

Sunday 08th May 2011

06:00 am Golf: OneAsia Tour Highlights (Rpt)

G **Maekyung Open Round 3**

It is moving day at the 2011 Maekyung Open as golfers make their mark in the third round at Korea's Namseoul Golf Club. Last year local Kim Dae-Hyun won the tournament.

07:00 am World Of Free Sports

PG

Now on Sunday mornings World of Free Sports brings you the world - a world of action, adventure and extreme sports. Get your thirty minute weekly dose of adrenalin to kick start your day.

07:30 am Snowboarding: TTR World Tour

PG

Ride the slopes with fresh snowboarding action on ONE's Action Sports Afternoon. Ryan Clark intros the TTR World Tour.

08:00 am Pro Bull Riding

PG

Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.

09:00 am LIVE: NASCAR Countdown

LIVE

Countdown To Green - Live From Darlington

Start your engines with the very latest news and driver interviews from the track. The pre-race show is Live from the grid in Darlington as we await the Green flag to start race ten.

09:30 am LIVE: NASCAR Sprint Cup

LIVE

R10 Showtime Southern 500 @ Darlington

After a win at Richmond Kyle Busch sits third overall, chasing Carl Edwards and Jimmie Johnson atop the Sprint Cup standings. Who will score a win at Darlington and secure a start in the Allstar race?

01:30 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:00 pm LIVE: Netball: ANZ Championship Semi Final

LIVE

Minor Semi Final - NSW Swifts V Northern Mystics

After a gruelling 12 rounds it comes down to a sudden death elimination final. Cath Cox, Sonia Mkoloma and Bec Bulley from the NSW Swifts host Maria Tutaia, Temepara George and NZ's Northern Mystics.

04:00 pm Drag Racing: ANDRA Pro Series

G

Top Bike And Pro Stock Bike - Willowbank

Now firing up your Sunday afternoons the ANDRA Pro Series brings you Australia's premier drag racers battling to be fastest over the quarter mile. The Top Bike and Pro Stock riders take to Willowbank.

05:00 pm World Rally Championship

G

R5 Italy - Day 2 Highlights

Round Five of the World Rally Championship continues with day two action from Italy. Hold on for the ride of your life as we go onboard as Hirvonen throws down a challenge to the supremacy of Loeb.

Sunday 08th May 2011

05:30 pm I Fish

G

Now back on Sunday evening, the new season continues with stunning adventures on land and sea. Paul Worsteling brings you great tips and products that will help you lure the big fish.

06:00 pm LIVE: The Final Siren

LIVE

The Final Siren is the definitive wrap of AFL action. Michael Christian and Chris Grant delve into the highs and lows of the weekend's footy with up to the minute info, stats and media conferences.

07:00 pm Best Of Extreme Fishing With Robson Green

PG

Best Of Extreme Fishing With Robson Green

(L)

Take a trip back as acclaimed British actor Robson Green relives some of the amazing and heartstopping escapades over the first two seasons on the hit TV series Extreme Fishing.

08:00 pm Black Gold

PG

Hitting Bottom

What happens when Michael hits a pocket of toxic gas? Rookie Derek is still learning the ropes, but Jason, his teacher, is losing his patience and the Vikings must work together when the well floods.

09:00 pm LIVE: Formula 1 Grand Prix

LIVE

R4 Turkey Grand Prix

The F1 World Championship returns to Europe and things are heating up. Turkey hosts the fourth round as Ferrari and Mercedes look to uncover the pace required to catch Red Bull, McLaren and Renault.

12:05 am World Rally Championship (Rpt)

G

R5 Italy - Day 2 Highlights

Round Five of the World Rally Championship continues with day two action from Italy. Hold on for the ride of your life as Hirvonen throws down a challenge to the supremacy of Loeb.

12:35 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

01:00 am Football: Serie A

Matchday 36: Udinese V Lazio

Three games remain in the 2010/11 Championship race, with Udinese and Lazio in the thick of the action. Both teams sit in the top five and a win here could sew up a Champions or Europa League spot.

02:45 am Golf: OneAsia Tour

Maekyung Open Round 4

Final round coverage as golfers from across the Asia-Pacific region look to string together 18 solid holes and move up the leaderboard at the Maekyung Open.

