

MELBOURNE PROGRAM GUIDE

Sunday 30th January 2011



06:00 am Football: Bundesliga (Rpt)

Matchday 20: Werder Bremen V Bayern Munich

Werder Bremen have had a disappointing first half of the season and are in danger of falling into the relegation zone. Defending champs Bayern Munich have found form and charged into the top five.

08:00 am Equestrian: Gucci Masters

SPECIAL EVENT

Equestrian: Gucci Masters

This premiere event boasts 40,000 visitors, 400 jumping horses and 40 top riders in the world including one Olympic champion. The food, the performance, the music all in the lavish style of Gucci.

09:00 am America's Game

PG **Story Of The 2005 Pittsburgh Steelers**

The Pittsburgh Steelers were NFL champions after the 2005 season. A win over Seattle in Super Bowl XL was their fifth Vince Lombardi Trophy, equalling the 49ers and Cowboys with five Super Bowls.

10:00 am Up & Go Sunday: Surfing Billabong Pro Spain 2009 (Rpt)

PG **Billabong Pro, Spain**

The ASP World Tour returns to Mundaka in Spain for the 2009 Billabong Pro-Spain. Aussie Mark Occhilupo won the inaugural event in 1999.

11:00 am Up & Go Sunday: Verbier Xtreme (Rpt)

SPECIAL EVENT

G **Free Ride World Tour - Verbier Xtreme**

Get on board the Free Ride World Tour. Verbier Xtreme brings you the best skiing and snowboarding action as well as hearing first hand from the hardcore competitors.

11:30 am Up & Go Sunday: Kitesurfing

Kitesurfing: P.K.R.A World Tour, France

The PKRA World Tour hits France as ONE's Up & Go Sunday brings you more breathtaking action from the kitesurfing circuit.

12:00 pm Drag Racing: ANDRA Pro Series (Rpt)

G **Spring Nationals: Top Alcohol - Sydney**

More action from the Spring Nationals as the Top Alcohol dragsters return to smoke up quarter mile. Hold on tight for ONE's exclusive ANDRA Pro Series coverage in HD from Sydney International Dragway.

01:30 pm Golf: PGA Tour Of Australasia (Rpt)

PGA Tour Of Australasia: Victorian PGA Championship

The Victorian leg of the Tour continues as the Vic PGA Championship comes from Sandhurst Golf Club. Will Alistair Presnell defend his 2010 title or can Peter Senior add to his Australian PGA victory?

02:30 pm Tennis: ATP World Tour Uncovered (Rpt)

G

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.

03:00 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm Beach Volleyball: FIVB World Tour

G **Round 9: Gstaad, Switzerland - Show 1**

The beach volleyball season passes the halfway mark and the action from Round 9 at Gstaad in Switzerland is so big it is spread across two episodes.

04:00 pm Powerboating: Class 1 World Championships

Only the most hardened adrenalin junkies would dare withstand the G-forces as they risk their lives for thrills and spills in elite high speed water racing. Experience the horsepower of C1 Powerboats.

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04:30 pm I Fish

G **Summer Series**

Drop a line this summer with Paul Worsteling and the crew as they bring you the I Fish Summer Series. You will be hooked on Australia's Number One fishing show.

05:00 pm **Ironman: Kellogg's Nutri-Grain Series Review (Rpt)**

Series Review

The legendary Ironman Series this year returned to its glory days at the centre of Australia's summer of sport. Marvel at the power and endurance of our athletes as they fight it out over five rounds.

06:00 pm **LIVE: Basketball: Sunday Night NBL**

SPECIAL EVENT

Round 16 - Gold Coast Blaze V Sydney Kings

The Blaze are in the running to make the playoffs and tough to beat on the Gold Coast. The Sydney Kings have plenty to play for as its roster scramble to retain their job after a season of disarray.

08:00 pm **Sports Tonight**

More than just the scores, Australia's #1 sports news service has more time to bring you detailed coverage of all the day's big sporting action. Rob Canning presents a complete global roundup.

08:30 pm **Against The Ropes**

SPECIAL EVENT

A female boxing promoter battles the odds and a sexist environment to turn a drug addicted street fighter into a champion boxer. Starring Meg Ryan, Omar Epps, Charles S Dutton and Tony Shalhoub (2004)

10:30 pm **Freedom's Fury**

M

(W)

A documentary on the Olympic Water Polo semi final match between Hungary and Russia at Melbourne 1956. The game occurred amidst the backdrop of Russian forces invading Budapest after a revolt. (2006)

12:15 am **MVP (Rpt)**

Steve Carfino shines a spotlight on the best stories, unforgettable moments and amazing plays from America. When it comes to pro sport, the good old US of A do it bigger and better than anywhere else.

