

Sunday 04th September 2011

| | | | |
|----------|-------------------------------------|---|--|
| 06:00 am | 500 Great Goals (Rpt) | G | Football is a worldwide favourite. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history. |
| 06:30 am | Football: Liverpool TV (Rpt) | | <u>Liverpool V Bolton</u> |
| 09:30 am | Sailing: 2011 Audi IRC Series (Rpt) | | <u>Audi Victoria Sailing Week 2011 (Part 1)</u> A brand new season of world class sailing begins on ONE. Experience the exhilaration of open water racing with the first of two highlight shows covering the 2011 Audi Victoria Sailing Week. |
| 10:00 am | Pro Bull Riding | PG | <u>St Louis</u> Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE. |
| 11:00 am | World Of Free Sports | PG | Sample an assortment of adventure and extreme sporting activities as World of Free Sports brings you another heart-pumping dose of adrenalin. |
| 11:30 am | Snowboarding: TTR World Tour | PG | Ride the slopes with fresh snowboarding action on the TTR World Tour. |
| 12:00 pm | Rally World (Rpt) | PG | <u>Rally World 10</u> Rally World previews the tenth round of the World Rally Championship from Coffs Harbour. Plus catch up on the best in national rallying action from around the globe. |
| 01:00 pm | British Touring Car Championship | G | <u>R6 Snetterton</u> Round six of the British Touring Car Championship from the Snetterton Circuit in Thetford, Norfolk. |
| 02:00 pm | Motorsport: Isle Of Man TT | PG | <u>2011 Highlights (Part 2)</u> Recap all the best racing from a week of heart-stopping two wheeled action on the Isle of Man's spectacular 37 mile mountain course. |
| 03:00 pm | Team Hot Wheels | | <u>Team Hot Wheels</u> Hot Wheels are brought to life as teams of stunt drivers assembled from drifting, off road, motocross and rally form teams to deliver the most amazing and outrageous stunts. |
| 03:30 pm | Airline (Rpt) | PG Some Coarse Language, Adult Themes | A passenger is stopped from taking two boxes of dead hares onto his flight. Late arrivals for an Athens-bound plane are re-routed to Heathrow for a service that gets them home at 4am on Christmas Day. |
| 04:00 pm | Airline (Rpt) | PG | Blizzards in Luton cause many flight cancellations, and airport staff in are unable to get into work because the the extreme weather conditions. |
| 04:30 pm | Airline (Rpt) | PG | |

Mild Coarse
Language,
Adult Themes

A passenger who turns up too late for her flight to Paris announces she has a bomb in her bag and ends up in a police cell in Newcastle.

Sunday 04th September 2011

05:00 pm Tennis: ATP World Tour Uncovered (Rpt)

G

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.

05:30 pm I Fish

G

A brand new season kicks off with stunning adventures on land and sea. Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm I Fish Catch Of The Day (Rpt)

G

A brand new season kicks off with stunning adventures on land and sea. Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:30 pm COPS (Rpt)

PG
Drug References

Cp920 Seattle

Accept no substitute: COPS is the original and still the best in the observational documentary-style reality genre. Ride along with officers on patrol in Seattle.

06:55 pm Motorcycle Racing: 125cc (Rpt)

LIVE

R13 San Marino

08:00 pm Motorcycle Racing: Moto2 (Rpt)

LIVE

R13 San Marino

09:30 pm MotoGP (Rpt)

LIVE

R13 San Marino

11:15 pm Home Of The Brave (2006)

M
Some Violence,
Some Coarse
Language,
Adult Themes

MOVIE

After a lengthy tour of duty in wartorn Iraq, three soldiers struggle to readjust to life back home.

Starring: Samuel L Jackson, Jessica Biel, Christina Ricci

01:20 am Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:50 am Pro Bull Riding (Rpt)

PG

St Louis

Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.

02:50 am British Touring Car Championship (Rpt)

G

R6 Snetterton

Round six of the British Touring Car Championship from the Snetterton Circuit in Theford, Norfolk.

Sunday 04th September 2011

03:50 am WNBA Action (Rpt)

G

The Tulsa Shock selected Australia's Liz Cambage as Number 2 pick in the WNBA Draft. She joins Lauren Jackson and a growing number of Opals playing in the world's premier womens basketball league.

