

MELBOURNE PROGRAM GUIDE

Sunday 15th May 2011

one

06:00 am Football: The Story Of The FA Cup

Football: The Story Of The F.A Cup (Part 1)

In the afterglow of the 2011 FA Cup Final, ONE delves into the history of this unique and traditional English football competition. Enjoy Part One of the Story of the FA Cup.

07:00 am Grand-Am Rolex Sportscar Series

R4 Bosch Engineering 250 - Virginia

Round four of the Grand-Am Rolex Sportscar Series sees the GT and Daytona Prototype categories roll into the Barber Motorsports Park in Birmingham, Alabama.

10:00 am NASCAR Sprint Cup Qualifying

R11 Fed-Ex 400 @ Dover-Qualifying

Over the years many drivers who have taken the chequered flag at the Dover International Speedway have gone on to win the Sprint Cup Series. Who will take the next step with a hot lap in qualifying?

11:30 am World Of Free Sports

PG

Get your Sunday morning shot of Action as ONE gives you the world - a world of action, adventure and extreme sports. A dose of adrenalin from the World of Free Sports is the perfect start to your day.

12:00 pm Snowboarding: TTR World Tour

Ride the slopes with fresh snowboarding action as riders tear it up in the TTR World Tour.

12:30 pm Pro Bull Riding

PG

Hooves, horns and dirt are what come to meet world number one, JB Mooney or number two man Travis Briscoe as they go head to head in St Louis for the next event on the Pro Bull Riding circuit.

01:30 pm Australian Superboat Championship

02:00 pm LIVE: Netball: ANZ Championship Preliminary Final

LIVE

Preliminary Final

One last shot at a Grand Final spot as the Preliminary Finalists take to the court. An ANZ Championship victory is so close with only one week to go until the big day.

04:00 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:30 pm Drag Racing: ANDRA Pro Series

G

Rocket Allstars - Willowbank

Put your foot to the floor and pedal to the metal as the Rocket Allstars take to the fastest quarter mile at Queensland's Willowbank Raceway.

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05:30 pm I Fish

Join Paul Worsteling every Sunday afternoon on ONE for brand new adventures on land and sea. I Fish is the #1 show for anglers with great tips and products that will help you lure the big fish.

06:00 pm LIVE: The Final Siren

LIVE

The Final Siren is your definitive wrapup of AFL action. Michael Christian and Chris Grant delve into the highs and lows of the weekend's footy with up to the minute info, stats and media conferences.

06:55 pm LIVE: Motorcycle Racing: 125cc

LIVE

R4 France

The Le Mans Bugatti Grand Prix race circuit plays host to round four in the 125cc World Championship. Can Cortese, Folger, Vazquez and Zarco reduce Nicolas Terol lead in the standings?

08:00 pm LIVE: Motorcycle Racing: Moto2

LIVE

R4 France

In the second year of racing, Moto2 riders have well and truly settled into the new category and bike setup. Follow the action from Le Mans in France as Iannone, Bradl and Luthi chase a race four win.

09:30 pm LIVE: MotoGP

LIVE

R4 France

The Championship is heating up. Aussie Casey Stoner may have started strongly but with Valentino Rossi, Jorge Lorenzo, Dani Pedrosa and the young guns taking to the Le Mans track anyone can win.

11:10 pm LIVE: Football: Serie A

LIVE

Matchday 37: Chievo V Udinese

Last year's leading goalscorer Antonio di Natale caught up to Edinson Cavani with 26 goals. Can he find the back of Chievo's net and help lift Udinese into fourth and a shot at the Champions League?

01:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:30 am Australian Rally Championship (Rpt)

R1 Western Australia

Western Australia's number one holiday destination Busselton and the quaint inland town of Nannup host the first round of rallying action from the 2011 Australian Rally Championship.

02:30 am LIVE: NASCAR Countdown

LIVE

Countdown To Green - Live From Dover

Warm up for your motorsport fix as we hear from the drivers and experts while waiting for the green flag to drop. NASCAR's Sprint Cup drivers prepare to smoke up the tarmac at Dover for Race 11.

