



MELBOURNE PROGRAM GUIDE

Sunday 20th November 2011

06:00 am Fiberglass & Megapixels (Rpt)	PG Some Coarse Language	<u>Fiberglass & Megapixels</u> A multiple award winning documentary about photographers who travel to Hawaii every winter to focus their cameras on the best surfers in the world as they push the limits of wave riding.
07:00 am Fear Factor (Rpt)	PG Some Coarse Language, Adult Themes	In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.
08:30 am First Ascent (Rpt)	PG Some Coarse Language, Adult Themes	<u>Brother's Wild</u> Two brothers – Timmy O'Neill, a pro climber, and Sean O'Neill, who is paralyzed from the waist down – push the limits of adaptive climbing, conquering the 3,000-foot face of El Capitan.
09:00 am First Ascent (Rpt)	PG Some Coarse Language, Adult Themes	<u>Point Of No Return</u> Elite alpine climbers Jonny Copp and Micah Dash travel to a little-explored and treacherous mountain range near the border of Tibet to make a first ascent of a high-altitude face.
09:30 am First Ascent (Rpt)	PG Some Coarse Language, Adult Themes	<u>Man V Eiger</u> Aerial samurai Dean Potter combines his two passions of free solo climbing and base jumping to create the most outrageous and visionary style of climbing ever conceived: The Base Free Solo.
10:00 am Pro Bull Riding	PG	<u>Springfield</u> Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.
11:00 am World Of Free Sports (Rpt)	PG	Sample an assortment of adventure and extreme sporting activities as World of Free Sports brings you another heart-pumping dose of adrenalin.
11:30 am Snowboarding: TTR World Tour (Rpt)	PG	Ride the slopes with fresh snowboarding action on the TTR World Tour.
12:00 pm UFC 139 Prelims (Rpt)		LIVE <u>U.F.C 139 Prelims</u>
01:00 pm Pat Callinan's 4x4 Adventures (Rpt)	PG Mild Coarse Language	Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing, visually stunning places in Australia.



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02:00 pm Basketball: NBL (Rpt)

Round 7: Gold Coast Blaze V Townsville Crocodiles

The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.

04:00 pm Extreme Dreams (Rpt)

PG
Mild Coarse
Language

It is back into the water for the team and this time they encounter powerful rapids. Will this all prove too much and bring an end to their expedition?

04:30 pm Extreme Dreams (Rpt)

PG

The adventurers reach the final leg of the journey, but morale is dropping quickly. With a six kilometre climb before their ultimate destination and little water, will they really find the lost city?

05:00 pm Airline (Rpt)

PG
Mild Coarse
Language

Overnight snow causes long delays. A cabin crew trainee has to deal with a plane full of drunken football supporters and a blind date contestant tries out his pick-up lines on Katrina.

05:30 pm I Fish

G

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm I Fish (Rpt)

G

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

06:30 pm Megastructures Breakdown (Rpt)

PG

Soviet Doomsday Sub

For two decades the Typhoon, the largest Soviet Nuclear Submarine ever built, cruised the seas. At the end of its useful life the sub will reveal its secrets as it is pulled apart and decommissioned.

07:30 pm Fear Factor

PG
Some Coarse
Language,
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

MOVIE

08:30 pm Transporter, The (Rpt) (2001)

Frank Martin is an ex-U.S. Special Forces operative now making a lucrative living as a "no questions asked" courier in France. Complications arise when he opens one of the packages.

Starring: Jason Statham, Matt Schulze



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Sunday 20th November 2011

10:35 pm Basketball: NBL

Round 7: Wollongong Hawks V Perth Wildcats

The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.

12:35 am WRC Access All Areas (Rpt)

PG

Access All Areas - R13 Great Britain

Your Access All Areas pass for a complete 60 minute roundup of the Rally of Great Britain.

01:35 am NFL Total Access

PG

Total Access brings you all the very latest NFL news, reviews and analysis. Everything you need to know so you can follow the 17 week regular season of America's National Football League.