04:20 am The Magic Of The FA Cup (Rpt)

G

Manchester United's Greatest Players

World Game Monday continues all summer on ONE with a full night of great football action. Tonight features glamour club Manchester United, with a special profile of the club's Greatest Players.

Monday 05th September 2011

06:00 am 500 Great Goals (Rpt)

G

Football is a worldwide phenomenon. Sit back as we delve through the archives of football leagues from all over the country and see the best goals in history.

06:30 am Australian Rally Championship (Rpt)

Midyear Review

We review all the best action from the season so far.

07:30 am Pro Bull Riding (Rpt)

PG

Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.

08:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

09:00 am NASCAR Countdown (Rpt)

LIVE

Countdown To Green - Live From Atlanta

09:30 am NASCAR Sprint Cup (Rpt)

LIVE

R25 Advocare 500 @ Atlanta

01:30 pm MotoGP (Rpt)

R13 San Marino

03:30 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 pm Surfing: Quiksilver Pro Highlights

04:30 pm Extreme Dreams

PG
Adult Themes

Jungle, Peru 3

This leg of the jungle trek in Peru pushes the team to the limits as they walk through dense tropical vegetation and back breaking terrain while intense humidity threatens to halt their progress.

05:00 pm Escape With ET (Rpt)

WS G

Join rugby league legend and fishing enthusiast Andrew 'ET' Ettingshausen as he escapes to some of Australia's best fishing, 4WD'ing and other incredible destinations.

05:30 pm I Fish Catch Of The Day (Rpt)

G

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm Airline

PG

The staff struggle to communicate with two Japanese passengers who have missed their flight, and a man worries he's been stood up by his Lithuanian date.

Monday 05th September 2011

06:30 pm Bondi Rescue (Rpt)

CC PG
WS Some Coarse
Language,
Nudity

Bondi is known as a party town and on New Years' Eve 15,000 revellers descend on the beach front for the Shore Thing Concert. At 5am the following morning lifeguards arrive to deal with the aftermath.

07:00 pm COPS (Rpt)

PG
Some Coarse
Language,
Drug References

Cp922 Seattle

Chase down the bad boys and girls caught in the net of law enforcement agents. COPS is on the streets and on patrol to serve and protect law-abiding citizen and make the mean streets safer.

07:30 pm Fear Factor

PG
Some Coarse
Language,
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

08:30 pm Burn Notice (Rpt)

CC M
WS Some Violence

Fast Friends

Michael takes it upon himself to save the counter-intelligence spy he recently accidentally burned; meanwhile, Michael's mother informs her son she needs more "normal" people in her life.

Starring: Jeffery Donovan, Gabrielle Anwar, Bruce Campbell, Sharon Gless

09:30 pm One Week At A Time

AFL

The most respected name in footy analysis is back for a brand new season. Stephen Quartermain, Robert Walls and Luke Darcy tackle the big issues in AFL every Monday night only on ONE.

10:30 pm Sports Tonight

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

11:00 pm One Week At A Time Late (Rpt)

NRL

ONE's rugby league guru Adam Hawse joins NSW Coach Ricky Stuart and either Ben Ikin or Adam MacDougall every Monday night to dissect the week's big issues in the NRL.

12:00 am Surfing: Quiksilver Pro New York

01:00 am Fear Factor (Rpt)

PG
Some Coarse
Language,
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

02:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

Monday 05th September 2011

02:30 am Football: Arsenal TV

Arsenal V TBA

05:30 am FA Cup Classics (Rpt)

G

Chelsea V Arsenal 6th Round Replay 02/03

Chelsea and Arsenal are among the biggest names in English football. Revisit their sixth round meeting in the 2002/03 FA Cup, as ONE continues to countdown to this weekend's Chelsea-Portsmouth 2010 decider.

