

2013/14 (Rpt)

10:00 am Omnisport (Rpt)

10:30 am Million Dollar Catch (Rpt)

11:00 am Reel Rock (Rpt)

11:30 am MasterChef Australia (Rpt) CC G

12:00 pm MasterChef Australia (Rpt)

01:00 pm MasterChef Australia (Rpt)

02:00 pm Psych

REPLAY

Round 21: Perth Wildcats V Townsville Crocodiles

In Round 21 we take you to Perth Arena where the Peth Wildcats take on the Townsville Crocodiles.

REPLAY

Round 21: Melbourne Tigers V Sydney Kings

Round 21 sees the Melbourne Tigers at home against the Sydney

Kings. Join us for all the action from Hisesnse Arena.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the

major sports, no matter where in the world the event is held.

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the

world.

Race For The Nose Some Coarse

Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most

vertical terrain.

Tuesday - Week 5

With an Immunity Pin up for grabs, guest chef, Tony Howell, better watch his back because this week's challenger is ready to cook up a

storm! Who will recreate the best seafood stew?

CC PG Wednesday - Week 5

> The contestants return to the MasterChef kitchen to compete in an Invention Test with a twist - they must create a dish using only

canned and frozen food.

CC G Thursday - Week 5 WS

It's time to Fix That Dish! The bottom two contestants must bring a

watery, unbalanced Massaman curry back to life to avoid elimination.

NEW EPISODE

Lassie Jerky Some Violence

The Bigfoot legend lures Shawn and Gus from civilisation to the wilds when they join film students on their quest to document its existence.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



Tuesday 11th March 2014

ruesday	11th Warch 2014		
03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	Perils In A Pet Shop Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Fishing Edge (Rpt)	G	Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.
05:00 pm	Big Angry Fish (Rpt)	PG	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	Promotion Commotion At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	The Whole Tooth And Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



Tuesday 11th March 2014

07:00 pm COPS (Rpt)

PG

Adult Themes

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm Python Hunters (Rpt)

PG Mild Coarse Language **Lizards Of Oz**

Visiting Australia, the Hunters come face to face with freshwater crocodiles, pythons and venomous snakes. But there are also far too many invasive cane toads for comfort.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

08:30 pm COPS: Adults Only (Rpt)

M Some Coarse Language, Adult Themes

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

09:00 pm COPS (Rpt)

PG Drug References, Adult Themes **Busted #2 Special Edition**

The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets of America.

of America.

09:30 pm Ross Kemp: Battle For The Amazon

(Rpt)

M Some Coarse Language, Drug References, Adult Themes

Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.

10:30 pm Super Rugby Extra Time

11:30 pm Sleeper Cell (Rpt)

AV15+ Some Violence, A Sex Scene **NEW EPISODE**

<u>Immigrant</u>
Farik attends a meeting with cell leaders in Las Vegas as they finalise

a date for their possible attack. Meanwhile, an Afghani boy comes to the warehouse in the hopes of becoming a jihadist.

the warehouse in the hopes of becoming a jinadist

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri

Lubatti

12:40 am The Project Encore (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

01:40 am American Digger (Rpt)

PG Mild Coarse Language **New World Treasure**

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the

team's dreams.

02:10 am Trick My Truck (Rpt) PG

Matthew Graves is the sole provider for 6 children. Trick My Truck transform Graves' overworked Peterbilt into an iconic monster truck

befitting of a family named Graves.

02:40 am Frontiers Of Construction (Rpt)

G

Virtual Engineering

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual

engineering.



Tuesday 11th March 2014

03:40 am COPS (Rpt)

M
Some Coarse
Language,
Adult Themes

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

04:10 am M*A*S*H (Rpt) PG Promotion Commotion

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

04:40 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am Sporting Greats (Rpt) G Michael Johnson

Michael Johnson is considered one of the greatest long sprinters in the history of track and field. He won four Olympic gold medals and

eight World Championships gold medals.

05:30 am Football's Greatest Managers (Rpt) G Arrigo Sacchi

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



PG

PG

CC

CC G

Some Violence

WS

Some Violence,

Some Coarse Language,

Adult Themes

Wednesday 12th March 2014

06:00 am NASCAR Nationwide Series Highlights (Rpt)

07:00 am NASCAR Sprint Cup Highlights

(Rpt)

08:00 am World Series Sprintcars (Rpt)

09:00 am Sport Science (Rpt)

10:00 am Omnisport (Rpt)

10:30 am Wild Racers (Rpt)

11:00 am Tour The World (Rpt)

11:30 am MasterChef Australia (Rpt) CC G WS

01:00 pm MasterChef Australia (Rpt)

02:00 pm Psych PG

Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International

Raceway.

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across

the country.

World's Toughest Woman

By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could

he really do it? Could Kobe Bryant really jump over a speeding car?

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals

and sketchy trails, just finding their way will take all their skills.

New Zealand's North Island Unveiled

We join a fabulous journey around New Zealand's stunning North Island with its beautiful capital - Auckland. Then we head south to the

bubbling mud pools and steam vents of Rotorua.

Friday - Week 5

George, Gary and Matt Moran take the contestants through a step-bystep guide to the best Summer pudding, a yummy curry and Matt's

famous Blue Swimmer Crab.

Sunday - Week 6

The contestants face a Super Invention Test with a Spanish theme. But what's the twist? After they carefully chose their ingredients, the

judges drop a bombshell.

NEW EPISODE

No Country For Two Old Men

Juliet's stepfather comes to town and Shawn is determined to forge a

relationship. However, things go bad with a trip to Mexico.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



Wednesday 12th March 2014

03:00 pm	Super	Rugby	Extra	Time
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04:00 pm Get Smart (Rpt) PG The Whole Tooth And...

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm Recruits Paramedics (Rpt) CC PG

Drug References, Adult Themes

Trainee Paramedics must pass eight weeks of intensive theory before they're allowed to start a 3-year mentorship on the road. The final

assessment is the only thing in the way of Blake's dream job.

05:00 pm Big Angry Fish (Rpt) PG

Big Angry Fish is all about teaching you the knowledge and

techniques to head out on the water and catch trophy fish in shallow

water, right at your back door step.

05:30 pm | Fish (Rpt) G

Paul Worsteling brings you great tips and products that will help you

lure the big fish.

06:00 pm M*A*S*H (Rpt) PG <u>Heroes</u>

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt) PG Kiss Of Death

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS (Rpt) PG

Drug References, Adult Themes

A real life drama series that documents the personal and professional

lives of the police officers enforcing the troubled streets of America.

07:30 pm White Collar (Rpt) PG <u>Diminishing Returns</u>

With Neal and his team's help, Peter surreptitiously investigates a

brilliant thief who has avoided the FBI's capture for years.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen



Wednesday 12th March 2014

08:30 pm Burn Notice

M Some Violence **ALL NEW EPISODES**

Down Range

Michael recruits Sam and Jesse and they travel to the Dominican Republic to help him. Meanwhile, Fiona helps Madeline when a bookie tries to extort her.

Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce Campbell, Sharon Gless, Jack Coleman

Guest Starring: Adrian Pasdar

09:30 pm Sons Of Anarchy

AV15+ Strong Violence **ALL NEW EPISODES**

Laying Pipe

A difficult decision was made for Jax this week, and it will forever change both him and the way he handles the club.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Ashley Tisdale

10:30 pm Vegas

M

NEW EPISODE

Little Fish

Sheriff Lamb and FBI Agent Byrne butt heads when Byrne prevents Lamb from pressing charges against a pimp in order to get info on Savino instead.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm Terriers

M Some Violence Quid Pro Quo

Hank, Britt, and their new ally, Laura Ross, unravel the Ocean Beach conspiracy, which puts them and everyone they love in immediate danger.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am The Project Encore (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:30 am Python Hunters (Rpt)

PG Mild Coarse Language **Lizards Of Oz**

Visiting Australia, the Hunters come face to face with freshwater crocodiles, pythons and venomous snakes. But there are also far too many invasive cane toads for comfort.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

02:30 am Hardliners (Rpt)

PG Some Coarse Language

Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

G

Wednesday 12th March 2014

03:00 am M*A*S*H (Rpt) PG <u>Heroes</u>

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

03:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

04:30 am Football's Greatest Managers (Rpt)

Bill Shankly

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.

05:00 am NASCAR Sprint Cup Qualifying

Race 3: Kobalt 400 @ Las Vegas-Qualifying

Who will take out the top spot in the qualifying race ahead of Race 3 from the Las Vegas Motor Speedway?



Thursday 13th March 2014

06:00 am NASCAR Sprint Cup (Rpt)

10:00 am Super Rugby Extra Time

Race 3: Kobalt 400 @ Las Vegas
Round 3 of the 2014 NASCAR Sprint Cup is the Kobalt 400 held at the Las Vegas Motor Speedway in Las Vegas, Nevada.

REPLAY

11:00 am Omnisport (Rpt)		
		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
11:30 am MasterChef Australia (Rpt)	CC G WS	Monday - Week 6 The bottom three contestants from the Invention Test face off in an Asian-inspired Pressure Test where they are challenged to recreate a

dessert by Dan Hong, Head Chef of Ms. G's in Sydney.

12:30 pm MasterChef Australia (Rpt)	CC G	Tuesday - Week 6
	WS	Superstar Noredic chef, Thorsten Schmidt, arrives at the MasterChef Kitchen to battle it out with one lucky contestant. Is the Immunity Pin
		within their grasp? Or will they be schooled by a pro?

01:00 pm MasterChef Australia (Rpt)	CC G	<u>Wednesday - Week 6</u>
	WS	The contestants are divided into teams - Gen X versus Gen Y! The
		younger chefs have the enthusiasm but with age comes wisdom. Who
		will income a consist of the Minchella Lawrence

will impress special guest judge, Nigella Lawson?

		NEW EPISODE
02:00 pm Psych	PG	100 Clues
	Some Violence	A 1/15

A VIP party thrown by a has-been rock star turns into a murder mystery weekend for Shawn and Gus.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

PG 03:00 pm Whose Line Is It Anyway? (Rpt) An improvisational comedy game show in which four players act out

PG

various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt)



Thursday 13th March 2014

04:00 pm Get Smart (Rpt) PG **Kiss Of Death** Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt CC PG 04:30 pm Recruits Paramedics (Rpt) **Adult Themes** A 13-year old girl, worried about her Mum, rings triple zero for an ambulance. The patient is suffering a severe case of Swine Flu; later, John is called to a five-car pile up on a major highway. 05:00 pm Big Angry Fish (Rpt) G Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step. 05:30 pm | I Fish (Rpt) G Paul Worsteling brings you great tips and products that will help you lure the big fish. 06:00 pm M*A*S*H (Rpt) PG **Sons And Bowlers** At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff PG 06:30 pm Get Smart (Rpt) **IT Takes ONE To Know ONE** Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt 07:00 pm COPS (Rpt) PG Drug References A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America. 07:30 pm Whose Line Is It Anyway? (Rpt) PG Sexual References

An improvisational comedy game show in which four players act out

various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



Thursday 13th March 2014

08:00 pm Whose Line Is It Anyway?

PG

Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

08:30 pm Fast Forward (Rpt)

М

Sexual References

Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors,

with many memorable moments.

09:30 pm Ross Noble's Australian Trip (Rpt)

CC M

WS Sexual References,

Some Coarse Language Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as

he bikes his way between gigs.

10:30 pm The Sketch Show (Rpt)

PG

Sexual References, Mild Coarse Language, Adult Themes

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.

11:00 pm Blokesworld (Rpt)

MA15+

Sexual References,

Nudity

Ado is in Goulburn for the NSW Dirt Drags and meets Pinky, Lozza shows us her tatts in Pink Ink and Moto X royalty Stephen Gall chats

about racing and working on Mad Max 4.

11:30 pm To Be Advised

12:30 am The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

01:30 am Would You Rather? With Graham

Norton (Rpt)

M

Sexual References

Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include:

Judah Friedlander, Janet Varney, Michael Ian Black and Leo Allen.

02:00 am Wild Racers (Rpt) PG

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.



Thursday 13th March 2014

02:30 am Million Dollar Catch (Rpt)

PG Some Coarse Language

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the

world.

03:00 am Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out

various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 am Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 am M*A*S*H (Rpt)

PG Sons And Bowlers

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

04:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am Sporting Greats (Rpt)

G Edwin Moses

Between 1977 and 1987, Edwin Moses won 107 consecutive finals, set the world record in the 400m hurdles event four times and won a gold model at the 1976 and 1984 Olympiae.

gold medal at the 1976 and 1984 Olympics.