12:45 am **Omnisport (Rpt)**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:00 am **LIVE: Football: Serie A**

SPECIAL EVENT

Matchday 22: Inter Milan V Palermo

Defending Serie A champs Inter Milan are on a high after winning the FIFA Club World Cup. But they are still struggling in the Serie A and have a new coach. Can Palermo retain their lead on the table?

03:00 am **Sailing: 2010 Audi IRC Series (Rpt)**

G

Audi Victorian Sailing Week

The first stage of the Audi IRC Sailing Series begins with highlights from Victoria's Sailing Week, including a fleet of 40 to 50ft yachts racing for handicap honours from Melbourne to Geelong.

03:30 am **Cycling: UCI Road World Championships Highlights (Rpt)**

G

Time Trials: Mens Under 23 And Womens-Highlights

Australian Jack Bobridge won the 2009 Under 23 Time Trial world championship. Will his countrymen Luke Durbridge or Rohan Dennis be able to do likewise as Geelong hosts the 2010 Mens and Womens event?

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04:30 am Mecum Auto Auction (Rpt)

G

The perfect show for car lovers and anyone who enjoys motoring pursuits, as tenderly restored muscle cars go under the auctioneer's hammer.

05:30 am Omnisport (Rpt)

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06:00 am Football: Serie A (Rpt)

Matchday 22: Lazio V Fiorentina

Lazio are performing well this season pushing big name glamour clubs like AC Milan, Napoli, Juventus and Roma all the way for the scudetto. Will Fiorentina prove a stepping stone or a stumbling block?

08:00 am Golf: PGA Tour Of Australasia (Rpt)

PGA Tour Of Australasia: Victorian PGA Championship

The Victorian leg of the Tour continues as the Vic PGA Championship comes from Sandhurst Golf Club. Will Alistair Presnell defend his 2010 title or can Peter Senior add to his Australian PGA victory?

09:00 am America's Game

SPECIAL EVENT

PG Story Of The 2006 Indianapolis Colts

Peyton Manning assured his place in history as a future Hall of Fame quarterback when he steered the Colts through the 2006 season. Indianapolis beat Chicago for Manning's first and only Super Bowl.

10:00 am Basketball: NBL (Rpt)

Round 16 - Gold Coast Blaze V Sydney Kings

The Blaze are in the running to make the play offs and tough to beat on the Gold Coast. The Sydney Kings have plenty to play for as its roster scramble to retain their job after a season of disarray.

12:00 pm Drag Racing: ANDRA Pro Series (Rpt)

G Top Doorslammer - Perth

The fastest quarter mile on TV. Put your foot down and slam it into gear as the Top Doorslammers fire it up in the ANDRA Pro Series from the Perth Motorplex.

01:30 pm MVP (Rpt)

Steve Carfino shines a spotlight on the best stories, unforgettable moments and amazing plays from America. When it comes to pro sport, the good old US of A do it bigger and better than anywhere else.

02:00 pm Just Add Water (Rpt)

PG Just Add Water

(L) Just Add Water features the inspirational story of Clay Marzo, the acclaimed professional surfer whose dedication and passion for the surf developed as a symptom of asperger syndrome.

03:00 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm Real NBA

G

Real NBA is your weekly snapshot of all things American hoops. From courtside, to the locker room and at home with the players, our full access brings you insights you won't see anywhere else.

04:00 pm Action Sports: Red Bull X Fighters (Rpt)

SPECIAL EVENT

G Spain

Round four of the 2010 Red Bull X Fighters sees Australian Robbie Maddison and the world's most daring freestyle motocross riders visit Spain.

05:00 pm Action Sports: King Lines (Rpt)

PG King Lines

(L) Action film making at its death-defying best with rock climbing challenges from Mallorca to the Mediterranean Sea. King Lines is the second in a trilogy of epic adventure films on ONE.

06:00 pm NFL Total Access

Pro Bowl Review

Total Access brings you news, highlights and interviews after the Pro Bowl. Plus with the two Conference Champions decided we have whittled the 32 NFL teams down to only two Super Bowl contenders.