Tuesday 06th September 2011

| | | | |
|----------|--|--|--|
| 06:00 am | FA Cup Classics (Rpt) | G | <u>Newcastle United V Chelsea Semi Final 99/00</u> Tune in for this classic match as London side Chelsea took on the northern most team, Newcastle United in the semi final of the 1999/2000 FA Cup. |
| 06:30 am | British Touring Car Championship (Rpt) | G | <u>R6 Snetterton</u> Round six of the British Touring Car Championship from the Snetterton Circuit in Thetford, Norfolk. |
| 07:30 am | Pro Bull Riding (Rpt) | PG | Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE. |
| 08:30 am | Tennis: ATP World Tour Uncovered (Rpt) | G | The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles. |
| 09:00 am | WNBA Action | G | The Tulsa Shock selected Australia's Liz Cambage as Number 2 pick in the WNBA Draft. She joins Lauren Jackson and a growing number of Opals playing in the world's premier womens basketball league. |
| 09:30 am | AFL Premiership Season 2011 (Rpt) | CC | <u>Round 24 - West Bulldogs V Fremantle</u> |
| 12:00 pm | One Week At A Time (AFL) (Rpt) | | <u>AFL</u> The most respected name in footy analysis is back for a brand new season. Stephen Quartermain, Robert Walls and Luke Darcy tackle the big issues in AFL every Monday night only on ONE. |
| 01:00 pm | One Week At A Time (NRL) (Rpt) | | <u>NRL</u> ONE's rugby league guru Adam Hawse joins NSW Coach Ricky Stuart and either Ben Ikin or Adam MacDougall every Monday night to dissect the week's big issues in the NRL. |
| 02:00 pm | Ironman: Switzerland 2011 (Rpt) | G | <u>Ironman Switzerland 2011</u> Head to Switzerland with the world's toughest athletes for Ironman's World Championship. Competitors will swim, cycle and run more than 220km through Zurich. |
| 03:00 pm | Omnisport | | Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held. |
| 03:30 pm | Bondi Rescue (Rpt) | CC PG WS Some Coarse Language, Nudity | Bondi is known as a party town and on New Years' Eve 15,000 revellers descend on the beach front for the Shore Thing Concert. At 5am the following morning lifeguards arrive to deal with the aftermath. |
| 04:00 pm | Surfing: Quiksilver Pro Highlights | | |

Tuesday 06th September 2011

04:30 pm Extreme Dreams

PG
Adult Themes

Jungle, Peru 4

The team is devastated about scout leader Steph being evacuated, suffering from dehydration, as their schedule takes a mighty setback.

05:00 pm Escape With ET (Rpt)

WS G

Join rugby league legend and fishing enthusiast Andrew 'ET' Ettingshausen as he escapes to some of Australia's best fishing, 4WD'ing and other incredible destinations.

05:30 pm I Fish Catch Of The Day (Rpt)

G

A brand new season kicks off with stunning adventures on land and sea. Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm Airline

PG
Some Coarse
Language

Helen struggles to recruit workmates to appear in a charity fashion show and Jane waits anxiously to see if all the passengers for an overbooked flight to Athens turn up.

06:30 pm Bondi Rescue (Rpt)

CC PG
WS

In a typical Saturday at Bondi the tower is overrun by blue bottle victims. Today they all are from China, most under 14, and only one of them can speak English.

07:00 pm COPS (Rpt)

PG
Some Coarse
Language,
Adult Themes

Cp923 Seattle

Chase down the bad boys and girls caught in the net of law enforcement agents. COPS is on the streets and on patrol to serve and protect law-abiding citizen and make the mean streets safer.

07:30 pm Black Gold

PG
Some Coarse
Language,
Drug References

Get down and dirty in this gritty, real world, behind the scenes, no holds barred look at life on an oil rig. The workers are bred tough and are frank and honest and will say exactly what they think.

08:30 pm COPS: Adults Only (Rpt)

M
Adult Themes

Cp913 Key West, Florida

A real life drama series that documents the personal and professional lives of the police officers enforcing the troubled streets of America.

09:00 pm COPS: Adults Only (Rpt)

M
Adult Themes

Cp916 Seattle

Accept no substitute: COPS is the original and still the best in the observational documentary-style reality genre. Ride along with officers on patrol in Seattle.

09:30 pm Can Of Worms (Rpt)

CC

Join host, Ian "Dicko" Dickson, and a panel of special guests as we ask Australia the curly questions of everyday life. There is no wrong answer, but be warned - you could open a Can Of Worms!

10:30 pm 24 (Rpt)

M
Some Violence,
Adult Themes

Day 1: 8:00 A.M. - 9:00 A.M.