05:30 am Football's Greatest Managers (Rpt) PG

Ottmar Hitzfeld

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



Friday 14th March 2014

06:00 am NASCAR Nationwide Series

Highlights

07:00 am NASCAR Sprint Cup Highlights

08:00 am To Be Advised

09:00 am Swisse Mark Webber Challenge

10:00 am THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

03:00 pm THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

05:30 pm COPS (Rpt) PG

Drug References

06:00 pm M*A*S*H (Rpt) PG **Too Many Cooks**

At the 4077th Mobile Army Surgical Hospital surgeons set about

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

dealing with the daily carnage of the war by raising hell.

Race 3: Boyd Gaming 300 @ Las Vegas

Race 3: Kobalt 400 @ Las Vegas-Highlights

Swisse Mark Webber Challenge

LIVE NATIONWIDE

LIVE NATIONWIDE

the Kobalt 400 at the Las Vegas Motor Speedway.

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 3 is hosted at the Las Vegas Motor Speedway.

Relive all the action of the Sprint Cup Round 3 with highlights from

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and

remote terrain, hosted by Australian F1 star Mark Webber.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt) PG Someone Down Here Hates Me

PG

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

G **Breaking The Waves: U.S. Army Corps Of Engineers**

> Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual

engineering.

Last Updated 21st Feb 2014 - 17:05

07:00 pm COPS (Rpt)

07:30 pm Frontiers Of Construction (Rpt)

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Friday 14th March 2014

PG 08:30 pm Megacities (Rpt) **London**

> Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

DELAYED

09:30 pm Basketball: NBL Championship Round 22: Adelaide 36ers V Perth Wildcats 2013/14

Round 22 sees the Adelaide 36ers at home against the Perth

Wildcats. Join us for all the action from Adelaide Arena.

NEW EPISODE 11:30 pm The League MA15+ **The Vapora Sport**

Sexual References Pete and a man in a wheelchair compete over a pair of shoes.

Meanwhile, Kevin and Jenny get a piano for Ellie, but soon regret it.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi, Jon Lajoie

12:00 am The Project Encore (Rpt) CC Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they

dissect, digest and re-constitute the daily news, events and hottest

topics.

01:00 am Bellator MMA (Rpt)

Realistic Violence Welcome to the Bellator Summer Series 13 as we see some of the

best fighters in the world battle it out for a shot at the World

Championships.

04:00 am Would You Rather? With Graham

Norton (Rpt)

Sexual References

Would You Rather? is a show featuring a panel of comedians and

celebrities who answer "would you rather" questions. Guests include: Judah Friedlander, Janet Varney, Michael Ian Black and Leo Allen.

04:30 am The Sketch Show (Rpt) PG

Sexual References, Mild Coarse Language, Adult Themes

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast

paced quirky, wacky, and ridiculous off the wall British humour.

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the

major sports, no matter where in the world the event is held.

05:30 am Football's Greatest Managers (Rpt) **Fabio Capello**

Football's Greatest Managers takes a look at the top ten managers in

the history of world football and how they were so successful.



Saturday 15th March 2014

06:00 am Alby Mangels Adventure Bound (Rot)

PG

Adult Themes

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

LIVE NATIONWIDE

LIVE NATIONWIDE

LIVE NATIONWIDE

LIVE NATIONWIDE

Are You Now, Margaret

07:00 am THE FORMULA ONE™

AUSTRALIAN GRAND PRIX™

BREAKFAST

10:00 am THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

03:00 pm THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

04:00 pm THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

QUALIFYING

06:00 pm M*A*S*H (Rpt)

05:30 pm COPS (Rpt) PG

PG

At the 4077th Mobile Army Surgical Hospital surgeons set about

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt) PG <u>Cutback At Control</u>

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

The Mafia does a truck makeover for a husband and wife team that

drive a replica of the Vietnam Veteran's Memorial around the country.

07:30 pm Frontiers Of Construction (Rpt) G Big Shots: The Art & Science Of Blasting

PG

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual

engineering.

07:00 pm Trick My Truck (Rpt)



Saturday 15th March 2014

08:30 pm Law & Order: SVU (Rpt)

CC M Strong Adult Themes

Disrobed

A judge who'd fought for the rights of abused women is found shot to death under sordid circumstances, and the detectives uncover a case of corruption that leads all the way to the state parole board.

Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd, Dean Winters

Guest Starring: Angie Everhart, Kathryn Meisle, Jack Gwaltney

09:30 pm Bellator MMA

SEASON PREMIERE

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

NEW EPISODE

11:30 pm Lights Out

Some Violence

Rainmaker

Lights tries to help out a "punch drunk" former boxer. He also finds himself threatened by a witness to his job for Brennan.

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown

12:30 am Blokesworld (Rpt)

MA15+

Sexual References,

Nudity

Ado is in Goulburn for the NSW Dirt Drags and meets Pinky, Lozza shows us her tatts in Pink Ink and Moto X royalty Stephen Gall chats about racing and working on Mad Max 4.

01:00 am 48 Hours

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

02:00 am Ross Kemp: Battle For The Amazon

(Rpt)

M Some Coarse Language, Drug References, Adult Themes

Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.

03:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:25 am Sporting Greats (Rpt)

G

Shane Warne

Shane Warne is widely regarded as one of the greatest bowlers in the history of cricket. He made his Test debut for Australia in 1992 and held the record for the most wickets taken by any bowler in Test cricket, until it was broken 2007.



Saturday 15th March 2014

04:00 am NASCAR Nationwide Series Highlights (Rpt)

05:00 am NASCAR Sprint Cup Highlights (Rpt)

Race 3: Boyd Gaming 300 @ Las Vegas

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 3 is hosted at the Las Vegas Motor Speedway.

Race 3: Kobalt 400 @ Las Vegas-Highlights

Relive all the action of the Sprint Cup Round 3 with highlights from the Kobalt 400 at the Las Vegas Motor Speedway.



Sunday 09th March 2014

06:00 am NASCAR Sprint Cup Highlights (Rpt)

07:00 am Rugby Classic Matches (Rpt)

09:00 am Escape With ET (Rpt)

10:00 am The Biggest Loser: Challenge Australia - Encore (Rpt)

CC PG Mild Coarse Language

CC PG

11:00 am The Biggest Loser: Challenge

Australia - Encore (Rpt)

12:00 pm The Biggest Loser: Challenge

CC PG Australia - Encore (Rpt) Some Coarse Language

01:00 pm Movie: King Of The Olympics

03:00 pm Sport Science (Rpt)

PG Some Violence, Some Coarse Language. Adult Themes

04:00 pm Adventure Angler TV G

04:30 pm Golf Getaway

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International Raceway.

Autumn International 2004: England V Australia

Relive the classic match between England and Australia in the 2004 Autumn International at Twickenham in London.

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

SPECIAL ENCORE PRESENTATION

It wouldn't be last chance training without some sweat and tears and one team's training session is interrupted as someone storms out crying.

SPECIAL ENCORE PRESENTATION

Things are about to get shaken up as Hayley reveals a change in the game. Meanwhile, the trainers tell the contestants that they have a week of mental and physical challenges lined up for them.

SPECIAL ENCORE PRESENTATION

The week of physical and metal challenges continues as all eight contestants compete in The Biggest Loser triathlon and the winner will recieve a reward we've never seen before, but what is it?

MOVIE

World's Toughest Woman

By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.



Sunday 09th March 2014

05:00 pm What's Up Down Under (Rpt) CC G

> What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm Temporary Australians (Rpt)

PG Mild Coarse Language, Adult Themes

PG

Wall To Wall Ride

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

06:00 pm M*A*S*H (Rpt)

Pressure Point

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Reel Rock

Some Coarse Language

NEW EPISODE

Race For The Nose

Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.

07:00 pm Million Dollar Catch (Rpt)

PG Some Coarse Language

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.

07:30 pm Hardliners (Rpt)

PG Some Coarse Language

Australian long-line tuna fishermen are at the heart of this actionpacked observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

08:00 pm Extreme Fishing With Robson

Green (Rpt)

PG Some Coarse Language

Robson Green's passion for fishing means he's already fished the entire map. But this time, he's going further. As he takes it off the map and casts his line at the Ends of the Earth.

09:00 pm COPS

09:30 pm Movie: The Wrestler (Rpt) (2008)

CC MA15+ Some Violence. A Sex Scene, Drug Use

MOVIE

A faded professional wrestler must retire, but finds his guest for a new life outside the ring a dispiriting struggle.

Starring: Mickey Rourke, Marisa Tomei, Evan Rachel Wood, Mark Margolis, Todd Barry, Wass Stevens



PG

Coldest Road

Sunday 09th March 2014

11:45 pm Driven To Extremes (Rpt)

11.45 pm Briven to Extremes (hipt)	, G	Driven to Extremes is the ultimate driving challenge, pitting Hollywood actors, Adrien Brody, Tom Hardy and Henry Cavill with motorsport racers, Mika Salo and Neil Hodgson against some of the most hostile places on the planet. Starring: Adrien Brody, Tom Hardy, Henry Cavill
12:45 am Frontiers Of Construction (Rpt)	G	Top TEN Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
01:45 am Adventure Angler (Rpt)	G	Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.
02:15 am Python Hunters (Rpt)	PG	Rattlesnake Roundup Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb. Starring: Shawn Heflick, Greg Graziani, Michael Cole
03:15 am M*A*S*H (Rpt)	PG	Pressure Point At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
03:45 am Sport Science (Rpt)	PG Some Violence.	World's Toughest Woman
	Some Coarse Some Coarse Language, Adult Themes	By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?
04:45 am Sporting Greats (Rpt)	Some Coarse Language,	speeding Aston-Martin and we know its Hollywood trickery. But could



Sunday 09th March 2014

05:30 am NASCAR Sprint Cup

DELAYED

Race 3: Kobalt 400 @ Las Vegas

Round 3 of the 2014 NASCAR Sprint Cup is the Kobalt 400 held at the Las Vegas Motor Speedway in Las Vegas, Nevada.



PG Mild Coarse

PG

CC PG WS Some Coarse

CC G

PG

PG

PG

Mild Violence, Sexual References

Language

Language, Adult Themes

Monday 10th March 2014

06:00 am NASCAR Sprint Cup

09:30 am Omnisport (Rpt)

10:00 am Temporary Australians (Rpt)

10:30 am Megacities (Rpt)

11:30 am MasterChef Australia (Rpt)

01:00 pm MasterChef Australia (Rpt)

02:00 pm Psych

03:00 pm Whose Line Is It Anyway? (Rpt)

DELAYED

Race 3: Kobalt 400 @ Las Vegas

Round 3 of the 2014 NASCAR Sprint Cup is the Kobalt 400 held at the Las Vegas Motor Speedway in Las Vegas, Nevada.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

Wall To Wall Ride

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

<u>Las Vegas</u>

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

Sunday - Week 5

The contestants head west where they are faced with one of the most daunting challenges in MasterChef history – cooking for 450 hungry gold miners in the heart of Western Australia.

Monday - Week 5

The winning team from the previous challenge head to the Margaret River for a critical Invention Test. The prize on offer? A double immunity.

NEW EPISODE

Juliet Takes A Luvvah

Shawn is unhappy with Juliet's latest assignment, an undercover operation against an online dating site.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson,

Maggie Lawson

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt)



Monday 10th March 2014

04:00 pm Reel Rock (Rpt) PG **Race For The Nose** Some Coarse Reel Rock captures exhilarating sites and stories as top personalities Language in mountain adventure and rock climbing best the world's most vertical terrain. 04:30 pm Recruits Paramedics (Rpt) CC PG Drug References, At Paramedic College new recruits are nearing their final Adult Themes assessments. But before they can begin their on-road training, they'll be treating a simulated patient with multiple undiagnosed injuries. PG 05:00 pm Big Angry Fish (Rpt) Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step. 05:30 pm | I Fish (Rpt) G Paul Worsteling brings you great tips and products that will help you lure the big fish. 06:00 pm M*A*S*H (Rpt) PG Where There's A Will, There's A War At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff PG 06:30 pm Get Smart (Rpt) Perils In A Pet Shop Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt CC PG 07:00 pm Undercover Boss Australia (Rpt) <u>Sodexo</u> Jeanpaul Dimech, CEO of Sodexo Australia, goes undercover working with some of the company's 6,000 employees to see whether the business is fighting fit at grass-roots level. 08:00 pm American Digger (Rpt) PG **New World Treasure** Mild Coarse American Savage hunts for relics from America's first permanent Language English colony. But affluent homeowners threaten to torpedo the team's dreams.

MOVIE

08:30 pm Movie: Star Trek II: The Wrath Of Khan (Rpt) (1982) PG Some Violence

With the aide of the Enterprise crew, Admiral Kirk must stop an old nemesis, Khan Noonien Singh, from using his son's life-generating device, the Genesis Device, as the ultimate weapon.

Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, Ricardo Montalban, Kirstie Alley

Monday 10th March 2014

10:50 pm Movie: Star Trek III: The Search For

Spock (Rpt) (1984)

PG Mild Violence **MOVIE**

Admiral Kirk and his bridge crew risk their careers stealing the decommissioned Enterprise to return to the restricted Genesis planet

to recover Spock's body.

Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, Mark Lenard, Christopher Lloyd, Robin Curtis, Dame Judith Anderson, John

Larroquette

01:00 am The Project Encore (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

02:00 am Bellator MMA (Rpt)

Realistic Violence

Welcome to the Bellator Summer Series 13 as we see some of the

best fighters in the world battle it out for a shot at the World

Championships.

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the

major sports, no matter where in the world the event is held.

05:30 am Football's Greatest Managers (Rpt) PG <u>Jose Mourinho</u>

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



Tuesday 11th March 2014

06:00 am Basketball: NBL Championship

2013/14 (Rpt)

08:00 am Basketball: NBL Championship

2013/14 (Rpt)

10:00 am Omnisport (Rpt)

10:30 am Million Dollar Catch (Rpt)

PG Some Coarse Language

PG 11:00 am Reel Rock (Rpt) Some Coarse Language

11:30 am MasterChef Australia (Rpt) CC G WS

CC PG 12:00 pm MasterChef Australia (Rpt) WS

01:00 pm MasterChef Australia (Rpt) CC G WS

02:00 pm Psych Some Violence REPLAY

Round 21: Perth Wildcats V Townsville Crocodiles

In Round 21 we take you to Perth Arena where the Peth Wildcats take on the Townsville Crocodiles.

REPLAY

Round 21: Melbourne Tigers V Sydney Kings

Round 21 sees the Melbourne Tigers at home against the Sydney Kings. Join us for all the action from Hisesnse Arena.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the

world.

Race For The Nose

Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.

Tuesday - Week 5

With an Immunity Pin up for grabs, guest chef, Tony Howell, better watch his back because this week's challenger is ready to cook up a

storm! Who will recreate the best seafood stew?

Wednesday - Week 5

The contestants return to the MasterChef kitchen to compete in an Invention Test with a twist - they must create a dish using only

canned and frozen food.

Thursday - Week 5

It's time to Fix That Dish! The bottom two contestants must bring a watery, unbalanced Massaman curry back to life to avoid elimination.

NEW EPISODE

Lassie Jerky

The Bigfoot legend lures Shawn and Gus from civilisation to the wilds when they join film students on their quest to document its existence.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



Tuesday 1	11	th	March	20	14
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lacoday	THE INCIDENCE OF THE PROPERTY		
03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	Perils In A Pet Shop Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Fishing Edge (Rpt)	G	Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.
05:00 pm	Big Angry Fish (Rpt)	PG	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	Promotion Commotion At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	The Whole Tooth And Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



Tuesday 11th March 2014

07:00 pm COPS (Rpt)

PG **Adult Themes**

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm Python Hunters (Rpt)

PG Mild Coarse Language

Lizards Of Oz

Visiting Australia, the Hunters come face to face with freshwater crocodiles, pythons and venomous snakes. But there are also far too many invasive cane toads for comfort.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

08:30 pm COPS: Adults Only (Rpt)

Some Coarse Language, Adult Themes

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

09:00 pm COPS (Rpt)

PG Drug References, Adult Themes

Busted #2 Special Edition

The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets

of America.

09:30 pm Ross Kemp: Battle For The Amazon

(Rpt)

Some Coarse Language, Drug References, Adult Themes

Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.

10:30 pm Super Rugby Extra Time

11:30 pm Sleeper Cell (Rpt)

AV15+ Some Violence, A Sex Scene

NEW EPISODE

Immigrant

Farik attends a meeting with cell leaders in Las Vegas as they finalise a date for their possible attack. Meanwhile, an Afghani boy comes to the warehouse in the hopes of becoming a jihadist.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti

12:40 am The Project Encore (Rpt) CC

> Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

01:40 am American Digger (Rpt)

PG Mild Coarse Language

New World Treasure

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the

team's dreams.

PG 02:10 am Trick My Truck (Rpt)

> Matthew Graves is the sole provider for 6 children. Trick My Truck transform Graves' overworked Peterbilt into an iconic monster truck

befitting of a family named Graves.

02:40 am Frontiers Of Construction (Rpt)

G

Virtual Engineering

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual

engineering.



Tuesday 11th March 2014

03:40 am COPS (Rpt)

M Some Coarse Language, Adult Themes

G

G

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

04:10 am M*A*S*H (Rpt)

PG Promotion Commotion

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

04:40 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am Sporting Greats (Rpt)

Michael Johnson

Michael Johnson is considered one of the greatest long sprinters in the history of track and field. He won four Olympic gold medals and eight World Championships gold medals.

05:30 am Football's Greatest Managers (Rpt)

Arrigo Sacchi

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



PG

PG

CC

CC G

WS

Some Violence,

Some Coarse Language,

Adult Themes

Wednesday 12th March 2014

06:00 am NASCAR Nationwide Series Highlights (Rpt)

07:00 am NASCAR Sprint Cup Highlights

(Rpt)

08:00 am World Series Sprintcars (Rpt)

09:00 am Sport Science (Rpt)

10:00 am Omnisport (Rpt)

10:30 am Wild Racers (Rpt)

11:00 am Tour The World (Rpt)

11:30 am MasterChef Australia (Rpt) CC G WS

01:00 pm MasterChef Australia (Rpt)

02:00 pm Psych PG Some Violence Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International

Raceway.

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across

the country.

World's Toughest Woman

By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could

he really do it? Could Kobe Bryant really jump over a speeding car?

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

New Zealand's North Island Unveiled

We join a fabulous journey around New Zealand's stunning North Island with its beautiful capital - Auckland. Then we head south to the

bubbling mud pools and steam vents of Rotorua.

Friday - Week 5

George, Gary and Matt Moran take the contestants through a step-bystep guide to the best Summer pudding, a yummy curry and Matt's

famous Blue Swimmer Crab.

Sunday - Week 6

The contestants face a Super Invention Test with a Spanish theme. But what's the twist? After they carefully chose their ingredients, the

judges drop a bombshell.

NEW EPISODE

No Country For Two Old Men

Juliet's stepfather comes to town and Shawn is determined to forge a

relationship. However, things go bad with a trip to Mexico.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



Wednesday 12th March 2014

03:00 pm Super Rugby Extra Time

04:00 pm Get Smart (Rpt) PG The Whole Tooth And...

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm Recruits Paramedics (Rpt) CC PG

Drug References, Adult Themes

Trainee Paramedics must pass eight weeks of intensive theory before they're allowed to start a 3-year mentorship on the road. The final

assessment is the only thing in the way of Blake's dream job.

05:00 pm Big Angry Fish (Rpt) PG

Big Angry Fish is all about teaching you the knowledge and

techniques to head out on the water and catch trophy fish in shallow

water, right at your back door step.

05:30 pm | I Fish (Rpt) G

Paul Worsteling brings you great tips and products that will help you

lure the big fish.

06:00 pm M*A*S*H (Rpt) PG <u>Heroes</u>

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt) PG Kiss Of Death

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS (Rpt) PG

Drug References, Adult Themes

mes A real life drama series that documents the personal and professional

lives of the police officers enforcing the troubled streets of America.

07:30 pm White Collar (Rpt) PG <u>Diminishing Returns</u>

With Neal and his team's help, Peter surreptitiously investigates a

brilliant thief who has avoided the FBI's capture for years.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen

Wednesday 12th March 2014

08:30 pm Burn Notice

M Some Violence

ALL NEW EPISODES

Down Range

Michael recruits Sam and Jesse and they travel to the Dominican Republic to help him. Meanwhile, Fiona helps Madeline when a bookie tries to extort her.

Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce Campbell, Sharon Gless, Jack Coleman

Guest Starring: Adrian Pasdar

09:30 pm Sons Of Anarchy

AV15+ Strong Violence

ALL NEW EPISODES

Laying Pipe

A difficult decision was made for Jax this week, and it will forever change both him and the way he handles the club.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Ashley Tisdale

10:30 pm Vegas

M

NEW EPISODE

Little Fish

Sheriff Lamb and FBI Agent Byrne butt heads when Byrne prevents Lamb from pressing charges against a pimp in order to get info on Savino instead.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm Terriers

M Some Violence

Quid Pro Quo

Hank, Britt, and their new ally, Laura Ross, unravel the Ocean Beach conspiracy, which puts them and everyone they love in immediate danger.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am The Project Encore (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:30 am Python Hunters (Rpt)

PG Mild Coarse Language

Lizards Of Oz

Visiting Australia, the Hunters come face to face with freshwater crocodiles, pythons and venomous snakes. But there are also far too many invasive cane toads for comfort.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

02:30 am Hardliners (Rpt)

PG Some Coarse Language

Australian long-line tuna fishermen are at the heart of this action-packed observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

Wednesday 12th March 2014

03:00 am M*A*S*H (Rpt) PG <u>Heroes</u>

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

03:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

04:30 am Football's Greatest Managers (Rpt)

Bill Shankly

G

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.

05:00 am NASCAR Sprint Cup Qualifying

Race 3: Kobalt 400 @ Las Vegas-Qualifying

Who will take out the top spot in the qualifying race ahead of Race 3 from the Las Vegas Motor Speedway?

Thursday 13th March 2014

REP	LAY

Race 3: Kobalt 400 @ Las Vegas

Round 3 of the 2014 NASCAR Sprint Cup is the Kobalt 400 held at the Las Vegas Motor Speedway in Las Vegas, Nevada.

10:00 am Super Rugby Extra Time

06:00 am NASCAR Sprint Cup (Rpt)

11:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

CC G 11:30 am MasterChef Australia (Rpt)

WS

Monday - Week 6

The bottom three contestants from the Invention Test face off in an Asian-inspired Pressure Test where they are challenged to recreate a dessert by Dan Hong, Head Chef of Ms. G's in Sydney.

12:30 pm MasterChef Australia (Rpt)

CC G WS

Tuesday - Week 6

Superstar Noredic chef, Thorsten Schmidt, arrives at the MasterChef Kitchen to battle it out with one lucky contestant. Is the Immunity Pin within their grasp? Or will they be schooled by a pro?

01:00 pm MasterChef Australia (Rpt) CC G WS

Wednesday - Week 6

The contestants are divided into teams - Gen X versus Gen Y! The younger chefs have the enthusiasm but with age comes wisdom. Who will impress special guest judge, Nigella Lawson?

PG 02:00 pm Psych

NEW EPISODE 100 Clues

Some Violence

A VIP party thrown by a has-been rock star turns into a murder mystery weekend for Shawn and Gus.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt) PG

> An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt) PG

> An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



Thursday 13th March 2014

04:00 pm Get Smart (Rpt) PG	Kiss Of Death
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Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

CC PG 04:30 pm Recruits Paramedics (Rpt)

Adult Themes

A 13-year old girl, worried about her Mum, rings triple zero for an ambulance. The patient is suffering a severe case of Swine Flu; later,

John is called to a five-car pile up on a major highway.

05:00 pm Big Angry Fish (Rpt) G

> Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow

water, right at your back door step.

05:30 pm | I Fish (Rpt) G

Paul Worsteling brings you great tips and products that will help you

lure the big fish.

06:00 pm M*A*S*H (Rpt) PG **Sons And Bowlers**

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

PG 06:30 pm Get Smart (Rpt) **IT Takes ONE To Know ONE**

> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS (Rpt) PG

Drug References

A real life drama series that documents the personal and professional

lives of the police officers enforcing the troubled streets of America.

07:30 pm Whose Line Is It Anyway? (Rpt) PG

Sexual References

An improvisational comedy game show in which four players act out

various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



Thursday 13th March 2014

08:00 pm Whose Line Is It Anyway?

PG

Sexual References

An improvisational comedy game show in which four players act out

various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

08:30 pm Fast Forward (Rpt)

М

Sexual References

Fast Forward is a classic TV show of the late 80's and early 90's. It

showcases some of Australia's greatest talents and hilarious actors, with many memorable moments.

09:30 pm Ross Noble's Australian Trip (Rpt)

CC M

WS Sexual References,

Some Coarse Language Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as

he bikes his way between gigs.

10:30 pm The Sketch Show (Rpt)

PG

Sexual References, Mild Coarse Language, Adult Themes

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.

11:00 pm Blokesworld (Rpt)

MA15+

Sexual References,

Nudity

Ado is in Goulburn for the NSW Dirt Drags and meets Pinky, Lozza shows us her tatts in Pink Ink and Moto X royalty Stephen Gall chats

about racing and working on Mad Max 4.