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| | | | |
|----------|--------------------------------------------------------|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 07:00 pm | Swimming: Summer Series | | SPECIAL EVENT <u>Summer Series 2011 - Session 1</u> Australia's most iconic swimming pool at North Sydney will host the Summer Swim Series. Four teams of Australian swimmers including Libby Trickett, Geoff Huegill and Leisel Jones will battle it out. |
| 08:30 pm | World Football News | | Chris Bailey and former Socceroo David Zdrilic are joined by special guests to bring you the latest football news from around the globe. Covers the EPL, A League, Bundesliga, Serie A, La Liga and UCL. |
| 09:30 pm | LIVE: Sports Tonight | | The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day. |
| 10:00 pm | The Pro Shop | | SPECIAL EVENT The Pro Shop continues to bring you the latest news from the week in golf, as well as tips to improve your game. Join Luke Elvy and Paul Gow for an entertaining and analytical approach to the sport. |
| 11:00 pm | Fore Inventors Only | | <u>Fore Inventors Only - Season Final</u> The final test to put these amateur inventors to the test to see if their ingenious products will make the consumer shelves. |
| 12:00 am | The Big Break | PG (L) | <u>Big Break, The 2</u> The Big Break is an acclaimed Golf Channel reality show where a group of golfers are put to the test. Watch as players do battle through a series of challenges to find out who will come out on top. |
| 01:00 am | Sports Tonight Late | CC | The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight. |
| 01:10 am | Omnisport (Rpt) | | Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held. |
| 01:40 am | Equestrian: Gucci Masters (Rpt) | | <u>Equestrian: Gucci Masters</u> This premiere event boasts 40,000 visitors, 400 jumping horses and 40 top riders in the world including one Olympic champion. The food, the performance, the music all in the lavish style of Gucci. |
| 02:40 am | Lacrosse: Leaseplan All Star 2010 (Rpt) | G | <u>Leaseplan All Star Lacrosse Game</u> For the first time, the world's best Lacrosse players from the Professional National Lacrosse League of North America come to Melbourne to compete in an All Star series. Players from the USA and Canada unite in teams from the East and West conferences. |
| 03:40 am | Cycling: UCI Road World Championships Highlights (Rpt) | G | <u>Time Trial: Mens Elite-Highlights</u> Aussies Michael Rogers and Richie Porte take on three time world champion Fabian Cancellara and an exceptional field of mens time trial riders at the UCI Road World Championships in Geelong. |
| 04:35 am | Mecum Auto Auction (Rpt) | G | Join the auctioneer in St. Charles, Illinois for the bidding action on muscle cars and classic Corvettes. |

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05:30 am Omnisport (Rpt)

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MELBOURNE PROGRAM GUIDE



Tuesday 01st February 2011

06:00 am **Football: Bundesliga Weekly Highlights**

G **Matchday 20**

A comprehensive roundup of the latest Matchday action from Europe's highest scoring football league - Germany's Bundesliga.

07:00 am **World Football News (Rpt)**

Chris Bailey and former Socceroo David Zdrilic are joined by special guests to bring you the latest football news from around the globe. Covers the EPL, A League, Bundesliga, Serie A, La Liga and UCL.

08:00 am **The Pro Shop (Rpt)**

The Pro Shop continues to bring you the latest news from the week in golf, as well as tips to improve your game. Join Luke Elvy and Paul Gow for an entertaining and analytical approach to the sport.

09:00 am **NFL Total Access (Rpt)**

Pro Bowl Review

Total Access brings you news, highlights and interviews after the Pro Bowl. Plus with the two Conference Champions decided we have whittled the 32 NFL teams down to only two Super Bowl contenders.

10:00 am **Swimming: Summer Series (Rpt)**

Summer Series 2011 - Session 1

Australia's most iconic swimming pool at North Sydney will host the Summer Swim Series. Four teams of Australian swimmers including Libby Trickett, Geoff Huegill and Leisel Jones will battle it out.

11:30 am **Sailing: 2010 Audi IRC Series (Rpt)**

G **Audi Sydney Harbour Regatta**

Many of Australia's leading yacht clubs unite for the Audi Sydney Harbour Regatta, one of the largest and most successful regattas on the stunning and picturesque Sydney Harbour.

12:00 pm **Drag Racing: ANDRA Pro Series (Rpt)**

G **Top Fuel - Willowbank**

Plant your foot to the floor on the fastest quarter mile in Australia. The Top Fuel ANDRA drag racing action is exclusive to ONE in glorious HD from Willowbank Raceway in Brisbane.

01:30 pm **Powerboating: Class 1 World Championships (Rpt)**

Only the most hardened adrenalin junkies would dare withstand the G-forces as they risk their lives for thrills and spills in elite high speed water racing. Experience the horsepower of C1 Powerboats.

02:00 pm **Powerboating: Fastwater UIM World Unlimited Championship (Rpt)**

Fastwater U.I.M World Unlimited Displacement Powerboat Championship

The world governing body of powerboating, the Union Internationale Motonautique (UIM) will hold a premier water sports event in Australia as Fastwater presents the Unlimited Displacement Championship.

03:00 pm **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm **Tennis: ATP World Tour Uncovered (Rpt)**

G

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.

04:00 pm **Action Sports: Sports Unlimited (Rpt)**

G

Hold on tight every Tuesday on ONE's Action Sports block as Ryan Clark and Sports Unlimited bring you tales from the world of extreme sports, covering the alternative to the downright bizarre.

