

Sunday 02nd October 2011

06:00 am Ironman: World Championship - Hawaii (Rpt)

G

Hawaii 2010

Head to Hawaii with the world's toughest athletes for Ironman's World Championship. ONE brings you the best action from Kona for the most gruelling and heartbreaking event on the sporting calendar.

07:00 am Ironman: 70.3 Asia Pacific Championship (Rpt)

G

70.3 Asia Pacific Championship - Thailand

Thailand's picturesque resort of Laguna Phuket hosts an Ironman 70.3 race, commonly referred to as a half Ironman. Competitors swim, cycle and run 70.3 miles (113km) in this World Triathlon event.

08:00 am Fear Factor (Rpt)

PG
Some Coarse Language,
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

09:30 am Sailing: 2011 Audi IRC Series (Rpt)

10:00 am UFC Live 6 (Rpt)

LIVE

U.F.C Live 6: Cruz V Johnson

12:30 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

12:45 pm Motorcycle Racing: 125cc (Rpt)

LIVE

R15 Japan

Join Greg Rust, Daryl Beattie and Craig Baird as they bring you all of the action and suspense of Round 13 of the 2011 MOTOGP LIVE from Motegi, Japan.

02:00 pm Motorcycle Racing: Moto2 (Rpt)

LIVE

R15 Japan

Join Greg Rust, Daryl Beattie and Craig Baird as they bring you all of the action and suspense of Round 13 of the 2011 MOTOGP LIVE from Motegi, Japan.

03:30 pm MotoGP (Rpt)

LIVE

R15 Japan

Join Greg Rust, Daryl Beattie and Craig Baird as they bring you all of the action and suspense of Round 13 of the 2011 MOTOGP from Motegi, Japan.

05:15 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:30 pm I Fish

G

A brand new season kicks off with stunning adventures on land and sea. Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm I Fish (Rpt)

WS G

Four nights a week at 5.30pm, drop a line with I Fish's Catch of the Day - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

Sunday 02nd October 2011

06:30 pm Megabridges (Rpt)

G

Mega Bridges - Greece

Get an inside look at the planning and engineering behind creating some of the greatest bridges ever made.

07:30 pm Fear Factor

PG
Some Coarse
Language,
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

08:30 pm Miami Vice (Rpt) (2006)

CC
WS

MOVIE

When an informer, his family & FBI agents are killed by an international gang of drug dealers, Crockett & Tubbs are assigned to work undercover to find out who leaked the information to the criminals.

Starring: Colin Farrell, Jamie Foxx, Li Gong, Naomie Harris

11:20 pm Silent Hill (2006)

MOVIE

Sharon is a little girl who sleepwalks and has seizures that are getting worse. In her trances she keeps mentioning Silent Hill, a town unlike any other.

Starring: Rhada Mitchell, Sean Bean, Laurie Holden, Jodelle Ferland

02:00 am World Rally Championship (Rpt)

PG

R11 France - Day 2 Highlights

02:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:00 am NFL Total Access (Rpt)

PG

Total Access brings you all the very latest NFL news, reviews and analysis. Everything you need to know so you can follow the 17 week regular season of America's National Football League.

04:00 am National Football League (Rpt)

LIVE

Week 4 - St Louis Rams V Washington Redskins (Early)

The St Louis Rams host the Washington Redskins at their home ground, Edward Jones Dome in St Louis, in Week 4 of the 2011-2012 NFL season.

Monday 03rd October 2011

06:00 am National Football League

LIVE

Week 4 - St Louis Rams V Washington Redskins

The St Louis Rams host the Washington Redskins at their home ground, Edward Jones Dome in St Louis, in Week 4 of the 2011-2012 NFL season.

07:15 am National Football League (Rpt)

LIVE

Week 4 - Oakland Raiders V New England Patriots (Early)

The Oakland Raiders host the New England Patriots at their home ground, O.Co Coliseum, in Week 4 of the 2011-2012 NFL season.

10:15 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

10:45 am World Of Free Sports (Rpt)

PG

World of Free Sports brings you the world - a world of action, adventure and extreme sports. Get your thirty minute dose of adrenalin with an assortment of unbelievable action.

11:15 am RPM Moment (Rpt)

G

R.P.M Moment - Aussie Cam Donald In The Isle Of Man T.T

Australian motorcycle rider Cam Donald speaks to Greg Rust about the incredible experience of racing in the world famous Isle of Man TT.