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03:00 am LIVE: NASCAR Sprint Cup

LIVE

R11 Fed-Ex 400 @ Dover

Many past winners at Dover International Speedway have gone on to win the Sprint Cup Series. Can Aussie Marcos Ambrose add himself to that honour roll and score his first victory in the premier class?

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06:00 am	LIVE: NASCAR Sprint Cup (Cont)		LIVE <u>R11 Fed-Ex 400 @ Dover</u> Many past winners at Dover International Speedway have gone on to win the Sprint Cup Series. Can Aussie Marcos Ambrose add himself to that honour roll and score his first victory in the premier class?
07:00 am	Drag Racing: ANDRA Pro Series (Rpt)	G	<u>Rocket Allstars - Willowbank</u> Put your foot to the floor and pedal to the metal as the Rocket Allstars take to the fastest quarter mile at Queensland's Willowbank Raceway.
08:00 am	WRC Access All Areas (Rpt)	G	<u>Access All Areas - R5 Italy</u> Your Access All Areas pass for a complete 60 minute roundup of the Rally of Italy. Ford's Mikko Hirvonen is looking to break the run of seven-time consecutive world champion Sebastien Loeb.
09:00 am	Football: The Story Of The FA Cup		<u>Football: The Story Of The F.A Cup (Part 2)</u> Delve back into the FA Cup archives for Part 2 as we continue to retrace the history and magical moments from the world's oldest and most traditional football competition.
10:00 am	Netball: ANZ Championship Preliminary Final (Rpt)		<u>Preliminary Final</u> One last shot at a Grand Final spot as the Preliminary Finalists take to the court. An ANZ Championship victory is so close with only one week to go until the big day.
12:00 pm	Freeride World Tour (Rpt)		Get on board the Freeride World Tour as Ryan Clark brings you more action-packed extreme sporting adventures.
12:30 pm	Tennis: ATP World Tour Uncovered (Rpt)	G	The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.
01:00 pm	MotoGP (Rpt)		<u>R4 France</u> The Championship is heating up. Aussie Casey Stoner may have started strongly but with Valentino Rossi, Jorge Lorenzo, Dani Pedrosa and the young guns taking to the Le Mans track anyone can win.
03:00 pm	Real NBA	G	Real NBA is your weekly snapshot of all things American hoops. From courtside, to the locker room and at home with the players, our full access brings you insights you won't see anywhere else.
03:30 pm	Omnisport		Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

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04:00 pm	Escape With ET	G	Join rugby league legend and fishing enthusiast Andrew 'ET' Ettingshausen as he escapes to some of Australia's best fishing, 4WD'ing and other incredible destinations.
04:30 pm	Emergency Search & Rescue (Rpt)	PG	An emergency call comes through from the coast guard. A young surfer has been missing for over half an hour. There is much concern for his safety given the extreme conditions out at sea.
05:00 pm	Airline (Rpt)	PG (L)	Trainee stewards Aaron and Jason join Chief Steward Brian in how to deal with emergency slides and awkward passengers. Two passengers miss their flight which was meant to connect to their cruise.
05:30 pm	Big Cat Diary	G	Big Cat Diary takes you to Kenya's Masai Mara - one of the most extraordinary places in the world to watch lions, leopards and cheetahs in their natural environment.
06:00 pm	Bondi Rescue	CC PG	Take to the sands of Bondi with Hoppo, Whippet, Bisho, Reidy, Yatesy, Maxi, Deano and the crew as our lifeguards deal with all kinds of drama at Australia's most iconic beach.
06:30 pm	Emergency Search & Rescue	PG	Severe wind down drafting on Ben Cruachan in the Scottish highlands make it near impossible to rescue a fallen climber with suspected spinal injuries.
07:00 pm	Airline	PG (L)	Pat Baines is a passenger services officer but finally plucks up the courage to apply for a cabin crew trainee course. Terminal 2 at Manchester is thrown into turmoil when a fire alarm goes off.
07:30 pm	COPS	PG (L, D)	Street Patrol Special Edition COPS is the trailblazing observational show that pioneered a genre. We take you on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.
08:00 pm	COPS	PG (V, D)	Coast To Coast More tales on the beat with the show on the forefront of reality TV. COPS goes on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.
08:30 pm	To Be Advised		

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09:30 pm One Week At A Time

AFL

The most respected name in footy analysis is back for a brand new season. Stephen Quartermain, Robert Walls and Luke Darcy tackle the big issues in AFL every Monday night only on ONE.