Nina and Tony discover the identity of the mole inside CTU who is working for Gaines. Jack manages to foil the assassination attempt, but is captured by Secret Service in the process.

Starring: Kiefer Sutherland, Elisha Cuthbert, Dennis Haysbert, Carlos Bernard

Tuesday 06th September 2011

11:30 pm Sports Tonight

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

12:00 am Surfing: Quiksilver Pro New York

01:00 am Black Gold (Rpt)

PG
Some Coarse
Language,
Drug References

Get down and dirty in this gritty, real world, behind the scenes, no holds barred look at life on an oil rig. The workers are bred tough and are frank and honest and will say exactly what they think.

02:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:30 am Football: Liverpool TV

International Week

05:30 am FACup Classics (Rpt)

G

Arsenal V Bolton Wanderers 4th Round Replay 93/94

Delve into the FA Cup archive with a classic match between Arsenal and the Bolton Wanderers from the fourth round of the 1993/94 season.

Wednesday 07th September 2011

| | | | |
|----------|-------------------------------------|--------------------|---|
| 06:00 am | FA Cup Classics | G | <u>Blackburn Rovers V Chelsea Semi Final 06/07</u> |
| 06:30 am | Rally World (Rpt) | PG | <u>Rally World 10</u> Rally World previews the tenth round of the World Rally Championship from Coffs Harbour. Plus catch up on the best in national rallying action from around the globe. |
| 07:30 am | Pro Bull Riding (Rpt) | PG | Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE. |
| 08:30 am | This Week In Baseball | PG | Throughout the Major League season, This Week in Baseball is your one stop magazine show for all the most interesting MLB stories, with profiles, news, highlights and features beyond the ballpark. |
| 09:00 am | Major League Baseball | | LIVE <u>Philadelphia Phillies V Atlanta Braves</u> |
| 12:00 pm | Motorsport: Isle Of Man TT (Rpt) | PG | <u>2011 Highlights (Part 2)</u> Recap all the best racing from a week of heart-stopping two wheeled action on the Isle of Man's spectacular 37 mile mountain course. |
| 01:00 pm | NASCAR Nationwide Series Highlights | | <u>R26 Great Clips 300 @ Atlanta</u> Catch the highlights from every race of the 2011 Nationwide Series on ONE. Round 26 of full throttle NASCAR excitement is hosted at the Atlanta Motor Speedway in Atlanta. |
| 02:00 pm | NASCAR Sprint Cup Highlights | | <u>R25 Advocare 500 @ Atlanta-Highlights</u> Non-stop motorsport action highlights from the Atlanta Motor Speedway. The high octane NASCAR racing continues with the 25th round of the Sprint Cup Series. |
| 03:00 pm | Omnisport | | Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held. |
| 03:30 pm | Bondi Rescue (Rpt) | CC PG WS | In a typical Saturday at Bondi the tower is overrun by blue bottle victims. Today they all are from China, most under 14, and only one of them can speak English. |
| 04:00 pm | Surfing: Quiksilver Pro Highlights | | |
| 04:30 pm | Extreme Dreams | PG Adult Themes | <u>Jungle, Peru 5</u> Faced with the same challenges as ancient explorers, the team battle on in their quest to reach their ultimate goal - the legendary Petroglyphs of Pusharo. |

Wednesday 07th September 2011

05:00 pm **Escape With ET** (Rpt)

WS G

Join rugby league legend and fishing enthusiast Andrew 'ET' Ettingshausen as he escapes to some of Australia's best fishing, 4WD'ing and other incredible destinations.

05:30 pm **I Fish Catch Of The Day** (Rpt)

G

A brand new season kicks off with stunning adventures on land and sea. Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm **Airline**

PG
Some Coarse
Language

The charity fashion show is a success for Helen and the Newcastle staff but things do not go so well for a passenger at Luton who manages to miss her flight three times.

06:30 pm **Bondi Rescue** (Rpt)

CC PG
WS Some Coarse
Language

Bondi Rescue follows the work of elite lifeguards in charge at the world's busiest beach. With people's lives literally in their hands, these lifeguards ensure safety is their number one priority.

07:00 pm **COPS** (Rpt)

PG
Some Coarse
Language,
Drug References

Cp924 Seattle

You won't believe the morons on parade as law enforcement officers go on patrol to protect America's troubled streets. With an unmistakable theme song COPS is the show at the forefront of reality TV.