11:20 am National Football League (Rpt)

LIVE

Week 4 - Baltimore Ravens V New York Jets

The Baltimore Ravens host the New York jets at their home ground, M&T Bank Stadium, in Week 4 of the 2011-2012 NFL season.

02:30 pm Tennis: ATP World Tour Uncovered (Rpt)

G

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.

03:00 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm Bondi Rescue (Rpt)

CC PG
WS Some Coarse
Language,
Nudity

Second year trainee Maxy is hoping this will be the year he earns his stripes as a fully fledged lifeguard.

04:00 pm Airline (Rpt)

PG
Some Coarse
Language,
Adult Themes

A party of sunseekers claim they were never informed their trip to Palma had been cancelled and a passenger jets off to Berlin to represent Britain at the World Beard and Moustache Championship.

04:30 pm Extreme Dreams (Rpt)

PG
Mid Coarse
Language

Back on foot, the third leg of the journey continues but now the team face the ordeal of a swim across a 200 metre wide river to get to the next camp.

05:00 pm I Fish (Rpt)

WS G

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.

Monday 03rd October 2011

06:00 pm **Airline**

An EasyJet frequent flyer is late for the last scheduled departure of the day to Malaga and it is left to supervisor Helen to demonstrate just how valued a customer he is.

06:30 pm **Beach Patrol**

Mission Katrina

Using footage shot by the San Diego Lifeguard Service, "Mission Katrina" documents the rescue efforts in News Orleans in the aftermath of Hurricane Katrina.

07:00 pm **COPS (Rpt)**

PG
Drug References

Accept no substitute: COPS is the original and still the best in the observational documentary-style reality genre. Ride along with officers on patrol in Nashville.

07:30 pm **Psych**

PG
Some Violence

The Devil's In The Details; And In The Upstairs Bedroom

When a college girl at a Catholic university commits suicide, Gus and Shawn are brought in because one of the professors at the school believes the girl was demon-possessed.

Starring: James Roday, Dule Hill, Corbin Bernsen

08:30 pm **Burn Notice (Rpt)**

CC M
WS Some Violence,
Some Coarse
Language

Past & Future Tense

Guest Starring: Burt Reynolds

While attending a spy convention, Michael spots a Russian black ops team and investigates why they're in town.

Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless

09:30 pm **Burn Notice (Rpt)**

CC M
WS

Where There's Smoke

Madeline is enjoying having Jesse in the house, but she is also keen to get to the bottom of who he is and why he's in Michael's life. Meanwhile, Sam makes the move from "backup guy" to "leading man".

Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless

10:30 pm **MotoGP (Rpt)**

R15 Japan

Join Greg Rust, Daryl Beattie and Craig Baird as they bring you all of the action and suspense of Round 13 of the 2011 MotoGP from Motegi, Japan.

12:30 am **World Rally Championship**

PG

R11 France - Day 3 Highlights

01:00 am **NFL: America's Game**

PG

Story Of The 1970 Baltimore Colts

After the heartbreak of a Super Bowl loss, the Baltimore Colts fought back in the 1970 season with victory over Dallas in Super Bowl V. Narrated by Ed Harris.

02:00 am **Omnisport (Rpt)**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.



MELBOURNE PROGRAM GUIDE

Monday 03rd October 2011

02:30 am Football: Arsenal TV

Tottenham V Arsenal

05:30 am FACup Classics

G

Manchester United V Liverpool 4th Round 98/99

Tuesday 04th October 2011

06:00 am Pro Bull Riding (Rpt)

PG

Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.

07:00 am Fear Factor (Rpt)

PG
Some Coarse
Language,
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

08:00 am NASCAR Sprint Cup

R29 AAA400 @ Dover

The AAA 400 is the second of two NASCAR Sprint Cup Series stock car races held at Dover International Speedway in Dover, Delaware. It is the 3rd race in the Chase for the Sprint Cup 2011.

11:00 am Australian Rally Championship (Rpt)

R4 Coffs Harbour

500 kilometres north of Sydney is the stunning Coffs Coast will host the fourth round of the 2011 Australian Rally and the championship is heading toward a finale.

12:00 pm World Rally Championship (Rpt)

PG

R11 France - Day 1 Highlights

12:30 pm World Rally Championship (Rpt)

PG

R11 France - Day 2 Highlights

01:00 pm MotoGP (Rpt)

R15 Japan

Join Greg Rust, Daryl Beattie and Craig Baird as they bring you all of the action and suspense of Round 13 of the 2011 MOTOGP from Motegi, Japan.