10:30 pm Sports Tonight

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

11:00 pm One Week At A Time Late

NRL

ONE's rugby league guru Adam Hawse joins NSW Coach Ricky Stuart and either Ben Ikin or Adam MacDougall every Monday night to dissect the week's big issues in the NRL.

12:00 am Football: Bundesliga

Matchday 34:

The final weekend of the Bundesliga season and teams vie to improve their standing and secure a spot in European competition next season. For others there is a dour relegation struggle. Teams TBA.

02:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:30 am AFL Premiership Season 2011 (Rpt) CC

Round 8 - Brisbane Lions V Essendon

The season started poorly for the Brisbane Lions and the loss of captain Jonathan Brown to injury means many expect they will fight for the wooden spoon. They welcome the surging Bombers to Brisbane.

05:00 am Football: Serie A Match Of The Round

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06:00 am Football: Serie A Match Of The Round (Cont)

07:00 am One Week At A Time (NRL) (Rpt)

NRL

ONE's rugby league guru Adam Hawse joins NSW Coach Ricky Stuart and either Ben Ikin or Adam MacDougall every Monday night to dissect the week's big issues in the NRL.

08:00 am One Week At A Time (AFL) (Rpt)

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09:00 am AFL Premiership Season 2011 (Rpt) CC

Round 8 - North Melbourne V Melbourne

Two young sides take to Etihad Stadium as the Kangaroos and Demons clash in a Round 8 showdown. Melbourne have plenty of young draft talent on show as they face North Melbourne.

11:30 am Football: Bundesliga Weekly Highlights

G Matchday 34

All the action from the last week of the Bundesliga season as teams vie to improve their standing and secure a spot in European competition next season. For others there is a dour relegation struggle.

12:30 pm Football: Liverpool TV

Liverpool V Tottenham Hotspur

Tottenham and Liverpool spent much of the season duking it out for fifth and sixth spots. The Reds host Spurs in the second last week of the season as one team looks to sew up a Europa League berth.

03:30 pm Omnisport

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04:00 pm Escape With ET

G

Join rugby league legend and fishing enthusiast Andrew 'ET' Ettingshausen as he escapes to some of Australia's best fishing, 4WD'ing and other incredible destinations.

04:30 pm Emergency Search & Rescue (Rpt)

PG

Severe wind down drafting on Ben Cruachan in the Scottish highlands make it near impossible to rescue a fallen climber with suspected spinal injuries.

05:00 pm Airline (Rpt)

PG

(L) Seven passenger service officers are employed to round up a group of wanderers, missing on the mile-long walk to check in for Majorca. Aaron and Jason celebrate the completion of their training.

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05:30 pm Big Cat Diary

G

Big Cat Diary takes you to Kenya's Masai Mara - one of the most extraordinary places in the world to watch lions, leopards and cheetahs in their natural environment.

06:00 pm Bondi Rescue

CC PG
(L,
N)

Second year trainee Maxy is hoping this will be the year he earns his stripes as a fully fledged lifeguard.

06:30 pm Emergency Search & Rescue

PG

Sgt Martin Kemp, a paramedic winchman is lowered to a badly injured walker who has fallen 150 feet down a steep gully. With gale force winds, one false move could send the paramedic to his death.

07:00 pm Airline

PG

(L) In the season one final, revellers gather to welcome England's footballers home after celebrating qualification for the World Cup. The airline is also up for some awards, will they too be celebrating?

07:30 pm Ice Road Truckers

PG

Arctic Ice

(L) Competition is always fierce between truckers trying to make as many runs as possible in the season. Polar bear and Alex are head to head while the rookies just try to survive the treacherous roads.

08:30 pm COPS: Adults Only

M

U.S Marshals - Special Edition

Now in its 23rd season, COPS is the show that pioneered its own style of reality television. We take you on patrol with the law enforcement agents protecting America and serving law-abiding citizens.

09:00 pm COPS: Adults Only

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Coast To Coast

(D) COPS is the trailblazing observational show that pioneered a genre. We take you on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:30 pm LIVE: RPM

LIVE

RPM is back. Greg Rust, Daryl Beattie and Craig Baird dissect the F1, MotoGP, V8s and kick the tyres of world motorsport. Hear from the drivers and riders making headlines including Marcos Ambrose.