07:30 pm **Fear Factor**

PG
Some Coarse
Language,
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

08:30 pm **COPS: Adults Only** (Rpt)

M

Cp932 Florida

COPS is the definitive real-life observational documentary series that follows the personal and professional lives of police officers enforcing the troubled streets of America.

09:00 pm **COPS: Adults Only** (Rpt)

M
Some Coarse
Language

Cp936 Florida

Chase down the bad boys and girls caught in the net of law enforcement agents. COPS is on the streets and on patrol to serve and protect law-abiding citizen and make the mean streets safer.

09:30 pm **Sons Of Anarchy**

AV15+
Strong Violence

Falx Cerebri

Clay sets a course for retaliation, forcing Jax to turn to an unlikely source to save the club from destruction. Gemma shows Tara how an old lady handles her anger.

Starring: Charlie Hunnam, Ron Perlman, Katey Sagal, Mark Boone Junior, Kim Coates, Tommy Flanagan

10:30 pm **RPM**

Greg Rust, Daryl Beattie and Craig Baird kick the tyres of world motorsport as they take a light-hearted look at all forms of racing. Hear first hand from the drivers and riders making headlines.

Wednesday 07th September 2011

11:30 pm Sports Tonight

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

11:35 pm FIBA Oceania Basketball Championships

01:35 am Surfing: Quiksilver Pro New York

02:35 am Major League Baseball (Rpt)

Philadelphia Phillies V Atlanta Braves

05:00 am Tennis: ATP World Tour Uncovered

G

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.

05:30 am WNBA Action (Rpt)

G

The Tulsa Shock selected Australia's Liz Cambage as Number 2 pick in the WNBA Draft. She joins Lauren Jackson and a growing number of Opals playing in the world's premier womens basketball league.

Thursday 08th September 2011

06:00 am NASCAR Sprint Cup (Rpt)

R25 Advocare 500 @ Atlanta

09:00 am RPM (Rpt)

Greg Rust, Daryl Beattie and Craig Baird kick the tyres of world motorsport as they take a light-hearted look at all forms of racing. Hear first hand from the drivers and riders making headlines.

10:00 am Major League Baseball

LIVE

Minnesota Twins V Chicago White Sox

01:00 pm FIBA Oceania Basketball Championships

03:00 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm Bondi Rescue (Rpt)

CC PG
WS Some Coarse
Language

Bondi Rescue follows the work of elite lifeguards in charge at the world's busiest beach. With people's lives literally in their hands, these lifeguards ensure safety is their number one priority.

04:00 pm Surfing: Quiksilver Pro Highlights

04:30 pm Extreme Dreams

PG
Adult Themes

Cotahuasi, Peru 1

Adventurer Ben Fogle selects another team of rookie adventurers to join him on his expedition into the Cotahuasi Canyon, the deepest place on earth.

05:00 pm Escape With ET (Rpt)

WS G

Join rugby league legend and fishing enthusiast Andrew 'ET' Ettingshausen as he escapes to some of Australia's best fishing, 4WD'ing and other incredible destinations.

05:30 pm I Fish Catch Of The Day (Rpt)

G

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm Airline

PG
Some Coarse
Language,
Nudity

Travellers try to win free flights by scoring goals against former England footballer Peter Shilton, and pilot Adrian arranges a surprise for his wife's birthday.

06:30 pm Bondi Rescue (Rpt)

CC PG
WS Some Coarse
Language

Sixteen-year old trainee Temika does her first serious rescue, so the boys decide to up the stakes and invite her into the annual lifeguard ironman challenge.

07:00 pm COPS (Rpt)

PG
Adult Themes

Cp925 Seattle

You won't believe the morons on parade as law enforcement officers go on patrol to protect America's troubled streets. With an unmistakable theme song COPS is the show at the forefront of reality TV.

Thursday 08th September 2011

07:30 pm America's Port (Rpt)

WS PG

Crane Breakdown

America's Port provides an unblinking view of a vibrant and colourful nerve centre for global trade - the Port of Los Angeles. Get a look inside this dynamic and dangerous 24/7 operation.