03:00 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm Beach Patrol (Rpt)

PG
Some Coarse
Language,
Drug References,
Adult Themes

The quiet of Mission Beach is interrupted when a disturbed woman begins to assault people with a pipe wrench. Lifeguards attempt to track her down and isolate her from the people on the beach.

04:00 pm Airline (Rpt)

An Easy Jet frequent flyer is late for the last scheduled departure of the day to Malaga and it is left to supervisor Helen to demonstrate just how valued a customer he is.

04:30 pm Extreme Dreams (Rpt)

PG
Mild Coarse
Language

It is back into the water for the team and this time they encounter powerful rapids. Will this all prove too much and bring an end to their expedition?

05:00 pm I Fish (Rpt)

WS G

Providing tips and information for the beginner fisherman, right through to the hard-core fishing enthusiasts. Everything you need to know about the world of fishing. Hosted by Paul Worsteling.

Tuesday 04th October 2011

06:00 pm **Airline**

A party of rugby fans in Bristol hit a snag in their journey as they set off to watch a match in Belfast and a penniless traveller is left stranded by a cancelled service to Berlin.

06:30 pm **Beach Patrol**

A young man is knocked unconscious from a brutal tackle during a touch football game on Miami Beach. Meanwhile, high winds and strong rip currents have lifeguards in rescue mode up and down the beach.

07:00 pm **COPS (Rpt)**

PG
Some Coarse
Language,
Drug References

Accept no substitute: COPS is the original and still the best in the observational documentary-style reality genre. Ride along with officers on patrol in Texas.

07:30 pm **Black Gold**

PG
Some Violence,
Some Coarse
Language

Get down and dirty in this gritty, real world, behind the scenes, no holds barred look at life on an oil rig. The workers are bred tough and are frank and honest and will say exactly what they think.

08:30 pm **COPS: Adults Only (Rpt)**

M

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

09:00 pm **COPS: Adults Only (Rpt)**

M

Chase down the bad boys and girls caught in the net of law enforcement agents. COPS is on the streets and on patrol to serve and protect law-abiding citizen and make the mean streets safer.

09:30 pm **Can Of Worms (Rpt)**

CC M
WS Sexual References,
Some Coarse
Language,
Adult Themes

Join host, Ian "Dicko" Dickson, and a panel of special guests as we ask Australia the curly questions of everyday life. There is no wrong answer, but be warned - you could open a Can Of Worms!

10:30 pm **24**

M
Some Violence

Day 1: 12:00 P.M. - 1:00 P.M.

Jack plays a deadly game of cat and mouse with Gaines that results in a final confrontation. Nina discovers that a second assassin has arrived in LA, which means that Palmer's life is still in danger.

Starring: Kiefer Sutherland, Elisha Cuthbert, Dennis Haysbert, Carlos Bernard

11:30 pm **Surfing: Quiksilver Pro France**

12:30 am **Baseball Postseason: American League**

Game 1: Teams TBA

03:30 am **Football: Liverpool TV**

Liverpool V Everton (Early)

Wednesday 05th October 2011

06:00 am Football: Liverpool TV

Liverpool V Everton

06:30 am Pro Bull Riding (Rpt)

PG

Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.

07:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

08:00 am NFL: America's Game

PG

Story Of The 1969 Kansas City Chiefs

In 1969 the Kansas City Chiefs were among the most talented teams in the NFL, and history has recorded seven Hall of Famers from the Super Bowl IV winning side. Narrated by Martin Sheen.

09:00 am National Football League

11:30 am NFL Total Access

PG

Total Access brings you all the very latest NFL news, reviews and analysis. Everything you need to know so you can follow the 17 week regular season of America's National Football League.

12:30 pm Tennis: ATP World Tour Uncovered (Rpt)

G

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.

01:00 pm NASCAR Nationwide Series Highlights

R30 Kansas Lottery 300 @ Kansas

Catch the highlights from every race of the 2011 Nationwide Series on ONE. Round 30 of full throttle NASCAR excitement is hosted at the Kansas Speedway.

02:00 pm NASCAR Sprint Cup Highlights

R29 AAA400 @ Dover-Highlights

Non-stop motorsport action highlights from the Dover International Speedway. The high octane NASCAR racing continues with the 29th round of the Sprint Cup Series.

03:00 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm Beach Patrol (Rpt)

Mission Katrina

Using footage shot by the San Diego Lifeguard Service, "Mission Katrina" documents the rescue efforts in News Orleans in the aftermath of Hurricane Katrina.