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Tuesday 01st February 2011



05:00 pm Action Sports: Pro Bull Riding (Rpt)

PG

It's no bull this is the roughest and toughest family viewing on television. Each Tuesday on ONE's Action Afternoon see the Aussie cowboys dare to climb aboard and face the challenge of America's PBR.

06:00 pm Golf Central

G

Twice a week, ONE brings you up to date on everything golf with this acclaimed global companion program. Golf Central covers the latest news and player interviews plus tournament previews and reviews.

06:30 pm M7 Multisport (Rpt)

G

Rottnest - Doctor

M7 features adventure racing across seven continents. Competitors come to Rottnest Island in WA to take part in an open water swim event and test themselves against the Fremantle Doctor on surf ski.

07:00 pm Swimming: Summer Series

SPECIAL EVENT

Summer Series 2011 - Session 2

The action continues from North Sydney Pool as four team led by a legend of Aussie swimming as team captain strive to accumulate the fastest times to win the prize money.

08:30 pm Motorsport: Goodwood Festival Of Speed 2010

SPECIAL EVENT

Goodwood Festival Of Speed 2010

An iconic part of world motorsport is the Goodwood Festival of Speed. Superstar drivers and car enthusiasts visit the most famous hill climb in Britain for a weekend of performance, power and pace.

09:30 pm LIVE: Sports Tonight

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

10:00 pm Football: Arsenal TV

SPECIAL EVENT

F.A Cup Fourth Round

After their one-all draw, if Arsenal can overcome Leeds United in a third round rematch, the Gunners will advance to face Huddersfield Town in the Fourth Round of the FA Cup.

01:00 am Sports Tonight Late

CC

The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.

01:10 am Golf Central (Rpt)

G

Twice a week, ONE brings you up to date on everything golf with this acclaimed global companion program. Golf Central covers the latest news and player interviews plus tournament previews and reviews.

01:40 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:10 am Cycling: Jayco Bay Classic (Rpt)

Cycling: Jayco Bay Classic 2011

For the 22nd year, leading cyclists come to Victoria for the world's fastest criterium series. Over four days they take to the roads around Geelong and Williamstown for the Jayco Bay Cycling Classic.

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04:05 am MVP (Rpt)

Steve Carfino shines a spotlight on the best stories, unforgettable moments and amazing plays from America. When it comes to pro sport, the good old US of A do it bigger and better than anywhere else.

04:35 am Mecum Auto Auction (Rpt)

G

The show for car lovers and connoisseurs as restored muscle cars go under the auctioneer's hammer.

05:30 am Omnisport (Rpt)

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MELBOURNE PROGRAM GUIDE



Wednesday 02nd February 2011

06:00 am Football: Serie A (Rpt)

Matchday 22: Inter Milan V Palermo

Defending Serie A champs Inter Milan are on a high after winning the FIFA Club World Cup. But they are still struggling in the Serie A and have a new coach. Can Palermo retain their lead on the table?

08:00 am School Of Golf

SPECIAL EVENT

School Of Golf 1

High school teenagers dream of playing college golf converge at the International Junior Golf Academy in South Carolina. Hank Haney (Tiger Wood's coach) and his team will teach them the game of golf.

08:30 am Golf Central (Rpt)

G

Twice a week, ONE brings you up to date on everything golf with this acclaimed global companion program. Golf Central covers the latest news and player interviews plus tournament previews and reviews.

09:00 am America's Game

PG

SPECIAL EVENT

Story Of The 2007 New York Giants

Crowds at University of Phoenix Stadium witnessed one of the biggest upsets in NFL history as Eli Manning's wildcard qualifying New York Giants defeated the previously undefeated New England Patriots.

10:00 am Swimming: Summer Series (Rpt)

Summer Series 2011 - Session 2

The action continues from North Sydney Pool as four team led by a legend of Aussie swimming as team captain strive to accumulate the fastest times to win the prize money.

11:30 am Beach Volleyball: FIVB World Tour (Rpt)

G

Round 9: Gstaad, Switzerland- Show 1

The beach volleyball season passes the halfway mark and the action from Round 9 at Gstaad in Switzerland is so big it is spread across two episodes.

12:00 pm Drag Racing: ANDRA Pro Series (Rpt)

G

Top Alcohol - Willowbank

The fastest quarter mile is only on ONE with HD coverage of the Top Alcohol event as part of the ANDRA Pro Series from Willowbank Raceway.

01:30 pm Real NBA (Rpt)

G

Real NBA is your weekly snapshot of all things American hoops. From courtside, to the locker room and at home with the players, our full access brings you insights you won't see anywhere else.