11:30 pm To Be Advised

12:30 am The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

01:30 am Would You Rather? With Graham

Norton (Rpt)

M

Sexual References

Would You Rather? is a show featuring a panel of comedians and

celebrities who answer "would you rather" questions. Guests include: Judah Friedlander, Janet Varney, Michael Ian Black and Leo Allen.

02:00 am Wild Racers (Rpt) PG

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

and sketchy trails, just finding their way will take all their skills.



Thursday 13th March 2014

02:30 am Million Dollar Catch (Rpt)

PG Some Coarse Language

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the

world.

03:00 am Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out

various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 am Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 am M*A*S*H (Rpt) PG Sons And Bowlers

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

04:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the

major sports, no matter where in the world the event is held.

04:55 am Sporting Greats (Rpt) G Edwin Moses

Between 1977 and 1987, Edwin Moses won 107 consecutive finals, set the world record in the 400m hurdles event four times and won a

gold medal at the 1976 and 1984 Olympics.

05:30 am Football's Greatest Managers (Rpt) PG Ottmar Hitzfeld

Football's Greatest Managers takes a look at the top ten managers in

the history of world football and how they were so successful.

Friday 14th March 2014

06:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:30 am NASCAR Nationwide Series

Highlights

07:30 am NASCAR Sprint Cup Highlights

08:30 am To Be Advised

09:30 am Swisse Mark Webber Challenge

10:30 am THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™

03:30 pm THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

06:00 pm M*A*S*H (Rpt)

Race 3: Boyd Gaming 300 @ Las Vegas

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 3 is hosted at the Las Vegas Motor Speedway.

Race 3: Kobalt 400 @ Las Vegas-Highlights

Relive all the action of the Sprint Cup Round 3 with highlights from the Kobalt 400 at the Las Vegas Motor Speedway.

Swisse Mark Webber Challenge

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and remote terrain, hosted by Australian F1 star Mark Webber.

LIVE NATIONWIDE

LIVE NATIONWIDE

Too Many Cooks

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt) PG Someone Down Here Hates Me

PG

PG

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

or continues included organisation, rates.

Starring: Don Adams, Barbara Feldon, Edward Platt

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

G Breaking The Waves: U.S. Army Corps Of Engineers

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.

07:00 pm COPS (Rpt)

07:30 pm Frontiers Of Construction (Rpt)



Friday 14th March 2014

08:30 pm Megacities (Rpt) PG <u>London</u>

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

DELAYED

09:30 pm Basketball: NBL Championship Round 22: Adelaide 36ers V Perth Wildcats

Round 22 sees the Adelaide 36ers at home against the Perth

Wildcats. Join us for all the action from Adelaide Arena.

11:30 pm The League MA15+ The Vapora Sport

Sexual References Pete and a man in a wheelchair compete over a pair of shoes.

Meanwhile, Kevin and Jenny get a piano for Ellie, but soon regret it.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi,

Jon Lajoie

12:00 am The Project Encore (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

01:00 am Bellator MMA (Rpt)

Realistic Violence Welcome to the Bellator Summer Series 13 as we see some of the

best fighters in the world battle it out for a shot at the World

Championships.

04:00 am Would You Rather? With Graham

Norton (Rpt)

M .

Sexual References

Would You Rather? is a show featuring a panel of comedians and

celebrities who answer "would you rather" questions. Guests include: Judah Friedlander, Janet Varney, Michael Ian Black and Leo Allen.

04:30 am The Sketch Show (Rpt) PG

Sexual References, Mild Coarse Language, Adult Themes

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast

paced quirky, wacky, and ridiculous off the wall British humour.

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the

major sports, no matter where in the world the event is held.

05:30 am Football's Greatest Managers (Rpt) G Fabio Capello

Football's Greatest Managers takes a look at the top ten managers in

the history of world football and how they were so successful.



Saturday 15th March 2014

06:00 am Alby Mangels Adventure Bound (Rpt)

PG **Adult Themes**

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

07:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

LIVE NATIONWIDE

07:30 am THE FORMULA ONE™

AUSTRALIAN GRAND PRIX™

BREAKFAST

10:30 am THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

03:30 pm THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

04:30 pm THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

QUALIFYING

06:00 pm M*A*S*H (Rpt)

LIVE NATIONWIDE

LIVE NATIONWIDE

LIVE NATIONWIDE

PG Are You Now, Margaret

> At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt) PG **Cutback At Control**

> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm Trick My Truck (Rpt) PG The Mafia does a truck makeover for a husband and wife team that

drive a replica of the Vietnam Veteran's Memorial around the country.

07:30 pm Frontiers Of Construction (Rpt) G **Big Shots: The Art & Science Of Blasting**

> Each episode focuses on a single engineering specialty, like blasting. underwater construction, forensic engineering, robotics and virtual

engineering.



Saturday 15th March 2014

08:30 pm Law & Order: SVU (Rpt)

CC M Strong Adult

Disrobed

A judge who'd fought for the rights of abused women is found shot to death under sordid circumstances, and the detectives uncover a case of corruption that leads all the way to the state parole board.

Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd, Dean Winters

Guest Starring: Angie Everhart, Kathryn Meisle, Jack Gwaltney

09:30 pm Bellator MMA

SEASON PREMIERE

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

NEW EPISODE

11:30 pm Lights Out

Some Violence

Rainmaker

Lights tries to help out a "punch drunk" former boxer. He also finds himself threatened by a witness to his job for Brennan.

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown

12:30 am Blokesworld (Rpt)

MA15+

Sexual References,

Nudity

Ado is in Goulburn for the NSW Dirt Drags and meets Pinky, Lozza shows us her tatts in Pink Ink and Moto X royalty Stephen Gall chats about racing and working on Mad Max 4.

01:00 am 48 Hours

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-edge style.

02:00 am Ross Kemp: Battle For The Amazon

(Rpt)

M Some Coarse Language, Drug References, Adult Themes

Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.

03:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:25 am Sporting Greats (Rpt)

G Shane Warne

Shane Warne is widely regarded as one of the greatest bowlers in the history of cricket. He made his Test debut for Australia in 1992 and held the record for the most wickets taken by any bowler in Test cricket, until it was broken 2007.



Saturday 15th March 2014

04:00 am NASCAR Nationwide Series Highlights (Rpt)

05:00 am NASCAR Sprint Cup Highlights (Rpt)

Race 3: Boyd Gaming 300 @ Las Vegas

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 3 is hosted at the Las Vegas Motor Speedway.

Race 3: Kobalt 400 @ Las Vegas-Highlights

Relive all the action of the Sprint Cup Round 3 with highlights from the Kobalt 400 at the Las Vegas Motor Speedway.



Sunday 09th March 2014

06:00 am NASCAR Sprint Cup Highlights (Rpt)

07:00 am Rugby Classic Matches (Rpt)

09:00 am Escape With ET (Rpt)

10:00 am The Biggest Loser: Challenge Australia - Encore (Rpt)

CC PG Mild Coarse Language

CC PG

11:00 am The Biggest Loser: Challenge

Australia - Encore (Rpt)

12:00 pm The Biggest Loser: Challenge

CC PG Australia - Encore (Rpt) Some Coarse Language

01:00 pm Movie: King Of The Olympics

03:00 pm Sport Science (Rpt)

PG Some Violence, Some Coarse Language. Adult Themes

04:00 pm Adventure Angler TV G

04:30 pm Golf Getaway

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International Raceway.

Autumn International 2004: England V Australia

Relive the classic match between England and Australia in the 2004 Autumn International at Twickenham in London.

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

SPECIAL ENCORE PRESENTATION

It wouldn't be last chance training without some sweat and tears and one team's training session is interrupted as someone storms out crying.

SPECIAL ENCORE PRESENTATION

Things are about to get shaken up as Hayley reveals a change in the game. Meanwhile, the trainers tell the contestants that they have a week of mental and physical challenges lined up for them.

SPECIAL ENCORE PRESENTATION

The week of physical and metal challenges continues as all eight contestants compete in The Biggest Loser triathlon and the winner will recieve a reward we've never seen before, but what is it?

MOVIE

World's Toughest Woman

By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.



Sunday 09th March 2014

05:00 pm What's Up Down Under (Rpt) CC G

> What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

05:30 pm Temporary Australians (Rpt)

PG Mild Coarse Language, Adult Themes Wall To Wall Ride

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they

handle the bad image.

06:00 pm M*A*S*H (Rpt)

PG

Pressure Point

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Reel Rock

Some Coarse Language

NEW EPISODE Race For The Nose

Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most

vertical terrain.

07:00 pm Million Dollar Catch (Rpt)

PG Some Coarse Language

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the

world.

07:30 pm Hardliners (Rpt)

PG Some Coarse Language

Australian long-line tuna fishermen are at the heart of this actionpacked observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day

chasing lucrative, high-grade wild tuna.

08:00 pm Extreme Fishing With Robson

Green (Rpt)

PG Some Coarse Language

Robson Green's passion for fishing means he's already fished the entire map. But this time, he's going further. As he takes it off the map and casts his line at the Ends of the Earth.

09:00 pm COPS

09:30 pm Movie: The Wrestler (Rpt) (2008)

CC MA15+ Some Violence. A Sex Scene, Drug Use

MOVIE

A faded professional wrestler must retire, but finds his guest for a new life outside the ring a dispiriting struggle.

Starring: Mickey Rourke, Marisa Tomei, Evan Rachel Wood, Mark Margolis, Todd Barry, Wass Stevens



PG

Coldest Road

Sunday 09th March 2014

11:45 pm Driven To Extremes (Rpt)

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			Driven to Extremes is the ultimate driving challenge, pitting Hollywood actors, Adrien Brody, Tom Hardy and Henry Cavill with motorsport racers, Mika Salo and Neil Hodgson against some of the most hostile places on the planet.
			Starring: Adrien Brody, Tom Hardy, Henry Cavill
12:45 am	Frontiers Of Construction (Rpt)	G	Top TEN Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
01:45 am	Adventure Angler (Rpt)	G	Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.
02:15 am	Python Hunters (Rpt)	PG	Rattlesnake Roundup
			Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb.
			Starring: Shawn Heflick, Greg Graziani, Michael Cole
03:15 am	M*A*S*H (Rpt)	PG	Pressure Point At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.
			Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
03:45 am	Sport Science (Rpt)	PG Some Violence, Some Coarse Language, Adult Themes	World's Toughest Woman By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?
04:45 am	Sporting Greats (Rpt)	G	Nadia Comaneci Nadia Comaneci winner of five Olympic gold medals at the 1976 and the 1980 Olympics and is the first female gymnast to be awarded a perfect score of 10 in an Olympic gymnastic event.
05:20 am	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held

major sports, no matter where in the world the event is held.



Sunday 09th March 2014

05:30 am NASCAR Sprint Cup

DELAYED

Race 3: Kobalt 400 @ Las Vegas

Round 3 of the 2014 NASCAR Sprint Cup is the Kobalt 400 held at the Las Vegas Motor Speedway in Las Vegas, Nevada.



06:00 am NASCAR Sprint Cup

09:30 am Omnisport (Rpt)

10:00 am Temporary Australians (Rpt)

10:30 am Megacities (Rpt)

11:30 am MasterChef Australia (Rpt)

01:00 pm MasterChef Australia (Rpt)

02:00 pm Psych

03:00 pm Whose Line Is It Anyway? (Rpt)

03:30 pm Whose Line Is It Anyway? (Rpt)

DELAYED

Race 3: Kobalt 400 @ Las Vegas

Round 3 of the 2014 NASCAR Sprint Cup is the Kobalt 400 held at the Las Vegas Motor Speedway in Las Vegas, Nevada.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

Wall To Wall Ride Mild Coarse

PG

PG

CC PG WS Some Coarse

CC G

PG Mild Violence, Sexual References

PG

Language

Language, Adult Themes Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

Las Vegas

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

Sunday - Week 5

The contestants head west where they are faced with one of the most daunting challenges in MasterChef history - cooking for 450 hungry gold miners in the heart of Western Australia.

Monday - Week 5

The winning team from the previous challenge head to the Margaret River for a critical Invention Test. The prize on offer? A double immunity.

NEW EPISODE

Juliet Takes A Luvvah

Shawn is unhappy with Juliet's latest assignment, an undercover operation against an online dating site.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson,

Maggie Lawson

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



04:00 pm Reel Rock (Rpt) PG **Race For The Nose** Some Coarse Reel Rock captures exhilarating sites and stories as top personalities Language in mountain adventure and rock climbing best the world's most vertical terrain. 04:30 pm Recruits Paramedics (Rpt) CC PG Drug References, At Paramedic College new recruits are nearing their final Adult Themes assessments. But before they can begin their on-road training, they'll be treating a simulated patient with multiple undiagnosed injuries. PG 05:00 pm Big Angry Fish (Rpt) Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step. 05:30 pm | I Fish (Rpt) G Paul Worsteling brings you great tips and products that will help you lure the big fish. 06:00 pm M*A*S*H (Rpt) PG Where There's A Will, There's A War At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff PG 06:30 pm Get Smart (Rpt) Perils In A Pet Shop Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt CC PG 07:00 pm Undercover Boss Australia (Rpt) <u>Sodexo</u>

Jeanpaul Dimech, CEO of Sodexo Australia, goes undercover working with some of the company's 6,000 employees to see whether the business is fighting fit at grass-roots level.