10:30 pm Sports Tonight

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

11:00 pm World Football News

SEASON FINALE

For the final time this season World Football News brings you all the week's football news and highlights. Scott Mackinnon covers the latest round ball action from Europe as championship races end.

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11:30 pm **MotoGP (Rpt)**

R4 France

The Championship is heating up. Aussie Casey Stoner may have started strongly but with Valentino Rossi, Jorge Lorenzo, Dani Pedrosa and the young guns taking to the Le Mans track any one can win.

01:30 am **Football: Arsenal TV**

Arsenal V Aston Villa

Season 2010/11 held so much promise for Arsene Wenger's Gunners. With a strong showing in the EPL, Champions League, Carling Cup and FA Cup there were plenty of chances at a first title since 2004.

04:30 am **Omnisport (Rpt)**

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G Access All Areas - R5 Italy

Your Access All Areas pass for a complete 60 minute roundup of the Rally of Italy. Ford's Mikko Hirvonen is looking to break the run of seven-time consecutive world champion Sebastien Loeb.

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06:00 am **Football: The Serie A Highlights Show**

G **Matchday 37**

One week remains in the Serie A Championship as Matchday 37 sees the race for the Scudetto reach fever pitch. AC will hold off Milanese rivals Inter for top spot but who will play in Europe next year?

06:30 am **Football: Bundesliga Weekly Highlights (Rpt)**

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All the action from the last week of the Bundesliga season as teams vie to improve their standing and secure a spot in European competition next season. For others there is a dour relegation struggle.

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08:00 am **RPM (Rpt)**

RPM is back. Greg Rust, Daryl Beattie and Craig Baird dissect the F1, MotoGP, V8s and kick the tyres of world motorsport. Hear from the drivers and riders making headlines including Marcos Ambrose.

09:00 am **LIVE: Major League Baseball**

LIVE

Boston Red Sox V Baltimore Orioles

Fenway Park is one of the world's most famous sporting venues. The oldest MLB ballpark opened the week of the Titanic disaster. The Red Sox look to defend home plate against AL East rivals Baltimore.

12:00 pm **LIVE: Major League Baseball Doubleheader**

LIVE

Oakland Athletics V L.A Angels

A midweek doubleheader of MLB and another fiery intra-division rivalry. Can the LA Angels knock off the Athletics when they travel to Oakland's home diamond?

03:00 pm **This Week In Baseball**

PG

Throughout the Major League season, This Week in Baseball is your one stop magazine show for all the most interesting MLB stories, with profiles, news, highlights and features beyond the ballpark.

03:30 pm **Omnisport**

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04:00 pm **Escape With ET**

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Join rugby league legend and fishing enthusiast Andrew 'ET' Ettingshausen as he escapes to some of Australia's best fishing, 4WD'ing and other incredible destinations.

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PG

Sgt Martin Kemp, a paramedic winchman is lowered to a badly injured walker who has fallen 150 feet down a steep gully. With gale force winds, one false move could send the paramedic to his death.

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05:00 pm	Airline (Rpt)	PG (L)	Pat Baines is a passenger services officer but finally plucks up the courage to apply for a cabin crew trainee course. Terminal 2 at Manchester is thrown into turmoil when a fire alarm goes off.
05:30 pm	Big Cat Diary	G	Big Cat Diary takes you to Kenya's Masai Mara - one of the most extraordinary places in the world to watch lions, leopards and cheetahs in their natural environment.
06:00 pm	Bondi Rescue	CC PG (L, A)	Take to the sands of Bondi with Hoppo, Whippet, Bisho, Reidy, Yatesy, Maxi, Deano and the crew as our lifeguards deal with all kinds of drama at Australia's most iconic beach.
06:30 pm	Emergency Search & Rescue	PG	With over 3000 miles of coastline to cover, the emergency services of the Scottish highlands have their work cut out for them. Today, the RAF and mountain rescue teams search for a missing pilot.
07:00 pm	Airline	PG	SEASON PREMIERE Series 2 of Airline follows a new cast of real life characters at Easy-Jet, the low cost airline transporting thousands of passengers travelling between England and continental Europe.
07:30 pm	Long Way Round	PG (L)	The planning continues for Ewan McGregor and his best mate Charlie Boorman ahead of their motorcycle ride from London to New York. After numerous hiccups and unanticipated dramas, they set off.
08:30 pm	COPS: Adults Only	M	<u>Probable Cause - Special Edition</u> Now in its 23rd season, Cops is the show that pioneered its own style of reality television. We take you on patrol with the law enforcement agents protecting America and serving law-abiding citizens.
09:00 pm	COPS: Adults Only	M	<u>Morons On Parade #3 - Special Edition</u> Now in its 23rd season, Cops is the show that pioneered its own style of reality television. We take you on patrol with the law enforcement agents protecting America and serving law-abiding citizens.
09:30 pm	Sons Of Anarchy	AV15+ <u>Seeds</u> (V)	The gang is hoping to be in the clear financially after their arms sale but the ATF are all over them after a warehouse arson attack and the Sons are calling in all the favours with the authorities.