02:00 pm LIVE: Basketball: NBA

SPECIAL EVENT

Portland V San Antonio

Aussie Patty Mills lines up with the Portland Trail Blazers against the league leading San Antonio Spurs. Do the Blazers stand a chance at the Rose Garden as they fight for their shot at the playoffs?

04:30 pm Action Sports: Surfing Billabong Pro Jeffrey's Bay 2010 (Rpt)

PG

SPECIAL EVENT

2010 Billabong Pro - Jeffreys Bay, South Africa

(L)

Finely groomed swells from the south Atlantic Ocean wrap around the bottom of the African continent to create perfect angles. Jeffreys Bay hosts round four, from best right point break on the planet.

05:30 pm Action Sports: Xtreme Paintball - Beyond The Paint (Rpt)

PG

Wednesdays on ONE's Action Afternoon, Ryan Clark brings you the world's most outrageous, fun and fearless paintball players in action as they face off for cash prizes, respect and glory.

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MELBOURNE PROGRAM GUIDE



Wednesday 02nd February 2011

06:00 pm **The Big Break**

PG **Big Break, The 3**

(L) The Big Break is an acclaimed Golf Channel reality show where ten golfers are put to the test. The first elimination is looming and every competitor has the pressure on to perform.

07:00 pm **Swimming: Summer Series**

SPECIAL EVENT

Summer Series 2011 - Session 3

Nicole Livingstone hosts the 2011 Summer Swim Series. Legends of the pool Linley Frame, Susie O'Neill, Michael Klm and Matt Welsh serve as team captains and hope to lead their squad to victory.

08:30 pm **LIVE: Overtime**

SPECIAL EVENT

Steve Carfino joins Andrew Gaze and Jeff Van Groningen to talk all things basketball. Overtime brings you the latest hoops action from Australia and the USA, with regular special guest Andrew Bogut.

09:30 pm **LIVE: Sports Tonight**

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

10:00 pm **MVP**

Steve Carfino shines a spotlight on the best stories, unforgettable moments and amazing plays from America. When it comes to pro sport, the good old US of A do it bigger and better than anywhere else.

10:30 pm **Basketball: NBA (Rpt)**

Portland V San Antonio

Aussie Patty Mills lines up with the Portland Trail Blazers against the league leading San Antonio Spurs. Do the Blazers stand a chance at the Rose Garden as they fight for their shot at the play offs?

12:35 am **Drift (Rpt)**

G

High-powered motor action testing drivers' skill to control a car as it slides sideways at high speed through a marked course. Drifting is judged on execution and style rather than who finishes first.

01:05 am **Sports Tonight Late**

CC

The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.

01:15 am **Omnisport (Rpt)**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:45 am **World Football News (Rpt)**

Chris Bailey and former Soccerroo David Zdrilic are joined by special guests to bring you the latest football news from around the globe. Covers the EPL, A League, Bundesliga, Serie A, La Liga and UCL.

02:45 am **Football: The Serie A Highlights Show (Rpt)**

G **Matchday 22**

Italy's premier football league is well into the second half of the season as teams complete January fixtures. Matchday 22 highlights sees teams face the sides they first played in round three.

03:15 am **Cycling: UCI Road World Championships Highlights (Rpt)**

G **Road Race: Mens Under 23-Highlights**

Under 23 time trial champ Taylor Phinney chases a world championship double. He faces the future stars of Aussie cycling: Rohan Dennis, Luke Durbridge, Joseph Lewis, Michael Matthews and Ben King.

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Wednesday 02nd February 2011

04:15 am Tennis: ATP World Tour Uncovered (Rpt)

G

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.

04:45 am Mecum Auto Auction (Rpt)

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MELBOURNE PROGRAM GUIDE

Thursday 03rd February 2011



06:00 am Omnisport (Cont) (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

06:15 am Football: Serie A Highlights (Rpt)

G **Matchday 22**

Italy's premier football league is well into the second half of the season as teams complete January fixtures. Matchday 22 highlights sees teams face the sides they first played in round three.

06:45 am LIVE: Football: Serie A

SPECIAL EVENT

Matchday 23: Palermo V Juventus

Both Palermo and Juventus are contenders and have a shot at the championship title this season. Who will grab the much needed points in this midweek matchup?

08:40 am Playing Lessons

Playing Lessons 1

Direct from the Golf Channel, get your tips and tricks to improve your swing, drive and putting.

09:10 am America's Game

PG **Story Of The 2008 Pittsburgh Steelers**

Raymond James Stadium in Tampa, Florida played host to Super Bowl XLIII. The Pittsburgh Steelers won a record sixth Super Bowl when they capped the 2008 season by beating the Arizona Cardinals.