04:00 pm Airline (Rpt)

A party of rugby fans in Bristol hit a snag in their journey as they set off to watch a match in Belfast and a penniless traveller is left stranded by a cancelled service to Berlin.

Wednesday 05th October 2011

04:30 pm Extreme Dreams (Rpt)

PG

The adventurers reach the final leg of the journey, but morale is dropping quickly. With a six kilometre climb before their ultimate destination and little water, will they really find the lost city?

05:00 pm I Fish (Rpt)

WS G

Seven nights a week at 5.30pm, drop a line with I Fish's Catch of the Day - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

06:00 pm Airline

A mother and son with 53 kilos of excess baggage find they cannot afford to check in for their connecting flight at Belfast and airport manager Mary sorts out a passenger's paperwork problem.

06:30 pm Beach Patrol

Spring break means all day parties on Miami Beach, but when the sun goes down, the insanity doesn't stop. A drunk hip hop artist takes a scooter for a joy ride on the beach and is detained by police.

07:00 pm COPS (Rpt)

PG

You won't believe the morons on parade as law enforcement officers go on patrol to protect America's troubled streets. With an unmistakable theme song COPS is the show at the forefront of reality TV.

07:30 pm Fear Factor

PG
Some Coarse
Language,
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

08:30 pm COPS: Adults Only (Rpt)

M

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

09:00 pm COPS: Adults Only (Rpt)

M

COPS is the definitive real-life observational documentary series that follows the personal and professional lives of police officers enforcing the troubled streets of America.

09:30 pm Sons Of Anarchy

AV15+
Strong Violence,
A Sex Scene

Balm

The Jax/Clay stand off finally forces Gemma to make a difficult decision. Agent Stahl continues to investigate some handsome profits SAMCRO is making from the repo business.

Starring: Charlie Hunnam, Ron Perlman, Katey Sagal, Mark Boone Junior, Kim Coates, Tommy Flanagan

10:40 pm RPM

Greg Rust, Daryl Beattie and Craig Baird kick the tyres of world motorsport as they take a light-hearted look at all forms of racing. Hear first hand from the drivers and riders making headlines.

11:40 pm Surfing: Quiksilver Pro France

Wednesday 05th October 2011

12:40 am **Baseball Postseason: American League**

Game 2: Teams TBA

03:30 am **Australian Rally Championship (Rpt)**

R4 Coffs Harbour

500 kilometres north of Sydney is the stunning Coffs Coast will host the fourth round of the 2011 Australian Rally and the championship is heading toward a finale.

04:30 am **Magic Of The FA Cup (Rpt)**

G

West Ham's Greatest Players

Beautiful Game Monday continues all summer on ONE. This week we look through the archives to follow the memorable moments of West Ham's Greatest Players. Will Lucas Neill make the grade?

05:30 am **FA Cup Classics**

G

Charlton Athletic V Tottenham Hotspur 4th Round 00/01

Thursday 06th October 2011

06:00 am **Baseball Postseason: American League**

Game 3: Teams TBA

09:00 am **This Week In Baseball**

PG

Throughout the Major League season, This Week in Baseball is your one stop magazine show for all the most interesting MLB stories, with profiles, news, highlights and features beyond the ballpark.

09:30 am **Pro Bull Riding (Rpt)**

PG

Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.

10:30 am **NFL: America's Game (Rpt)**

PG

Story Of The 1967 Green Bay Packers

The Green Bay Packers won Super Bowl XLV in 2011. Now retrace the team's history as their legendary coach Vince Lombardi won their second Super Bowl after the 1967 season. Narrated by Tom Selleck.

11:30 am **Magic Of The FA Cup (Rpt)**

G

Arsenal's Greatest Games

One of the big four clubs of English football, Arsenal are preparing for this weekend's kick off to the new season. Delve through the archives for some of the Greatest Games in Gunners' history.

01:00 pm **Black Gold (Rpt)**

PG
Some Violence,
Some Coarse
Language

Get down and dirty in this gritty, real world, behind the scenes, no holds barred look at life on an oil rig. The workers are bred tough and are frank and honest and will say exactly what they think.

02:00 pm **RPM (Rpt)**

Greg Rust, Daryl Beattie and Craig Baird kick the tyres of world motorsport as they take a light-hearted look at all forms of racing. Hear first hand from the drivers and riders making headlines.