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10:30 pm Sports Tonight

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

11:00 pm The Ultimate Fighter (Rpt)

Heavyweights

Quinton 'Rampage' Jackson and Rashad Evans are rival coaches in a Heavyweight UFC showdown. Over 13 weeks they train teams of contenders who live together and compete for a shot at the big time.

12:00 am Major League Baseball (Rpt)

Boston Red Sox V Baltimore Orioles

Fenway Park is one of the world's most famous sporting venues. The oldest MLB ballpark opened the week of the Titanic disaster. The Red Sox look to defend home plate against AL East rivals Baltimore.

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Liverpool V Tottenham Hotspur

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06:00 am Football: Arsenal TV (Rpt)

Arsenal V Aston Villa

Season 2010/11 held so much promise for Arsene Wenger's Gunners. With a strong showing in the EPL, Champions League, Carling Cup and FA Cup there were plenty of chances at a first title since 2004.

09:00 am NASCAR Nationwide Series Highlights

R11 5-Hour Energy 200 @ Dover

After race eight in Nashville, only seven points separated the top seven drivers in an incredibly close Nationwide Series. Justin Allgaier and Ricky Stenhouse Jr lead a wide open field of 78 racers.

10:00 am Tennis: ATP World Tour Uncovered

G

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.

10:30 am LIVE: Basketball: NBA Playoffs

LIVE

Eastern Conference Finals Series - Game 1

The only place to see every game in the best of seven Eastern Conference Finals Series is right here on ONE. The winner of the Miami v Boston semi will face either the #1 Chicago Bulls or Atlanta.

01:30 pm Netball: ANZ Championship Preliminary Final (Rpt)

Preliminary Final

One last shot at a Grand Final spot as the Preliminary Finalists take to the court. An ANZ Championship victory is so close with only one week to go until the big day.

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Big Cat Diary takes you to Kenya's Masai Mara - one of the most extraordinary places in the world to watch lions, leopards and cheetahs in their natural environment.

06:00 pm Bondi Rescue

CC PG

(L, A) A heatwave has hit Sydney and bathers are, in the words of lifeguards, "dropping like flies". But while it may be over 40 degrees on land, its a different story in the water.

06:30 pm Emergency Search & Rescue

PG

Stunning but dangerous, the Scottish highlands attract extreme sports enthusiasts. On duty today, the RAF battle turbulence and cross winds to save an injured hiker.

07:00 pm Airline

PG

Jane Boulton is having the day from hell when she is confronted by some very angry passengers who scream at her across the terminal. A crash on the Motorway also causes chaos at the airport.

07:30 pm Everest - Beyond The Limit

PG

(L, A) This five part series charts the extraordinary journey to Earth's summit. Join the heart-pounding expedition of 11 climbers, three guides and a team of sherpas to scale the heights of Mount Everest.

08:30 pm LIVE: The Game Plan

LIVE

AFL

The Game Plan is your detailed preview of the upcoming AFL round. Anthony Hudson, Matthew Lloyd and Scott Cummings dissect the week in footy and bring you the all important selection ins and outs.