10:10 am Swimming: Summer Series (Rpt)

Summer Series 2011 - Session 3

Nicole Livingstone hosts the 2011 Summer Swim Series. Legends of the pool Linley Frame, Susie O'Neill, Michael Klim and Matt Welsh serve as team captains and hope to lead their squad to victory.

11:40 am Spirit Of Yachting

G

Spirit of Yachting lets you experience the colour and majesty of open water racing as we bring the feeling of riding on the high seas into your living room.

12:10 pm Football: Arsenal TV (Rpt)

SPECIAL EVENT

F.A Cup Fourth Round

After their one-all draw, if Arsenal can overcome Leeds United in a third round rematch, the Gunners will advance to face Huddersfield Town in the Fourth Round of the FA Cup.

03:00 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 pm Tennis: ATP World Tour Uncovered

G

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.

04:00 pm Action Sports: BMX Road Fools (Rpt)

PG

Hop on the bus with 13 of the world's most talented BMX riders as the Road Fools trek across the desert of the Southwestern USA. Ryan Clark brings you the best in BMX action every Thursday afternoon.

05:00 pm Action Sports: Tread BMX (Rpt)

PG

ONE's Action Afternoons brings you the wildest leaps, spins and crashes plus downright hilarious antics from the most talented and fearless riders on the planet.

05:30 pm LIVE: Basketball: NBL

SPECIAL EVENT

Round 17 - New Zealand Breakers V Wollongong Hawks

Could this be a preview of the NBL Grand Final as two top contenders do battle? The New Zealand Breakers rarely lose at home, so the Wollongong Hawks will have their work cut out for them.

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MELBOURNE PROGRAM GUIDE

Thursday 03rd February 2011



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|----------|--------------------------------------------------------|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 07:30 pm | Swimming: Summer Series | | SPECIAL EVENT <u>Summer Series 2011 - Session 4</u> Session 4 in the pool at North Sydney as the competition heats up between our Aussie swimming icons. From Libby Trickett to Leisel Jones, which of the four teams will lead after the first week? |
| 08:30 pm | The WWE Experience | | Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. Every Thursday night The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT. |
| 09:30 pm | LIVE: Sports Tonight | | The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day. |
| 10:00 pm | UFC 107 | | SPECIAL EVENT <u>U.F.C 107</u> It's Penn v Sanchez for a UFC championship as the very best in mixed martial arts continues from Memphis, Tennessee. |
| 12:00 am | Sports Tonight Late | CC | The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight. |
| 12:10 am | Golf Central (Rpt) | G | Twice a week, ONE brings you up to date on everything golf with this acclaimed global companion program. Golf Central covers the latest news and player interviews plus tournament previews and reviews. |
| 12:40 am | Overtime (Rpt) | | Steve Carfino joins Andrew Gaze and Jeff Van Groningen to talk all things basketball. Overtime brings you the latest hoops action from Australia and the USA, with regular special guest Andrew Bogut. |
| 01:40 am | Omnisport (Rpt) | | Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held. |
| 02:10 am | Football: Bundesliga Weekly Highlights (Rpt) | G | <u>Matchday 20</u> A comprehensive roundup of the latest Matchday action from Europe's highest scoring football league - Germany's Bundesliga. |
| 03:10 am | Cycling: UCI Road World Championships Highlights (Rpt) | G | <u>Womens Road Race-Highlights</u> Australia's Emma Pooley and Vicki Whitelaw face Americans Amber Neben and Evelyn Stevens plus Germany's Judith Arndt in a strong field of women chasing the rainbow jersey as world road race champion. |
| 04:05 am | Beach Volleyball: FIVB World Tour (Rpt) | G | <u>Round 9: Gstaad, Switzerland- Show 1</u> The beach volleyball season passes the halfway mark and the action from Round 9 at Gstaad in Switzerland is so big it is spread across two episodes. |
| 04:35 am | Mecum Auto Auction (Rpt) | G | The perfect show for carlovers and everyone who enjoys motoring pursuits as tenderly restored muscle cars go under the auctioneer's hammer. |
| 05:30 am | Omnisport (Rpt) | | Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held. |