02:35 am Basketball: NBL (Rpt)

Round 7: Gold Coast Blaze V Townsville Crocodiles

The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.

04:35 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:00 am World Of Free Sports (Rpt)

PG

World of Free Sports brings you the world - a world of action, adventure and extreme sports. Get your thirty minute dose of adrenalin with an assortment of unbelievable action.

05:30 am FA Cup Classics (Rpt)

G

Arsenal V Manchester United 2003/04

Arsenal and Manchester United have been at the top of the game for decades. After their 2010/11 campaign, we revisit a classic FA Cup encounter from the 2003/04 season.



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Monday 21st November 2011

06:00 am NASCAR Countdown (Rpt)

LIVE

Countdown To Green - Live From Miami (Early)

The NASCAR Countdown is a pre-race show for all Sprint Cup events. Hear from the drivers and expert commentators in the countdown to green live from the Homestead-Miami Speedway.

07:00 am NASCAR Sprint Cup (Rpt)

LIVE

R36 Ford 400 @ Homestead, Miami (Early)

The Ford 400 is a NASCAR Sprint Cup stock car race held at Homestead-Miami Speedway in Florida, hosting the final race in the Chase for the Sprint Cup.

11:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:20 am NFL America's Game (Rpt)

PG

Story Of The 1984 San Francisco 49ers

Legendary quarterback Joe Montana led his 49ers to Super Bowl XIX and earned himself MVP of the 1984 NFL season. Narrated by Gene Hackman.

12:20 pm National Football League (Rpt)

LIVE

Week 11 - New York Giants V Philadelphia Eagles

The New York Giants host the Philadelphia Eagles at their home ground, MetLife Stadium, in Week 11 of the 2011-2012 NFL season.

03:30 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 pm Beach Patrol (Rpt)

PG
Adult Themes

At Huntington Beach, two different women are physically assaulted in the water. Lifeguards search and find their suspect, but when they try to question him, he tries to make a run for it.

04:30 pm Airline (Rpt)

PG
Mild Coarse
Language

Jane struggles with many passengers after they miss their flight announcements and departures are brought forward. Meanwhile Liverpool Airport is dealing with a defective aircraft causing delays.

05:00 pm I Fish (Rpt)

WS G

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.



MELBOURNE PROGRAM GUIDE

Monday 21st November 2011

- | | | | |
|----------|---|-----------------------|---|
| 06:00 pm | Jeopardy! | G | A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek. |
| 06:30 pm | Beach Patrol | | A young girl gets caught in a rough rip current and is brought ashore; fears of an epileptic attack have lifeguards working hard. Plus, a nineteen year old is pulled from the water, lifeless. |
| 07:00 pm | COPS | | |
| 07:30 pm | Psych | | <p><u>Thrill Seekers & Hell Raisers</u></p> <p>Ruby's river trip with Gus and Shawn turns deadly after one of the group takes a tumble off the raft.</p> <p>Starring: James Roday, Dule Hill, Corbin Bernsen</p> |
| 08:30 pm | Burn Notice | WS M
Some Violence | <p><u>Last Stand</u></p> <p>Guest Starring: Dylan Baker, John Doman</p> <p>Vaughn comes to Miami with a tactical assault team. With little hope of survival, Michael, Jesse and Fiona make their last stand in an abandoned construction site, with the list as their only leverage</p> <p>Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless, Coby Bell</p> |
| 09:30 pm | Blue Bloods | WS M | <p><u>Age Of Innocence</u></p> <p>Nicky rides along with Danny to a crime scene where a girl at a debutante ball has been murdered, and she has a difficult time coping after seeing her first murder victim.</p> <p>Starring: Tom Selleck, Donnie Wahlberg, Bridget Moynahan, Will Estes, Len Cariou</p> |
| 10:30 pm | National Football League (Rpt) | | <p><u>Week 11 - Green Bay Packers V Tampa Bay Buccaneers</u></p> <p>The Green Bay Packers host the Tampa Bay Buccaneers at their home ground, Lambeau Field, in Week 11 of the 2011-2012 NFL season.</p> |
| 01:45 am | National Football League (Rpt) | | <p><u>Week 11 - St Louis Rams V Seattle Seahawks</u></p> <p>The St Louis Rams host the Seattle Seahawks at their home ground, Edward Jones Dome, in Week 11 of the 2011-2012 NFL season.</p> |
| 05:00 am | Omnisport (Rpt) | | Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held. |
| 05:30 am | Tennis: ATP World Tour Uncovered (Rpt) | G | The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles. |