03:00 pm **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm **Beach Patrol (Rpt)**

A young man is knocked unconscious from a brutal tackle during a touch football game on Miami Beach. Meanwhile, high winds and strong rip currents have lifeguards in rescue mode up and down the beach.

04:00 pm **Airline (Rpt)**

A mother and son with 53 kilos of excess baggage find they cannot afford to check in for their connecting flight at Belfast and airport manager Mary sorts out a passenger's paperwork problem.

04:30 pm **Extreme Dreams (Rpt)**

PG

A new adventure begins for five contestants to climb Mount Kilimanjaro, the highest peak in Africa.

Thursday 06th October 2011

05:00 pm I Fish (Rpt)

WS G

Four nights a week at 5.30pm, drop a line with I Fish's Catch of the Day - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

06:00 pm Airline

A passenger arrives at Luton Airport without her passport and is desperate to get to Edinburgh to pick up her children.

06:30 pm Beach Patrol

It's spring break on Miami Beach and police have their hands full with a belligerent drinker who tries lying about his age to avoid getting a ticket.

07:00 pm COPS (Rpt)

PG
Adult Themes

COPS is the definitive real-life observational documentary series that follows the personal and professional lives of police officers enforcing the troubled streets of America.

07:30 pm Extreme Fishing With Robson Green

World Tour Part 1

08:30 pm TBA

09:30 pm Good News World (Rpt)

CC
WS

Join GNW favourites, Paul, Mikey and Claire, plus a regular cast of the country's best comedians, as they tackle the biggest stories on the planet! Think SNL meets The Daily Show with an Aussie twist.

10:30 pm The Ultimate Fighter

M
Realistic Violence,
Some Coarse
Language

Coached by Chuck Liddell and Tito Ortiz, two teams of MMA hopefuls compete for a 6 figure contract to fight in the UFC. Season 11 is middleweights, featuring Steve Irwin's former bodyguard Kyle Noke.

11:30 pm Surfing: Quiksilver Pro France

12:30 am Pro Bull Riding (Rpt)

PG

Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.

01:30 am Omnisport (Rpt)

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02:00 am NFL: America's Game (Rpt)

PG

Story Of The 1969 Kansas City Chiefs

In 1969 the Kansas City Chiefs were among the most talented teams in the NFL, and history has recorded seven Hall of Famers from the Super Bowl IV winning side. Narrated by Martin Sheen.

03:00 am Golf: OneAsia Tour

Kolon Korea Open Round 1

Friday 07th October 2011

06:00 am **Baseball Postseason: American League**

Game 4: Teams TBA

09:00 am **National Football League**

11:30 am **NFL Total Access (Rpt)**

PG

Total Access brings you all the very latest NFL news, reviews and analysis. Everything you need to know so you can follow the 17 week regular season of America's National Football League.

12:30 pm **NFL: America's Game (Rpt)**

PG

Story Of The 1970 Baltimore Colts

After the heartbreak of a Super Bowl loss, the Baltimore Colts fought back in the 1970 season with victory over Dallas in Super Bowl V. Narrated by Ed Harris.

01:30 pm **Fear Factor (Rpt)**

PG
Some Coarse
Language,
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

02:30 pm **World Rally Championship (Rpt)**

PG

R11 France - Day 3 Highlights

03:00 pm **Omnisport**

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03:30 pm **Beach Patrol (Rpt)**

Spring break means all day parties on Miami Beach, but when the sun goes down, the insanity doesn't stop. A drunk hip hop artist takes a scooter for a joy ride on the beach and is detained by police.

04:00 pm **Airline (Rpt)**

A passenger arrives at Luton Airport without her passport and is desperate to get to Edinburgh to pick up her children.

04:30 pm **Extreme Dreams (Rpt)**

PG

The team takes their first steps onto Kilimanjaro. Oxygen becomes a point of contention as some don't listen to the advice about acclimatising to the altitude.

05:00 pm **I Fish (Rpt)**

WS G

Nightly at 5.30pm, drop a line with I Fish as we revisit the Catch of the Day - looking back at the best tips and info for the beginner fisherman, right through to the hard-core fishing enthusiasts.

06:00 pm **Airline**

Pilot Chrisl treats five Belarusian orphans to a day out watching dolphins in Inverness - their first glimpse of the sea, and a Polish passenger insists he's sober enough to fly.

Friday 07th October 2011

06:30 pm Beach Patrol

A group of rebellious teens venture too far out onto the South Jetty at Miami Beach and put themselves in danger and beach-goers see a drunk man perform a lewd act so report him to lifeguards.