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MELBOURNE PROGRAM GUIDE



Friday 04th February 2011

| | | | |
|----------|--------------------------------------------------------|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 06:00 am | Football: Serie A | | SPECIAL EVENT <u>Matchday 23: Chievo V Napoli</u> Chievo started strongly this season but as the pressure mounts can they maintain their composure? Will title contenders Napoli be a stepping stone or a stumbling block up the championship ladder? |
| 08:00 am | School Of Golf | | <u>School Of Golf 2</u> High school teenagers dream of playing college golf converge at the International Junior Golf Academy in South Carolina. Hank Haney (Tiger Wood's coach) and his team will teach them the game of golf. |
| 08:30 am | Golf Central (Rpt) | G | Twice a week, ONE brings you up to date on everything golf with this acclaimed global companion program. Golf Central covers the latest news and player interviews plus tournament previews and reviews. |
| 09:00 am | America's Game | PG | SPECIAL EVENT <u>Story Of The 2009 New Orleans Saints</u> On the eve of Super Bowl XLV, we look back 12 months to chart the amazing story of the 2009 New Orleans Saints. In the wake of Hurricane Katrina, Drew Brees has helped rebuild his team and the city. |
| 10:00 am | Basketball: NBL (Rpt) | | <u>Round 17 - New Zealand Breakers V Wollongong Hawks</u> Could this be a preview of the NBL Grand Final as two top contenders do battle? The New Zealand Breakers rarely lose at home, so the Wollongong Hawks will have their work cut out for them. |
| 12:00 pm | LIVE: Basketball: NBA | | SPECIAL EVENT <u>Orlando V Miami</u> It is an Eastern Conference blockbuster matchup. The Orlando Magic have been making some big trades to improve their rotation. Will it pay off against LeBron James and the star-studded Miami Heat? |
| 02:45 pm | LIVE: Basketball: NBA Doubleheader | | SPECIAL EVENT <u>San Antonio V L.A Lakers</u> And now for a big West Conference matchup. Defending champions the LA Lakers are going for a hat trick of championships, but can they withstand current league leaders the San Antonio Spurs? |
| 05:15 pm | Omnisport | | Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held. |
| 05:30 pm | Outdoor Afternoon: Escape With ET (Rpt) | G | Join rugby league and fishing legend Andrew 'ET' Ettingshausen as he escapes to some of Australia's best fishing, 4WD'ing and other incredible destinations. |
| 06:00 pm | Outdoor Afternoon: Pat Callinan's 4x4 Adventures (Rpt) | G | <u>Flinders Ranges</u> Join Pat Callinan as he takes his trusty 4x4 and explores the most amazing and visually stunning places in Australia. The fourth episode of the season takes a journey across the Flinders Ranges. |
| 07:00 pm | Outdoor Afternoon: I Fish | G | SPECIAL EVENT <u>Summer Series</u> Drop a line this summer with Paul Worsteling and the crew as they bring you the I Fish Summer Series. You will be hooked on Australia's Number One fishing show. |

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07:30 pm LIVE: Sports Tonight

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

08:00 pm MVP (Rpt)

Steve Carfino shines a spotlight on the best stories, unforgettable moments and amazing plays from America. When it comes to pro sport, the good old US of A do it bigger and better than anywhere else.

08:30 pm LIVE: Basketball: Friday Night NBL

SPECIAL EVENT

Round 17 - Cairns Taipans V Perth Wildcats

The Cairns Taipans are a surprise contender this season but can they hold off the five time and defending champions, the Perth Wildcats? Will this be a preview of a big play off series?

10:30 pm Drag Racing: ANDRA Pro Series

G

Pro Stock - Willowbank

Head to Queensland's Willowbank Speedway for the fastest action on the quarter mile. The drag racing lives here on ONE in glorious HD.

12:00 am UFC Countdown 126

SPECIAL EVENT

U.F.C Countdown 126

The sporting phenomenon of UFC has gone global as the world awaits UFC 126. Countdown brings you real insights into the training, preparations and trash talk ahead of the main event: Silva v Belfort.

01:00 am Sports Tonight Late

CC

The perfect way to end the day - your late night fix of sports news, results and highlights in a special late night edition of Sports Tonight.

01:30 am NFL Total Access

SPECIAL EVENT

Super Bowl Preview

Conference Champions have been decided and after starting the NFL season with 32 teams in September, we are left with only two standing. Total Access brings you the final word ahead of Super Bowl XLV.

02:30 am Powerboating: Class 1 World Championships (Rpt)

Only the most hardened adrenalin junkies would dare withstand the G-forces as they risk their lives for thrills and spills in elite high speed water racing. Experience the horsepower of C1 Powerboats.

03:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:30 am Cycling: UCI Road World Championships Highlights (Rpt)

G

Event Highlights

Relive five days of world class cycling in Geelong as the UCI Road World Championships visit Australia for the first time. The Aussie team topped the medal tally with one gold, a silver and a bronze.

04:30 am Mecum Auto Auction (Rpt)

G

The perfect show for carlovers and everyone who enjoys motoring pursuits as tenderly restored muscle cars go under the auctioneer's hammer.

05:30 am MVP (Rpt)

Steve Carfino shines a spotlight on the best stories, unforgettable moments and amazing plays from America. When it comes to pro sport, the good old US of A do it bigger and better than anywhere else.