08:00 pm American Digger (Rpt) PG
Mild Coarse
Language

New World Treasure

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the team's dreams.

08:30 pm Movie: Star Trek II: The Wrath Of PG

Khan (Rpt) (1982)

Some Violence

With the aide of the Enterprise crew, Admiral Kirk must stop an old nemesis, Khan Noonien Singh, from using his son's life-generating device, the Genesis Device, as the ultimate weapon.

Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, Ricardo Montalban, Kirstie Alley

10:50 pm Movie: Star Trek III: The Search For

Spock (Rpt) (1984)

PG Mild Violence **MOVIE**

Admiral Kirk and his bridge crew risk their careers stealing the decommissioned Enterprise to return to the restricted Genesis planet

to recover Spock's body.

Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, Mark Lenard, Christopher Lloyd, Robin Curtis, Dame Judith Anderson, John

Larroquette

01:00 am The Project Encore (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

02:00 am Bellator MMA (Rpt)

Realistic Violence

Welcome to the Bellator Summer Series 13 as we see some of the

best fighters in the world battle it out for a shot at the World

Championships.

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the

major sports, no matter where in the world the event is held.

05:30 am Football's Greatest Managers (Rpt) PG

Jose Mourinho

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.

Tuesday 11th March 2014

06:00 am Basketball: NBL Championship

2013/14 (Rpt)

08:00 am Basketball: NBL Championship

2013/14 (Rpt)

10:00 am Omnisport (Rpt)

10:30 am Million Dollar Catch (Rpt)

Language

PG

Some Coarse

PG 11:00 am Reel Rock (Rpt) Some Coarse Language

11:30 am MasterChef Australia (Rpt) CC G

WS

CC PG 12:00 pm MasterChef Australia (Rpt) WS

01:00 pm MasterChef Australia (Rpt) CC G WS

02:00 pm Psych Some Violence REPLAY

Round 21: Perth Wildcats V Townsville Crocodiles

In Round 21 we take you to Perth Arena where the Peth Wildcats take on the Townsville Crocodiles.

REPLAY

Round 21: Melbourne Tigers V Sydney Kings

Round 21 sees the Melbourne Tigers at home against the Sydney Kings. Join us for all the action from Hisesnse Arena.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the world.

Race For The Nose

Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most vertical terrain.

Tuesday - Week 5

With an Immunity Pin up for grabs, guest chef, Tony Howell, better watch his back because this week's challenger is ready to cook up a

storm! Who will recreate the best seafood stew?

Wednesday - Week 5

The contestants return to the MasterChef kitchen to compete in an Invention Test with a twist - they must create a dish using only

canned and frozen food.

Thursday - Week 5

It's time to Fix That Dish! The bottom two contestants must bring a watery, unbalanced Massaman curry back to life to avoid elimination.

NEW EPISODE

Lassie Jerky

The Bigfoot legend lures Shawn and Gus from civilisation to the wilds when they join film students on their quest to document its existence.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



03:00 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
03:30 pm	Whose Line Is It Anyway? (Rpt)	PG	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady
04:00 pm	Get Smart (Rpt)	PG	Perils In A Pet Shop Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Fishing Edge (Rpt)	G	Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places.
05:00 pm	Big Angry Fish (Rpt)	PG	Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	Promotion Commotion At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	The Whole Tooth And Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



PERTH PROGRAM GUIDE

Tuesday 11th March 2014

07:00 pm COPS (Rpt)

PG

Adult Themes

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm Python Hunters (Rpt)

PG Mild Coarse Language **Lizards Of Oz**

Visiting Australia, the Hunters come face to face with freshwater crocodiles, pythons and venomous snakes. But there are also far too many invasive cane toads for comfort.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

08:30 pm COPS: Adults Only (Rpt)

M Some Coarse Language, Adult Themes

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

09:00 pm COPS (Rpt)

PG Drug References, Adult Themes **Busted #2 Special Edition**

The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets

of America.

09:30 pm Ross Kemp: Battle For The Amazon

(Rpt)

M Some Coarse Language, Drug References, Adult Themes

Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.

10:30 pm Super Rugby Extra Time

11:30 pm Sleeper Cell (Rpt)

AV15+ Some Violence, A Sex Scene **NEW EPISODE**

Immigrant

Farik attends a meeting with cell leaders in Las Vegas as they finalise a date for their possible attack. Meanwhile, an Afghani boy comes to the warehouse in the hopes of becoming a jihadist.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti

12:40 am The Project Encore (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

01:40 am American Digger (Rpt)

PG Mild Coarse Language **New World Treasure**

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the

team's dreams.

02:10 am Trick My Truck (Rpt) PG

Matthew Graves is the sole provider for 6 children. Trick My Truck transform Graves' overworked Peterbilt into an iconic monster truck

befitting of a family named Graves.

02:40 am Frontiers Of Construction (Rpt)

G

Virtual Engineering

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual

engineering.

Tuesday 11th March 2014

03:40 am COPS (Rpt) M
Some Coarse

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

04:10 am M*A*S*H (Rpt) PG Promotion Commotion

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

04:40 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup

of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

major sports, no matter where in the world the event is note.

04:55 am Sporting Greats (Rpt) G <u>Michael Johnson</u>

Michael Johnson is considered one of the greatest long sprinters in the history of track and field. He won four Olympic gold medals and

eight World Championships gold medals.

05:30 am Football's Greatest Managers (Rpt) G Arrigo Sacchi

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



Wednesday	12th	March	2014
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06:00 am NASCAR Nationwide Series Highlights (Rpt)

07:00 am NASCAR Sprint Cup Highlights

(Rpt)

08:00 am World Series Sprintcars (Rpt)

09:00 am Sport Science (Rpt)

Some Violence, Some Coarse Language, Adult Themes

10:00 am Omnisport (Rpt)

10:30 am Wild Racers (Rpt) PG

11:00 am Tour The World (Rpt) CC

11:30 am MasterChef Australia (Rpt) CC G WS

01:00 pm MasterChef Australia (Rpt) CC G WS

02:00 pm Psych PG Some Violence Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International

Raceway.

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

PG

World's Toughest Woman

By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

New Zealand's North Island Unveiled

We join a fabulous journey around New Zealand's stunning North Island with its beautiful capital - Auckland. Then we head south to the

bubbling mud pools and steam vents of Rotorua.

Friday - Week 5

George, Gary and Matt Moran take the contestants through a step-bystep guide to the best Summer pudding, a yummy curry and Matt's

famous Blue Swimmer Crab.

Sunday - Week 6

The contestants face a Super Invention Test with a Spanish theme. But what's the twist? After they carefully chose their ingredients, the

judges drop a bombshell.

NEW EPISODE

No Country For Two Old Men

Juliet's stepfather comes to town and Shawn is determined to forge a relationship. However, things go bad with a trip to Mexico.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

Wednesday 12th March 2014

03:00 pm Super Rugby Extra Time

04:00 pm Get Smart (Rpt) PG The Whole Tooth And...

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm Recruits Paramedics (Rpt) CC PG

Drug References, Adult Themes

Trainee Paramedics must pass eight weeks of intensive theory before they're allowed to start a 3-year mentorship on the road. The final

assessment is the only thing in the way of Blake's dream job.

05:00 pm Big Angry Fish (Rpt) PG

Big Angry Fish is all about teaching you the knowledge and

techniques to head out on the water and catch trophy fish in shallow

water, right at your back door step.

05:30 pm | I Fish (Rpt) G

Paul Worsteling brings you great tips and products that will help you

lure the big fish.

06:00 pm M*A*S*H (Rpt) PG <u>Heroes</u>

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt) PG Kiss Of Death

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS (Rpt) PG

Drug References, Adult Themes

A real life drama series that documents the personal and professional

lives of the police officers enforcing the troubled streets of America.

07:30 pm White Collar (Rpt) PG <u>Diminishing Returns</u>

With Neal and his team's help, Peter surreptitiously investigates a

brilliant thief who has avoided the FBI's capture for years.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen

Wednesday 12th March 2014

08:30 pm Burn Notice

M Some Violence **ALL NEW EPISODES**

Down Range

Michael recruits Sam and Jesse and they travel to the Dominican Republic to help him. Meanwhile, Fiona helps Madeline when a bookie tries to extort her.

Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce Campbell, Sharon Gless, Jack Coleman

Guest Starring: Adrian Pasdar

09:30 pm Sons Of Anarchy

AV15+ Strong Violence **ALL NEW EPISODES**

Laying Pipe

A difficult decision was made for Jax this week, and it will forever change both him and the way he handles the club.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Ashley Tisdale

10:30 pm Vegas

M

NEW EPISODE

Little Fish

Sheriff Lamb and FBI Agent Byrne butt heads when Byrne prevents Lamb from pressing charges against a pimp in order to get info on Savino instead.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm Terriers

M Some Violence **Quid Pro Quo**

Hank, Britt, and their new ally, Laura Ross, unravel the Ocean Beach conspiracy, which puts them and everyone they love in immediate danger.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am The Project Encore (Rpt) CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:30 am Python Hunters (Rpt)

PG Mild Coarse Language Lizards Of Oz

Visiting Australia, the Hunters come face to face with freshwater crocodiles, pythons and venomous snakes. But there are also far too many invasive cane toads for comfort.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

02:30 am Hardliners (Rpt)

PG Some Coarse Language

Australian long-line tuna fishermen are at the heart of this actionpacked observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna.

Wednesday 12th March 2014

03:00 am M*A*S*H (Rpt) PG Heroes

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

03:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am Golf Getaway (Rpt)

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

04:30 am Football's Greatest Managers (Rpt)

Bill Shankly

G

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.

05:00 am NASCAR Sprint Cup Qualifying

Race 3: Kobalt 400 @ Las Vegas-Qualifying

Who will take out the top spot in the qualifying race ahead of Race 3 from the Las Vegas Motor Speedway?

Thursday 13th March 2014

Race 3: Kobalt 400 @ Las Vegas

Round 3 of the 2014 NASCAR Sprint Cup is the Kobalt 400 held at the Las Vegas Motor Speedway in Las Vegas, Nevada.

10:00 am Super Rugby Extra Time

06:00 am NASCAR Sprint Cup (Rpt)

11:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

CC G 11:30 am MasterChef Australia (Rpt)

WS

Monday - Week 6

The bottom three contestants from the Invention Test face off in an Asian-inspired Pressure Test where they are challenged to recreate a dessert by Dan Hong, Head Chef of Ms. G's in Sydney.

12:30 pm MasterChef Australia (Rpt) CC G

WS

Tuesday - Week 6

Superstar Noredic chef, Thorsten Schmidt, arrives at the MasterChef Kitchen to battle it out with one lucky contestant. Is the Immunity Pin within their grasp? Or will they be schooled by a pro?

01:00 pm MasterChef Australia (Rpt) CC G

WS

Wednesday - Week 6

NEW EPISODE

The contestants are divided into teams - Gen X versus Gen Y! The younger chefs have the enthusiasm but with age comes wisdom. Who will impress special guest judge, Nigella Lawson?

PG 02:00 pm Psych

100 Clues

Some Violence

A VIP party thrown by a has-been rock star turns into a murder mystery weekend for Shawn and Gus.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway? (Rpt) PG

> An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway? (Rpt) PG

> An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



Thursday	13th	March	2014

Thursday	/ 13th March 2014		
04:00 pm	Get Smart (Rpt)	PG	Kiss Of Death
			Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.
			Starring: Don Adams, Barbara Feldon, Edward Platt
04:30 pm	Recruits Paramedics (Rpt)	PG Adult Themes	
		Addit Theries	A 13-year old girl, worried about her Mum, rings triple zero for an ambulance. The patient is suffering a severe case of Swine Flu; later, John is called to a five-car pile up on a major highway.
05:00 pm	Big Angry Fish (Rpt)	G	
			Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step.
05:30 pm	I Fish (Rpt)	G	
			Paul Worsteling brings you great tips and products that will help you lure the big fish.
06:00 pm	M*A*S*H (Rpt)	PG	Sons And Bowlers
			At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.
			Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
06:30 pm	Get Smart (Rpt)	PG	IT Takes ONE To Know ONE
coloc piii			Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.
			Starring: Don Adams, Barbara Feldon, Edward Platt
07:00 pm	COPS (Rpt)	PG	
01100 p	CC. C (1.p.)	Drug References	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
07:30 pm	Whose Line Is It Anyway? (Rpt)	PG	
		Sexual References	An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



Thursday 13th March 2014

08:00 pm Whose Line Is It Anyway?