08:30 pm The Game Plan

LIVE

AFL

The Game Plan is your detailed preview of the upcoming AFL round. Anthony Hudson, Matthew Lloyd and Scott Cummings dissect the week in footy and bring you the all important selection ins and outs.

10:00 pm The Defenders

CC M
Sexual References,
Drug References

Nevada V. Hunter

When an excessively critical and demanding judge is charged with possession of a controlled substance, it's Nick who's stuck with helping free the judge from the multiple charges.

Starring: James (Jim) Belushi, Jerry O'connell, Jurnee Smollett, Tanya Fischer, Teddy Sears

11:00 pm Sports Tonight

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

11:30 pm The Ultimate Fighter

M
Realistic Violence,
Some Coarse
Language

Coached by Chuck Liddell and Tito Ortiz, two teams of MMA hopefuls compete for a 6 figure contract to fight in the UFC. Season 11 is middleweights, featuring Steve Irwin's former bodyguard Kyle Noke.

12:30 am Surfing: Quiksilver Pro New York

01:30 am The Game Plan Late (Rpt)

NRL

Your weekend begins here on ONE as Andrew Moore and Steve 'Blocker' Roach preview the weekend's rugby league and bring you the latest team selection and injury news.

03:00 am Major League Baseball

LIVE

Washington Nationals V LADodgers

Friday 09th September 2011

06:00 am Football: Arsenal TV (Rpt)

Arsenal V TBA

09:00 am The Game Plan (NRL) (Rpt)

NRL

Your weekend begins here on ONE as Andrew Moore and Steve 'Blocker' Roach preview the weekend's rugby league and bring you the latest team selection and injury news.

10:30 am National Football League

LIVE

01:30 pm The Game Plan (AFL) (Rpt)

AFL

The Game Plan is your detailed preview of the upcoming AFL round. Anthony Hudson, Matthew Lloyd and Scott Cummings dissect the week in footy and bring you the all important selection ins and outs.

03:00 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm Bondi Rescue (Rpt)

CC PG
WS Some Coarse
Language

Sixteen-year old trainee Temika does her first serious rescue, so the boys decide to up the stakes and invite her into the annual lifeguard ironman challenge.

04:00 pm Surfing: Quiksilver Pro Highlights

04:30 pm Extreme Dreams

PG
Adult Themes

Cotahuasi, Peru 2

The team of amateur explorers continue their journey into the Cotahuasi Canyon in Peru, which plunges 3.5km from rim to valley floor.

05:00 pm Escape With ET (Rpt)

WS G

Join rugby league legend and fishing enthusiast Andrew 'ET' Ettingshausen as he escapes to some of Australia's best fishing, 4WD'ing and other incredible destinations.

05:30 pm I Fish Catch Of The Day (Rpt)

G

A brand new season kicks off with stunning adventures on land and sea. Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm Airline

PG

Former Coronation Street star Nikki Sanderson flies to Paris to raise money for easyJet's chosen charity Wizz Kids. Meanwhile, and irate passengers at Luton threaten to cause a fire alert.

06:30 pm Bondi Rescue (Rpt)

CC PG
WS Some Coarse
Language

Amid a shark sighting, attack victim Glenn Orgias comes by and tells lifeguards about the day he lost an arm to a white pointer at South Bondi. American heart throb Zac Efron also hits the beach.

Friday 09th September 2011

07:00 pm COPS (Rpt)

PG
Adult Themes

Cp926 Seattle

COPS is the definitive real-life observational documentary series that follows the personal and professional lives of police officers enforcing the troubled streets of America.

07:30 pm World's Toughest Fixes

PG
Mild Coarse
Language

Giant Antenna Swap

Big machines, big problems — World's Toughest Fixes with engineering enthusiast Sean Riley tackles the most oversized repair jobs on the planet.

08:30 pm Pitch Black (Rpt) (2000)

WS

MOVIE

A group of space travellers is marooned on a seemingly lifeless sun-scorched world. As they explore, they learn to be scared of the dark.