05:45 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

Monday 09th May 2011

06:00 am	LIVE: Major League Baseball		<p>LIVE <u>Seattle Mariners V Chicago White Sox</u> The Chicago White Sox have some heavy duty support, with President Barack Obama a fan. Can they travel cross country to rainy Seattle and score a win for the windy city as they face the Mariners?</p>
09:00 am	Netball: ANZ Championship Semi Final (Rpt)		<p><u>Minor Semi Final - NSW Swifts V Northern Mystics</u> After a gruelling 12 rounds it comes down to a sudden death elimination final. Cath Cox, Sonia Mkoloma and Bec Bulley from the NSW Swifts host Maria Tutaia, Temepara George and NZ's Northern Mystics.</p>
11:00 am	British Touring Car Championship	G	<p><u>R2 Donington Park</u> Donington Park hosts the second round of the 2011 British Touring Car Championship. This famous race track has a long history at the centre of English motorsport and has previously held F1 and MotoGP.</p>
12:00 pm	Australian Rally Championship (Rpt)		<p><u>R1 Western Australia</u> Western Australia's number one holiday destination Busselton and the quaint inland town of Nannup host the first round of rallying action from the 2011 Australian Rally Championship.</p>
01:00 pm	World Rally Championship	G	<p><u>R5 Italy - Day 3 Highlights</u> Will Citroen be fastest in the final stages of the Rally of Italy or will Ford hit the front? Highlights from the third day of rallying as the WRC continues on ONE.</p>
01:30 pm	Football: Bundesliga		<p><u>Matchday 33: Bayer Leverkusen V Hamburg</u> Bayer Leverkusen seem destined to finish the season second, currently eight points behind Borussia Dortmund. With three games to go they want a maximum nine points starting against 8th placed Hamburg.</p>
03:30 pm	Omnisport		<p>Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.</p>
04:00 pm	Surfing: ASP World Tour (Rpt)	G	<p><u>2010 Billabong Pipe Masters - Oahu, Hawaii</u> See the world's top surfing pros hammered by one and half metre backdoor barrels at Oahu, Hawaii as an underdog takes out his first ever ASP World Tour victory.</p>
05:00 pm	I Fish (Rpt)	G	<p>Now back on Sunday evening, the new season continues with stunning adventures on land and sea. Paul Worsteling brings you great tips and products that will help you lure the big fish.</p>
05:30 pm	Escape With ET (Rpt)	G	<p>Unwind after a busy day as we join rugby league and fishing legend Andrew 'ET' Ettingshausen as he escapes the city for adventures on land and sea. Plus tasty seafood recipes you can prepare at home.</p>

Monday 09th May 2011

06:30 pm **Mysteries Of Survival**

PG **Mysteries Of Survival**

Its a mystery scientists are determined to solve. Why do some people survive exposure, predators, starvation and trauma, while others succumb? Explore the incredible and dramatic real-life mysteries.

07:30 pm **LIVE: Netball: ANZ Championship Semi Final**

LIVE

Major Semi Final - Queensland Firebirds V Waikato-Bay Of Plenty Magic

The undefeated Firebirds dominated as Geitz, Aiken and Medhurst helped Queensland score the minor premiership. Can they hold out van Dyk, Williams and Langman from the Magic and host the Grand Final?

09:30 pm **LIVE: One Week At A Time**

LIVE

NRL

ONE's rugby league guru Adam Hawse joins NSW Coach Ricky Stuart and either Ben Ikin or Adam MacDougall every Monday night to dissect the week's big issues in the NRL.

10:30 pm **One Week At A Time Late**

AFL

Before the Saints and Blues complete Round 7, Stephen Quartermain, Robert Walls and Luke Darcy are joined by Melbourne skipper Brad Green to analyse and discuss the big issues in AFL.

11:30 pm **AFL Premiership Season 2011**

CC

Round 7 - St Kilda V Carlton

Monday Night Football returns for 2011 with a round 7 blockbuster. St Kilda struggled early as fans and experts began to question whether their premiership chances. Tonight they face Carlton.

02:00 am **Omnisport (Rpt)**

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:30 am **Major League Baseball (Rpt)**

Seattle Mariners V Chicago White Sox

The Chicago White Sox have some heavy duty support, with President Barack Obama a fan. Can they travel cross country to rainy Seattle and score a win for the windy city as they face the Mariners?

05:00 am **Football: Serie A Match Of The Round**

Serie A Match Of The Round - Teams TBA

Depending on Matchday 36 results, ONE will replay either Palermo v Bari or Udinese v Lazio from the weekend.