PG

Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

08:30 pm Fast Forward (Rpt)

M

Sexual References

Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors,

with many memorable moments.

09:30 pm Ross Noble's Australian Trip (Rpt)

CC M

WS Sexual References,

Some Coarse Language Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as

he bikes his way between gigs.

10:30 pm The Sketch Show (Rpt)

PG

Sexual References, Mild Coarse Language, Adult Themes

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.

11:00 pm Blokesworld (Rpt)

MA15+

Sexual References,

Nudity

Ado is in Goulburn for the NSW Dirt Drags and meets Pinky, Lozza shows us her tatts in Pink Ink and Moto X royalty Stephen Gall chats

about racing and working on Mad Max 4.

11:30 pm To Be Advised

12:30 am The Project Encore (Rpt)

CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

01:30 am Would You Rather? With Graham

Norton (Rpt)

M

Sexual References

Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include:

Judah Friedlander, Janet Varney, Michael Ian Black and Leo Allen.

02:00 am Wild Racers (Rpt) PG

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.



Thursday 13th March 2014

02:30 am Million Dollar Catch (Rpt)

PG Some Coarse Language

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the

world.

03:00 am Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 am Whose Line Is It Anyway? (Rpt) PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:00 am M*A*S*H (Rpt) PG Sons And Bowlers

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

04:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the

major sports, no matter where in the world the event is held.

04:55 am Sporting Greats (Rpt) G Edwin Moses

Between 1977 and 1987, Edwin Moses won 107 consecutive finals, set the world record in the 400m hurdles event four times and won a

gold medal at the 1976 and 1984 Olympics.

05:30 am Football's Greatest Managers (Rpt) PG Ottmar Hitzfeld

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful. Friday 14th March 2014

06:00 am To Be Advised

07:00 am Swisse Mark Webber Challenge

Swisse Mark Webber Challenge

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and remote terrain, hosted by Australian F1 star Mark Webber.

LIVE NATIONWIDE

08:00 am THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

01:00 pm THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™

03:30 pm Omnisport (Rpt)

LIVE NATIONWIDE

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the

major sports, no matter where in the world the event is held.

04:00 pm Whose Line Is It Anyway? (Rpt) PG

Sexual References

An improvisational comedy game show in which four players act out

various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

04:30 pm Whose Line Is It Anyway? (Rpt) PG

Sexual References

An improvisational comedy game show in which four players act out

various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

05:00 pm Get Smart (Rpt)

IT Takes ONE To Know ONE

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

05:30 pm COPS (Rpt) PG

Drug References

PG

A real life drama series that documents the personal and professional lives of the police efficies enferging the troubled except of America

lives of the police officers enforcing the troubled streets of America.



Friday 14th March 2014

07:00 pm COPS (Rpt)

06:00 pm M*A*S*H (Rpt) PG Too Many Cooks

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart (Rpt) PG Someone Down Here Hates Me

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

PG

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm Frontiers Of Construction (Rpt) G Breaking The Waves: U.S. Army Corps Of Engineers

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual

engineering.

08:30 pm Megacities (Rpt) PG <u>London</u>

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into

the machinery - that is the true, living marvel of each mega city.

DELAYED

09:30 pm Basketball: NBL Championship Round 22: Adelaide 36ers V Perth Wildcats

2013/14

12:00 am The Project Encore (Rpt)

Round 22 sees the Adelaide 36ers at home against the Perth Wildcats. Join us for all the action from Adelaide Arena.

NEW EPISODE

11:30 pm The League MA15+ The Vapora Sport
Sexual References

CC

Pete and a man in a wheelchair compete over a pair of shoes. Meanwhile, Kevin and Jenny get a piano for Ellie, but soon regret it.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi,

Jon Lajoie

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they

dissect, digest and re-constitute the daily news, events and hottest

topics.

Realistic Violence
Welcome to the Bellator Summer Series 13 as we see some of the

best fighters in the world battle it out for a shot at the World

Championships.

01:00 am Bellator MMA (Rpt)

Friday 14th March 2014

04:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:30 am Football's Greatest Managers (Rpt)

G

Fabio Capello

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.

LIVE NATIONWIDE

05:00 am THE FORMULA ONE™ AUSTRALIAN GRAND PRIX™ BREAKFAST

Saturday 15th March 2014

06:00 am THE FORMULA ONE™

AUSTRALIAN GRAND PRIX™

BREAKFAST

08:00 am THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

01:00 pm THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

02:00 pm THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

QUALIFYING

03:30 pm Omnisport (Rpt)

04:00 pm Golf Getaway (Rpt)

04:30 pm Megacities (Rpt)

05:30 pm COPS (Rpt)

06:00 pm M*A*S*H (Rpt)

06:30 pm Get Smart (Rpt)

LIVE NATIONWIDE

LIVE NATIONWIDE

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LIVE NATIONWIDE

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

London

PG

PG

PG

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

PG Are You Now, Margaret

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

Cutback At Control

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt



Saturday 15th March 2014

PG 07:00 pm Trick My Truck (Rpt)

> The Mafia does a truck makeover for a husband and wife team that drive a replica of the Vietnam Veteran's Memorial around the country.

07:30 pm Frontiers Of Construction (Rpt)

Big Shots: The Art & Science Of Blasting

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual

engineering.

08:30 pm Law & Order: SVU (Rpt) CC M

Strong Adult

G

Disrobed

A judge who'd fought for the rights of abused women is found shot to death under sordid circumstances, and the detectives uncover a case of corruption that leads all the way to the state parole board.

Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd, Dean Winters

Guest Starring: Angie Everhart, Kathryn Meisle, Jack Gwaltney

09:30 pm Bellator MMA

SEASON PREMIERE

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

NEW EPISODE

Rainmaker

11:30 pm Lights Out

Some Violence

Lights tries to help out a "punch drunk" former boxer. He also finds

himself threatened by a witness to his job for Brennan.

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy

Brown

12:30 am Blokesworld (Rpt)

MA15+

Sexual References, Nudity

Ado is in Goulburn for the NSW Dirt Drags and meets Pinky, Lozza shows us her tatts in Pink Ink and Moto X royalty Stephen Gall chats

about racing and working on Mad Max 4.

01:00 am 48 Hours

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-

edge style.

02:00 am Ross Kemp: Battle For The Amazon (Rpt)

Some Coarse Language, Drug References, Adult Themes

Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.

Saturday 15th March 2014

03:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:25 am Sporting Greats (Rpt)

G Shane Warne

Shane Warne is widely regarded as one of the greatest bowlers in the history of cricket. He made his Test debut for Australia in 1992 and held the record for the most wickets taken by any bowler in Test cricket, until it was broken 2007.

04:00 am NASCAR Nationwide Series Highlights

Race 3: Boyd Gaming 300 @ Las Vegas

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 3 is hosted at the Las Vegas Motor Speedway.

05:00 am NASCAR Sprint Cup Highlights

Race 3: Kobalt 400 @ Las Vegas-Highlights

Relive all the action of the Sprint Cup Round 3 with highlights from the Kobalt 400 at the Las Vegas Motor Speedway.



TASMANIA PROGRAM GUIDE

Sunday 09th March 2014

06:00 am	NASCAR	Sprint Cup	Highlights

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International Raceway.

07:00 am Rugby Classic Matches

Autumn International 2004: England V Australia

Relive the classic match between England and Australia in the 2004 Autumn International at Twickenham in London.

09:00 am Escape With ET

Join rugby league and fishing legend, Andrew 'ET' Ettingshausen, as he escapes the city for adventures on land and sea.

10:00 am The Biggest Loser: Challenge

CC PG Mild Coarse Language

SPECIAL ENCORE PRESENTATION

Australia - Encore

It wouldn't be last chance training without some sweat and tears and one team's training session is interrupted as someone storms out crying.

11:00 am The Biggest Loser: Challenge Australia - Encore

CC PG

SPECIAL ENCORE PRESENTATION

Things are about to get shaken up as Hayley reveals a change in the game. Meanwhile, the trainers tell the contestants that they have a week of mental and physical challenges lined up for them.

12:00 pm The Biggest Loser: Challenge Australia - Encore

CC PG Some Coarse Language

SPECIAL ENCORE PRESENTATION

The week of physical and metal challenges continues as all eight contestants compete in The Biggest Loser triathlon and the winner will recieve a reward we've never seen before, but what is it?

MOVIE

01:00 pm Movie: King Of The Olympics

03:00 pm Sport Science

PG Some Violence, Some Coarse Language, Adult Themes

G

World's Toughest Woman

By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?

04:00 pm Adventure Angler TV

Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.

04:30 pm Golf Getaway

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.



TASMANIA PROGRAM GUIDE

Sunday 09th March 2014

05:00 pm What's Up Down Under CC G

What's Up Down Under is a lifestyle television show that encourages people to travel Australia in recreational vehicles, stay at holiday parks and enjoy the local attractions of each area.

partie and onjoy the local attraction of cash area

05:30 pm Temporary Australians PG Wall To Wall Ride

Language, Adult Themes

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they

handle the bad image.

06:00 pm M*A*S*H PG Pressure Point

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

NEW EPISODE

06:30 pm Reel Rock PG Race For The Nose Some Coarse

Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most

vertical terrain.

07:00 pm Million Dollar Catch PG

Language

Some Coarse
Language

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the

world.

PG Some Coarse Language

PG

Australian long-line tuna fishermen are at the heart of this actionpacked observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day

chasing lucrative, high-grade wild tuna.

chasing lucrative, nigh-grade wild tuna.

Green

Some Coarse
Language
Robson Green's passion for fishing means he's already fished the entire map. But this time, he's going further. As he takes it off the map

and casts his line at the Ends of the Earth.

09:00 pm COPS

09:30 pm Movie: The Wrestler (Rpt) (2008) CC MA15+

Some Violence, A Sex Scene, Drug Use

A faded professional wrestler must retire, but finds his quest for a new life outside the ring a dispiriting struggle.

Starring: Mickey Rourke, Marisa Tomei, Evan Rachel Wood, Mark Margolis, Todd Barry, Wass Stevens

07:30 pm Hardliners

08:00 pm Extreme Fishing With Robson



ONE TASMANIA PROGRAM GUIDE

Sunday 09th March 2014

- diriday			
11:45 pm	Driven To Extremes	PG	Coldest Road Driven to Extremes is the ultimate driving challenge, pitting Hollywood actors, Adrien Brody, Tom Hardy and Henry Cavill with motorsport racers, Mika Salo and Neil Hodgson against some of the most hostile places on the planet. Starring: Adrien Brody, Tom Hardy, Henry Cavill
12:45 am	Frontiers Of Construction	G	Top TEN Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.
01:45 am	Adventure Angler	G	Join Micah Adams as he travels to exotic destinations and the adventures he has getting there. Featuring high adventure sports and intense fishing action.
02:15 am	Python Hunters	PG	Rattlesnake Roundup Getting back home to Florida, the team looks for the state's most prolific venomous biter – the dusky pygmy rattlesnake. Victims can easily lose a finger, or even a limb. Starring: Shawn Heflick, Greg Graziani, Michael Cole
03:15 am	M*A*S*H	PG	Pressure Point At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff
03:45 am	Sport Science	PG Some Violence, Some Coarse Language, Adult Themes	World's Toughest Woman By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?
04:45 am	Sporting Greats	G	Nadia Comaneci Nadia Comaneci winner of five Olympic gold medals at the 1976 and the 1980 Olympics and is the first female gymnast to be awarded a perfect score of 10 in an Olympic gymnastic event.

05:20 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



Sunday 09th March 2014

05:30 am NASCAR Sprint Cup

LIVE

Race 3: Kobalt 400 @ Las Vegas

Round 3 of the 2014 NASCAR Sprint Cup is the Kobalt 400 held at the Las Vegas Motor Speedway in Las Vegas, Nevada.



06:00 am NASCAR Sprint Cup

LIVE

Race 3: Kobalt 400 @ Las Vegas

Round 3 of the 2014 NASCAR Sprint Cup is the Kobalt 400 held at the Las Vegas Motor Speedway in Las Vegas, Nevada.

09:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:00 am Temporary Australians

PG Mild Coarse Language, Adult Themes

Wall To Wall Ride

Temporary Australians goes where many have never been, the motorcycle shows, rides, races and rallies. It talks to riders and finds out what makes them tick, shows the fun they have and how they handle the bad image.

10:30 am Megacities

PG

Las Vegas

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

11:30 am MasterChef Australia

CC PG WS Some Coarse Language

Sunday - Week 5

The contestants head west where they are faced with one of the most daunting challenges in MasterChef history – cooking for 450 hungry gold miners in the heart of Western Australia.