MELBOURNE PROGRAM GUIDE

Tuesday 22nd November 2011

06:00 am Football: Arsenal TV

Norwich V Arsenal

09:00 am Pro Bull Riding (Rpt)

PG

Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.

10:00 am Basketball: NBL (Rpt)

Round 7: Gold Coast Blaze V Townsville Crocodiles

The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.

12:00 pm WRC Access All Areas (Rpt)

PG

Access All Areas - R13 Great Britain

Your Access All Areas pass for a complete 60 minute roundup of the Rally of Great Britain.

01:00 pm Australasian Safari

02:00 pm Fear Factor (Rpt)

PG
Some Coarse
Language,
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

03:00 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm Jeopardy! (Rpt)

G

A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.

04:00 pm Beach Patrol (Rpt)

A young girl gets caught in a rough rip current and is brought ashore; fears of an epileptic attack have lifeguards working hard. Plus, a nineteen year old is pulled from the water, lifeless.

04:30 pm Airline (Rpt)

PG
Mild Coarse
Language,
Adult Themes

Wedding bells are in the air for Graham Fraser but first he has to deal with a succession of damsels in distress. Stephen's last day with EasyJet turns into a rough one when a fire alarm goes off.

05:00 pm I Fish (Rpt)

WS G

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.



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Tuesday 22nd November 2011

06:00 pm Jeopardy!	G	A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.
06:30 pm Beach Patrol		A shark sighting has lifeguards on high alert. Miami PD and lifeguards break up some underage drinking, but the belligerent teens refuse to go quietly and start a fight with some innocent bystanders.
07:00 pm COPS		
07:30 pm Expedition Impossible (Rpt)	CC PG WS Mild Coarse Language	<u>Light My Way</u> The race heats up as the twelve remaining teams ride wild Arabian stallions, kayak down raging rivers and search for enlightenment in the beautifully exotic, fabled Kingdom of Morocco.
08:30 pm COPS: Adults Only (Rpt)	M Adult Themes	Chase down the bad boys and girls caught in the net of law enforcement agents. COPS is on the streets and on patrol to serve and protect law-abiding citizen and make the mean streets safer.
09:00 pm COPS: Adults Only (Rpt)	M	A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.
09:30 pm Rush		
10:30 pm 24	M Some Violence	<u>Day 1: 7:00 P.M. - 8:00 P.M.</u> Guest Starring: Lou Diamond Phillips, Dennis Hopper Jack discovers that a top secret detention centre houses someone from his past. Tony takes Teri back to CTU as Kim finds herself in jail. Starring: Kiefer Sutherland, Elisha Cuthbert, Dennis Haysbert, Carlos Bernard
11:30 pm The League	MA15+ Sexual References	<u>The Shiva Bowl</u> The rest of the league tries to keep the trophy from its high school namesake. Meanwhile, Taco shocks the gang by getting a job.
12:00 am National Football League		
02:30 am Football: Liverpool TV		<u>Liverpool V Chelsea</u>
05:30 am FA Cup Classics (Rpt)	G	<u>Crystal Palace V Manchester United 1995</u> Recap your favourites from the FA Cup archives as we revisit a semi final matchup between Crystal Palace and Manchester United from the 1995 season.