Tuesday 10th May 2011

06:00 am Football: Serie A Match Of The Round (Cont)

Serie A Match Of The Round - Teams TBA

Depending on Matchday 36 results, ONE will replay either Palermo v Bari or Udinese v Lazio from the weekend.

07:00 am One Week At A Time (NRL) (Rpt)

NRL

ONE's rugby league guru Adam Hawse joins NSW Coach Ricky Stuart and either Ben Ikin or Adam MacDougall every Monday night to dissect the week's big issues in the NRL.

08:00 am One Week At A Time (AFL) (Rpt)

AFL

Before the Saints and Blues complete Round 7, Stephen Quartermain, Robert Walls and Luke Darcy are joined by Melbourne skipper Brad Green to analyse and discuss the big issues in AFL.

09:00 am AFL Premiership Season 2011 (Rpt) CC

Round 7 - St Kilda V Carlton

Monday Night Football returns for 2011 with a round 7 blockbuster. St Kilda struggled early as fans and experts began to question whether their premiership chances. Tonight they face Carlton.

11:30 am Football: Arsenal TV

Stoke City V Arsenal

Arsenal lost touch with Manchester United and Chelsea and all hope the Gunners had of winning a title this year. Stoke City prepare for their shot at glory in the FA Cup Final, but first host Arsenal.

02:30 pm Pro Bull Riding (Rpt)

PG

Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.

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04:00 pm Escape With ET

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Join rugby league legend and fishing enthusiast Andrew 'ET' Ettingshausen as he escapes to some of Australia's best fishing, 4WD'ing and other incredible destinations.

05:00 pm I Fish (Rpt)

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Now back on Sunday evening, the new season continues with stunning adventures on land and sea. Paul Worsteling brings you great tips and products that will help you lure the big fish.

05:30 pm Big Cat Diary

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Kenya's Masai Mara is one of the most extraordinary places in the world to watch lions, leopards and cheetahs in their natural environment. Big Cat Diary tracks the exploits of these feline families.

Tuesday 10th May 2011

06:00 pm Bondi Rescue

CC PG

(L, A) Our trusty Bondi Lifeguards certainly have their work cut out for them. With temperatures soaring into the mid 30s there are tens of thousands of people on the beach and plenty of dramas in store.

06:30 pm Emergency Search & Rescue

PG

The bleak Scottish winter brings hurricane force winds and heavy snow. Three elite helicopter search and rescue teams are on duty and the call comes in after a woman falls 100 feet down Ben Arthur.

07:00 pm Airline

PG

(L) Follow the staff and passengers of Britannia Airways as they take to the sky. This fly on the wall documentary series brings you an eye-opening insight into the day to day business of an airline.

07:30 pm Ice Road Truckers

PG

Accident Alley

(L) A massive roll over nearly takes a life. Lisa, one of the only females on the ice road, has a brake failure and struggles to stop in fresh snow and the conditions worsen.

08:30 pm COPS: Adults Only

M

SERIES RETURN

Milestone 800th Edition

(D) Now in its 23rd season, COPS is the show that pioneered its own style of reality television. We take you on patrol with the law enforcement agents protecting America and serving law-abiding citizens.

09:00 pm COPS: Adults Only

M

Coast To Coast

(S) COPS is the trailblazing observational show that pioneered a genre. We take you on patrol with the law enforcement agents protecting America's troubled streets and serving their law-abiding citizens.

09:30 pm LIVE: RPM

LIVE

RPM is back. Greg Rust, Daryl Beattie and Craig Baird dissect the F1, MotoGP, V8s and kick the tyres of world motorsport. Hear from the drivers and riders making headlines including Marcos Ambrose.

10:30 pm Sports Tonight

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

11:00 pm World Football News

As the football season nears its thrilling conclusion Scott Mackinnon follows the various championship races across Europe. Each Tuesday at 11pm WFN is your complete one stop destination for football.

11:30 pm Formula 1 Grand Prix (Rpt)

R4 Turkey Grand Prix

The F1 World Championship returns to Europe and things are heating up. Turkey hosts the fourth round as Ferrari and Mercedes look to uncover the pace required to catch Red Bull, McLaren and Renault.