Starring: Vin Diesel, Rhada Mitchell, Keith David, Cole Hauser, Claudia Black, Simon Burke

10:40 pm Sports Tonight

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

11:00 pm World Rally Championship

PG

R10 Australia - Day 1 Highlights

12:00 am FIBA Oceania Basketball
Championships

02:00 am Surfing: Quiksilver Pro New York

03:00 am NASCAR Sprint Cup (Rpt)

R25 Advocare 500 @ Atlanta

Saturday 10th September 2011

06:00 am FIBA Oceania Basketball Championships

08:00 am Football: Bundesliga Weekly Highlights (Rpt)

Matchday 4

Follow the highlights and results from all the Bundesliga matches in the weekly highlights show.

09:00 am World Rally Championship (Rpt)

PG

R10 Australia - Day 1 Highlights

10:00 am Pro Bull Riding

PG

Chicago

Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.

11:00 am World Of Free Sports

Sample an assortment of adventure and extreme sporting activities as World of Free Sports brings you another heart-pumping dose of adrenalin.

11:30 am Drive (Rpt)

PG

Israel (Part 2)

The second season of this stunningly filmed skateboarding series takes you into the streets, carparks and makeshift jumps where skate culture develops and enthusiasts chase the dream of turning pro.

12:00 pm The WWE Experience (Rpt)

PG
Some Violence

Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. Every Thursday at 8.30pm The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.

01:00 pm Triathlon: World Cup Magazine

World Cup Magazine 2: Edmonton And Tiszaujvaros

Follow the world's leading triathletes at World Cup events in Edmonton, Canada and Tiszaujvaros, Hungary.

02:00 pm Extreme Dreams (Rpt)

PG

Mount Chimborazo, Ecuador 4

The team of rookie explorers continue their epic trek through the Avenue of Volcanoes and up to the summit of Mount Chimborazo. Will exhaustion and altitude sickness end their expedition prematurely?

02:30 pm Extreme Dreams (Rpt)

PG

Mount Chimborazo, Ecuador 5

Pushing their bodies to the edge of endurance and taking everything this hostile environment has thrown at them, the explorers' goal of reaching the summit of Mount Chimborazo is at their fingertips

03:00 pm Extreme Dreams (Rpt)

PG
Adult Themes

Jungle, Peru 1

Adventurer Ben Fogle selects another team of rookie adventurers to join him on his expedition into the uncharted jungles of Peru.

03:30 pm Bondi Rescue (Rpt)

CC PG
WS Some Coarse Language

Amid a shark sighting, attack victim Glenn Orgias comes by and tells lifeguards about the day he lost an arm to a white pointer at South Bondi. American heart throb Zac Efron also hits the beach.

04:00 pm Surfing: Quiksilver Pro Highlights

04:30 pm Airline (Rpt)

PG

The staff struggle to communicate with two Japanese passengers who have missed their flight, and a man worries he's been stood up by his Lithuanian date.

Saturday 10th September 2011

05:00 pm **Airline** (Rpt)

PG
Some Coarse
Language

Helen struggles to recruit workmates to appear in a charity fashion show and Jane waits anxiously to see if all the passengers for an overbooked flight to Athens turn up.

05:30 pm **I Fish** (Rpt)

G

Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm **Sailing: 2011 Audi IRC Series**

Audi Victoria Sailing Week 2011 (Part 2)

Experience the exhilaration of open water racing with part two of highlights covering the 2011 Audi Victoria Sailing Week.

06:30 pm **The WWE Experience**

PG
Some Violence

Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.

07:30 pm **Fear Factor**

PG
Some Coarse
Language,
Adult Themes

In each pulse-racing episode, contestants recruited from across America must decide if they have the guts and determination to face their most primal fears and confront a series of challenging stunts.

08:30 pm **TBA**

09:30 pm **Formula 1 Qualifying** (Rpt)

LIVE
R13 Italy Qualifying

11:10 pm **World Rally Championship** (Rpt)

PG

R10 Australia - Day 2 Highlights

12:10 am **Surfing: Quiksilver Pro New York**

01:10 am **Major League Baseball** (Rpt)

Washington Nationals V LADodgers

03:40 am **This Week In Baseball** (Rpt)

PG

Throughout the Major League season, This Week in Baseball is your one stop magazine show for all the most interesting MLB stories, with profiles, news, highlights and features beyond the ballpark.

04:10 am **Pro Bull Riding** (Rpt)

PG

Chicago

Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.

05:10 am **Omnisport** (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:30 am **Tennis: ATP World Tour Uncovered** (Rpt)

G

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.