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Wednesday 23rd November 2011

06:00 am	Football: Serie A		<u>Matchday 12</u>
08:00 am	Football: The Serie A Highlights Show	PG	<u>Matchday 12</u> The Serie A Highlights Show is a comprehensive recap of the best goals and highlights from the every matchday of the 2010/11 Italian football season.
08:30 am	Save Point (Rpt)		Save Point brings you a fast-paced fix of gaming releases, news and reviews.
09:00 am	NASCAR Sprint Cup (Rpt)		<u>R36 Ford 400 @ Homestead, Miami (Early)</u> The Ford 400 is a NASCAR Sprint Cup stock car race held at Homestead-Miami Speedway in Florida, hosting the final race in the Chase for the Sprint Cup.
12:00 pm	NASCAR Nationwide Series Highlights		<u>R34 Ford 300 @ Homestead, Miami</u> Catch the highlights from every race of the 2011 Nationwide Series on ONE. Round 34 of full throttle NASCAR excitement is hosted at the Homestead-Miami Speedway.
01:00 pm	NASCAR Sprint Cup Highlights		<u>R36 Ford 400 @ Homestead, Miami-Highlights</u> Non-stop motorsport action highlights from the Homestead-Miami Speedway. The high octane NASCAR racing continues with the 36th and final round of the Sprint Cup Series.
02:00 pm	NFL Total Access	PG	Total Access brings you all the very latest NFL news, reviews and analysis. Everything you need to know so you can follow the 17 week regular season of America's National Football League.
03:00 pm	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.
03:30 pm	Jeopardy! (Rpt)	G	A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.
04:00 pm	Beach Patrol (Rpt)		A shark sighting has lifeguards on high alert. Miami PD and lifeguards break up some underage drinking, but the belligerent teens refuse to go quietly and start a fight with some innocent bystanders.
04:30 pm	Airline (Rpt)	PG Mild Coarse Language	Snow in Luton causes delays and frayed tempers. Katrina must deal with an intimidating holiday-maker.



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Wednesday 23rd November 2011

05:00 pm	I Fish (Rpt)	WS G	<p>Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.</p>
06:00 pm	Jeopardy!	G	<p>A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.</p>
06:30 pm	Beach Patrol		<p>Lifeguards aid an unconscious man who cracked his head open on the sidewalk after a nasty fall from his bike. Then, a swimmer is caught in a vicious rip current, and a 10 year old boy goes missing.</p>
07:00 pm	COPS		
07:30 pm	Fear Factor	PG Some Coarse Language, Adult Themes	<p>In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.</p>
08:30 pm	COPS: Adults Only (Rpt)	M	<p>A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.</p>
09:00 pm	COPS: Adults Only	M	<p><u>Cp802 New Orleans Mardi Gras</u> You won't believe the morons on parade as law enforcement officers go on patrol to protect America's troubled streets. With an unmistakable theme song COPS is the show at the forefront of reality TV.</p>
09:30 pm	The Killing	M Adult Themes	<p><u>Super 8</u> Sarah and Holder get new evidence from Rosie's teacher. Richmond's campaign team plans a new anti-crime television commercial. Stan becomes more determined to find Rosie's killer.</p> <p>Starring: Billy Campbell, Michelle Forbes, Brendan Sexton, Mireille Enos, Joel Kinnaman, Brent Sexton, Kristin Lehman, Eric Ladin</p>
10:30 pm	RPM		<p>Greg Rust, Daryl Beattie and Craig Baird kick the tyres of world motorsport as they take a light-hearted look at all forms of racing. Hear first hand from the drivers and riders making headlines.</p>
11:30 pm	National Football League		



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Wednesday 23rd November 2011

02:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:30 am Football: Bundesliga

Matchday 13: Borussia Monch. V Werder Bremen

04:30 am Football: Bundesliga Weekly Highlights

Matchday 13

Follow the highlights and results from all the Bundesliga matches in the weekly highlights show.

05:30 am FA Cup Classics (Rpt)

G

Chelsea V Liverpool 1996/97

Delve back into the FA Cup archives and relive the magical moments from the 1996/97 season as Chelsea takes on Liverpool.