Tuesday 10th May 2011**01:30 am Football: Serie A (Rpt)****Matchday 36: Palermo V Bari**

Palermo have stumbled to eighth place, missing a chance to qualify for the Europa League for next season. The home side will be desperate to score a win over last placed Bari, who will be relegated.

03:30 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:00 am Netball: ANZ Championship Semi Final (Rpt)**Minor Semi Final - NSW Swifts V Northern Mystics**

After a gruelling 12 rounds it comes down to a sudden death elimination final. Cath Cox, Sonia Mkoloma and Bec Bulley from the NSW Swifts host Maria Tutaia, Temepara George and NZ's Northern Mystics.

Wednesday 11th May 2011

06:00 am	Football: The Serie A Highlights Show	G	<p><u>Matchday 36</u></p> <p>Over 38 weeks from August to May each year, the 20 top football clubs in Italy do battle with their 19 rivals in home and away matchups to decide who will win the Serie A Championship - the Scudetto.</p>
06:30 am	Football: Bundesliga Weekly Highlights	G	<p><u>Matchday 33</u></p> <p>A comprehensive roundup of the Matchday 33 action as Europe's highest scoring football league the Bundesliga enters the home stretch. Can anyone catch Dortmund?</p>
07:30 am	World Football News (Rpt)		<p>As the football season nears its thrilling conclusion Scott Mackinnon follows the various championship races across Europe. Each Tuesday at 11pm WFN is your complete one stop destination for football.</p>
08:00 am	RPM (Rpt)		<p>RPM is back. Greg Rust, Daryl Beattie and Craig Baird dissect the F1, MotoGP, V8s and kick the tyres of world motorsport. Hear from the drivers and riders making headlines including Marcos Ambrose.</p>
09:00 am	Real NBA	G	<p>Real NBA is your weekly snapshot of all things American hoops. From courtside, to the locker room and at home with the players, our full access brings you insights you won't see anywhere else.</p>
09:30 am	LIVE: Basketball: NBA Playoffs		<p>LIVE <u>Conference Semi Finals Game 5 (If Required)</u></p> <p>Eight teams have gone home and eight remain on the path to an NBA Championship. Follow the Conference Semi Finals as either Chicago face Atlanta or the LA Lakers host Dallas in Game 5 (if required).</p>
12:30 pm	NASCAR Nationwide Series Highlights		<p><u>R10 Royal Purple 200 @ Darlington</u></p> <p>The tenth race on the 2011 NASCAR Nationwide Series calendar sees the roadshow head to Darlington, South Carolina. It's a doubleheader weekend, with many drivers pulling double duty in the Sprint Cup.</p>
01:30 pm	NASCAR Sprint Cup Highlights	G	<p><u>R10 Showtime Southern 500 @ Darlington-Highlights</u></p> <p>Marcos Ambrose has new found speed and consistency this season after joining Richard Petty Motorsport's Ford team. Can he break through for his first win in NASCAR's premium Sprint Cup category?</p>
02:30 pm	Tennis: ATP World Tour Uncovered	G	<p>The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.</p>
03:00 pm	This Week In Baseball	PG	<p>Throughout the Major League season, This Week in Baseball is your one stop magazine show for all the most interesting MLB stories, with profiles, news, highlights and features beyond the ballpark.</p>

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Join rugby league legend and fishing enthusiast Andrew 'ET' Ettingshausen as he escapes to some of Australia's best fishing, 4WD'ing and other incredible destinations.

04:30 pm Emergency Search & Rescue (Rpt)

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The bleak Scottish winter brings hurricane force winds and heavy snow. Three elite helicopter search and rescue teams are on duty and the call comes in after a woman falls 100 feet down Ben Arthur.

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(L) Follow the staff and passengers of Britannia Airways as they take to the sky. This fly on the wall documentary series brings you an eye-opening insight into the day to day business of an airline.

05:30 pm Big Cat Diary

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Kenya's Masai Mara is one of the most extraordinary places in the world to watch lions, leopards and cheetahs in their natural environment. Big Cat Diary tracks the exploits of these feline families.

06:00 pm Bondi Rescue

CC PG

(L, N) After a tough day at the office, come home to the best workplace in the country as we follow our trusty Bondi Lifeguards patrolling the sands and keeping tourists, backpackers and locals safe.

06:30 pm Emergency Search & Rescue

PG

Winter has set in in the highlands of Scotland and the ice climbers, skiers, snowboarders and winter walkers are in season. A climber who has fallen in heavy snow and the clock is ticking to save her.