01:00 pm MasterChef Australia

CC G WS

Monday - Week 5

The winning team from the previous challenge head to the Margaret River for a critical Invention Test. The prize on offer? A double immunity.

NEW EPISODE

02:00 pm Psych

PG Mild Violence, Sexual References Juliet Takes A Luvvah

Shawn is unhappy with Juliet's latest assignment, an undercover operation against an online dating site.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway?

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway?

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



TASMANIA PROGRAM GUIDE

PG

G

Monday 10th March 2014

04:00 pm Reel Rock

Race For The Nose Some Coarse Reel Rock captures exhilarating sites and stories as top personalities Language in mountain adventure and rock climbing best the world's most vertical terrain. 04:30 pm Recruits Paramedics (Rpt) CC PG Drug References, At Paramedic College new recruits are nearing their final Adult Themes assessments. But before they can begin their on-road training, they'll

be treating a simulated patient with multiple undiagnosed injuries.

PG 05:00 pm Big Angry Fish Big Angry Fish is all about teaching you the knowledge and

techniques to head out on the water and catch trophy fish in shallow

water, right at your back door step.

05:30 pm | I Fish Paul Worsteling brings you great tips and products that will help you

lure the big fish.

06:00 pm M*A*S*H PG Where There's A Will, There's A War

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

PG 06:30 pm Get Smart Perils In A Pet Shop

> Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

CC PG 07:00 pm Undercover Boss Australia (Rpt) <u>Sodexo</u>

> Jeanpaul Dimech, CEO of Sodexo Australia, goes undercover working with some of the company's 6,000 employees to see whether

the business is fighting fit at grass-roots level.

08:00 pm American Digger PG **New World Treasure**

Mild Coarse Language

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the

team's dreams.

MOVIE

08:30 pm Movie: Star Trek II: The Wrath Of Khan (1982) Some Violence

Last Updated 21st Feb 2014 - 17:05

With the aide of the Enterprise crew, Admiral Kirk must stop an old nemesis, Khan Noonien Singh, from using his son's life-generating device, the Genesis Device, as the ultimate weapon.

Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, Ricardo Montalban, Kirstie Alley

PG



TASMANIA PROGRAM GUIDE

Monday 10th March 2014

10:50 pm Movie: Star Trek III: The Search For

Spock (1984)

PG Mild Violence **MOVIE**

Admiral Kirk and his bridge crew risk their careers stealing the decommissioned Enterprise to return to the restricted Genesis planet to recover Spock's body.

Starring: William Shatner, Leonard Nimoy, Deforest Kelley, James Doohan, Walter Koenig, George Takei, Nichelle Nichols, Mark Lenard, Christopher Lloyd, Robin Curtis, Dame Judith Anderson, John

Larroquette

01:00 am The Project Encore CC

> Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

02:00 am Bellator MMA

Realistic Violence

Welcome to the Bellator Summer Series 13 as we see some of the best fighters in the world battle it out for a shot at the World

Championships.

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the

major sports, no matter where in the world the event is held.

PG 05:30 am Football's Greatest Managers Jose Mourinho

> Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.

Last Updated 21st Feb 2014 - 17:05



Tuesday 11th March 2014

06:00 am Basketball: NBL Championship

2013/14

08:00 am Basketball: NBL Championship

2013/14

10:00 am Omnisport

10:30 am Million Dollar Catch

Some Coarse Language

PG

11:00 am Reel Rock PG Some Coarse

Language

WS

11:30 am MasterChef Australia CC G WS

CC PG 12:00 pm MasterChef Australia WS

01:00 pm MasterChef Australia CC G

02:00 pm Psych Some Violence REPLAY

Round 21: Perth Wildcats V Townsville Crocodiles

In Round 21 we take you to Perth Arena where the Peth Wildcats take on the Townsville Crocodiles.

REPLAY

Round 21: Melbourne Tigers V Sydney Kings

Round 21 sees the Melbourne Tigers at home against the Sydney Kings. Join us for all the action from Hisesnse Arena.

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the

world.

Race For The Nose

Reel Rock captures exhilarating sites and stories as top personalities in mountain adventure and rock climbing best the world's most

vertical terrain.

Tuesday - Week 5

With an Immunity Pin up for grabs, guest chef, Tony Howell, better watch his back because this week's challenger is ready to cook up a

storm! Who will recreate the best seafood stew?

Wednesday - Week 5

The contestants return to the MasterChef kitchen to compete in an Invention Test with a twist - they must create a dish using only

canned and frozen food.

Thursday - Week 5

It's time to Fix That Dish! The bottom two contestants must bring a watery, unbalanced Massaman curry back to life to avoid elimination.

NEW EPISODE

Lassie Jerky

The Bigfoot legend lures Shawn and Gus from civilisation to the wilds when they join film students on their quest to document its existence.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



Tuesday 11th March 2014

03:00 pm Whose Line Is It Anyway? PG An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady 03:30 pm Whose Line Is It Anyway? PG An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey. Starring: Drew Carey, Wayne Brady 04:00 pm Get Smart PG Perils In A Pet Shop Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS. Starring: Don Adams, Barbara Feldon, Edward Platt 04:30 pm Fishing Edge G Hosted by Lee Rayner, Fishing Edge is a down to earth DIY fishing program that travels the length and breadth of Australia visiting some of the country's most remote and beautiful places. PG 05:00 pm Big Angry Fish Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow water, right at your back door step. 05:30 pm | I Fish G Paul Worsteling brings you great tips and products that will help you lure the big fish. PG 06:00 pm M*A*S*H **Promotion Commotion** At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell. Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

PG The Whole Tooth And...

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

06:30 pm Get Smart



Tuesday 11th March 2014

07:00 pm COPS PG Adult Themes

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm Python Hunters PG

Mild Coarse Language **Lizards Of Oz**

Visiting Australia, the Hunters come face to face with freshwater crocodiles, pythons and venomous snakes. But there are also far too $\,$

many invasive cane toads for comfort.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

08:30 pm COPS: Adults Only

Some Coarse Language, Adult Themes

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

09:00 pm COPS PG

Drug References, Adult Themes **Busted #2 Special Edition**

The groundbreaking reality series COPS documents the personal and professional lives of the police officers enforcing the troubled streets

of America.

09:30 pm Ross Kemp: Battle For The Amazon

Some Coarse Language, Drug References, Adult Themes

Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.

10:30 pm Super Rugby Extra Time

11:30 pm Sleeper Cell (Rpt) AV15+
Some Violence,
A Sex Scene

NEW EPISODE

Immigrant ence,

Farik attends a meeting with cell leaders in Las Vegas as they finalise a date for their possible attack. Meanwhile, an Afghani boy comes to the warehouse in the hopes of becoming a jihadist.

Starring: Michael Ealy, Oded Fehr, Blake Shields, Alex Nesic, Henri Lubatti

12:40 am The Project Encore CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

01:40 am American Digger PG
Mild Coa

Mild Coarse Language **New World Treasure**

American Savage hunts for relics from America's first permanent English colony. But affluent homeowners threaten to torpedo the

team's dreams.

02:10 am Trick My Truck PG

Matthew Graves is the sole provider for 6 children. Trick My Truck transform Graves' overworked Peterbilt into an iconic monster truck

befitting of a family named Graves.

02:40 am Frontiers Of Construction G <u>Virtual Engineering</u>

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual

engineering.



Tuesday 11th March 2014

03:40 am COPS M
Some Coarse
Language,
Adult Themes

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

04:10 am M*A*S*H PG Promotion Commotion

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

04:40 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am Sporting Greats G Michael Johnson

Michael Johnson is considered one of the greatest long sprinters in the history of track and field. He won four Olympic gold medals and eight World Championships gold medals.

05:30 am Football's Greatest Managers G Arrigo Sacchi

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



PG

PG

CC

CC G

PG

Some Violence

WS

Some Violence,

Some Coarse Language,

Adult Themes

Wednesday 12th March 2014

06:00 am NASCAR Nationwide Series **Highlights**

07:00 am NASCAR Sprint Cup Highlights

08:00 am World Series Sprintcars

09:00 am Sport Science

10:00 am Omnisport

10:30 am Wild Racers

11:00 am Tour The World

11:30 am MasterChef Australia

01:00 pm MasterChef Australia

02:00 pm Psych

Race 2: Blue Jeans Go Green 200 @ Phoenix

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 2 is hosted at the Phoenix International Raceway.

Race 2: The Profit On CNBC 500 @ Phoenix-Highlights

Join us on ONE for non-stop motorsport action highlights of the 2nd Round of the Sprint Cup Series from the Phoenix International Raceway.

World Series Sprintcars sees the best drivers on dirt from the USA and Australia, go head to head in the 12 round championship across the country.

World's Toughest Woman

By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.

New Zealand's North Island Unveiled

We join a fabulous journey around New Zealand's stunning North Island with its beautiful capital - Auckland. Then we head south to the bubbling mud pools and steam vents of Rotorua.

CC G Friday - Week 5 WS

George, Gary and Matt Moran take the contestants through a step-bystep guide to the best Summer pudding, a yummy curry and Matt's

famous Blue Swimmer Crab.

Sunday - Week 6

The contestants face a Super Invention Test with a Spanish theme. But what's the twist? After they carefully chose their ingredients, the

judges drop a bombshell.

NEW EPISODE

No Country For Two Old Men

Juliet's stepfather comes to town and Shawn is determined to forge a relationship. However, things go bad with a trip to Mexico.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson



Wednesday 12th March 2014

03:00 pm Super Rugby Extra Time

04:00 pm Get Smart PG The Whole Tooth And...

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm Recruits Paramedics (Rpt) CC PG

Drug References, Adult Themes

Trainee Paramedics must pass eight weeks of intensive theory before they're allowed to start a 3-year mentorship on the road. The final

assessment is the only thing in the way of Blake's dream job.

05:00 pm Big Angry Fish PG

Big Angry Fish is all about teaching you the knowledge and teaching use to head out on the water and eater tropby fish is shallow

techniques to head out on the water and catch trophy fish in shallow

water, right at your back door step.

05:30 pm | Fish G

Paul Worsteling brings you great tips and products that will help you

lure the big fish.

06:00 pm M*A*S*H PG Heroes

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart PG Kiss Of Death

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS PG

Drug References, Adult Themes

A real life drama series that documents the personal and professional

lives of the police officers enforcing the troubled streets of America.

07:30 pm White Collar PG <u>Diminishing Returns</u>

With Neal and his team's help, Peter surreptitiously investigates a

brilliant thief who has avoided the FBI's capture for years.

Starring: Matt Bomer, Tim Dekay, Tiffani Thiessen



Wednesday 12th March 2014

08:30 pm Burn Notice

M Some Violence **ALL NEW EPISODES**

Down Range

Michael recruits Sam and Jesse and they travel to the Dominican Republic to help him. Meanwhile, Fiona helps Madeline when a bookie tries to extort her.

Starring: Jeffery Donovan, Gabrielle Anwar, Coby Bell, Bruce Campbell, Sharon Gless, Jack Coleman

Guest Starring: Adrian Pasdar

09:30 pm Sons Of Anarchy

AV15+ Strong Violence **ALL NEW EPISODES**

Laying Pipe

A difficult decision was made for Jax this week, and it will forever change both him and the way he handles the club.

Starring: Charlie Hunnam, Katey Sagal, Ron Perlman, Jimmy Smits, Mark Boone Junior, Tommy Flanagan, Kim Coates, Theo Rossi

Guest Starring: Ashley Tisdale

10:30 pm Vegas

M

NEW EPISODE

Little Fish

Sheriff Lamb and FBI Agent Byrne butt heads when Byrne prevents Lamb from pressing charges against a pimp in order to get info on Savino instead.

Starring: Dennis Quaid, Michael Chiklis, Carrie-Ann Moss, Taylor Handley, Jason O'Mara

11:30 pm Terriers

M Some Violence **Quid Pro Quo**

Hank, Britt, and their new ally, Laura Ross, unravel the Ocean Beach conspiracy, which puts them and everyone they love in immediate danger.

Starring: Donal Logue, Michael Raymond-James, Laura Allen, Kimberly Quinn, Jamie Denbo, Rockmond Dubar

12:30 am The Project Encore

CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:30 am Python Hunters

PG Mild Coarse Language **Lizards Of Oz**

Visiting Australia, the Hunters come face to face with freshwater crocodiles, pythons and venomous snakes. But there are also far too many invasive cane toads for comfort.