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Thursday 24th November 2011

06:00 am Magic Of The FA Cup (Rpt)	G	<u>West Ham United - Greatest Goals</u>
Before West Ham United fell from grace this season, they had a brilliant football history. Check out some of their player's finest moments of skill and scoring!		
07:00 am National Football League		
09:30 am NFL Total Access (Rpt)	PG	
Total Access brings you all the very latest NFL news, reviews and analysis. Everything you need to know so you can follow the 17 week regular season of America's National Football League.		
10:30 am America's Game (Rpt)	PG	<u>Story Of The 1984 San Francisco 49ers</u>
Legendary quarterback Joe Montana led his 49ers to Super Bowl XIX and earned himself MVP of the 1984 NFL season. Narrated by Gene Hackman.		
11:30 am Omnisport (Rpt)		
Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.		
12:00 pm Fear Factor (Rpt)	PG Some Coarse Language, Adult Themes	In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.
01:00 pm Golf: Australian PGA (Rpt)		LIVE <u>Australian PGA Championship Round 1</u>
Live from the Hyatt Regency Coolum in Queensland, the Australian PGA Championship is a golf tournament on the PGA Tour of Australasia. The winner receives the Joe Kirkwood Cup and a share of \$1.5 mill		
06:00 pm Jeopardy!	G	
A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.		
06:30 pm Beach Patrol		
In a hit-and-run jet ski accident on the water, two boys are badly injured, one with a nearly severed leg. Plus, a woman claims to have been assaulted with a coconut.		
07:00 pm COPS		



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Thursday 24th November 2011

07:30 pm **Extreme Fishing With Robson Green**

Panama

08:30 pm **12 Rounds (Rpt) (2009)**

M
Some Violence,
Some Coarse
Language

MOVIE

Detective Danny Fisher discovers his girlfriend has been kidnapped by an ex-con tied to his past and he'll have to successfully complete 12 challenges in order to secure her safe release.

Starring: John Cena, Ashley Scott, Aidan Gillen, Steve Harris, Brian J. White

10:50 pm **The Ultimate Fighter**

M
Realistic Violence,
Some Coarse
Language

The Ultimate Fighter 12 sees lightweight hopefuls compete for the ultimate prize - a contract with the UFC. Coaches this season are Georges St-Pierre and the man everybody loves to hate Josh Koscheck.

11:50 pm **Golf: Omega Mission Hills World Cup**

04:30 am **National Football League (Rpt)**

LIVE

Week 12 - Detroit Lions V Green Bay Packers (Early)

The Detroit Lions host the Green Bay Packers at their home ground, Lambeau Field, in Week 12 of the 2011-2012 NFL season.



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Friday 25th November 2011

06:00 am National Football League

LIVE

Week 12 - Detroit Lions V Green Bay Packers

The Detroit Lions host the Green Bay Packers at their home ground, Lambeau Field, in Week 12 of the 2011-2012 NFL season.

08:15 am National Football League (Rpt)

LIVE

Week 12 - Dallas Cowboys V Miami Dolphins (Early)

The Dallas Cowboys host the Miami Dolphins at their home ground, Cowboys Stadium in Arlington, in Week 12 of the 2011-2012 NFL season.

11:15 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

11:30 am Tennis: ATP World Tour Uncovered (Rpt) G

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.

12:00 pm UFC 139 Prelims (Rpt)

U.F.C 139 Prelims

01:00 pm Golf: Australian PGA (Rpt) WS

LIVE

Australian PGA Championship Round 2

Live from the Hyatt Regency Coolum in Queensland, the Australian PGA Championship is a golf tournament on the PGA Tour of Australasia. The winner receives the Joe Kirkwood Cup and a share of \$1.5 mill

06:00 pm Jeopardy! G

A quiz show with a twist: contestants are provided with the answers. But what are the right questions? Hosted by Alex Trebek.

06:30 pm Beach Patrol

A Volleyball Tournament storms the sands of Miami Beach, but it's threatened when a luxury yacht is leaking fuel just yards from the beach. Then, a man is pulled from the water unconscious.