07:00 pm Airline

PG

(L) An airport mix-up leaves behind a twelve year old child in Ibiza. Meanwhile the cabin crew from the airline are enjoying the Caribbean sun and new wannabe recruits join the training programme.

07:30 pm Long Way Round

PG

(L, S) Tune in for the first of this ten part series following the journey of best friends, British actor Ewan McGregor and Charlie Boorman as they load up their motorcycles and ride from London to New York.

08:30 pm COPS: Adults Only

M

Roadside Crimes - Special Edition

(D) Now in its 23rd season, Cops is the show that pioneered its own style of reality television. We take you on patrol with the law enforcement agents protecting America and serving law-abiding citizens.

Wednesday 11th May 2011

09:00 pm COPS: Adults Only

M **Couples In Crime - Special Edition**

Now in its 23rd season, Cops is the show that pioneered its own style of reality television. We take you on patrol with the law enforcement agents protecting America and serving law-abiding citizens.

09:30 pm Sons Of Anarchy

AV15+ **Pilot**

(V, D) An unmissable drama taking you into the adrenalin-charged world of motorcycle gangs. Katey Sagal in the role of a lifetime as family issues intersect with a dispute between rival clubs over firearms.

10:30 pm Sports Tonight

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

11:00 pm Basketball: NBA Playoffs (Rpt)

Conference Semi Finals Game 5 (If Required)

Eight teams have gone home and eight remain on the path to an NBA Championship. Follow the Conference Semi Finals as either Chicago face Atlanta or the LA Lakers host Dallas in Game 5 (if required).

01:00 am Football: Serie A (Rpt)

Matchday 36: Udinese V Lazio

Three games remain in the 2010/11 Championship race, with Udinese and Lazio in the thick of the action. Both teams sit in the top five and a win here could sew up a Champions or Europa League spot.

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Round 7 - St Kilda V Carlton

Monday Night Football returns for 2011 with a round 7 blockbuster. St Kilda struggled early as fans and experts began to question whether their premiership chances. Tonight they face Carlton.

Thursday 12th May 2011

06:00 am British Touring Car Championship (Rpt)

G **R2 Donington Park**

Donington Park hosts the second round of the 2011 British Touring Car Championship. This famous race track has a long history at the centre of English motorsport and has previously held F1 and MotoGP.

07:00 am World Rally Championship (Rpt)

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Will Citroen be fastest in the final stages of the Rally of Italy or will Ford hit the front? Highlights from the third day of rallying as the WRC continues on ONE.

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Conference Semi Finals Game 5 (If Required)

Eight teams went home and eight remain on the path to an NBA Championship. Catch the second round of the Conference Semi Finals as Miami host Boston or Oklahoma City v Memphis in Game 5 (if required).

12:30 pm Football: Liverpool TV

Fulham V Liverpool

Socceroos goalkeeper Mark Schwarzer and his Fulham teammates host the Socceros gloveman-in-waiting Brad Jones from Liverpool. Will Jones take to the pitch as the Reds look to hold onto fifth spot?

03:30 pm Omnisport

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04:00 pm Escape With ET

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Join rugby league legend and fishing enthusiast Andrew 'ET' Ettingshausen as he escapes to some of Australia's best fishing, 4WD'ing and other incredible destinations.

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CC PG

(L, N) Hit the sand of the world's most famous beach as we follow our trusty lifeguards monitoring Bondi Beach. Tourists, backpackers, locals and marine life all come together to bring a drama filled show.

06:30 pm Emergency Search & Rescue

PG

Night has fallen at RAF Lossiemouth in the north east of Scotland, but two climbers are stuck at 4000 ft up Ben Nevis, UK's highest mountain. The rescue helicopter can only spot one of the climbers.

07:00 pm Airline

PG

(L) Trainee stewards Aaron and Jason join Chief Steward Brian in how to deal with emergency slides and awkward passengers. Two passengers miss their flight which was meant to connect to their cruise.

07:30 pm Everest - Beyond The Limit

PG

(A) This five part series charts the extraordinary journey to Earth's summit. Join the heart pounding expedition of 11 climbers, three guides and a team of sherpas to scale the heights of Mount Everest.