Starring: Shawn Heflick, Greg Graziani, Michael Cole

02:30 am Hardliners

PG Some Coarse Language

Australian long-line tuna fishermen are at the heart of this actionpacked observational documentary series. The high seas adventure focuses on a unique breed of men who risk their lives every day chasing lucrative, high-grade wild tuna. Wednesday 12th March 2014

03:00 am M*A*S*H PG Heroes

At the 4077th Mobile Army Surgical Hospital surgeons set about dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

03:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am Golf Getaway

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

04:30 am Football's Greatest Managers

Bill Shankly

G

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.

05:00 am NASCAR Sprint Cup Qualifying

Race 3: Kobalt 400 @ Las Vegas-Qualifying

Who will take out the top spot in the qualifying race ahead of Race 3 from the Las Vegas Motor Speedway?



Thursday 13th March 2014

06:00 am NASCAR Sprint Cup

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Race 3: Kobalt 400 @ Las Vegas

Round 3 of the 2014 NASCAR Sprint Cup is the Kobalt 400 held at the Las Vegas Motor Speedway in Las Vegas, Nevada.

10:00 am Super Rugby Extra Time

11:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am MasterChef Australia

CC G WS

Monday - Week 6

The bottom three contestants from the Invention Test face off in an Asian-inspired Pressure Test where they are challenged to recreate a dessert by Dan Hong, Head Chef of Ms. G's in Sydney.

12:30 pm MasterChef Australia

CC G WS

Tuesday - Week 6

Superstar Noredic chef, Thorsten Schmidt, arrives at the MasterChef Kitchen to battle it out with one lucky contestant. Is the Immunity Pin within their grasp? Or will they be schooled by a pro?

01:00 pm MasterChef Australia

CC G WS

Wednesday - Week 6

The contestants are divided into teams – Gen X versus Gen Y! The younger chefs have the enthusiasm but with age comes wisdom. Who will impress special guest judge, Nigella Lawson?

02:00 pm Psych

PG Some Violence

NEW EPISODE

100 Clues

A VIP party thrown by a has-been rock star turns into a murder mystery weekend for Shawn and Gus.

Starring: James Roday, Dule Hill, Corbin Bernsen, Kristin Nelson, Maggie Lawson

03:00 pm Whose Line Is It Anyway?

PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

03:30 pm Whose Line Is It Anyway?

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Starring: Drew Carey, Wayne Brady



Thursday 13th March 2014

04:00 pm Get Smart PG Kiss Of Death

Join bumbling secret spy Maxwell Smart and his long-suffering

partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's pages arranjection. KAOS

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

04:30 pm Recruits Paramedics (Rpt) CC PG

Adult Themes A 13-VA

A 13-year old girl, worried about her Mum, rings triple zero for an

ambulance. The patient is suffering a severe case of Swine Flu; later, John is called to a five-car pile up on a major highway.

05:00 pm Big Angry Fish G

Big Angry Fish is all about teaching you the knowledge and techniques to head out on the water and catch trophy fish in shallow

water, right at your back door step.

05:30 pm | Fish G

Paul Worsteling brings you great tips and products that will help you

lure the big fish.

06:00 pm M*A*S*H PG Sons And Bowlers

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

06:30 pm Get Smart PG IT Takes ONE To Know ONE

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings

of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS PG

Drug References

A real life drama series that documents the personal and professional

lives of the police officers enforcing the troubled streets of America.

07:30 pm Whose Line Is It Anyway? (Rpt) PG

Sexual References

An improvisational comedy game show in which four players act out

various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady



Thursday 13th March 2014

08:00 pm Whose Line Is It Anyway?

PG

Sexual References

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

08:30 pm Fast Forward

M

Sexual References

Fast Forward is a classic TV show of the late 80's and early 90's. It showcases some of Australia's greatest talents and hilarious actors,

with many memorable moments.

he bikes his way between gigs.

09:30 pm Ross Noble's Australian Trip (Rpt)

CC M

WS Sexual References,

Some Coarse Language Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as

10:30 pm The Sketch Show

PG

Sexual References, Mild Coarse Language, Adult Themes

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast paced quirky, wacky, and ridiculous off the wall British humour.

11:00 pm Blokesworld

MA15+

Sexual References,

Nudity

Ado is in Goulburn for the NSW Dirt Drags and meets Pinky, Lozza shows us her tatts in Pink Ink and Moto X royalty Stephen Gall chats

about racing and working on Mad Max 4.

11:30 pm To Be Advised

12:30 am The Project Encore

CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest topics.

01:30 am Would You Rather? With Graham

Norton

M

Sexual References

Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include: Judah Friedlander, Janet Varney, Michael Ian Black and Leo Allen.

02:00 am Wild Racers PG

The fourth round of The Adventure Racing World Series continues in the wilderness of Costa Rica. With its extreme terrain, wild animals and sketchy trails, just finding their way will take all their skills.



Thursday 13th March 2014

02:30 am Million Dollar Catch

PG Some Coarse Language

Million Dollar Catch is a gripping high sea adventure. Four crews race to fill their quota of prized crayfish in some of the roughest seas in the

world.

03:00 am Whose Line Is It Anyway? PG

An improvisational comedy game show in which four players act out various comic games and sketches. Hosted by Drew Carey.

Starring: Drew Carey, Wayne Brady

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04:00 am M*A*S*H PG Sons And Bowlers

At the 4077th Mobile Army Surgical Hospital surgeons set about

dealing with the daily carnage of the war by raising hell.

Starring: Alan Alda, Loretta Swit, Jamie Farr, Gary Burghoff

04:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:55 am Sporting Greats G Edwin Moses

Between 1977 and 1987, Edwin Moses won 107 consecutive finals, set the world record in the 400m hurdles event four times and won a

gold medal at the 1976 and 1984 Olympics.

05:30 am Football's Greatest Managers PG Ottmar Hitzfeld

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



Friday 14th March 2014

06:00 am Sport Science

PG Some Violence, Some Coarse Language, Adult Themes

World's Toughest Woman

By now we've seen Kobe's commercial where he jumps over a speeding Aston-Martin and we know its Hollywood trickery. But could he really do it? Could Kobe Bryant really jump over a speeding car?

07:00 am NASCAR Nationwide Series **Highlights**

08:00 am NASCAR Sprint Cup Highlights

09:00 am To Be Advised

10:00 am Swisse Mark Webber Challenge

Race 3: Boyd Gaming 300 @ Las Vegas

Catch the highlights from every race of the 2014 Nationwide Series on ONE. Round 3 is hosted at the Las Vegas Motor Speedway.

Race 3: Kobalt 400 @ Las Vegas-Highlights

Relive all the action of the Sprint Cup Round 3 with highlights from the Kobalt 400 at the Las Vegas Motor Speedway.

Swisse Mark Webber Challenge

The Swisse Mark Webber Tasmania Challenge is an epic multisport adventure race that covers over 350km's of Tasmania's stunning and remote terrain, hosted by Australian F1 star Mark Webber.

LIVE NATIONWIDE

LIVE NATIONWIDE

11:00 am THE 2014 FORMULA 1® ROLEX **AUSTRALIAN GRAND PRIX™**

04:00 pm THE 2014 FORMULA 1® ROLEX AUSTRALIAN GRAND PRIX™

06:30 pm Get Smart

Someone Down Here Hates Me

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm COPS PG

> A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

07:30 pm Frontiers Of Construction

Breaking The Waves: U.S. Army Corps Of Engineers

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual

engineering.

PG London

PG

G

Megacities examines the infrastructure of some iconic locations around the world. It takes viewers beyond the monuments - and into the machinery - that is the true, living marvel of each mega city.

08:30 pm Megacities



Friday 14th March 2014

09:30 pm Basketball: NBL Championship 2013/14

DELAYED

Round 22: Adelaide 36ers V Perth Wildcats

Round 22 sees the Adelaide 36ers at home against the Perth

Wildcats. Join us for all the action from Adelaide Arena.

NEW EPISODE

11:30 pm The League MA15+
Sexual References

The Vapora Sport

Pete and a man in a wheelchair compete over a pair of shoes. Meanwhile, Kevin and Jenny get a piano for Ellie, but soon regret it.

Starring: Nick Kroll, Mark Duplass, Paul Scheer, Steve Rannazzisi,

Jon Lajoie

12:00 am The Project Encore CC

Join Charlie Pickering, Carrie Bickmore & Dave Hughes as they dissect, digest and re-constitute the daily news, events and hottest

topics.

01:00 am Bellator MMA

Realistic Violence

Welcome to the Bellator Summer Series 13 as we see some of the

best fighters in the world battle it out for a shot at the World

Championships.

04:00 am Would You Rather? With Graham

Norton

M

Sexual References

Would You Rather? is a show featuring a panel of comedians and celebrities who answer "would you rather" questions. Guests include:

Judah Friedlander, Janet Varney, Michael Ian Black and Leo Allen.

04:30 am The Sketch Show PG

Sexual References, Mild Coarse Language, Adult Themes

The Sketch Show is a British television sketch comedy program, featuring many leading British comedians. The show is full of fast

05:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the $\,$

major sports, no matter where in the world the event is held.

paced quirky, wacky, and ridiculous off the wall British humour.

05:30 am Football's Greatest Managers G Fabio Capello

Football's Greatest Managers takes a look at the top ten managers in the history of world football and how they were so successful.



Saturday 15th March 2014

06:00 am Alby Mangels Adventure Bound

PG Adult Themes

Before Steve Irwin and Crocodile Dundee, Alby Mangels was and is the original Australian wild man and conservationist. Following uncharted paths, join Alby on his amazing non-stop quest for adventure.

07:00 am Golf Getaway

Golf Getaway is a short, sharp slice of all things golf including golf course reviews, interviews and tips from the pros and special offers on golf equipment.

07:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

LIVE NATIONWIDE

08:00 am THE FORMULA ONE™

AUSTRALIAN GRAND PRIX™

BREAKFAST

11:00 am THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

04:00 pm THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

05:00 pm THE 2014 FORMULA 1® ROLEX

AUSTRALIAN GRAND PRIX™

QUALIFYING

06:30 pm Get Smart

LIVE NATIONWIDE

LIVE NATIONWIDE

LIVE NATIONWIDE

PG <u>Cutback At Control</u>

Join bumbling secret spy Maxwell Smart and his long-suffering partner, Agent 99, as they investigate and thwart the sinister dealings of CONTROL's nemesis organisation, KAOS.

Starring: Don Adams, Barbara Feldon, Edward Platt

07:00 pm Trick My Truck PG

The Mafia does a truck makeover for a husband and wife team that drive a replica of the Vietnam Veteran's Memorial around the country.

07:30 pm Frontiers Of Construction G Big Shots: The Art & Science Of Blasting

Each episode focuses on a single engineering specialty, like blasting, underwater construction, forensic engineering, robotics and virtual engineering.



Saturday 15th March 2014

08:30 pm Law & Order: SVU (Rpt)

CC M Strong Adult Themes **Disrobed**

A judge who'd fought for the rights of abused women is found shot to death under sordid circumstances, and the detectives uncover a case of corruption that leads all the way to the state parole board.

Starring: Mariska Hargitay, Chris Meloni, Richard Belzer, Dann Florek, Michelle Hurd, Dean Winters

Guest Starring: Angie Everhart, Kathryn Meisle, Jack Gwaltney

09:30 pm Bellator MMA

SEASON PREMIERE

Bellator showcases a unique format of world-class Mixed Martial Arts fighting with 12-week, eight-man tournaments featuring some of the most dynamic fighters in the world.

NEW EPISODE

11:30 pm Lights Out

Some Violence

<u>Rainmaker</u>

Lights tries to help out a "punch drunk" former boxer. He also finds himself threatened by a witness to his job for Brennan.

Starring: Holt McCallany, Catherine McCormack, Pablo Schreiber, Stacy Keach, Meredith Hagner, Ryann Shane, Lily Pilblad, Billy Brown

12:30 am Blokesworld

MA15+

Sexual References,

Nudity

Ado is in Goulburn for the NSW Dirt Drags and meets Pinky, Lozza shows us her tatts in Pink Ink and Moto X royalty Stephen Gall chats

about racing and working on Mad Max 4.

01:00 am 48 Hours

48 Hours is a popular true-crime series, investigating shocking cases and compelling real-life dramas with journalistic integrity and cutting-

edge style.

02:00 am Ross Kemp: Battle For The Amazon

IVI

G

Some Coarse Language, Drug References, Adult Themes

Ross investigates how the global demand for cocaine is leading to deforestation and how the rise in the price of gold has meant that people are tearing up the rainforest as they seek to earn a living.

03:00 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:25 am Sporting Greats

Shane Warne

Shane Warne is widely regarded as one of the greatest bowlers in the history of cricket. He made his Test debut for Australia in 1992 and held the record for the most wickets taken by any bowler in Test cricket, until it was broken 2007.



Saturday 15th March 2014

04:00 am NASCAR Nationwide Series Highlights

05:00 am NASCAR Sprint Cup Highlights

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