07:00 pm COPS

07:30 pm Tools Of The Trade PG

Swat

08:30 pm Marine, The (Rpt) (2006) M
Some Violence,
Some Coarse
Language

MOVIE

Wrestler John Cena stars as a former Marine who comes home to find his wife has been kidnapped by a murderous gang. Will he stop at nothing to carry out his toughest and most important mission? (2006)

Starring: John Cena, Kelly Carlson, Robert Patrick, Jeff Chase



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Friday 25th November 2011

10:30 pm Basketball: NBL

Round 8: Melbourne Tigers V Sydney Kings

The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.

12:30 am Golf: Omega Mission Hills World Cup

05:30 am Omnisport (Rpt)

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MELBOURNE PROGRAM GUIDE

Saturday 26th November 2011

06:00 am Football: Bundesliga Weekly Highlights (Rpt)

Matchday 13

Follow the highlights and results from all the Bundesliga matches in the weekly highlights show.

07:00 am National Football League

Week 12 - Baltimore Ravens V San Francisco 49ers

The Baltimore Ravens host the San Francisco 49ers at their home ground, M&T Bank Stadium, in Week 12 of the 2011-2012 NFL season.

10:00 am Basketball: NBL (Rpt)

Round 8: Melbourne Tigers V Sydney Kings

The 2011-12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.

12:00 pm NFL America's Game

PG

Story Of The 1985 Chicago Bears

Famed for their defence, the eccentric Bears lifted the spirits of Chicago in 1985 as they went all the way to victory over the Patriots in Super Bowl XX. Narrated by Alec Baldwin.

01:00 pm The WWE Experience

PG
Some Violence

Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.

02:00 pm Australian Rally Championship (Rpt)

Junior Challenge Final

The RAJC is about providing an affordable, attainable chance for young up and coming rally crews to show themselves as the future of Australian Rallying.

03:00 pm NASCAR Nationwide Series Highlights (Rpt)

R34 Ford 300 @ Homestead, Miami

Catch the highlights from every race of the 2011 Nationwide Series on ONE. Round 34 of full throttle NASCAR excitement is hosted at the Homestead-Miami Speedway.

04:00 pm NASCAR Sprint Cup Highlights (Rpt)

R36 Ford 400 @ Homestead, Miami-Highlights

Non-stop motorsport action highlights from the Homestead-Miami Speedway. The high octane NASCAR racing continues with the 36th and final round of the Sprint Cup Series.

05:00 pm Extreme Dreams (Rpt)

PG

The previous night's medical emergency has left the team reeling and it appears that one member will have to be evacuated off the mountain.

05:30 pm I Fish (Rpt)

G

Drop a line with I Fish - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.



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Saturday 26th November 2011

06:00 pm Save Point

Save Point brings you a fast-paced fix of gaming releases, news and reviews.

06:30 pm Rok Adventure

Rok Adventure

The Rok adventure is a new reality show featuring 2 teams of tradies in the new Volkswagen Amarok's facing a series of crazy challenges from beach to bush. It's going to get wild in the outback!

07:30 pm Fear Factor

PG
Some Coarse
Language,
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

08:30 pm Race To Dakar

M
Some Coarse
Language

A documentary series following actor and keen motorcyclist Charley Boorman's entry into the 2006 Dakar Rally from Lisbon to Dakar.

09:30 pm 48 Hours

10:30 pm Basketball: NBL

Round 8: Adelaide 36ers V Gold Coast Blaze

The 2011–12 National Basketball League is the thirty-fourth season of competition since its establishment in 1979. A total of 9 teams will contest the league.

12:30 am Golf: Omega Mission Hills World Cup

02:50 am Formula 1 Qualifying (Rpt)

LIVE

R19 Brazil Qualifying

Join Greg Rust, Daryl Beattie and Craig Baird with all the Qualifying action of the final round of Formula 1 LIVE from Sao Paulo.

04:15 am Pro Bull Riding (Rpt)

PG

Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.

05:15 am Tennis: ATP World Tour Uncovered (Rpt)

G

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.

05:45 am Omnisport (Rpt)

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