08:30 pm LIVE: The Game Plan

LIVE

NRL

Your weekend begins here as Andrew Moore, Steve 'Blocker' Roach and Joel Caine bring you the show with 100% pure footy. NRL players and legends join the panel, plus Late Mail and the Front Row Forum.

09:30 pm The Ultimate Fighter

M

Heavyweights

(L, V, S) Quinton 'Rampage' Jackson and Rashad Evans are rival coaches in a Heavyweight UFC showdown. Over 13 weeks they train teams of contenders who live together and compete for a shot at the big time.

10:30 pm Sports Tonight

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11:00 pm The Game Plan Late

AFL

The Game Plan is your detailed preview of the upcoming AFL round. Anthony Hudson, Matthew Lloyd and Scott Cummings dissect the week in footy and bring you the all important selection ins and outs.

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Friday 13th May 2011

06:00 am NASCAR Nationwide Series Highlights (Rpt)

R10 Royal Purple 200 @ Darlington

The tenth race on the 2011 NASCAR Nationwide Series calendar sees the roadshow head to Darlington, South Carolina. It's a doubleheader weekend, with many drivers pulling double duty in the Sprint Cup.

07:00 am The Game Plan (NRL) (Rpt)

NRL

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09:00 am LIVE: Major League Baseball

LIVE

New York Yankees V Kansas City Royals

Visit the New Yankee Stadium, home to the 27 time World Series champions. The Kansas City Royals have a talented young lineup and are tipped to be big improvers as they visit New York.

12:00 pm Football: The Serie A Highlights Show (Rpt)

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Final round coverage as golfers from across the Asia-Pacific region look to string together 18 solid holes and move up the leaderboard at the Maekyung Open.

01:30 pm Triathlon: ITU World Championship Highlights (Rpt)

G **R1 Sydney - Highlights**

The Dextro ITU World Championship Series is back on ONE and the season begins right here in iconic Sydney. Tune in for all the round one highlights as triathletes build towards the London Olympics.

02:30 pm Drag Racing: ANDRA Pro Series (Rpt)

G **Top Bike And Pro Stock Bike - Willowbank**

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05:00 pm The WWE Experience

PG

(V) Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.

06:00 pm Bondi Rescue

CC PG

(L) Thieves are at large on Bondi Beach and any items left unattended are at risk. With conditions in the water mild, lifeguards take the opportunity to scope out perpetrators.

06:30 pm Emergency Search & Rescue

PG

An emergency call comes through from the coast guard. A young surfer has been missing for over half an hour. There is much concern for his safety given the extreme conditions out at sea.

07:00 pm Airline

PG

(L) Seven passenger service officers are employed to round up a group of wanderers, missing on the mile-long walk to check in for Majorca. Aaron and Jason celebrate the completion of their training.

07:30 pm Megastructures Breakdown

PG

Plane
When things work as they should, we barely stop to marvel at the engineering precision and excellence involved. Megastructures Breakdown pulls apart a jumbo 747 aeroplane to see how it operates.

08:30 pm Broken Arrow

M

(L, V) Terrorists steal nuclear warheads from the US military but don't count on a pilot and park ranger spoiling their plans. Starring John Travolta, Christian Slater and Jack Thompson (1996).

10:40 pm Sports Tonight

The most trusted name in sports news, Sports Tonight has reporters around the country chasing the stories and bringing you the news, interviews and highlights you need to see every day.

11:10 pm UFC 89

M

U.F.C 89
(V) The man everyone loves to hate Michael 'The Count' Bisping steps into the octagon against heavy handed Chris Leben. Also on the card is the 'Dean of Mean' Keith Jardine who took on Brandon Vera.

01:10 am Major League Baseball (Rpt)

New York Yankees V Kansas City Royals

Visit the New Yankee Stadium, home to the 27 time World Series champions. The Kansas City Royals have a talented young lineup and are tipped to be big improvers as they visit New York.

Friday 13th May 2011

03:35 am Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

04:05 am Netball: ANZ Championship Semi Final (Rpt)

Major Semi Final - Queensland Firebirds V Waikato-Bay Of Plenty Magic

The undefeated Firebirds dominated as Geitz, Aiken and Medhurst helped Queensland score the minor premiership. Can they hold out van Dyk, Williams and Langman from the Magic and host the Grand Final?

Saturday 14th May 2011

06:00 am NASCAR Sprint Cup Highlights (Rpt)

G **R10 Showtime Southern 500 @ Darlington-Highlights**

Marcos Ambrose has new found speed and consistency this season after joining Richard Petty Motorsport's Ford team. Can he break through for his first win in NASCAR's premium Sprint Cup category?