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Saturday 05th February 2011



06:00 am Football: Liverpool TV

SPECIAL EVENT

Liverpool V Stoke City

Liverpool had a weekend off after being knocked out of the FA Cup in round three. New manager Kenny Dalglish had extra time to train his struggling Reds ahead of a crucial EPL game against Stoke City.

09:00 am NFL Total Access (Rpt)

Super Bowl Preview

Conference Champions have been decided and after starting the NFL season with 32 teams in September, we are left with only two standing. Total Access brings you the final word ahead of Super Bowl XLV.

10:00 am Basketball: NBA (Rpt)

Orlando V Miami

It is an Eastern Conference blockbuster matchup. The Orlando Magic have been making some big trades to improve their rotation. Will it pay off against LeBron James and the star-studded Miami Heat?

12:00 pm Basketball: NBA (Rpt)

SPECIAL EVENT

San Antonio V L.A. Lakers

And now for a big West Conference matchup. Defending champions the LA Lakers are going for a hat trick of championships, but can they withstand current league leaders the San Antonio Spurs?

02:00 pm Basketball: NBL (Rpt)

Round 17 - Cairns Taipans V Perth Wildcats

The Cairns Taipans are a surprise contender this season but can they hold off the five time and defending champions, the Perth Wildcats? Will this be a preview of a big playoff series?

04:00 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:30 pm America's Game (Rpt)

SPECIAL EVENT

PG Story Of The 2009 New Orleans Saints

On the eve of Super Bowl XLV, we look back 12 months to chart the amazing story of the 2009 New Orleans Saints. In the wake of Hurricane Katrina, Drew Brees has helped rebuild his team and the city.

05:30 pm The WWE Experience (Rpt)

Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. Every Thursday night The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.

06:30 pm M7 Multisport

Avon Descent

M7 profiles adventure racing to test the limit of human endurance across seven continents. Each episode features unique forms of racing, via oceans, desert, mountains, bikes, boards and up in the air.

07:00 pm Sports Tonight

More than just the scores, Australia's #1 sports news service has more time to bring you detailed coverage of all the day's big sporting action. Rob Canning presents a complete global roundup.

07:30 pm Powerboating: Fastwater Superclass
Bridge To Bridge Ski Race

SPECIAL EVENT

Fastwater Superclass Bridge To Bridge Water Ski Race

Australian powerboats take to the Hawkesbury River as Fastwater presents the Superclass Bridge to Bridge Water Ski race.

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MELBOURNE PROGRAM GUIDE

Saturday 05th February 2011



08:30 pm Drift

G

High-powered motor action testing drivers' skill to control a car as it slides sideways at high speed through a marked course. Drifting is judged on execution and style rather than who finishes first.

09:00 pm Drift

G

High-powered motor action testing drivers' skill to control a car as it slides sideways at high speed through a marked course. Drifting is judged on execution and style rather than who finishes first.

09:30 pm Motorsport: Summernats 2011

SPECIAL EVENT

Motorsport: Summernats 2011

More than just a car festival, Summernats 24 celebrates the rev head way of life. Canberra fires up with a high octane mix of burnouts, go to whoa, show and shine and Miss Summernats competitions.

10:30 pm MotoGP Classics

G

Paul Ricard 1998

Only six weeks out from the start of the 2010 MotoGP season, ONE revisits the 1998 French Grand Prix. The famed Paul Ricard circuit hosted another shootout between Doohan, Criville and Checa.

11:30 pm UFC Unleashed (Rpt)

M

(V)

SPECIAL EVENT

MMA has become a global phenomenon and the Ultimate Fighting Championship is the world's fastest growing sport. There are no limits as two men dare to enter the octagon in fighting as real as it gets.

12:30 am UFC Countdown 126 (Rpt)

U.F.C Countdown 126

The sporting phenomenon of UFC has gone global as the world awaits UFC 126. Countdown brings you real insights into the training, preparations and trash talk ahead of the main event: Silva v Belfort.

01:25 am LIVE: Football: Bundesliga

SPECIAL EVENT

Matchday 21

ONE's Matchday 21 feature game will be either Cologne versus Bayern, Hannover v Wolfsburg, Mainz v Bremen, Nuremberg v Leverkusen or Hoffenheim v Kaiserslautern (subject to availability).

03:20 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

03:50 am Formula 1 Moment (Rpt)

Formula 1 Moment 2010

2010 will long be remembered as the closest season of F1 racing ever. Five drivers were within reach of the World Championship, with Red Bull teammates Mark Webber and Sebastian Vettel dominant.

04:00 am LIVE: Football: Serie A

SPECIAL EVENT

Matchday 24: Udinese V Sampdoria

Udinese have the league's leading goalscorer Antonio di Natale leading them into contention after a slow start. They host Sampdoria, who also sit midtable and are within reach of a spot in Europe.

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