07:00 pm COPS (Rpt)

PG
Drug References

COPS is the definitive real-life observational documentary series that follows the personal and professional lives of police officers enforcing the troubled streets of America.

07:30 pm World's Toughest Fixes

Overpass Overhaul

Big machines, big problems — World's Toughest Fixes with engineering enthusiast Sean Riley tackles the most oversized repair jobs on the planet.

08:30 pm Fast And The Furious: Tokyo Drift CC
(Rpt) (2006)

MOVIE

To avoid jail time, street racer Sean Boswell is sent to live with his dad in Tokyo where he discovers drifting. After losing a race, Sean has to enter the Tokyo underworld to pay off his debt (2006).

Starring: Lucas Black, Zachery Ty Bryan, Lynda Boyd, Brian Goodman, Brian Tee

10:50 pm Basketball: NBL

12:50 am Breakout Kings

M
Some Violence,
Some Coarse
Language

There Are Rules

When an armoured car full of prisoners flees from the back of an 18-wheeler truck, the Breakout Kings are tasked with their capture. The leader of the fugitives will stop at nothing to make his escape

Starring: Laz Alonso, Domenick Lombardozzi, Brooke Nevin, Malcolm Goodwin

01:50 am Surfing: Quiksilver Pro France

02:50 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:00 am Golf: OneAsia Tour

Kolon Korea Open Round 2

Saturday 08th October 2011

06:00 am Baseball Postseason: American League

Game 5: Teams TBA

09:00 am NFL: America's Game

PG

Story Of The 1971 Dallas Cowboys

Led by one of history's most renowned defences, the Dallas Cowboys went from NFC Champions to their first Super Bowl victory in the 1971 NFL season. Narrated by Martin Sheen.

10:00 am Pro Bull Riding

PG

Tampa

Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.

11:00 am World Of Free Sports

PG

Sample an assortment of adventure and extreme sporting activities as World of Free Sports brings you another heart-pumping dose of adrenalin.

11:30 am Drive

PG

Two Ends Of The Spectrum

The second season of this stunningly filmed skateboarding series takes you into the streets, carparks and makeshift jumps where skate culture develops and enthusiasts chase the dream of turning pro.

12:00 pm Triathlon: ITU World Championship Season Review

G

Dextro I.T.U World Championship Series 2011 Review

01:00 pm The WWE Experience (Rpt)

PG
Some Violence

Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.

02:00 pm NASCAR Sprint Cup Qualifying

R30 Hollywood Casino 400 @ Kansas-Qualifying

Who will claim pole position in qualifying ahead of race 30 from the Kansas Speedway?

03:00 pm First Ascent

PG
Some Coarse Language

Alone On The Wall

Climbing truly massive walls without a rope, and no chance of survival if he falls, Alex Honnold is calm and fearless. But attempting the 2000ft wall of Half Dome will finally teach Alex about fear.

03:30 pm Tennis: ATP World Tour Uncovered

G

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.

04:00 pm Formula 1 Qualifying (Rpt)

LIVE

R15 Japan Qualifying

Suzuka includes some of the Grand Prix calendar's most challenging corners. Among the drivers' favourites are the high-speed 130R and the famous Spoon Curve.

05:30 pm Airline (Rpt)

PG

At the age of 101 Edith Pate conquers her fear of flying and heads for Belfast. Meanwhile, a new check-in system causes confusion.

Saturday 08th October 2011

06:00 pm Sailing: 2011 Audi IRC Series

06:30 pm The WWE Experience

PG
Some Violence

Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.

07:30 pm Fear Factor

PG
Some Coarse
Language,
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

09:00 pm Ross Noble's Australian Trip (Rpt)

CC M
WS Sexual References,
Some Coarse
Language

Roaring across the outback during his stand-up tour, Ross presents us with his highly idiosyncratic eye-view of the most quirky and memorable sights, sounds and encounters of his adopted country as he bikes his way between gigs.

10:00 pm COPS: Adults Only (Rpt)

M

Accept no substitute: COPS is the original and still the best in the observational documentary-style reality genre. Ride along with officers on patrol in Indianapolis.

10:30 pm Basketball: NBL

12:30 am Surfing: Quiksilver Pro France

01:30 am WRC Access All Areas

G

[Access All Areas - R11 France](#)

Your Access All Areas pass for a complete 60 minute roundup of the Rally of France.

02:30 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:00 am Golf: OneAsia Tour

[Kolon Korea Open Round 3](#)