07:00 am Australian Rally Championship (Rpt)

R1 Western Australia

Western Australia's number one holiday destination Busselton and the quaint inland town of Nannup host the first round of rallying action from the 2011 Australian Rally Championship.

08:00 am Pro Bull Riding

PG

Only the bravest dare to enter the bullring and hold on for dear life. Pro Bull Riding is one of the most popular and thrilling sporting spectacles in the USA and the new season continues here on ONE.

09:00 am LIVE: Major League Baseball

LIVE

Cincinnati Reds V St Louis Cardinals

A longstanding National League Central division rivalry as the Reds host the Cardinals. Cincinnati started strongly, looking to build on their postseason appearance last year while St Louis struggle.

12:00 pm This Week In Baseball (Rpt)

PG

Throughout the Major League season, This Week in Baseball is your one stop magazine show for all the most interesting MLB stories, with profiles, news, highlights and features beyond the ballpark.

12:30 pm Tennis: ATP World Tour Uncovered (Rpt)

G

The latest instalment of this weekly tennis series follows the news and action from the ATP Tour. Former tour pro Justin Gimelstob brings you behind the scenes insights and exclusive player profiles.

01:00 pm I Fish (Rpt)

G

Now back on Sunday evening, the new season continues with stunning adventures on land and sea. Paul Worsteling brings you great tips and products that will help you lure the big fish.

01:30 pm Omnisport

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

02:00 pm LIVE: AFL Premiership Season 2011 CC

LIVE

Round 8 - North Melbourne V Melbourne

Two young sides take to Etihad Stadium as the Kangaroos and Demons clash in a Round 8 showdown. Melbourne have plenty of young draft talent on show as they face North Melbourne.

05:00 pm Omnisport (Rpt)

Hot off the satellite, Omnisport brings you a comprehensive roundup of sports news and highlights from the past 24 hours. Covering all the major sports, no matter where in the world the event is held.

Saturday 14th May 2011

05:30 pm Australian Superboat Championship

06:00 pm The WWE Experience (Rpt)

PG

(V)

Jack Korpela guides you through your weekly fix of the good, the bad and the ugly from WWE. The WWE Experience will cover the most hardcore action from Raw, SmackDown and NXT.

07:00 pm Before The Game

CC PG

Join Dave Hughes, Mick Molloy, Andrew Maher, Sam Lane, Lehmo and Fitzzy as they discuss this weeks most talked about AFL players, coaches, games and gossip!

07:30 pm LIVE: AFL Premiership Season 2011

CC

LIVE

Round 8 - Sydney Swans V Port Adelaide

The Power are on show at the SCG as the Swans host Port Adelaide. Port premiership player, Stuart Dew, has joined John Longmire's coaching panel in Sydney. Can he help unlock the secret to victory?

10:30 pm MotoGP Qualifying

R4 France - Qualifying

Casey Stoner finished on the podium at Estoril, behind Pedrosa and Lorenzo. Both Simoncelli and Spies will be fired up for a big race at Le Mans, while Rossi proved there is still fight in the Ducati.

12:00 am WRC Access All Areas

G

Access All Areas - R5 Italy

Your Access All Areas pass for a complete 60 minute roundup of the Rally of Italy. Ford's Mikko Hirvonen is looking to break the run of seven-time consecutive world champion Sebastien Loeb.

01:00 am British Touring Car Championship (Rpt)

G

R2 Donington Park

Donington Park hosts the second round of the 2011 British Touring Car Championship. This famous race track has a long history at the centre of English motorsport and has previously held F1 and MotoGP.

02:00 am LIVE: Football: Serie A

LIVE

Matchday 37: Lazio V Genoa

Lazio sit fourth on the Serie A table and look to remain above Udinese and Roma. They host midtable Genoa as Lazio look to score maximum points and hold onto a Champions League qualification spot.

04:00 am Netball: ANZ Championship Semi Final (Rpt)

Minor Semi Final - NSW Swifts V Northern Mystics

After a gruelling 12 rounds it comes down to a sudden death elimination final. Cath Cox, Sonia Mkoloma and Bec Bulley from the NSW Swifts host Maria Tutaia, Temepara George and NZ's Northern Mystics.