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Heavyweights

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11:00 pm The Game Plan Late

NRL

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02:00 am Golf: OneAsia Tour

S.K Telecom Open Round 1

The OneAsia Tour continues its Korean swing as the Pinx Golf Club hosts the SK Telecom Open. Follow the first round coverage as golfers from across China, Korea, Australia and the Pacific compete.

05:00 am Omnisport (Rpt)

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05:30 am World Of Free Sports (Rpt)

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ONE brings you a world of action, adventure and extreme sports. Get your thirty minute fix of adrenalin from the World of Free Sports.

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09:00 am NASCAR Sprint Cup Highlights

R11 Fed-Ex 400 @ Dover-Highlights

400 miles in one action packed hour of highlights as ONE relives all the on track action and close overtaking manoeuvres from the Dover round of the 2011 Sprint Cup.

10:00 am British Touring Car Championship

R3 Thruxton

Detour via Thruxton in Hampshire for three races that make up the third round of the BTCC, the world renowned and keenly contested British Touring Car Championship.

11:00 am WRC Access All Areas (Rpt)

G

Access All Areas - R5 Italy

Your Access All Areas pass for a complete 60 minute roundup of the Rally of Italy. Ford's Mikko Hirvonen is looking to break the run of seven-time consecutive world champion Sebastien Loeb.

12:00 pm LIVE: Major League Baseball

LIVE

San Diego Padres V Milwaukee Brewers

San Diego pushed eventual World Series champs the San Francisco Giants all the way in their NL West division last season. So far the Padres have struggled but can they recover against Milwaukee?

03:00 pm Football: The Serie A Highlights Show (Rpt)

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Matchday 37

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G

Join rugby league legend and fishing enthusiast Andrew 'ET' Ettingshausen as he escapes to some of Australia's best fishing, 4WD'ing and other incredible destinations.

04:30 pm **Emergency Search & Rescue (Rpt)**

PG

Stunning but dangerous, the Scottish highlands attract extreme sports enthusiasts. On duty today, the RAF battle turbulence and cross winds to save an injured hiker.

05:00 pm **The WWE Experience**

PG

(V)

Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. Now every Friday at 5pm The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.

06:00 pm **Bondi Rescue**

CC PG

Every week the brave Bondi lifeguards in blue pull up trumps by rescuing the weak swimmers, unfamiliar tourists, disobedient locals and just plain unlucky out of the raging Pacific.

06:30 pm **Emergency Search & Rescue**

PG

Head out with the search and rescue teams after dark as the Royal Navy battle the elements to stay in the sky and the RAF brave 30 ft waves to reach a heart attack victim.

07:00 pm **Airline**

PG

The rookie cabin crew learn what its like to come face to face with terrorists. Check-in girl Katrina takes some time out for her hen's night and some entertainers turn Amsterdam airport into a stage.

07:30 pm **Megastructures Breakdown**

PG

Bridge

Once it was among the longest highway bridges in the world and a feat of architectural genius. Megastructures Breakdown follows engineers as they deconstruct and recycle this marvel in only 48 hours.

08:30 pm **To Be Advised**

10:45 pm **Sports Tonight**

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

11:15 pm **UFC 90**

NETWORK PREMIERE

M

U.F.C 90

(V)

Add some fight to your Friday Night as ONE brings you an epic night of MMA in Illinois. UFC Middleweight champ Anderson Silva took on Patrick Cote in the main event, plus Koscheck, dos Santos & Alves.

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MELBOURNE PROGRAM GUIDE

Friday 20th May 2011

one

01:15 am Drag Racing: **ANDRA Pro Series (Rpt)**

G **Rocket Allstars - Willowbank**

Put your foot to the floor and pedal to the metal as the Rocket Allstars take to the fastest quarter mile at Queensland's Willowbank Raceway.

02:15 am Golf: **OneAsia Tour**

S.K Telecom Open Round 2

The spectacular Pinx Golf Club is the first Korean course nominated in the World's Top 100 layouts. Just south of the mainland it is a stunning Scottish Moorland-style course. Who will make the cut?

05:15 am **Omnisport (Rpt)**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:30 am **World Of Free Sports (Rpt)**

PG

Now on Sunday mornings World of Free Sports brings you the world - a world of action, adventure and extreme sports. Get your thirty minute weekly dose of adrenalin to kick start your day.

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MELBOURNE PROGRAM GUIDE

Saturday 21st May 2011

one

06:00 am **NASCAR Nationwide Series Highlights (Rpt)**

R11 5-Hour Energy 200 @ Dover

After race eight in Nashville, only seven points separated the top seven drivers in an incredibly close Nationwide Series. Justin Allgaier and Ricky Stenhouse Jr lead a wide open field of 78 racers.

07:00 am **NASCAR Sprint Cup Highlights (Rpt)**

R11 Fed-Ex 400 @ Dover

Many past winners at Dover International Speedway have gone on to win the Sprint Cup Series. Can Aussie Marcos Ambrose add himself to that honour roll and score his first victory in the premier class?

08:00 am **This Week In Baseball (Rpt)**

PG

Throughout the Major League season, This Week in Baseball is your one stop magazine show for all the most interesting MLB stories, with profiles, news, highlights and features beyond the ballpark.

08:30 am **World Of Free Sports**

PG

ONE brings you a world of action, adventure and extreme sports. Get your thirty minute fix of adrenalin from the World of Free Sports.

09:00 am **Pro Bull Riding**

PG

Don a cowboy hat, climb aboard and hang on for dear life for the most unpredictable ride of your week. There is no better way to start the weekend than to check in on the action from Pro Bull Riding.

10:00 am **Real NBA (Rpt)**

G

Real NBA is your weekly snapshot of all things American hoops. From courtside, to the locker room and at home with the players, our full access brings you insights you won't see anywhere else.

10:30 am **LIVE: Basketball: NBA Playoffs**

LIVE

Eastern Conference Finals Series - Game 2

The only place to see every game in the best of seven Eastern Conference Finals Series is right here on ONE. The winner of the Miami v Boston semi will face either the #1 Chicago Bulls or Atlanta.

01:30 pm **Omnisport**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:00 pm **Surfing: Margaret River Pro**

Surfing: Margaret River Pro 2011

Some of the best surf talent in the world head west for an iconic event at one of WA's best kept tourist secrets. Swells peaking at five metres tested the big names including Kelly Slater.

03:00 pm **AFL Premiership Season 2011**

CC

Round 9 - St Kilda V Melbourne

Nine rounds into the season and it is do or die for the Saints and Demons as a slow start now has their September hopes in jeopardy. St Kilda enjoy playing at Etihad Stadium. Can Melbourne stop them?

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MELBOURNE PROGRAM GUIDE

Saturday 21st May 2011

one

06:00 pm I Fish (Rpt)

Join Paul Worsteling every Sunday afternoon on ONE for brand new adventures on land and sea. I Fish is the #1 show for anglers with great tips and products that will help you lure the big fish.

06:30 pm Before The Game

CC PG

Join Dave Hughes, Mick Molloy, Andrew Maher, Sam Lane, Lehmo and Fitzzy as they discuss the week's most talked about AFL players, coaches, games and gossip!

07:30 pm AFL Premiership Season 2011

CC

Round 9 - Richmond V Essendon

One of the biggest annual events on the AFL calendar: Dreamtime at the G honours the contribution of indigenous Australians to footy. Richmond's young guns look to stop the surging Essendon Bombers.

11:30 pm Formula 1 Qualifying

R5 Spain Qualifying

Red Bull have dominated Qualifying over the past 12 months as Vettel and Webber found the perfect setup for one hot lap. But will tyre conservation strategies ahead of the race become more important?

12:50 am NASCAR Sprint Cup All Star Qualifying

All Star Qualifying @ Charlotte

One race and one million dollars on the line as race winners from the past two seasons join Sprint Cup champions from the last decade in a 150 mile, 100 lap showstopper at Charlotte.

02:10 am Golf: OneAsia Tour

S.K Telecom Open Round 3

Round 3 is moving day and leading golfers from China, Korea, Australia, Indonesia and the Pacific vie for a share of the prize at the SK Telecom Open. Korea's spectacular Pinx Golf Club plays host.

05:00 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

05:30 am World Of Free Sports (Rpt)

PG

Get your Sunday morning shot of Action as ONE gives you the world - a world of action, adventure and extreme sports. A dose of adrenalin from the World of Free Sports is the perfect start to your day.

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